

# BATH FIZZIES (BATH BOMBS)

## INGREDIENTS

### DRY

2 tbsp & 2 1/4 tsp Baking soda  
1 tbsp & 1 tsp Corn starch  
1 tbsp & 1 tsp Epsom salt  
1 tbsp & 1 tsp Citric acid

### WET

3/8 tsp Peach seed oil (NOTE: we only have  $\frac{1}{4}$  tsp so use one and then another half of one)  
3/8 tsp Tween 80 (NOTE: we only have  $\frac{1}{4}$  tsp so use one and then another half of one)  
3-4 drops Essential oil  
3-4 drops Soap coloring (it will be a pale pastel color)  
Water – a few drops at a time you do not want mixture to be too wet

### TOOLS

Gloves  
Mold (round molds or shape silicone molds)  
\*\*Glass jar for mixing  
\*\*bowl for mixing  
\*\* some tools will need to be shared as there aren't enough for all individuals



## DIRECTIONS

1. In a bowl combine dry ingredients with hands, mix to remove any clumps
2. SLOWLY combine wet ingredients, mix as you go—save the water to last
3. Add water a few drops at a time (NOTE: if you see the mixture fizz or foam, then you are adding the liquid too quickly)
4. Once all wet and dry are combined, take a small amount in your hand and squeeze together, it should stick together like damp sand – if it's too powdery, add a tiny bit more water until it holds together
5. Fill your mold, or if you're using the round mold, fill both halves, until just overflowing.
6. Press into the mold tightly to shape (or press two halves together), then remove from the mold
7. Set it aside to dry without being bumped – about 10 minutes. These can fall apart easily, so it's necessary to be extra gentle when moving (if using a round mold, leave half of the mold on to start the drying process) (NOTE: If it does break apart, it can be mixed back together and remolded)
8. After 10-12 minutes, gently pop free of mold. It should just pop out if it's not too wet.
9. Once freed, let it dry out for 8 hours or overnight (however, 24 hours is ideal)
10. Once very dry, wrap them in plastic wrap and store in a dry place until ready for use. They can last up to 6 months.

