

ADULT MINI-CRAFT: SCENTED GIFTS

You will be able to make one (1) of each of these items. Stations will be set up around the room with the materials. They are individually quick to make - the lip balm and the room spray are the correct size to fit inside the folded box to give as a small homemade gift.

Ingredients for Lip Balm

- Small cup
- Stick to stir
- $\frac{3}{4}$ teaspoons coconut oil
- 1 drop honey
- $\frac{1}{4}$ teaspoon sweet almond oil
- $\frac{1}{2}$ teaspoons beeswax pastilles
- 2 drops lavender essential oil
- 1 empty lip balm container (holds 1 tablespoon)
- 1 vitamin E soft gel (optional)

Instructions for Lip Balm

1. Melt the coconut oil and beeswax together
2. Once melted, stir in honey, almond oil, essential oil, and vitamin E (cut soft gel to squeeze out liquid)
3. Pour mixture into the tube while still liquid
4. Allow lip balm to set and then cap container



Ingredients for Room Spray

- 10-15 drops of essential oils
- 1 teaspoon of salt
- 2oz spray bottle
- Small funnel (to share)
- Distilled water

Instructions for Room Spray

1. Start by adding 10-15 drops of essential oil in the spray bottle
2. Add 1 teaspoon of salt (using a small funnel will make it easier)
3. Stir the bottle to mix the salt and essential oil
4. Fill the rest of the bottle with the distilled water. Fill to just below where the bottle begins to curve up the neck.
5. Add sprayer top and shake well. Dry bottle.
6. Shake well before each use.
7. You can use it right away, but if you let it sit for a day or two it combines together for a stronger scent.

Instructions for Box

1. A pre-printed box template will be provided
2. Cut out box along solid blue lines
3. Fold along the dotted red lines
4. Secure flaps with glue on the inside white side
5. Fill the box with cut up thin strips of tissue paper

