

Adult Craft: Glow-in-the-Dark Fluid Painting

SUPPLIES

- ◆ 4 acrylic paint colors that you like together (they will not mix, but work alongside each other)
- ◆ 5 cups (these are 3-ounce cups—but you will only fill each a little bit at the bottom)
- ◆ Floetrol/flood (*I will pour this for you, as it comes out quickly and you can very easily get too much*)
- ◆ 1 canvas
- ◆ 4 small sticks for stirring
- ◆ **Gloves or an apron if you want (optional)**
- ◆ Glow powder (or glitter!)



If you try this at home, you can add a silicon-based oil to your paint and it will create more "Cells" in your design!

DIRECTIONS (PLEASE READ CAREFULLY)

- 1) Write your name on the CENTER back of the canvas (the edges will get covered in paint)
- 2) **Push up your sleeves, and remove any dangling scarves or jewelry that might drag in paint**
- 3) Choose 4 paint colors
- 4) Mix each color in a 1:1 ration with the Floetrol—**do not fill the cup more than 1/4 the way full when combined**
- 5) Use a stick to mix your paint and Floetrol until blended
- 6) In **ONE** of your colors, mix in a little of the glow powder (or glitter if you prefer)
- 7) Pour each of your colors a little at a time in layers starting in the center of the cup
- 8) **DO NOT STIR THIS CUP**, let the colors pool around each other. This is where your design comes from. **MAX 3 OUNCES WHEN ALL PAINT AND FLOETROL ARE COMBINED (1 cup is 3 ounces)**
- 9) When your cup is full, let it sit flat on the table so any bubbles work their way up. **Do not stir.**
- 10) Place your canvas front side down over the top of the full paint cup
- 11) Holding tightly, flip the cup and the canvas over and set the canvas down, propped up by your other used paint cups at the corners
- 12) Leave the cup there a moment to let the paint settle, tap the bottom of the cup gently
- 13) **SLOWLY** remove the cup **STRAIGHT-UP**
- 14) Let the paint flow as it will
- 15) As the paint slows its pooling, tilt the canvas to spread the paint around to cover the remaining white spots. It may be a challenge to get all of it covered, or you may like it with white space left over
- 16) Try to avoid touching the paint with your fingers to prevent smudging
- 17) Carry to the drying table and leave propped up on cups to drip dry overnight.
- 18) **To activate the glow powder, use one of the provided blacklight flashlights to shine over the canvas**
- 19) Come back in a day or so to pick up the dry painting.

