

Monthly Craft Newsletter

April 1, 2019

Helpful Links

Greetings!

Preview what's coming up this month at the Laconia Public Library! If you would like to know more about an event give us a call at 524-4775, or email info@laconialibrary.org.

laconialibrary.org **Full Library Calendar New Item Lists**

We love hearing from you!

Director, Randy Brough

Project Instructions

New to our website

Did you attend a craft and want to try it again at home? Or, did you miss one that sounded like fun? We've recently added past instruction sheets to our library website, click the link below to be taken to all the projects that we have posted.

Monthly Adult Craft Instructions

Adult Craft: Sugar Scrub

INGREDIENTS

- · 1/2 cup coconut oil
- 1/4 cup granulated sugar (you can use up to 1/2 cup if you want your scrub to have a more coarse, sand-like texture)
- · No more than 25 drops of essential oil
- · 2 vitamin E soft gels
- · 4oz ball jar

DIRECTIONS

- . Combine all ingredients into provided bowl.

 - · Fill coconut oil to the top, firmly packed.
 - Do not shake essential oil, pour gently.
- · Mix thoroughly
- · Fill ball jar

- On your face—use at sink, or in the shower. Massage in circular motions for 30 seconds (avoid hairline so it doesn't get greasy). Rinse and pat dry.
- · On your hands—massage into your hands and fingernails for 30 seconds. Rinse and pat dry.
- On your legs and feet—massage into your legs and feet while in the bath or sitting in the side of the bathtub. Rinse and pat dry. (Never use on your feet in the shower because the coconut oil is slippery and you risk falling.)









Soothing Stitches



Tuesday, April 2, 16 & 30 4-6pm Volpe Room

Need an escape? Join us for social needle crafting, classical music, and tea! Knitters, crocheters, crossstitchers, all are welcome. Create a moment of Zen with your yarn, a hot cup of chamomile tea, and some Bach.

Adult Craft: Soap!

Tuesday, April 16 2pm or 6pm Laconia Rotary Hall

This enormously popular program is back once again. This time, use some fruity scented oils and soap colorant to make a fun springy, scented soap!

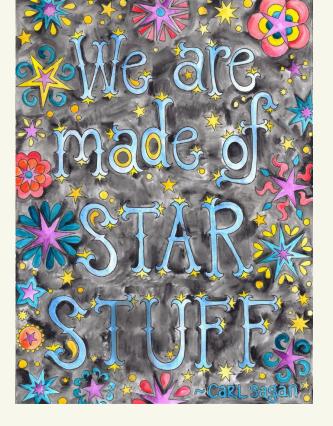
Sign up required.
Call 524-4775x12 or email:
aalwyn@laconialibrary.org.



Adult Coloring

Friday, April 19 1:30-3pm Volpe Room

Take some time out of your busy day to relax and enjoy a chance to experiment with colored pencils, gel pens, markers, or watercolor pastels. New designs provided every month.



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Interested in one of our other newsletters? We have them for adults, teens & tweens, children's, and the monthly adult craft.

Sign up here.