

January 26, 2024 - Edition #622

*A beautiful overhead view of Laconia in the winter
(photo compliments of Adam Denio/Drone Guy NH)*



Attention tenants of large multifamily complexes:

Rental properties with over 4 apartments or condominiums are only authorized four sets of solid waste containers. These containers have the City of Laconia stamped into the barrel. Some landlords have arranged for private service to supplement the disposal of solid waste from their complexes. If the private service is provided by Waste Management the containers will have "WM" stamped into the barrel. If the private

service is provided by Casella the containers will have "Casella" stamped into the barrel. Other firms may or may not provide barrels with their logo.

The company providing the private service may empty these containers the same day as the City's service or on a different day.

If the private containers are not emptied, please call your landlord or the company that is providing the service. Do not call Public Works as the City's contractor does not empty these private containers. Thank you for your help!

Welcome to Laconia Links!

We hope you enjoy this issue of our weekly e-mail newsletter created to keep you up to date on City of Laconia news and activities. If you would like the newsletter sent to your email each Friday, or if you have changes to your email subscription, please call the City Manager's office at (603) 527-1270 or email us at info@laconianh.gov.



Memorial Park Skating Rink is open!

Bundle up and get outside with your family to have some fun!

Questions? Please call Parks & Rec at (603) 524-5046.





LACONIA
PUBLIC LIBRARY

January 29-February 3

Mon
1/29

Sensory Storytime @ 10am (babies-6),
Beginner Mindfulness @ 10am

Tue
1/30

Tech Help @ 10am, Kids Graphic Novels Club @ 5:30pm

Wed
1/31

Toddler Time @ 10am (babies-3), Tech Help @ 2pm

Thurs
2/1

Preschool Pals @ 10am (ages 3-6), Nonfiction Book Group @ 6pm

Fri
2/2

Move & Groove @ 10am (babies-6)

Sat
2/3

FOR DESCRIPTIONS AND MORE, VISIT OUR ONLINE CALENDAR!

<http://laconialibrary.org>

follow us: @laconialibrary

call: (603) 524-4775

text: (603) 556-4666

email: info@laconialibrary.org

[Sign-up for our monthly email newsletter](#)



Visit our
[website for all
our Library
events.](#)

Library Hours

Monday - Thursday 9:00 AM - 8:00 PM

Friday 9:00 AM - 5:00 PM

Saturday 9:00 AM - 4:00 PM

Goss Reading Room Closed

Look what's happening at Prescott Farm!

Learn something new, enjoy the outdoors, and expand your wellness options with us!

Guided Meditation and Journaling

Mindfulness and meditation are all the buzz when it comes to self-care. Join guest instructor Clare Persson, OT to experience guided meditation and journaling or sign up for

all four classes in this series and explore four different approaches to mindfulness meditation that can help you connect to YOU!

Saturday, January 27th; 1-2:30 pm

Additional programs, series, and registration details

prescottfarm.org

Prescott Farm
Environmental Education Center

928 White Oaks Road, Laconia, NH • (603) 366-5695 • info@prescottfarm.org



**WILDQUEST
SPRING CAMP**

Activities (weather permitting) may include: exploring the mud, hunting for salamanders, playing games, cooking over a fire, spring-themed quest

Monday-Friday
April 22-26, 2024

9 am-4 pm **Ages 6-12** **Join Now**

FULL & PARTIAL SCHOLARSHIPS AVAILABLE

www.prescottfarm.org 603-366-5695 928 White Oaks Rd. Laconia



**WILDQUEST
WINTER CAMP**

Activities (weather permitting) may include: snowshoe adventures / animal tracking / sledding / snow fort building making and cooking with maple syrup / snow art / winter-themed quest

Full & Partial Scholarships Available

9 am-4 pm **Ages 6-12**

REGISTRATION NOW OPEN

Monday-Friday
Feb. 26-March 1, 2024

Prescott Farm
928 White Oaks Rd. Laconia

www.prescottfarm.org 603-366-5695 camp@prescottfarm.org

Learn something new, enjoy the outdoors, and expand your wellness options with us!

Full Moon Snowshoe Hike

Explore Prescott Farm in a different and special way. Inspired by the weather and the dynamic calendar of the natural world, topics discussed on our moonlit walk will vary but may include: identifying constellations, habits of nocturnal animals, and testing your own night vision abilities. Snowshoes available (no extra charge) to borrow or guests may bring their own.

Snowshoes available (no extra charge) to borrow or guests may bring their own.

Friday, January 26th 5-6:30 pm

Beginner Soap Making

Learn how to safely make your very own soap. We will cover the basics of the soapmaking process and the equipment required to make more at home. Each participant will take home about 10 bars of seasonally scented soap to enjoy.

Saturday, January 27th 10 am-12 pm



Additional programs, series, and registration details

prescottfarm.org

Prescott Farm
Environmental Education Center

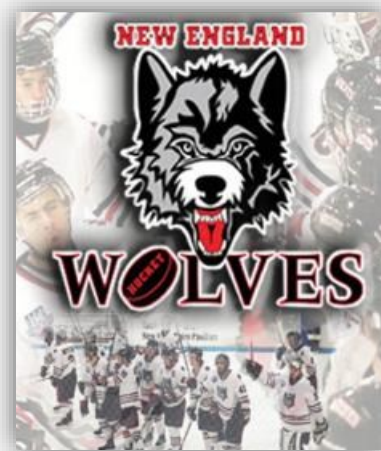
928 White Oaks Road, Laconia, NH • (603) 366-5695 • info@prescottfarm.org



THE WORLD CHAMPIONSHIP SLED DOG DERBY

The purpose of this auction is to raise funds for the World Championship Sled Dog Derby, hosted by the Lakes Region Sled Dog Club, scheduled for February 16, 17, 18, 2024. This derby holds the distinction of being the longest running sled dog race in the entire world. And it is only with your generous support that we can keep sled dog racing alive in Laconia, New Hampshire. Thank you in advance for any possible donation you can make to this auction and for your help in keeping the "Greatest Show on Snow" alive.

Please join us to support the 95th anniversary World Championship Sled Dog Derby and our auction at Axe & Ale Taphouse, Saturday, January 27, 2024. Cocktail hour from 5:30-6:30 pm. The Auction starts at 6:30 pm. For additional details regarding the Auction just click [here!](#)



**Don't miss this New England
Wolves game coming soon!**

Please join us at the Merrill Fay Arena,
468 Province Road, Laconia, NH...

**Boston Jr. Rangers vs. New England Wolves -
Saturday, January 27 @ 4:15 pm**

We hope to see you there!



Veterans Benefits Administration (VBA) PACT Act Claims Clinic for all Veterans and Survivors

Hosted by the Tilton VA Clinic

Date: Tuesday, March 26, 2024
Location: Tilton VA Clinic
630 West Main Street
Suite 400
Tilton, NH 03276
Time: 9:00 a.m. to Noon
and
12:30 p.m. to 2:30 p.m.

**VBA can assist with the following: service connection claims,
updates, questions, evidence submissions,
letters of intent, PACT Act questions,
and benefit program questions.**

This event is walk in only, no appointments scheduled.
Please call Lindsay Pratt-Bluemle, LCSW
with questions at 603-624-4366 x5320.



To register for an appointment in the future, please
contact your VA Social Worker at 603-624-4366 x5320



City Curbside Solid Waste Collection during the winter for residents and businesses with curbside collection

Where and how to place your solid waste containers during the winter to ensure the containers can be emptied

Treat your solid waste containers as a mailbox! What happens if you do not dig out your mailbox after a snowstorm? The Post Office does not deliver mail!

For solid waste collection if you put your solid waste containers behind snowbanks, they cannot be emptied.

For rural area residences and businesses without sidewalks -

Place your containers in your driveway near the edge of the road, or dig out an area in the snowbank to create an opening in which to place your containers. Make sure the opening is 2 feet wider on each side than the containers. The depth of the opening only has to be deep enough to provide 1 foot of clearance from the back of the container.

For residents and businesses in areas of the City with sidewalks -

Place your containers in your driveway near the edge of the road.

If you do not have a driveway or the driveway is too small and:

Where the sidewalk is against the curb at the edge of the road, dig an opening through the snow bank out to the street in which to place your containers.

Make sure the opening is 2 feet wider on each side than the containers.

If there is a grass or gravel area between the sidewalk and the edge of the road:

Place the containers in your driveway near the edge of the road, or dig out an area in the snowbank to place your containers.

Make sure the opening is 2 feet wider on each side than the containers. The depth of the opening only has to be deep enough to provide 1 foot of clearance from the back of the container.

Please do not place your containers out for collection before 7 pm the night before your scheduled collection day, and bring them back to the residence or business at the end of the collection day. Do not leave your containers on the sidewalk so that pedestrians can use the sidewalk. If collection is canceled due to a major snowstorm, please bring the containers back onto your property so that the City's plow crews can keep the streets and sidewalks open for your use.

Will the contractor collect containers during a snowstorm? The contractor will provide curbside solid waste collection service during a minor to moderate snowstorm.

The contractor and Public Works consider canceling collection services when forecasters are predicting blizzard or near blizzard conditions. If the contractor decides to cancel collection due to the forecast, the City will post the cancellation notice on the City's [website](#) in the banner section on the top of the City's home page. For those residents who have signed up to receive City alerts, you will receive an e-mail informing you that solid waste will not be collected and the collection schedule for the remainder of the week. If you are not yet signed up to receive alerts and wish to do so, please sign up [here](#).

Solid waste collection and snow plowing –

Public Works leaders and crews will adjust their plowing procedures during minor to moderate storms to minimize the impact of plowing on scheduled curbside collection. Please help the City by following the recommendations in this notice. Call Public Works at 603-528-6379 with questions or for more details.

Nurture Hope

An educational series for parents with children who have special needs and health challenges



HYBRID COURSE

Participants can choose to attend in person at our office at 719 North Main St. Laconia, NH
OR virtually via Zoom

When: Wednesday evenings from 6:30-8:00pm
8 week series begins January 24, 2024

To register, go to: www.lrcs.org/parentedregistration
or email: tricia.tousignant@lrcs.org

This program is designed to help families explore their hopes and fears, develop effective parenting skills, enhance communication, develop strategies for facing challenges and recognize opportunities for celebration.

Topics covered will include:

- Appropriate Parental Expectations
- Empathic Awareness of the Feelings & Needs of Children
- Effective Discipline Strategies
- Family Rules
- Effective Communication
- Stress and Coping Techniques for Parents & Children
- Personal Power & Independence

For participants who attend in person, dinner will be served at 6:00pm and on-site childcare *may be available* if reserved at the time of registration, space is limited.



The Linden
Foundation

When Seconds Count...



We need your help!

If you're able, please shovel out the fire hydrants close to your home or business. In a fire seconds count! Remember to clear a 3 foot perimeter round the hydrant, especially towards the street. Clear a wide enough perimeter around the hydrant for firefighters to work.

A common question that is asked is why do I need to clear the hydrant, won't the fire department clear the hydrant? The answer is yes, they will as soon as they can. However the fire department still has to respond to emergency calls. The City of Laconia has over 600 hydrants to clear and we could really use your help!

The life you save could be your own!



PUBLIC HEARING NOTICES

Please see the Public Hearing Notices on this page which have been published in the Laconia Daily Sun.

In future issues of the newsletter we will continue to provide citizens with notices of upcoming Public Hearings that may be of interest to our community. If you have questions regarding any Public Hearing shown, please call City Hall at 603-527-1270 and we will be happy to direct you to the appropriate department. Thank you for staying informed about what is happening in City government!



CITY OF LACONIA Notice of Public Hearing

The City Council will hold a Public Hearing on **February 12, 2024** during the regular City Council meeting which will begin at 7:00 pm in the Armand A. Bolduc City Council Chamber in Laconia City Hall, relative to:

RESOLUTION 2024-01 RELATIVE TO TAX EXEMPTIONS FOR THE ELDERLY

Katie Gargano, City Clerk



CITY OF LACONIA Notice of Public Hearing

The City Council will hold a Public Hearing on **February 12, 2024** during the regular City Council meeting which will begin at 7:00 pm in the Armand A. Bolduc City Council Chamber in Laconia City Hall, relative to:

ORDINANCE 2024-150-3 – RESTRICTIONS ON DISPLAY OF PERMISSIBLE FIREWORKS

Katie Gargano, City Clerk

LACONIA HOUSING

Public Notice for Laconia Housing
proposed changes to the
Housing Choice Voucher Program
Administration plan

The Laconia Housing and Redevelopment Authority (LHRA) has provided a draft of the proposed and updated agency administration plan for the Housing Choice Voucher program. We invite all interested community members to review the plan for comments/suggestions.

The Agency's Administration plan for the Housing Choice Voucher Program can be found on our website www.laconiahousing.org. A public hearing is scheduled for February 21st at 12 noon at Laconia Housing Administration Office - 32 Canal St. to receive comments/suggestions. Please go to Laconia Housing website for more information on the plan review.



Sand is available!

Laconia residents needing sand for their driveways or walkways during this icy weather can get sand from our Department of Public Works. There is a sand pile for residential use located at our DPW garage at 257 Messer Street. Residents can get a maximum of two five gallon pails (or the equivalent). Please do not take sand from our facility on Bisson Avenue; it is for City use only to maintain our streets and sidewalks.

Questions? Please call (603) 528-6379.

Thanks and have a safe winter!

No Overnight Parking at Laconia Parks and Recreation Facilities



Laconia Parks and Recreation would like to send out a friendly reminder that overnight parking at City park and park house parking lots is prohibited. Additionally, there is no parking in these parking lots during snow removal activities, except for previously scheduled events.

City park parking lots are intended for park related uses and personal use of these parking lots is prohibited. Violation of these rules may result in the removal of vehicles at the owner's expense.

For inquiries regarding this matter, please contact the Laconia Parks and Recreation office at 524-5046.



Thank you for your cooperation!

Laconia Residents....It's time to register your dog!

Per RSA 466:1 all dogs residing in the City of Laconia must be registered with the license number issued imprinted, as well as a paper license. The tag issued must be worn on the dog's collar at all times. Please remember that a valid rabies certificate and proof of inoculation (if applicable) are required to register.

All dogs need to be registered by April 30th of each year.



We are happy to help register your dog in person here in City Hall or you can use our on-line registration. Just click the image (left). When processing your registration online, please be sure to add the two or three digit prefix (22- or VET-.)

For the comfort and safety of all, we ask that you leave your dog at home when you come into City Hall to conduct business. Although we love seeing your four-legged family members, we would like to encourage you to be conscious of others. As always, certified service animals are welcome.

Fees:

1st dog for owner 65+	\$ 2.00
Civil fine for failure to register by April 30	\$25.00
Late charge per month as of June 1	\$ 1.00
Replacement tag	\$ 1.50
Spay/neutered dog	\$ 6.50
Unaltered dog	\$ 9.00



IRS Certified Volunteers Providing **FREE TAX PREPARATION**

IRS VITA/TCE return preparation sites are operated by certified volunteers. Site operating hours and services offered may be limited. In addition, by law, some sites provide priority services to seniors. Please be advised that you may not be immediately served. Your patience and understanding are appreciated.

Will Prepare

- Wages, salaries, etc. (Form W-2)
- Interest Income (Form 1099-INT)
- Dividends Received (Form 1099-DIV)
- State Tax Refunds (Form 1099-G)
- Unemployment Benefits (Form 1099-G)
- IRA Distributions (Form 1099-R)
- Pension Income (Forms 1099-R, RRB-1099-R, CSA-1099)
- Social Security Benefits (Form SSA-1099, RRB-1099)
- Simple Capital Gain/Loss (Form 1099-B) *limited*
- Sale of Home (Form 1099-S) *limited*
- Prior Year and Amended Returns
- Self-Employed Income (Form 1099-MISC, Form 1099-NEC and Form 1099-K) *limited*
- Gambling Winnings (Form W-2G)
- Cancellation of Debt (Form 1099-C) *limited*
- Health Savings Accounts (Form 1099-SA) *limited*
- Itemized Deductions *limited*
- Education Credits (Form 1098-T)
- Child Tax Credit
- Earned Income Credit
- Health Insurance Statements (Forms 1095-A, B or C)

Will Not Prepare

- Schedule C with loss, depreciation or business use of home
- Complicated Schedule D (capital gains and losses)
- Form SS-5 (request for Social Security Number)
- Form 8606 (non-deductible IRA)
- Form 8814 (child taxed at parent's tax rate)
- Form SS-8 (determination of worker status for purposes of federal employment taxes and income tax withholding)
- Parts 4 & 5 of Form 8962 (Allocation of Policy Amounts, Alternative Calculation for Year of Marriage)
- Form W-7 (application for Individual Taxpayer Identification Number (ITIN))
- Returns with casualty/disaster losses



Please see a professional preparer for assistance with complicated returns.

What to Bring

- For married filing joint, both spouses must be present
- Government issued photo identification for you and your spouse (if married)
- Social Security cards or Individual Taxpayer Identification Number documents for you, your spouse, and/or dependents
- Birth dates for you, spouse, and/or dependents
- A copy of last year's tax return
- All Forms W-2 and 1099
- Forms 1095-A, B or C (ACA Statements)
- Information for other income
- Information for all deductions (including charitable contributions)/credits
- Total paid to day care provider and their tax ID number
- For direct deposit of refund, proof of account and bank's routing number
- For prior year returns, copies of income transcripts from IRS (and state, if applicable)

Site Name: LAKES REGION VITA at Laconia Senior Center

Location: Parking and entrance on Left Side of Beacon Street West beyond Water Street

Days: Tuesdays, 5-8 pm and Saturdays, 9 am to 1 pm, January 30 to April 13, 2024

Hours: Make appointment by calling 211 or online at NHTAXHELP.ORG only (Do Not Contact Senior Center)





Laconia Senior Center 603-524-7689

FEBRUARY 2024 ACTIVITIES

Monday	Tuesday	Wednesday	Thursday	Friday
			1 10-11:00am-Indoor volleyball 11:30am- Congregate meal	2 <u>9-9:45 am- Strength and Balance with Jena</u> 10:45-11:15am: Chair Yoga with Russ
5 9-11:00am-Foot and Blood pressure Clinic - Granite VNA * By Appointment* 10-12:00pm- Corn Hole 9-12:00pm- Board Games	6 10-11:00am- TED Talk- "Why Sleep Matters Now More than Ever" 11:00am- Board Games 1:00pm- Walking Group	7 <u>9-9:45 am- Strength and Balance with Jena</u> 10-12:00- Bingo 12:00pm- Movie	8 10-11:00am- Pictionary Game 11:30am-Congregate meal 12:30pm- Valentine's card making with Jan	9 <u>9-9:45 am- Strength and Balance with Jena</u> 10:45-11:15am: Chair Yoga with Russ 11-12:30- Heart Healthy Talk w/ Brooke Noonan-VNA
12 10-12:00pm- Corn Hole 9-12:00pm- Board Games	13 9-10:00am- Card games 10-11:30am-Indoor Bad Minton 1:00pm- Walking Group	14 <u>9-9:45 am- Strength and Balance with Jena</u> 10-12:00- Bingo 12:00pm- Movie	15 10-11:00am-Trivia 11:30am-Congregate meal	16 <u>9-9:45 am- Strength and Balance with Jena</u> 10:45-11:15am: Chair Yoga with Russ
19 The Center is closed today	20 10-11:30am- "Open Mike" (singing, poetry, Etc.) 1:00pm- Walking Group	21 <u>9-9:45 am- Strength and Balance with Jena</u> 10-12:00- Bingo 12:00pm- Movie	22 9:30-11:00 AM- Men's coffee hour with Guest speaker John Beland- CPR, first aid and what to do in an emergency situations 11:30am-Congregate	23 <u>9-9:45 am- Strength and Balance with Jena</u> 10:45-11:15am: Chair Yoga with Russ
26 10:00am- Affordable Hearing *by appointment only* 10-12:00pm- Corn Hole 9-12:00pm- Board Games	27 9-11:00am- Foot Clinic w/ Maddy 10-11:30am-Book Club- Swap and Chat 1:00pm- Walking Group	28 <u>9-9:45 am- Strength and Balance with Jena</u> 10-12:00- Bingo 12:00pm- Movie	29 10-11:00am- Michelle Palys with Keller Williams- "When its time to sell your home" 11:30am-Congregate meal 12:30pm- February birthday celebration	Calendar subject to change* ** Click here for menu!



City of Laconia Inaugural Ceremony

If you were unable to attend the City Council Inauguration on January 8th, you can still watch a video of the event!

Just click on the image (left) for a livestream video.

Our yesterdays

Our sincere thanks to Warren D. Huse, the Laconia Historical and Museum Society, and the Laconia Daily Sun for providing a glimpse into our community's past....



THEN ...

This was 'Black Brook Hill' looking south in 1961, with the Arthur and Rose Davis house at 1197 Union Ave., at near left, the Roland 'Bud' Bolduc house, next to it, and the Acme Oil Co. (later Labbe) oil tanks at the crest of the hill on the left, with the Edward and Myra Paige house beyond them; and the Tekwood office building at near right. (Photo from 'Black Brook,' by Claire Clark, 2020)



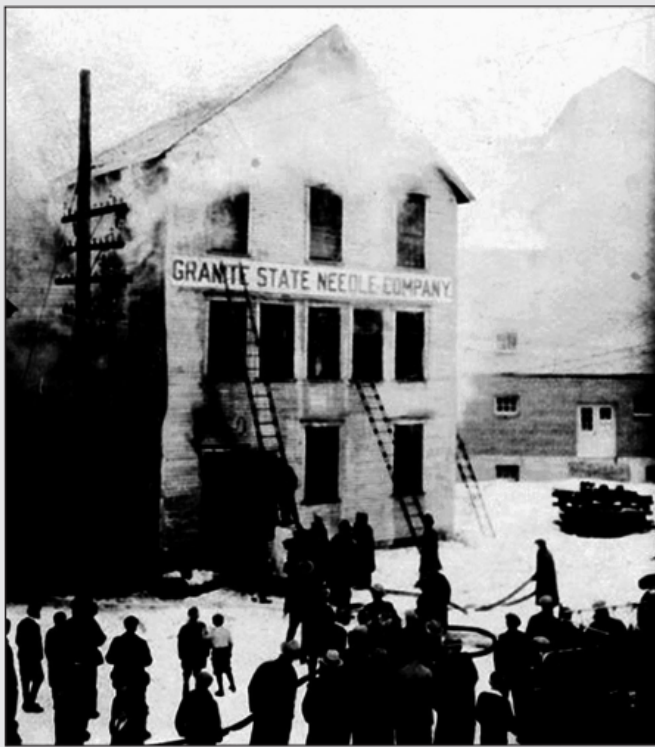
... AND NOW

Much industrial, retail and service development has occurred in this section over the past 60-plus years. HK Power Sports has replaced the Davis House, at left, with Sparkle Clean Car Wash, Five Star Golf Carts & Utility Vehicles and Mike's Quality Car Care further up the hill. The Black Brook Bridge railing is glimpsed at lower right, with T-Bones and Cactus Jack's just up the hill beyond. Tekwood, a manufacturer of pressed veneer board, closed in April 1962. Spinnaker Cove Yacht Club now occupies the former Tekwood site. (Daniel Sarch/The Laconia Daily Sun)

Since there was no newsletter last week, please see the following page for another edition of "Our yesterdays"...

Our yesterdays

Our sincere thanks to Warren D. Huse, the Laconia Historical and Museum Society, and the Laconia Daily Sun for providing a glimpse into our community's past.....



THEN ...

Fire, Dec. 1, 1928, gutted this New Salem Street building, across the railroad tracks from the Laconia Passenger Station. 'Several lines of hose were laid and after battling with the flames for more than an hour the firemen got the fire under control. A large wooden building, owned by the company and used by them for a storehouse adjoining [to the left] was saved in the nick of time just as flames were discovered under the eaves and roof,' according to The Citizen's account. The building had been built in 1896 by the O'Shea Brothers, who established a hosiery factory there. From around 1905 to 1908, Albert E. Sanborn manufactured 'children's fine cashmere hosiery' there and around 1912 the Belknap Stocking Co. occupied the premises. George W. Mayo began the needle company in 1920. (Laconia Historical and Museum Society)



... AND NOW

The building — which would have been located in the parking lot, just beyond the cannon at left — was repaired and the Granite State Needle Co. continued for awhile after the fire, in competition with the Laconia Needle Co. on Union Avenue. Much later, the C.A. Lund Co. rented the building for storage of skis. The Laconia Clinic acquired the building in 1957 and had it torn down in early April 1958 to increase its parking lot. (Daniel Sarch/The Laconia Daily Sun)



SERVICE DISRUPTION - LACONIA CITY FACILITIES FEBRUARY 9TH – 10TH MARCH 8TH – 9TH

Municipal services will be interrupted in the City of Laconia on Feb. 9-10 and March 8-9 as the City upgrades and consolidates its computer network. The project requires taking the network off-line on the dates listed above. On these dates, most municipal services requiring the use of a networked computer will be unavailable and telephones will not be

operational. We regret any inconvenience this may cause. Impacted departments include:

Public Safety services provided by the Police and Fire departments will NOT be impacted. Also NOT impacted is the Transfer Station.

Please keep these dates in mind as you plan to use City services over the next few weeks.

Thank you for your accommodations as we complete this important task.

City Manager's Office
City Clerk/Tax Collection
Assessing
Planning
Code Enforcement
Parks
Library
Department of Public Works
Finance



Public Works Department

Property Owner's Winter Survival Tips!

The best place to deposit snow when clearing your driveway is to put the snow downstream of your driveway. (Downstream is the direction the plow truck travels.) When Public Works plows the street the snow will be pushed away from the driveway instead of towards it.

Be nice to your neighbor and take them into consideration when you are clearing your driveway!

Also, you can minimize the amount of snow plowed into your driveway by creating a pocket in the snow just upstream of your driveway. This pocket will allow some of the snow on the plow to fall off into the pocket, resulting in less in your driveway!

City plow trucks have wing plows on them and, like delivery companies, we always want to turn right. This causes properties on an inside corner to have areas of deep snow. Corner lot owners should take this into consideration when developing methods to minimize the impact of snow coming off from a plow blade.

Let us know if you have questions! Just call 603-528-6379. We are glad to help!

Carbon Monoxide Safety



Often called the invisible killer, carbon monoxide is an invisible, odorless, colorless gas created when fuels (such as gasoline, wood, coal, natural gas, propane, oil, and methane) burn incompletely. In the home, heating and cooking equipment that burn fuel can be sources of carbon monoxide.

- CO alarms should be installed in a central location outside each sleeping area and on every level of the home and in other locations where required by applicable laws, codes or standards. For the best protection, interconnect all CO alarms throughout the home. When one sounds, they all sound.
- Follow the manufacturer's instructions for placement and mounting height.
- Choose a CO alarm that is listed by a qualified testing laboratory.
- Call your local fire department's non-emergency number to find out what number to call if the CO alarm sounds.
- Test CO alarms at least once a month; replace them according to the manufacturer's instructions.
- If the audible trouble signal sounds, check for low batteries. If the battery is low, replace it. If it still sounds, call the fire department.
- If the CO alarm sounds, immediately move to a fresh air location outdoors or by an open window or door. Make sure everyone inside the home is accounted for. Call for help from a fresh air location and stay there until emergency personnel declare that it is safe to re-enter the home.
- If you need to warm a vehicle, remove it from the garage immediately after starting it. Do not run a vehicle or other fueled engine or motor indoors, even if garage doors are open. Make sure the exhaust pipe of a running vehicle is not covered with snow.
- During and after a snowstorm, make sure vents for the dryer, furnace, stove, and fireplace are clear of snow build-up.
- A generator should be used in a well-ventilated location outdoors away from windows, doors and vent openings.
- Gas or charcoal grills can produce CO — only use outside.

HOME HEATING EQUIPMENT



Have fuel-burning heating equipment and chimneys inspected by a professional every year before cold weather sets in. When using a fireplace, open the flue for adequate ventilation. Never use your oven to heat your home.

FACTS

- ! A person can be poisoned by a small amount of CO over a longer period of time or by a large amount of CO over a shorter amount of time.
- ! In 2010, U.S. fire departments responded to an estimated 80,100 non-fire CO incidents in which carbon monoxide was found, or an average of nine calls per hour.



NATIONAL FIRE PROTECTION ASSOCIATION
The leading information and knowledge resource on fire, electrical and related hazards



LACONIA
FIRE DEPARTMENT





Click image (left)
for the January
newsletter!

ONE PEER TO ANOTHER - LACONIA

328 Union Ave, Laconia, NH 03246 | (603) 528-7742

JANUARY 2024

	Tuesday	Wednesday	Thursday	Friday
IMPORTANT INFORMATION: Local Warmline: 1-800-306-4334 Open 5-10 PM 7/365 days For when you need someone to talk to! Local Mental Health Agency: Lakes Region Mental Health Center (603) 524-1100 CALL OR TEXT 988 24/7/365 days For when you are in crisis, feeling suicidal, or need professional assistance!	1 CLOSED/HOLIDAY 	2 10a "Member Meeting" 11a Kai Chi Do w/ Amina via Zoom 12p Journaling 1p Self Care 2p Healthy Relationships	3 10a TED TALK 11a Self Kindness 12p Ice Breakers Jenga 1p Coping Skills 2p Creative Art & Talk	4 10a Healthy Boundaries 11a Nutrition w/Ayssa via Zoom 12p Creative Writing 1p Rock Painting 2p Let's Move 5-6:30 Recovery Group
	8 10a How Was Your Weekend? 11a Chair Yoga/Meditation 12p All About Music 1p Advocacy 2p Meal Prep & Recipe Sharing	9 10a Mutuality 11a Kai Chi Do w/ Amina via Zoom 12p Journaling 1p Self Care 2p Healthy Relationships	10 10a TED TALK 11a Self Kindness 12p Ice Breakers Jenga 1p Coping Skills 2p Creative Art & Talk	11 10a Healthy Boundaries 11a Let's Move 12p Creative Writing 1p Rock Painting 2p Laughing Group 5-6:30 Recovery Group
	15 CLOSED/HOLIDAY MLK DAY 	16 10a Mutuality 11a Kai Chi Do w/ Amina via Zoom 12p Journaling 1p Self Care 2p Healthy Relationships	17 10a TED TALK 11a Self Kindness 12p Ice Breakers Jenga 1p Coping Skills 2p Creative Art & Talk	18 10a Healthy Boundaries 11a Rock Painting 12p Creative Writing 1p Let's Move 2p Laughing Group 5-6:30 Recovery Group
	22 10a How Was Your Weekend? 11a Chair Yoga/Meditation 12p All About Music 1p Advocacy 2p Meal Prep & Recipe Sharing	23 10a Mutuality 11a Kai Chi Do w/ Amina via Zoom 12p Journaling 1p Self Care 2p Healthy Relationships	24 10a TED TALK 11a Self Kindness 12p Ice Breakers Jenga 1p Resumes w/ Ryan 2p Creative Art & Talk	25 10a Healthy Boundaries 11a Nutrition w/Ayssa via Zoom 12p Creative Writing 1p Let's Move 2p Laughing Group 5-6:30 Recovery Group
	29 10a How Was Your Weekend? 11a Chair Yoga/Meditation 12p All About Music 1p Advocacy 2p Meal Prep & Recipe Sharing	30 10a Mutuality 11a Kai Chi Do w/ Amina via Zoom 12p Journaling 1p Self Care 2p Healthy Relationships	31 10a TED TALK 11a Self Kindness 12p Ice Breakers Jenga 1p Briana - SNAP Program / DHHS via Zoom 2p Creative Art & Talk	"When Nothing is sure, Anything is Possible" "A New Year Brings New Opportunities!"



Laconia's Sledding Hill is Open!

Laconia's sledding hill is now open (conditions permitting!) located at the end of South Street, and can be found on Google Maps if you need directions. Laconia does not provide any tubes or sleds for use. There is no charge to use the sledding hill and all are welcomed to **USE AT YOUR OWN RISK.**

In the winter the lights are scheduled to turn on from 5 pm to 9 pm. Questions? Please call Parks & Rec at 603-524-5046.



**REDUCE
REUSE
RECYCLE**

**Curbside
recycling
will be
picked
up the
week of
Jan. 29!**

ATTENTION SNOWMOBILERS!

Snowmobiles in the Boardwalk area of Weirs Beach must be on the State Snowmobile trail. Please do not ride on the sidewalks on Lakeside Avenue!

The City used to move the State snowmobile trail onto Lakeside Avenue to protect the Boardwalk. Since completion of the project to improve Lakeside Avenue, the snowmobile trail is back on the tracks. The City wants all snowmobilers to remain on the State trail through the Boardwalk area to protect the improvements that we have made to the area. The City of Laconia has not authorized snowmobiles to operate on any of its sidewalks or roads.

Please do not use the sidewalk to travel to Cumberland Farms from the trail. The City is clearing the sidewalks of snow so that the residents in the area have place to walk in the winter.

Under State law it is unlawful to:

- Operate on any road or within the right-of-way except where authorized and posted.
- Operate on town roads or sidewalks unless posted for OHRVs or snowmobiles.
- Operate on or across any highway bridge unless posted as open for OHRVs or snowmobiles.



The authorized snowmobile trails in Belknap County are:

Railroad tracks corridor 15 north to Meredith
Railroad tracks corridor 15 south and 9 south to Belmont
Sled Dog Loop
Prison Loop

South Down Shores Loop

Corridor 15N Saltmarsh Pond to Paugus Bay via HK PowerSports & Cactus Jacks/T-Bones
(Corridor 15S) Saltmarsh Pond to Gilmanton

Trail to Airport Deli, Kitchen Cravings, Patrick's Pub, and Gilford Beach
Belmont connector 304
Belknap Mountain Trail



Information on these trails is available from the local snowmobile club, the Belknap Snowmobilers, Inc.



Cross Country Ski Lessons Are Offered at Bolduc Park

A Series of 4 Cross Country Ski Lessons will take place at 10am Saturday mornings at Bolduc Park on January 20 and 27 and February 3 and 10. Adults and Youth are welcome. Bring your own equipment or rent from nearby Piche's Ski and Sports. The cost is \$50 for the 4 lessons. Income eligible youth will receive lessons and equipment rental at no cost.

Call 603-524-1370 or email golf@bolducpark.com to register. Bolduc Park is located at 282 Gilford Avenue on the Gilford - Laconia town line.



What's New for Medicare in 2024?

Part A: Hospital insurance

Part A premium	Free if you've worked 10 years or more \$278 per month if you've worked 7.5 to 10 years \$505 per month if you've worked fewer than 7.5 years
Part A hospital deductible	\$1,632 each benefit period
Part A hospital coinsurance	\$0 for the first 60 days of inpatient care each benefit period \$408 per day for days 61-90 each benefit period \$816 per lifetime reserve day after day 90 in a benefit period (You have 60 lifetime reserve days that can only be used once. They're not renewable.)
Skilled nursing facility insurance	\$0 for the first 20 days of inpatient care each benefit period \$204 per day for days 21-100 each benefit period

Part B: Medical insurance

Part B premium (For individuals with incomes below \$103,000 or couples with incomes below \$206,000)	\$174.70 is the standard premium
Part B deductible	\$240 per year
Part B coinsurance	20% for most services Part B covers

Part D: Prescription drug coverage

National average premium for basic Part D benefit	Around \$30 per month
Part D maximum deductible	\$545 per year
Coverage gap begins	\$5,030
Catastrophic coverage begins	\$8,000

Read all about what's new for Medicare in the new year....Just click on the image above!



FACEBOOK LIVE

Partnership for Public Health FACEBOOK page

Come and join us on January 9, 2024 at 10am, February 13, 2024, at 10:00am on or March 5, 2024 at 10am on Facebook and bring your New to Medicare questions and/or any questions you may have regarding Medicare.

My name is Lori Raymond and I have been a Medicare Counselor since 2017 and am happy to be available to answer your questions. I look forward to assisting you.



**LAKES REGION MENTAL
HEALTH CENTER RECEIVES
\$2,500 GRANT FROM THE
NEW HAMPSHIRE
CHARITABLE FOUNDATION
MEREDITH VILLAGE SAVINGS
BANK FUND**

Lakes Region Mental Health Center (LRMHC) recently received a \$2,500 grant from the New Hampshire Charitable Foundation's Meredith Village Savings Bank Fund. The grant will help further LRMHC's mission to provide integrated mental and physical health care for people with mental illness, while creating wellness and understanding in our community.

About Lakes Region Mental Health Center

Lakes Region Mental Health Center is the NH-designated community mental health center serving 24 towns in Belknap and Southern Grafton Counties. A non-profit, private corporation founded in 1966, LRMHC provides integrated care to children, adults, elders and their families who are living with- and recovering from- mental illness and/or emotional distress. LRMHC professionals provide the highest quality of care, and by working in partnership with other health care providers, hospitals, law enforcement, corrections, courts, school districts, social workers and public health officials, LRMHC is able to provide a continuum of care for patients and improve the quality of life in the Lakes Region. In Fiscal Year 2022, LRMHC's 200+ employees served 3,512 children, adults and families and provided over \$372,000 of charity care. For more information, visit lrnhc.org or call 603-524-1100.

About the New Hampshire Charitable Foundation

The New Hampshire Charitable Foundation is New Hampshire's statewide community foundation, founded in 1962 by and for the people of New Hampshire. We are the place where generosity meets the dedication and ingenuity of non-profits and the potential of New Hampshire students. For six decades, thousands of people have entrusted their charitable resources to the Foundation, creating a perpetual source of philanthropic capital and making it possible for the Foundation to award more than \$60 million in grants and scholarships every year. For more information, please visit www.nhcf.org or call 603-225-6641.

CONCORD HOSPITAL
TELEGRAM

Be one of the first to experience a new themed fundraiser for the Concord Hospital health system.

SAVE THE DATE

Speakeasy soiree.
April 4, 2024

Formal invitation to follow.

Slap on your glad rags. Be ready to cut a rug.
Spare some loot. It will be for a good cause.

Keep it quiet but tell all your friends.
The joint will be hoppin'! Be there or be square. Best.

Supporting Concord Hospital's charitable mission of meeting the health needs of individuals in the communities we serve.

"In Laconia Schools..."

Hello Laconia School District Staff and Families.

January 26, 2024

On behalf of the Laconia School District, happy 2024! If you can believe it, we are almost halfway through the 2023-24 school year. We have some amazing students in our schools, some of whom I would like to highlight for you in this newsletter:

New Hampshire Civics and Civility Event (January 11)

LHS Principal Lisa Hinds and I were on a team with educators from the Manchester School District, former NH State Board of Education Chairperson Fred Bramante, and the NH Department of Education to organize a National Presidential Youth Convention with the theme of Civics and Civility. This event took place on Thursday, January 11 before the New Hampshire Presidential Primary at the City Auditorium (The Audi) in Concord. The event was purposefully non-partisan and was endorsed by Governor Chris Sununu, Senator Jeanne Shaheen, and Congressman Chris Pappas. It brought together students from across the state for a half-day civics lesson aimed at building our students' knowledge and skills around civics and civility. A group of students from Laconia High School attended the event and were given the opportunity to sign a Declaration of Civility associated with the event.



City of Laconia MLK Event (January 14)

There was a Laconia Celebration of Reverend Dr. Martin Luther King, Jr. at the Colonial Theatre that our students presented and performed at on Sunday, January 14th. This event was organized by the Laconia Human Relations Committee and its Chairperson Patrick Wood. Mr. Wood, Mayor Andrew Hosmer, Senator Jeanne Shaheen, County Attorney Andrew Livernois, and Ward 4 Laconia School Board member LaToya Beck were among the featured speakers. There were several displays of student work at the event. Pleasant Street School students led by Art Teacher Jeanne Blair, created models of quilts with patterns that were made by enslaved African Americans before the Civil War, some of which were used as codes to help slaves on a path to freedom on the Underground Railroad.



LHS Art Teacher Alison Witham's students' displayed an "Illuminated Letter" project based on the decorations of medieval manuscripts. Students learned about the history of medieval manuscripts and various watercolor techniques. Students also learned about the life and legacy of Dr. King and chose a quote that was meaningful to them that they copied. They "illuminated" the first letter by adding various designs around it. Students then provided a brief statement about why they chose the quote they selected. that was meaningful to them. Here is the quote and illumination of Gwen Fitts, a Grade 11 student at LHS. Another LHS Art Teacher Brock Harriman's students created a "Never Stop Dreaming" banner for the event.



Cathy Baylus, a former New Hampshire Social Studies Teacher of the Year and a 7th Grade Social Studies Teacher led the organization of an essay writing experience and contest at LMS. The winners read their speeches, sharing their personal connections with our community and Dr. King's legacy. Micah Choice (6th), Abigail Dea (7th), and Ruhan Pradhan (8th) are pictured to the left.



“In Laconia Schools...”

Aaliyah De Almeida, a Grade 8 student at LMS, wrote poetry that was read at the event. LMS Music teacher Mr.



Didonato and some LMS vocalists put on an inspirational performance of the following songs: “My Lord What a Morning,” “Peace Like a River,” “How Can I Keep from Singing?”

LHS Granite State Challenge Victory (January 14)

The Granite State Challenge team at LHS defeated Inter-Lakes 150 to 310 in a competition last Sunday. The victory moves them onto the quarterfinals of the competition on Saturday, January 20 against Hopkinton. Pictured at the competition on Sunday from left to right are: Mr. Osborne (Teacher-Advisor), Ms. Finch (Teacher-Advisor), Winter Murgatroy, Reid Vaillancourt, James Horan, Alex Richardson, Brody Rollins, and Mr. Ball (Teacher-Advisor).



(2) LHS 1000 Point Scorers in 9 Days



There are eight (8) 1000 point scorers in LHS Basketball History, and two of them play on teams this year who reached this impressive milestone. Keaton Beck, a 3-sport athlete and a senior captain of the LHS Boys Varsity Basketball team, scored his 1000th point in the third quarter in a game against Kennett on January 3rd. Keaton was also the Division II New Hampshire Basketball Player of the Year last season. He is coached by Steve McDonough, who is also a Math Teacher and Boys Varsity Lacrosse Coach at LHS. He is pictured here with his mother, LaToya. Nine (9) days later, Macy Swormstedt became the 8th 1000 point scorer in Laconia High School

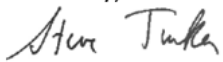
history. She achieved this milestone last Friday in the first half in a game against John Stark. Macy is the only junior at LHS to reach 1000 points. Her uncle, Jimmy Swormstedt, also a basketball standout at LHS, hit his 1000th point in 1987. She is coached by Jeff Greeley, a 5th Grade Teacher at Pleasant Street School and one of our football coaches at LHS. She is pictured here with her parents, Mike and Monique.



These incredible young people are educated by a staff of incredible educators. Their family support is an important ingredient in the success of these students. Great job, Laconia students! Thank you educators and families, for all that you do!

I hope that you are off to a great start in 2024.

Sincerely,



Steve Tucker, Superintendent
Laconia School District

“The mission of the Laconia School District is to ensure success with every student, every day, in every way”

Vision Statement: Learning transfers to life beyond the Laconia School District experience so students have the confidence to lead, to follow, and to grow to be responsible citizens who own their future.

City of Laconia

Laconia City Hall
45 Beacon St. East
Laconia, NH 03246
www.laconianh.gov
info@laconianh.gov



CITY HALL HOURS:
8:30 am to 4:30 pm
Monday through Friday
(603) 527-1270

SENIOR RESOURCES

ServiceLink Resource Center
(603) 528-6945 is the first number
to call for senior services.

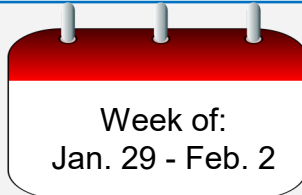


Did you know not
getting enough
sleep can increase
your chances of
developing certain
chronic diseases?

Learn more from the National Council On Aging by clicking
on the photo above.



City Meetings



Public participation and citizen input is a vital part of City government. Below is a list of meetings scheduled for the upcoming week. As agendas become available they will be posted on the City's [website](http://www.laconianh.gov). Also, printed copies of any agenda are available in the City department in charge of a particular Board or Commission. You are invited and encouraged to participate in any of our public meetings. **All meetings are open to the public and are held at Laconia City Hall, unless otherwise noted:**

City Council—Public Works Subcommittee
January 31, 2023—3:00 pm



CITY OF LACONIA PHONE DIRECTORY

(All phone numbers below
must be preceded by 603)

Airport	524-5003
Airport Manager - Marv Everson	
Assessing	527-1268
Assistant Assessor - Tara Baker	
City Clerk	527-1265
City Clerk - Katie Gargano	
City Manager	527-1270
City Manager - Kirk Beattie	
Code Enforcement	527-1293
Codes Director Joe Gray	
Conservation	527-1264
Conservation Technician	
Finance	524-3877
Finance Director - Glenn Smith	
Licensing	528-6331
Licensing - Hilary Young	
Fire Dept. (Central Station) ...	524-6881
Fire Chief - Tim Joubert	
Fire Dept. (Weirs Station)	366-2229
Library	524-4775
Library Director - Deann Hunter	
Parks & Recreation	524-5046
Parks & Rec. Director - Amy Lovisek	
Personnel	524-3877
Personnel Administrator - Lindsey Allen	
Planning & Zoning	527-1264
Planning & Zoning Director Rob Mora	
Police (Administration)	524-5257
Police (Crime Line)	524-1717
Police Chief - Matthew Canfield	
Public Works (Main Office)	528-6379
Public Works (Transfer Station)	528-5822
Public Works Director - Wes Anderson	
Tax	527-1269
Tax Collector - Katie Gargano	
Water	524-0901
Superintendent - Ben Crawford	
Welfare	527-1267
Welfare Technician - Cathy Raymond	

City Council Contact Info:

Mayor Andrew Hosmer	496-2078
Bruce Cheney (Ward 1)	491-8946
Robert Soucy (Ward 2)	524-7054
Eric Hoffman (Ward 3)	803-3425
Mark Haynes (Ward 4)	524-3605
Steven Bogert (Ward 5)	528-0613
Tony Felch (Ward 6)	998-1418

General Council E-mail:
citycouncil@laconianh.gov

Visit the City's website at:
www.laconianh.gov