



June 30, 2023 - Edition #595

Don't miss Laconia's Independence Day Celebration and Parade on Sunday July 2! More info on page ten.

HOUSEHOLD HAZARDOUS WASTE EVENT



2023 Lakes Region Household Hazardous Waste Collections



KEEP OUR LAKES REGION CLEAN AND BEAUTIFUL!

Residents and taxpayers may bring up to **10 gallons or 50 pounds** of household hazardous waste to one of our regional collection sites!

Collection Sites and Dates

Saturday, July 29 (8:30 AM - 12 PM)

Belmont Fire Station (14 Gilmanton Rd.)

Franklin DPW Garage (43 W Bow St.)

Gilford DPW Garage (55 Cherry Valley Rd.)

Meredith DPW Garage (17 Jenness Hill Rd.)

Saturday, August 5 (8:30 AM - 12 PM)

Bristol Newfound Regional HS

(150 Newfound Rd. - Enter site from River Road)

Laconia DPW Garage (27 Bisson Ave.)

Moultonborough Highway Garage (68 Hwy Garage Rd.)

24 PARTICIPATING COMMUNITIES

• Alexandria • Andover • Belmont • Bridgewater • Bristol • Center Harbor • Effingham • Franklin • Freedom • Gilford • Gilmanton • Hebron • Hill • Holderness • Laconia • Meredith • Moultonborough • New Hampton • Ossipee • Sanbornton • Sandwich • Tamworth • Tilton • Tuftonboro

YARD AND GARDEN

- Herbicides/Weed Killer
- Pesticides
- Pool chemicals
- Coal Tar-based Driveway Sealer

Household Items

- Toxic Art Supplies
- Cleaning Fluids
- Roofing Tar



On collection day attendees MUST:

1) Put HHW in a **cardboard box** in open car trunk or truck bed!

2) **STAY IN YOUR VEHICLE!**

3) Notify site staff if you want your fuel containers back.

Questions?



Call (603) 279-5341

Visit lakesrpc.org/services/hhw.asp

Find us on: Facebook & Instagram



@lakesrpc

ITEMS NOT ACCEPTED:

- Tires - Rechargeable Batteries
- Smoke Detectors - Electronics
- Ammunition/Fireworks
- Radioactive Materials
- Asbestos - Propane Tanks
- Fluorescent Tubes, Ballasts, CFLs
- Thermostats - Thermometer- Any Other Mercury Containing Devices

NO LATEX PAINT!

Mark your calendars for this year's Lakes Region Household Hazardous Waste Collection Events!

The City of Laconia event will be held the first Saturday in August, (August 5th) at the Public Works Garage at 27 Bisson Avenue from 8:30 am to 12:00 pm.

Please click on the flyer (left) for more details about the event, items that are able to be collected and those that cannot be collected.

For questions or more information, please call Lakes Region Planning Commission at 603-279-5341 or visit their website [here](#).

Thank you for helping to keep our Lakes Region clean and beautiful!

Welcome to Laconia Links!

We hope you enjoy this issue of our weekly e-mail newsletter created to keep you up to date on City of Laconia news and activities. If you would like the newsletter sent to your email each Friday, or if you have changes to your email subscription, please call the City Manager's office at (603) 527-1270 or email us at info@laconianh.gov.



Please click [here](#) to read a Press Release issued by the Lakes Region Planning Commission - "Household Hazardous Waste: A Common Problem, A Simple Solution".

Library Programs

Week of July 3-8



LACONIA
PUBLIC LIBRARY

Drop-In Tech Help

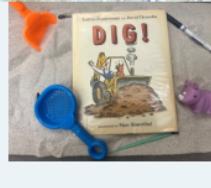
Tuesdays @ 10am
Wednesdays @ 2pm



Storytimes

Sensory Storytime

Monday, July 3
10am
Best for newborns-age 6



Toddler Time

Wednesday, July 5
10am
Best for newborns-age 3

Preschool Pals

Thursday, July 6
10am
Best for ages 3-6

Squam Lakes Natural Science Center presents All Together Now: Be an Earth Hero

Wednesday, July 5
1pm

Laconia Community Center
Best for newborns-age 12

Our first Wednesday Special of the summer is with the Squam Lakes Natural Science Center! Join us at the Laconia Community Center to meet and learn about three live animals and the humans who have helped ensure their survival, while you learn how to become an Earth hero in your community. For newborns to age 12. Thank you to the Long Bay South Down Ladies' Book Club for sponsoring this event.



<http://laconialibrary.org>

follow us: @laconialibrary

call: (603) 524-4775

text: (603) 556-4666

email: info@laconialibrary.org

[Sign-up for our monthly email newsletter](#)



Library Hours

Monday - Thursday 9:00 AM - 8:00 PM

Friday 9:00 AM - 5:00 PM

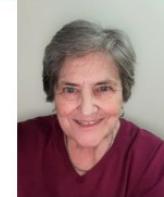
Saturday 9:00 AM - 4:00 PM

Goss Reading Room Closed

Family History Research Workshop

Week 1: Introduction to Family History Research

Wednesday, July 5
6pm



The first in a four-part workshop series, this introduction to genealogy will walk you through developing a research plan, documenting your findings, validating information, and considering software and database options for building your family tree.

These workshops are led by Ginny Martin, a retired librarian and software engineer with her Certificate of Genealogical Research from the Boston University Center for Professional Education.

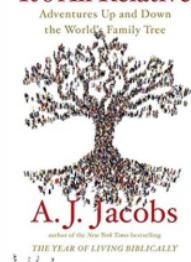
Sign-up is required for each of the four sessions. These workshops will take place every other Wednesday, beginning July 5th and ending August 16th, and will build off of each other. To register call: (603) 524-4775 or email: info@laconialibrary.org.

Evening Non-Fiction Book Group: "It's All Relative: Adventures Up and Down the World's Family Tree" by A.J. Jacobs

Thursday, July 6
6pm

Sign-up for the book group is required, copies of the book are available at the Library. Call: (603) 524-4775 or Email: info@laconialibrary.org to register; held in the Laconia Rotary Hall Auditorium.

It's All Relative



Summer Reading Kick-Off Event: All-Ages Tie-Dye

Friday, July 7
2-3:30pm

Best for all ages

It's a tie-dye extravaganza! Whether young in years or young at heart, you're invited to join us for an All-Ages Tie-Dye event to kick off our Summer Reading Program! Bring your own white t-shirt or choose from a variety of white accessories. We'll provide the rest of the materials you'll need to create a vibrant work of art. Join your Library community for an afternoon of colorful fun! This event will take place outside in the Library Garden, but if it rains, you'll find us on the lower level of the Library in the Laconia Rotary Hall Auditorium.



www.prescottfarm.org



Prescott  *Farm*
Environmental Education Center

Community-Wide Open House
Saturday, July 15
9 am - 4 pm



*If you haven't visited Prescott Farm lately, you haven't visited Prescott Farm!
Come explore the spaces - old and new - and find out how we can help you
connect to the natural world!*

Discovery Tours..... 10 am, 12 pm & 2 pm
Storytime & Singalong in Natural Playscape... 9:30 & 11:30 am
Tractor-Pulled Wagon Ride..... 12:30 pm
Garden-to-Fork Demonstration..... 11 am - 1 pm
Needle-felting Demonstration..... 1-3 pm
Telescope Demonstration..... 11 am, 1 pm & 3 pm

PLUS! Day-long self-guided tours of trails, gardens, bioretention pond, pollinator field, chicken coop, apiary, solar arrays and more!

info@prescottfarm.org 603-366-5695



928 White Oaks Road
Laconia NH 03246



www.prescottfarm.org



Prescott  *Farm*
Environmental Education Center

CLARE PERSSON
**INTRO TO MINDFULNESS
MEDITATION**



info@prescottfarm.org 603-366-5695
928 White Oaks Road Laconia NH 03246


**REDUCE
REUSE
RECYCLE**

***Curbside
recycling
will be
picked up
the week of
July 3!***


**Happy
4th of July!**



KINSHIP CAREGIVER SUPPORT GROUP

THE LAST MONDAY OF EVERY MONTH

12PM-1PM VIA ZOOM

Parenting is tough; parenting a second time can be even harder. This group aims to bring grandparents and other relative caregivers together to celebrate successes, mourn losses, problem solve for the hard times, and give support to one another. We hope you can join us to hear from other kinship caregivers and learn more about resources and opportunities that are available in your community. This program is sponsored by the Family Resource Center of Central NH and the Greater Tilton Area Family Resource Center.

For more information, please contact:

Erin Pratt: (603) 581-1574 or Erin.Pratt@lrcs.org

Amanda Lewis: (603) 581-1573 or Amanda.Lewis@lrcs.org

Patricia Eisner (603) 286-4255 or PEisner@GTA-FRC.org

Register at: www.lrcs.org/parentedregistration/

ARE YOU RAISING
A GRANDCHILD,
NIECE OR NEPHEW,
OR OTHER
RELATIVE?
ARE YOU
INTERESTED IN
LEARNING ABOUT
RESOURCES
AVAILABLE IN
YOUR
COMMUNITY?

WOULD YOU LIKE
TO CONNECT WITH
OTHER RELATIVE
CAREGIVERS IN
YOUR AREA?

**DO YOU
NEED
SUPPORT?**

**YOU ARE NOT
ALONE**

**We hope you'll
join us for this
monthly lunch hour
group.**

 LRCS
**FAMILY RESOURCE
CENTER**
Engage. Empower. Inspire.





Follow this [link](#) to our Tax Dept. for more information.

News From the Tax Dept...

Property tax bills were mailed on May 26th. They are due on July 3rd. Payments are accepted [on-line](#), by mail or at the counter in City Hall during our normal business hours which are Monday - Friday, 8:30 am - 4:30 pm.

For your convenience there is also a drop slot located on the side door of City Hall. We can accept credit cards for payments at the counter and online. Visa, MasterCard, American Express and Discover are accepted.

Convenience fees apply to all credit card and on-line transactions. Please call the Tax Office at 603-527-1269 if you have any questions.

The [#603HistoryHunt](#) begins on July 1st!

Throughout the month of July, go on the road to test your knowledge of the Granite State.

Free and open to the public thanks to our sponsor, The Merrimack. Have fun, win prizes, and learn more about the state we all love! Visit nhhistory.org for more information.



KIDS IN THE PARK
FAIRY TALE THEATRE
The Adventures of 
Snow White

Mon. July 3 at 10am



FRIDAY, JUNE 30TH
CATFISH HOWL
6PM-8PM



Holiday Trash Pick-up



NOTICE TO RESIDENTS ON CURBSIDE COLLECTION ROUTES

July 4th is on a Tuesday; there will be no curbside pickup on that day.

Tuesday's curbside collection route, and all other routes for the remainder of the week, will be delayed one day.

Questions? Please call 603-528-6379.

TEEN SUMMER READING BEGINS JULY 5TH!



- No Sign-ups Required!
- Grades 6-12
- 4th and 5th Graders who want to participate may submit tickets for Gift Bags and Reader Prizes.
- Summer Reading Raffle with weekly Gift Bags full of small prizes featuring a gift card from one of our local restaurants: Wayfarer, Burrito Me, or the Laconia Village Bakery.
- Each hour read is an entry. Fill out a ticket every week tallying all hours read, or fill out our online form.
- Extra Prizes for top readers! Top Reader Prizes include a variety of kits (journal, drawing, art, LEGO). The top reader chooses first!
- All accumulated raffle tickets will go towards the Grand Prize Raffle for a Kindle Fire!

Save the date!

upcoming mobile food pantry



Friday, July 28th from 12:00-2:00

(while supplies last)

**Lakes Region Community College
379 Belmont Rd. Laconia, NH**

The NH Food Bank will bring truckloads of food to distribute to families and individuals.

No proof of income or residence is needed. This is a drive thru event.
All items will be distributed to you in your vehicles.

Sponsored by
caring neighbors.



Our
26th
Year



Bubbie's
Matzah Ball Soup



Corned Beef, Pastrami, and Tongue



See the
complete
menu on our
website
www.tbinh.org



2023 Menu @
2022 Prices!

Contact us foodfestival@tbinh.org

PICK UP ORDERS AT TBI July 21 or 22 by appointment

Scan to Order



210 Court St
Laconia
www.tbinh.org



Zaydie's
Brisket





HISTORY HAPPENED HERE!

A Day to Discover the Stories of Laconia



Saturday, July 15th 10a-2p

Downtown ~ Lakeport ~ The Weirs

Explore the stories that made Laconia!

Trolley Tours ~ Laconia's Collections Exhibit Walk ~ Self-Guided Discoveries

Downtown Walking Tours ~ Visit Historically Significant and Iconic Buildings ~ and more!



Experience everything or one thing, create your own story!

For more information and to register for a tour scan the QR code, visit laconiahistory.org or follow us on Facebook





Join the Lake Opechee Boat Parade July 2

(Laconia's Parade and Fireworks Celebration Date)

When: July 2 (Sunday) after the Laconia Parade

Time: 6:30 pm Start

Gathering Location: Northeast Corner of Lake Opechee

Let's celebrate the 4th of July again with a boat parade around Lake Opechee! Decorate any and all watercraft and participate in our parade - let's make it a fun event! We will follow the leader and parade around the lake at a slow speed. If you do not have a watercraft on the water, then you can participate by coming down to the shore of Opechee to watch the parade, cheer on the participants, and show your 4th of July spirit! Come join us for this fun event prior to the fireworks.

We will meet at the northeast corner of the lake (by state property) at approximately 6:15 for the 6:30 parade to be finished about 7:15. Everyone falls in behind the lead boat (yellow/black Ski Nautique) at near headway speed at a safe distance as we parade around the perimeter of the lake counterclockwise. The firing of a starting pistol signals the start. We will officially end where we started. Please try to stay close and just drop in line as we start - no particular order. Hopefully many friends and neighbors will enjoy viewing the parade from the shore.

A permit from NH Marine Patrol has been granted for this event. Please be SURE to adhere to all NH boating laws and regulations and boat capacities, and refrain from rafting when underway. Patriotic music is definitely welcome. THANK YOU for participating! Dress up those watercraft!

This will precede Laconia's fireworks display. If there is a rain postponement, the parade will be rescheduled to precede the new date for the fireworks display.

If there are questions, please call or text 603-455-4725. Hope to see many of our Lake Opechee neighbors there!!!

Note: Lake Opechee Preservation Association was formed a few years ago in response to the challenge of removing milfoil in the lake and preserving water quality. If you would like to donate and contribute to annual contracting for milfoil removal you can scan this link or go to <https://gofund.me/c155d12> for a GoFundMe site contribution. (lakeopecheepreservation@gmail.com for more information.) Thank you!



KIDS IN THE PARK READING IN THE PARK

**Wednesday, July 5
at 10am**



LRSF ANNOUNCES ANOTHER SUCCESSFUL SCHOLARSHIP SEASON!

Lakes Region Scholarship Foundation recently announced their 2023 High School scholarship recipients. The Foundation is particularly thankful to all of the 288 donors who made this possible. Time was taken at each of the award presentations to read the names and acknowledge the donors who deserve the credit for this successful scholarship season. This year, LRSF awarded \$666,600 to 326 recipients, from entering college freshmen through seniors and grad students.

Since the inception of the Lakes Region Scholarship Foundation in 1956, through this year's award season, thanks to the generosity of over 600 donors, not including the thousands who have contributed to specific memorial funds or special fundraisers over the Foundation's 67 year history, a total of over \$9,252,800.00 has been awarded to more than 6,100 Lakes Region students.

Karen Switzer, Executive Director, and Chris Guilmatt, Assistant Director of the Foundation, along with LRSF Board Members, presented students with their scholarship award packets at the Awards Night celebrations at area High Schools in the Lakes Region, as well as those students attending The Huot Center. Past years' graduates pursuing a secondary education will be receiving their award packets in the mail.

A complete list of donors and award recipients can be found on the LRSF website at: lrscholarship.org.

If you would like more information on becoming a donor, please contact the LRSF office at 603-527-3533.



There's a lot of activity downtown these days as Bank of New Hampshire works to renovate their existing building on Pleasant Street. The top photo (*compliments of W. Stephen Loughlin*) shows work being done earlier this week; the bottom photo is a rendering of how the building will look once completed.

KIDS CRAFT CLUB

Saturdays 10am-12pm

Join Kristen on Saturdays at the Belknap Mill from 10am-Noon for KIDS CRAFT CLUB! Make some new friends and learn fun new crafts! Drop-ins welcome.

BELKNAP MILL
1823-2023

WILDLIFE ENCOUNTERS
Animals - People - Earth

Live & Silent AUCTION

Saturday, July 15th
10 a.m. to 2 p.m.

Congregational Church of Laconia
18 Veterans Square

There's something for everyone! Come bid on unique items including gift cards, baskets, antiques, experiences and handmade creations. Proceeds will benefit this year's Maine Seacoast Mission trip and our 200th Anniversary Celebration.



Follow our Facebook Event:
<https://fb.me/e/3HQp39j6>

Children's Summer Reading Sign-ups begin Monday, June 26!

ALL TOGETHER NOW

Newborns-age 12

Sign-up at the Children's Desk or call (603) 524-4775 ext. 602
Fill out your reading log and bring it to the Children's Desk to pick a prize each week (7/5-8/12)

We have lots of fun programs planned, including:

- Family Crafts
- A new performer every week!
- Lego Club
- Tinker Time
- Storytimes
- Move and Groove
- And more!





City of Laconia's Independence Day Celebration!

Laconia's Independence Day Celebration will be held on July 2nd

The Laconia 4th of July Committee and the Laconia Parks & Recreation Department would like to announce the Independence Day Celebration will be held this year on **Sunday, July 2nd**. The reason for the date change from the 4th is due to fireworks scheduling. Fireworks are in high demand this time of year.

The celebration will be like years past with a parade, bands, vendors and fireworks. The parade will begin at 4:30 pm from the Laconia High School and end at Opechee Park. The bands will begin at 5:30 pm at Opechee Park and will play until 10:00pm. 10:00pm is when the fireworks will begin.

Anyone interested in participating in the parade or being a vendor may contact us at parks@laconianh.gov for a form to be sent to you, or see the parade information and registration form below.

We hope to see you all at the celebration!!

2023 Laconia Parade Application Form
Parade Date: Sunday, July 2, 2023
Parade Start Time: 4:30pm

Note: Parade lineup will start at 3:30pm at Laconia High School

COMPANY/ORGANIZATION NAME: _____

CONTACT NAME: _____

ADDRESS: _____ ZIP CODE: _____

CITY/STATE: _____ PHONE #: _____

EMAIL: _____

OF PEOPLE: CHILDREN _____ ADULTS _____

OF VEHICLES: _____ DIMENSIONS OF VEHICLE: _____

PARADE UNIT (CIRCLE ONE):
WALKING FLOAT TRAILER HORSE ANTIQUE VEHICLE
MARCHING UNIT OTHER _____

Registrations due by Thursday, June 29th

Parade Registration Form can be emailed to: ynotynot@peoplepc.com

Or mailed to:
Laconia Parks & Rec.
306 Union Ave.
Laconia, NH 03246

Questions can be directed to Tony Felch at (603) 998-1418 or ynotynot@peoplepc.com

2023 PARADE APPLICATION GUIDELINES

Laconia's 2023 Independence Day Parade will be on July 2nd at 4:30 and kick-off the activities in Laconia.

The parade route will begin at the Laconia High School to Church Street and end at Opechee Park.

We are looking for participants! Bands, businesses, groups, individuals, neighborhood kids on bikes, etc.

Please click on the image (left) for the parade Registration Form and guidelines. The Registration Form can be emailed to: ynotynot@peoplepc.com or mailed to: Laconia Parks & Rec., 306 Union Ave., Laconia, NH 03246.

Let's make this a great parade!

Please forward this to everyone who might be interested in joining us.

KIDS IN THE PARK

JULY 2023

www.belknapmill.org

Free and open to families!
10am-11am in Rotary Park

Kids in the Park
returns this July!

Monday's IMPACT Theatre group visits the Mill for 6 Fairy Tale performances. These will take place on the 3rd floor and are made possible thanks to a grant from the Greater Lakes Region Children's Auction. Wednesdays and Fridays you can find us in Rotary Park for fun activities with some amazing local businesses/ organizations.

All Kids in the Park events are FREE and begin at 10am. Be sure to mark your calendar so you never miss out on the FUN!

<https://www.belknapmill.org/calendar>

SUN	MON	TUE	WED	THU	FRI	SAT
2	3 FAIRY TALE THEATRE Impact Theatre	4	5 READING IN THE PARK Laconia Kiwanis	6	7 YOGA IN THE PARK Cassie's Yoga & Mindfulness	8
9	10 FAIRY TALE THEATRE Impact Theatre	11	12 SAFETY IN THE PARK Laconia Police Department	13	14 HIKING IN THE PARK Lakes Region Search & Rescue	15
16 Fairy Tale Theatre funded by a grant from the	17 FAIRY TALE THEATRE Impact Theatre	18	19 RADIO IN THE PARK Lakes Media	20	21 DANCE IN THE PARK Dancing Feet Studio	22
23 GREATER LAKES REGION CHILDREN'S AUCTION	24 FAIRY TALE THEATRE Impact Theatre	25	26 QUILTING IN THE PARK Belknap Mill Quilters Guild	27	28 KARATE IN THE PARK Sachem Health	29
30	31 FAIRY TALE THEATRE Impact Theatre	1	2 TBA	3	4 COMMUNITY IN THE PARK Conservation Commission	5



Join Us for our Patriotic Parade

Monday, July 3rd at 9:30 am
Lakes Region Community Services Parking Lot

Bring your stroller or wagon (streamers will be provided to decorate)

Wear your best patriotic gear!

We will take our parade down the WOW trail towards Lakeport



LRCS
FAMILY RESOURCE CENTER
Engage. Empower. Inspire.

Our yesterdays

Our sincere thanks to Warren D. Huse, the Laconia Historical and Museum Society, and the Laconia Daily Sun for providing a glimpse into our community's past.....

THEN ...

Tarlson's General Store is seen, at the head of Lakeside Avenue, Weirs, in the 1920s or early 1930s. The ell of the Lake Side Hotel is seen at right. Members of George W. Tarlson Jr.'s orchestra, complete with upright piano, are set up in front of the store for a grand opening — perhaps when Tarlson's became an IGA store. The market had earlier moved here from its original location across the street, off-photo at left. (Laconia Historical and Museum Society)



... AND NOW

The building was built in 1909 on the site of the Moulton Photo Studio. George W. Tarlson Sr. removed part of the Moulton structure in 1910 and moved into the building the next year, which accounts for the date, '1911,' at the top. After the Tarlsons, the store became the Weirs Superette of George Casana from 1956 through 1984 and, more recently, Weirs the Beef Restaurant and now the Compass Cafe. (Jon Decker/The Laconia Daily Sun)

Opportunities for parents and care givers to network with others for free, while enjoying their children's safe play. For children birth to age 5.



9:00 Welcome 9:15 Activity
10:00 Snack 10:45 Story

Giggles & Grins

Lakes Region
Community Services
Family Resource Center
719 North Main Street
Laconia, NH 03246
603-524-8811



Giggles n Grins is a
Peanut-free area.
Thank you.

SUN	MON	TUE	WED	THU	FRI	SAT
	2 9:30 AM Family Patriotic Parade up the WOW Trail Starting at the FRC		5 9:45AM Happy Sounds Sharing Music & Movement	6 9-11AM Fingerpaint Pineapples	7 9-10AM Traveling Playgroup at Tardif Park, Crescent St. Laconia	8
	9 9-11AM	10 9-11AM	11 9-11AM	12 9:45AM Happy Sounds Sharing Music & Movement	13 9-11AM S'mores Craft	14 9-10AM Traveling Playgroup at Tardif Park, Crescent St. Laconia
	16	17 9-11AM Giggles & Grins Hot Dog Craft	18 9-11AM Giggles & Grins Hot Dog Craft	19 9:45AM Happy Sounds Sharing Music & Movement	20 9-11AM Giggles & Grins Bubble Wrap Ice Cream Cones	21 9-10AM Traveling Playgroup at Tardif Park, Crescent St. Laconia
	23	24 9-11AM Giggles & Grins Tissue Paper Popsicles	25 9-11AM Giggles & Grins Tissue Paper Popsicles	26 9:45AM Happy Sounds Sharing Music & Movement	27 9-11AM Giggles & Grins Watermelon Squish Bags	28 9-10AM Traveling Playgroup at Tardif Park, Crescent St. Laconia
	30	31				

LRCS is proud to be a smoke-free, substance-free campus. Thank you for helping to keep our building and grounds a safe & healthy environment for all.



See you there!

2023 SUMMER WEIRS BEACH FIREWORKS SCHEDULE

Monday, July 3, 2023: 11:59 pm
Saturday, July 15, 2023: 9:30 pm
Saturday, July 29, 2023: 9:30 pm
Saturday, August 12, 2023: 9:30 pm

RAINDATES:

*Saturday, July 22, 2023: 9:30 pm
*Saturday, August 5, 2023: 9:30 pm
*Sunday, September 3, 2023: 9:30 pm

* These dates are tentative and will only occur if a previous show is cancelled.



Youth Golf League

Join us for a weekly youth golf league at

Bolduc Park

Thursdays

July 6 — August 3, 2023, 5:30 pm

\$25 Registration Fee

A league for rookie golfers

For More Information

Call Gail at (603) 630-5650

Email Brian at bbernard@bbbsnh.org

Sponsored by



**Big Brothers
Big Sisters[®]**
OF NEW HAMPSHIRE



Youth Golf League Registration Form

Child's Name: _____

Age: _____ Golf Experience: _____

Parent/Guardian Name: _____

Address: _____

City/State/Zip: _____

Phone: _____ Email Address: _____

Click [here](#) for a
full-size version of
the form

Would your child need clubs? Yes _____ No _____

By signing this form below, you verify giving permission for your child to participate in Bolduc Park's Youth Golf League sponsored by Big Brothers Big Sisters of New Hampshire:

I understand my child's photo may be taken during the youth league, and may be used on Bolduc Park Association's website and/or social media.
 I understand playing Golf outdoors can take place in a variety of weather conditions that may cause muddy, wet, or slippery terrain.
 I understand Golf is a physical activity with inherent risk that may result in death or other various injuries.
 I do release Bolduc Park Association, its board of directors, and any staff/volunteers affiliated with Bolduc Park Association from any liability stemming from any injury my child sustains during the normal course of participation.

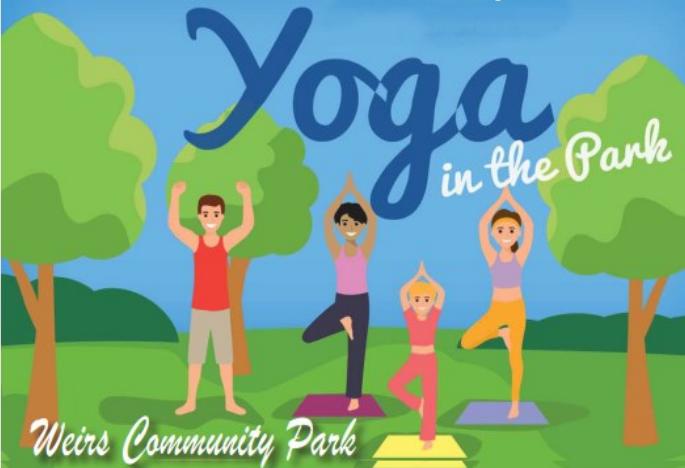
Parent/Guardian Signature: _____ Date: _____

Office Use Only

Club House Staff Member _____

Amount Pd _____ Date _____ Receipt # _____
Bolduc Park Association 282 Goford Ave, Gilford, NH 03249

Adults • Families • Seniors • Couples • Kids



FREE YOGA SERIES

Every Sunday 10-11am

ADULT'S YOGA (13 & Older)

July 2, 9, 16, 23, 30 &
August 6, 13 & 20

CHILDREN'S YOGA (5-12 years)

July 9 & 23 and August 6 & 13

Bring Your Own Mat Or Towel & Water

Classes are for regular people who want to feel relief, heal and reconnect to their highest potential.



Tekla Fralts



Cassie Prescott

WHO CAN ATTEND CLASS?

- Class is open to Laconia residents & guests (ages 12 & up for Adult Classes and ages xx & up for Kids Classes)
- Students of all levels are welcome
- Students with an open mind ready to enjoy the health benefits of Yoga.

REGISTRATION IS REQUIRED:

You can Register in person, Monday June 5th, 6-8pm & Monday, June 26th 6pm - 8pm At the Weirs Community Park Hall. Or By Mail: Download Registration form from our website & mail to address provided by June 25th. Weirs Community Parks Association Events Page www.wcpalaconianh.com/events

LOCATION:

Weirs Community Park - 49 Lucerne Ave., Laconia, NH - Behind the Weirs Fire Department

Adult Yoga is at the Weirs Amphitheater and Children's Yoga is under the Weirs Pavilion. In the event of inclement weather, the sessions can be moved indoors at the Weirs Park Hall.

SPONSORED BY: Weirs Community Park Associates

We Are Your Community Park

Get Involved - We Meet Once a Month, typically the third Monday of the month
wcpalaconianh.com • rentalagent@wcpalaconianh.com • 603-366-5185

City Hall Will Be Closed Tuesday, July 4, 2022





LACONIA SENIOR CENTER 524-7689

JULY 2023 ACTIVITIES MENU

ACTIVITIES SUBJECT TO CHANGE

Mon	Tue	Wed	Thu	Fri
3 Everyone wear Red White and Blue Day. Winner gets Crowned!	4 CLOSED	5 Bingo 10-12	6 Battered Chicken Tenders with Assorted Dipping Sauces Baked Beans, Potato Salad Fruit Cup	7 BINGO & GAME DAY 10-12 Movie & Snacks 12:30—2
10 VNA Foot Care 9-1 PM by appt Manicure by Brenda 11-12:30 PM	11 Activity Mtg 10:AM Geniess Health talk 10AM—11	12 BINGO 10-12 Pennie Annie Poker	13 BP clinic 10:15 Knitting & Crocheting Hot Dogs on a Roll Baked Beans Cucumber & Tomato Salad, Fruit Cup	14 BINGO & GAME DAY 10-12 Movie & Snacks 12:30—2
17 Coffee Social 10-11	18 Crafting 10-12PM	19 BINGO 10-12 Pennie Annie Poker	20 BP Clinic 10:15 Chicken Chow Mein White Rice Vegetable Dinner Roll, Fruit Cup Fortune Cookie	21 BINGO & GAME DAY 10-12 Movie & Snacks 12:30—2
24	25 Knitting Sewing 10-12:PM Hot Fudge Sundae Day TREAT! LSC Open House 2-5PM	26 BINGO 10-12 Pennie Annie Poker	27 Sweet and Sour Meatballs Potato Salad, Vegetable WG Dinner Roll Fruit Cup July Open House 2-5	28 Special Treat: National Milk Chocolate Day BINGO & GAME DAY 10-12 Movie & Snacks 12:30—2
30			Weather permitting: Walks along the river, Picnics, Ice Cream Social	TBA: Trips

Please click on the image (below) to read this week's Laconia Senior Center Newsletter!



Laconia Senior Center
Newsletter
Your Resource for Healthy Aging



July

532 Main St
Laconia, NH 03246
(Parking located at 184 Beacon St. West)

Communities Served:
Belmont • Gilford
Gilmanton
Laconia • Lਜon
S坦binton
Meredith
Cir. Harbor
New Hampton

But ALL are welcome!

Hours:
Monday - Friday
9:00am - 3:00pm

Take Out Meals To Go
Monday - Thursday
11:30am-12:30pm

Meals on Wheels
Offered to anyone home-bound age 60 or those with special needs.

Service Link
Resource Center
1-866-634-4412 or
528-6945

July

Laconia Senior Center

The month of July holds many family times here in Laconia, NH. The first holiday of the month is July 4th. What does that mean? Fireworks the night before, BBQ cookouts, family time, laughter, swimming, kids out of school, and lots of ice cream. Summer books to be read at the beach, swimming lessons, camping, weekend fire pits, and most of all, bring the elder ones to all this fun. They would love to spend time with you all.

In the month of June we spent time with a couple of the schools, Elm St and Pleasant St School. We made Fathers Day key Chains with the students and Elders of the Center. We love the students and Elders interacting.

Now it is time for the summer to begin. I hope you all will find time to enjoy the lake, beach, cookouts, and make it to the Senior Center. We are so looking forward to carpooling to a State Park lake, and some walks with a brown paper bag lunch. Come join us in these events.

This is your Center and we are here to please. Newsletters are updated weekly in the <https://www.laconianh.gov>

As always,
Debbie Haskell
Laconia Senior Center Resource Manager
184 Beacon St West
Laconia, NH 03246
603-524-7689

Takeout Option!!!!
We are still offering meal options at the center in takeout form on Mondays & Thursdays
A \$2 donation is suggested for each meal
For more information or to sign up please call:
The Laconia Senior Center @ 524-7689

Elder Services—Community Action Program Belknap-Merrimack Counties, Inc. 225-3295

Join Us at the Senior Center for a July Social / Open House



7/20/2023, starting @ 11:30 AM

RSVP @ 524-7689

Knitting Workshop Series at the Belknap Mill

The Belknap Mill will offer a knitting workshop series on Wednesdays from 6-8pm this July with a 4 part program focused on knitting socks. The series will be held at the Belknap Mill in the Riverside Gallery. Participants should have basic knitting skills: knit, purl, cast on, and knitting in the round. Workshop participants can register for each individual program or the entire series at a discounted rate. To register visit: <https://www.belknapmill.org/textiles>.

Christmas in July: Knit a miniature sock ornament. In this workshop you will learn the skills required to knit a small sock for an ornament. Makes a great gift topper.

Knit Two Color Socks: Learn stranded knitting and basic fair isle skills to create a sock using two colors.

Variations of Heels and Toes: Participants will learn different ways to knit heels and toes on socks.

Bringing it all together. Happy sock knitting for years to come. The final workshop in the series will focus on transferring all the knitting skills learned to knit adult size socks. Patterns will be provided.

Beth James is a knitting instructor and resident fiber artist at the Belknap Mill. Beth started teaching Fiber Arts 30 years ago. She demonstrated and taught a children's program for the Rochester Fair for 8 years. At Fryeburg Fair Fiber Arts Center, 20 years were dedicated to education and demonstrating. Beth teaches beginner and intermediate knitting at the Belknap Mill. She also hosts a weekly Spin-In for anyone with a spinning wheel and is available for knitting questions or instruction on Mondays from 1:00 pm - 4:00 pm. She is a member of the New Hampshire Spinner and Dyers Guild. For more information or to register for a class, please visit our website www.belknapmill.org or call 603-524-8813.

Damage to Solid Waste Containers

The solid waste and recycling containers provided by the City are warrantied for 10 years. The City will repair or replace the containers damaged through fair wear and tear. Please call Public Works (603-528-6379) to begin the process of having the containers repaired or replaced if necessary. When you call, please identify the type and size of the container and provide a description of the damage so that Public Works can bring out the materials necessary to repair/replace the container.

For example;

- A 65-gallon trash can had one of its wheels fall off the container.
- A 35-gallon trash container had one of its wheels break and the wheel is in pieces.
- A 95-gallon recycling container has a broken hinge and the lid will not stay on.

Public Works will take the actions necessary to have the manufacturer provide the City with a replacement container or the parts used to repair the container and will put the replacements back into City stock.





Active Parenting of Teens

For parents of teens and 'tweens

HYBRID COURSE

Participants can choose to attend in person at our office at 719 North Main St. Laconia, NH
OR virtually via Zoom

Purpose: To provide training and support for families experiencing the dynamic changes of teenage development and to help parents and other caregivers prepare teens and preteens to survive and thrive in society.

Active Parenting of Teens will give you the guidance and support you need to turn the challenges of raising a teenager into opportunities for growth.



You will learn:

- Methods of respectful discipline
- Skills for clear, honest communication
- Concrete strategies to prevent risky behavior
- How to be an encouraging parent



Tuesdays 6:00-8pm
6-week series begins July 11, 2023

To register, go to: www.lrcs.org/parentedregistration
or email: tricia.tousignant@lrcs.org

For participants who attend in person, dinner will be served at 6:00pm
and on-site childcare *may be available* if reserved at the time of registration, space is limited.



The Linden Foundation

Cool Kids Cook

*with Cooking Matters at
Home*

at the Laconia Public Library

June 27th | 4:00 PM

July 11th | 4:30 PM

July 25th | 4:00 PM

August 8th | 4:30 PM

To register, contact:

Kate Bruchacova
603-397-3205

Kate.bruchacova@unh.edu

or

Karen Deighan
603-651-3104

Karen.deighan@unh.edu



In this free family cooking program, youth and families explore how to cook together and learn:

-  To make meals more nutritious
-  To make recipes work for you
-  Kitchen safety skills



Extension

Nutrition Connections



For persons with disabilities requiring special accommodations, please contact Kate Bruchacova (603-397-3205) within 7 days of the event. Language assistance is available at no cost. The University of New Hampshire Cooperative Extension is an equal opportunity educator and employer. University of New Hampshire, U.S. Department of Agriculture and N.H. Counties cooperating. The preparation of this document was financed under a contract with the State of New Hampshire, Department of Health and Human Services. This material was funded by USDA's Supplemental Nutrition Assistance Program.

City of Laconia

Laconia City Hall
45 Beacon St. East
Laconia, NH 03246
www.laconianh.gov
info@laconianh.gov



CITY HALL HOURS:
8:30 am to 4:30 pm
Monday through Friday
(603) 527-1270



CITY OF LACONIA PHONE DIRECTORY

(All phone numbers below
must be preceded by 603)

Airport	524-5003
Airport Manager - Marv Everson	
Assessing	527-1268
Assistant Assessor - Tara Baker	
City Clerk	527-1265
City Clerk - Katie Gargano	
City Manager	527-1270
City Manager - Kirk Beattie	
Code Enforcement	527-1293
Katherine Menici, Interim Planning & Zoning Director	
Conservation	527-1264
Conservation Technician	
Finance	524-3877
Finance Director - Glenn Smith	
Licensing	528-6331
Licensing - Hilary Young	
Fire Dept. (Central Station)	524-6881
Fire Chief - Tim Joubert	
Fire Dept. (Weirs Station)	366-2229
Library	524-4775
Library Director - Deann Hunter	
Parks & Recreation	524-5046
Parks & Rec. Director - Amy Lovisek	
Personnel	524-3877
Personnel Administrator - Lindsey Allen	
Planning & Zoning	527-1264
Katherine Menici, Interim Planning & Zoning Director	
Police (Administration)	524-5257
Police (Crime Line)	524-1717
Police Chief - Matthew Canfield	
Public Works (Main Office)	528-6379
Public Works (Transfer Station)	528-5822
Public Works Director - Wes Anderson	
Tax	527-1269
Tax Collector - Katie Gargano	
Water	524-0901
Superintendent - Ben Crawford	
Welfare	527-1267
Welfare Technician - Cathy Raymond	

City Council Contact Info:

Mayor Andrew Hosmer	496-2078
Bruce Cheney (Ward 1)	491-8946
Robert Soucy (Ward 2)	524-7054
Henry Lipman (Ward 3)	528-0191
Mark Haynes (Ward 4)	524-3605
Vacant (Ward 5)	
Tony Felch (Ward 6)	998-1418

General Council E-mail:

Visit the City's website at:
www.laconianh.gov

SENIOR RESOURCES

ServiceLink Resource Center
(603) 528-6945 is the first number
to call for senior services.



**Find Medicare
providers**

Medicare
.gov

Did you know it's quick and
easy to find and compare
doctors, hospitals, and
other providers that
accept Medicare?

Just click on the image
(left) to help you make
informed decisions about
your health care.



City Meetings



Week of:
July 3 - July 7

Public participation and citizen input is a vital part of City government. Below is a list of meetings scheduled for the upcoming week. As agendas become available they will be posted on the City's [website](#). Also, printed copies of any agenda are available in the City department in charge of a particular Board or Commission. You are invited and encouraged to participate in any of our public meetings. [All meetings are open to the public and are held at Laconia City Hall, unless otherwise noted:](#)

City Hall Closed
July 4, 2023

**Special Events Review
Committee:**
July 5, 2023, 12:00 noon
[Agenda](#)