



January 13, 2023 - Edition #571

This year's 94th Annual World Championship Sled Dog Derby is scheduled for Feb. 17 - 19. See pg. five for auction details!

M.L.K. CELEBRATION



Celebration Honoring Rev. Dr. Martin Luther King, Jr.
January 15th, at the Belknap Mill, 2:00 pm.

JANUARY 15TH EXCLUSIVE EVENTS

- Viewing of Dr. King's, "I Have a Dream Speech"
- Complimentary Diverse Cultural Refreshments Available at the viewing.

MONTH LONG CELEBRATION INCLUDES

- Art Exhibit by Local Artists in the Belknap Art Gallery, with Works Inspired by Dr. King's Speech.

EXHIBIT ON DISPLAY FROM JAN 6TH-TO JAN 31ST.

Sponsored by the Laconia Human Relations Committee.

Welcome to Laconia Links!

We hope you enjoy this issue of our weekly e-mail newsletter created to keep you up to date on City of Laconia news and activities. If you would like the newsletter sent to your email each Friday, or if you have changes to your email subscription, please call the City Manager's office at (603) 527-1270 or email us at info@laconianh.gov.



January is
**NATIONAL
STALKING**
Awareness Month



Learn more from the Stalking Prevention, Awareness & Resource Center [here](#).



Laconia Public Library Events and Programs



Click [here](#) to access the Library's Event Calendar for more information on any program you're interested in!

**SHAYLA'S
TECH HELP**
Tuesdays at 10am
Wednesdays at 2pm

Have your basic computer and electronic device questions answered by a librarian. Most Tuesdays at 10 am and most Wednesdays at 2 pm, in the Volpe Room; check our event calendar to confirm dates.

SENSORY STORYTIME
TUESDAYS 2 PM
NEWBORNS - AGE 6

TUESDAY, JANUARY 17 2PM FOR
NEWBORNS TO AGE 6



Sensory Storytime Craft


Martin Luther King Jr. Day
MONDAY, JANUARY 16
LIBRARY CLOSED

PRESCHOOL PALS
Thursdays at 10am for ages 3 to 6

TODDLER TIME
WEDNESDAYS AT 10AM FOR NEWBORNS TO AGE 3

JANUARY 18 & 19
Storytime Craft

**Family Drop-In Craft
Book Page Snowflakes**
Monday, January 17
5:30pm
Best for ages 5-12

**Family Drop-In Craft: Yarn
Resist Winter Trees**
Saturday, January 21 10am-12pm Best for ages 3-12

It's Hygge Time!
Wednesday
January 18
6-7:30pm

Move & Groove
SING! **DANCE!** **LEARN!**
Friday, January 6 & 20
Newborns - age 6



PUBLIC HEARING NOTICES



CITY OF LACONIA Notice of Public Hearing

The City Council will hold a Public Hearing on **January 23, 2023** during the regular City Council meeting which will begin at 7:00 pm in the Armand A. Bolduc City Council Chamber in Laconia City Hall, relative to:

DECLARATION OF CITY-OWNED PROPERTY LOCATED ON LAFAYETTE STREET (PARCEL #444-126-17) AS SURPLUS PROPERTY

Katie Gargano, City Clerk



CITY OF LACONIA Notice of Public Hearing

The City Council will hold a Public Hearing on January 23, 2023 during the regular City Council meeting which will begin at 7:00 pm in the Armand A. Bolduc City Council Chamber in Laconia City Hall, relative to:

GRANTING AN EASEMENT ON CITY LAND (PARCEL 458-205-20)

Katie Gargano, City Clerk

Please see the Public Hearing Notices on this page which have been published in the Laconia Daily Sun. In future issues of the newsletter we will continue to provide citizens with notices of upcoming Public Hearings that may be of interest to our community. If you have questions regarding any Public Hearing shown, please call City Hall at 603-527-1270 and we will be happy to direct you to the appropriate department. Thank you for staying informed about what is happening in City government!

CITY OF LACONIA CDBG PUBLIC HEARINGS

The Laconia City Council will hold two consecutive Public Hearings on January 23, 2023 during the regular City Council meeting which begins at 7:00pm at City Hall, 45 Beacon Street East, Laconia, New Hampshire 03246. Community Development Block Grant (CDBG) funds are available to municipalities through the NH Community Development Finance Authority. Up to \$500,000 annually is available for Economic Development Projects, up \$500,000 for Housing Projects, up to \$500,000 for Public Facility Projects, up to \$500,000 in Emergency Funds, and up to \$25,000 per Planning Study grant. All projects must directly benefit a majority of low- and moderate-income persons. The Public Hearings will update the public on, and receive comments on, the following:

1. The progress of the renovation of the Laconia Housing and Redevelopment Authority's (LHRA) space at 17 Church Street, Laconia. The renovations are complete.
2. The changing of the proposed tenant in the LHRD renovated space at 17 Church Street, Laconia from the proposed tenant of Partnership for Public Health NH to Healthfirst. The majority of Healthfirst clients are of low and moderate income.

Provisions for persons with special needs can be made by contacting City Clerk Katie Gargano, Meeting ADA Coordinator, at City Hall by calling 603-527-1265 at least 72 hours in advance of the public hearings so that the City can make any necessary arrangements.



CITY OF LACONIA Notice of Public Hearing

The City Council will hold a Public Hearing on **January 23, 2023** during the regular City Council meeting which will begin at 7:00 pm in the Armand A. Bolduc City Council Chamber in Laconia City Hall, relative to:

ORDINANCE 2023-189-50-01 AMENDING CHAPTER 189, SEWERS

Katie Gargano, City Clerk

**New 2023 City
Hall Holiday
and City
Council Meeting
Calendars!**

For your convenience, our 2023 City Hall Office Holiday Closing Calendar can be accessed by clicking [here](#).

And please mark your calendars with the dates of [City Council meetings](#) in 2023! As always, we appreciate public input and invite you to attend any of our meetings.

Meeting agendas for the City Council, as well as other City Boards and Commissions, are available on our website [here](#).

Questions? Please call the City Manager's Office at (603) 527-1270.



Conversion to Automated Trash Collection: Multi-family Apartments and Condominiums

Apartments and condominiums that currently receive curbside trash collection that are 4 units or less will receive one 64-gallon trash container and one 96-gallon recycling container per unit.

Apartments and condominiums that currently receive curbside trash collection and that have over 4 units will receive four 64-gallon trash containers and four 96-gallon recycling containers. Four 64-gallon trash containers exceed the capacity of the seven 30-gallon

containers that are currently allowed under City Ordinances. All recycling, including cardboard boxes, must fit in the 96-gallon recycling containers. Landlords and condominium associations are responsible for allocating space in the solid waste containers to their tenants and property owners.

Also...Those apartments and Condominiums on private roads that do not receive curbside trash collection and currently bring their solid waste to a public (City or State) right of way will not automatically receive the City's curbside collection containers. These include property owners on Hadley Road, Janna Way, Story Tyler Shore Road, Leighton Ave South, Haven Ave, Pendleton Beach Road, Boathouse Road, etc. On these roads Public Works does not know which property owners are bringing their containers to the public right of way. Property owners on private roads that bring their solid waste to the public street must request their containers. Property owners in this situation can request their containers by going to the City's web site at:

<https://www.laconianh.gov/1188/Trash-Collection-Update>. Look for the following at the bottom of the page and fill out the form: RECYCLING AND TRASH CONTAINER ORDER FORM. Place an order for containers for use with the new (2023) automated trash collection system.

Conversion to Automated Trash Collection: Single Family Homes

Single family homes that receive curbside service will automatically receive one 64-gallon trash container and one 96-gallon recycling container after March 15, 2023, in preparation for the start of automated trash collection on April 1, 2023. One 64-gallon trash container exceeds the capacity of two 30-gallon containers that are presently allowed by City Ordinance. All recycling, including cardboard boxes, must fit in the 96-gallon container.

Also...If everyone in a household is over 65 years old or is handicapped, then the property owner can request a 64-gallon recycling container in lieu of the 96-gallon container and one 32-gallon trash container in lieu of the 64-gallon container.

Those property owners that live on private roads that do not receive curbside trash collection and bring their solid waste to a public (City or State) right of way will not automatically receive the City's curbside collection containers. These include property owners on Hadley Road, Janna Way, Story Tyler Shore Road, Leighton Ave South, Haven Ave, Pendleton Beach Road, Boathouse Road, etc. On these roads Public Works does not know which property owners are bringing their containers to the public right of way. Property owners on private roads that bring their solid waste to the public street must request their containers.

Property owners in these two situations can request their carts by going to the City's web site at: <https://www.laconianh.gov/1188/Trash-Collection-Update>. Look for the following at the bottom of the page and fill out the form: RECYCLING AND TRASH CONTAINER ORDER FORM. Place an order for containers for use with the new (2023) automated trash collection system.

Please call Public Works at 603-528-6379 with any questions you may have.

Star Party at the Belknap Mill

Friday, January 20th

Star gazing with a telescope
6:30pm on the
Rod & Gail Dyer Powerhouse Patio
at the Belknap Mill

Free and open to the public

Raindate: Saturday, Jan 21st

Proudly sponsored by: **ROGUE**
SPACE SYSTEMS CORPORATION



This Establishment Supports
**LAKES REGION
SLED DOG CLUB
AUCTION**
TO BENEFIT
THE 94TH ANNUAL
WORLD CHAMPIONSHIP SLED DOG DERBY



Jean-Rene Saucier, 3rd Place 2017
Photo By: Karen Bachelder

SATURDAY, JANUARY 28, 2023

AUCTION PREVIEW 5:30-6:30
AUCTION BEGINS @ 6:30

Auctioneer: Mark Roy



LACONIA COUNTRY CLUB

607 Elm Street, Laconia, NH

FOR MORE INFO: www.LRSDC.org OR 524-4314

Read all about the Lakes Region Sled Dog Club's 22nd Annual Auction and donate an item to the Auction! Just click on the image below for a full size version of the information and the donation form.

Thank you in advance for your generosity!

LAKES REGION SLED DOG CLUB
2023 – 22nd ANNUAL AUCTION
TO SUPPORT THE WORLD CHAMPIONSHIP SLED DOG DERBY
IN LACONIA, NH

FEBRUARY 17, 18, 19, 2023

SPONSORED BY:

To the Citizens of the Lakes Region Community,
The purpose of this auction is to raise funds for the World Championship Lakes Region Sled Dog Derby, scheduled for February 17, 18, 19, 2023. This Derby holds the distinction of being the longest running sled dog race in the entire world. And it is only with your generous support that we can keep sled dog racing alive in Laconia, New Hampshire.

I would like to take this opportunity to thank you in advance for any possible donation you can make to this auction and your help in keeping the "Greatest Show on Snow" alive.

To help support the 94th anniversary World Championship Sled Dog Derby and our auction, please join us at Laconia Country Club, Saturday, January 28th, 2023. The Auction will start at 6:30 pm. Cocktail Hour from 5:30 – 6:30 pm.

If you would like to donate an item or gift certificate to the auction, please fill out the lower portion of this invitation and return it to one of our representatives. With many thanks, Lyman, Auction Chairman
(603) 524-4314 (603) 527-0897 www.lrsc.org

ITEM DONATED (Description) _____ RETAIL \$ _____

NAME OF DONOR _____
ADDRESS _____
PHONE # _____ Date _____
Signature _____ Phone # _____
LRSDC Representative _____

LAKES REGION SLED DOG CLUB, INC.
PO BOX 341, LACONIA, NH 03247
www.lrsc.org



COLONIAL THEATRE

Laconia



Presents

WILLIAM STARRETT'S

BEAUTY AND THE BEAST



APRIL 15TH | 4:30P

Music by Thomas Semanski
Tickets available at
Coloniallaconia.com
501 (c)(3)



Steve Loughlin, a Director at the Kiwanis Club of Laconia, NH, produces a monthly newsletter for the Club, "Laconia Kiwanis Kronikle". To read the most recent issue and see what our local chapter of Kiwanis is up to, click [here](#). Past issues of the Kronikle can be found [here](#).

Passage Into FEAR

By Charles Caratti

1917,
set in
Europe,
on a
train from
Venice to
Zurich.

It is a mystery
of espionage
and intrigue
and everyone
is a suspect.

TICKETS

AVAILABLE AT THE DOOR
OR ONLINE AT
WWW.WINNIPESAUKEEPLAYHOUSE.ORG

\$15 GENERAL ADMISSION
\$12 CHILDREN / SENIORS



PRESENTED
BY

the WINNIPESAUKEE
playhouse

Winnipesaukee
Playhouse
33 Footlight Circle,
Meredith

FRIDAY, JANUARY 13TH

7PM

SATURDAY, JANUARY 14TH

2PM & 7PM

Produced by special arrangement with Eldridge Publishing Company

LACONIA HOUSING

Laconia Housing will be holding its' next
Board Meeting on Thursday,
Jan 19th, 2023 at 12:00 p.m.

The Zoom invite link to join is on our
website at:
www.laconiahousing.org/board-info
Questions? Please call us at: 603-524-2112



Lakes Region Cancer Support Team

So no one faces cancer alone

Formerly known as
Gilda's Club
New Hampshire

New Year, New Name, Same Mission

We have a new name, but our dedication to free cancer support will never change.

Our new website is www.LRCST.org. We are opening our program for people who have cancer (or are close to someone who is) on Jan. 17th.

Coffee and Conversation

Tuesdays 9:00-9:50 am January 17-February 21

Come to our office for an informal conversation over coffee. A great way to begin your day!

Writing as Healing

Tuesdays 10-12 am January 17-February 21

Writing as Healing is a six-session workshop held at the LRCST office. The workshop will use writing as a tool to explore and express the complex feelings that many people with cancer experience.

In each session participants will reflect on the topic of the day, generating ideas for their drafts during the workshop and completing their one-page piece at home. Every week, all participants will share their work, and we will discuss each participant's piece.

Please note: In this workshop we will not critique writing mechanics or style (no red pens!); the focus is to create a forum for expression and discussion.

Registration is required. To register, call us or email panderson@LRCST.org.

Lakes Region Cancer Support Team, 1 Mill Plaza, Laconia, NH 03246 (next to Laconia City Hall).

(603) 387-6775 LRCST.org

Powerhouse announces January auditions for multiple Spring projects!



Powerhouse will be accepting video auditions for its two-part Playwriting Festivals consisting of 12 short plays written by NH residents in its fall 2022 Playwriting Workshop. Five plays will be rehearsed and recorded on Zoom to be aired in April, and 7 more plays will rehearse and perform live in Rotary Park and the garden behind the Laconia Library on June 3 and 4th. These events are part of the 2023 Mill Series sponsored by Taylor Community, and the Garden Festival is sponsored by the Laconia Public Library.

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Says producer Johanna Halperin, "these short plays are a great way for people to get a chance to participate in a Powerhouse production or try their hand at acting with a smaller time commitment. To be in the Zoom plays one doesn't even need to leave the house! It's also an opportunity for new directors to get a chance to work on a play."



On January 29, and also by video, musical theatre performers can audition for the first of six musicals in the 2023 Powerhouse season sponsored by The Home Beautiful. The Tony Award winning musical The Secret Garden, based on the classic children's book, has roles for kids and adults and will perform as part of the 2023 Colonial Series sponsored by The Platinum Group, Grappone Mazda, and Bank of New Hampshire. It performs May 5-7.

All information about the productions and audition details can be found at <https://www.belknapmill.org/powerhouse-auditions> as well as links to register and audition materials.

In its less than two year existence over 200 individuals have participated in at least one Powerhouse production - these opportunities offer newcomers a chance to get involved and join Powerhouse veterans for fun on stage.

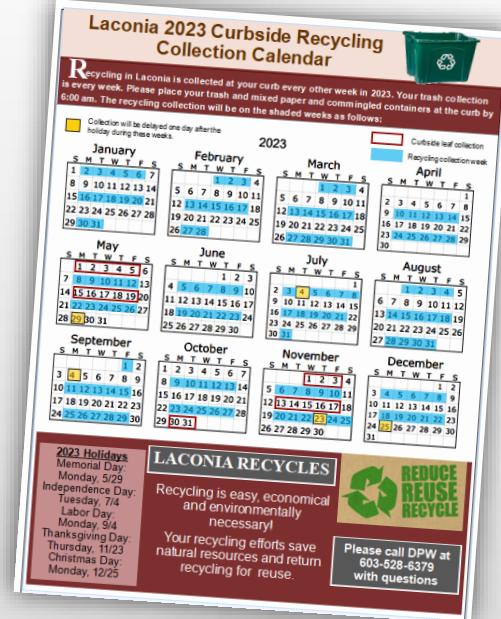
For more details on Powerhouse and all the programs at the Belknap Mill or to find out how to become a sponsor, visit powerhousenh.org or email powerhouse@belknapmill.org.



Curbside recycling will be picked up the week of Jan. 16, 2023!

See page 15 for important information about next week's trash & recycling pickup!

Department of Public Works



The Laconia 2023 Curbside Recycling Collection Calendar is now available! Click on the image (above) to view a full-sized version of the calendar.

Printed copies are available for pickup at Laconia City Hall, 45 Beacon St. East, or at the Public Works Department (27 Bisson Avenue).

Questions?
Please call the Department of Public Works at (603) 528-6379.

Our yesterdays

Our sincere thanks to Warren D. Huse, the Laconia Historical and Museum Society, and the Laconia Daily Sun for providing a glimpse into our community's past.....



THEN ...

Union Avenue, just south of Webster Square, Lakeport, is seen in winter, around 1900. The Adams-Moulton House, at left, is very old, dating to the early 1800s. The Cole-Quinby House, at center, was home to industrialist Benjamin Cole and, later, his son-in-law, Henry B. Quinby, governor of New Hampshire, 1909-1911. 'Lakeport Square' was designated 'Webster Square' in 1922, to honor Bugler Earl A. Webster, killed in the Argonne during World War I. (Laconia Public Library)



... AND NOW

The Adams-Moulton House is still there, at left. During the early 1900s, the Quinby house became home to the Knights of Pythias for a number of years. It was razed to make way for Robbins Auto Parts, which opened in 1974; Robbins was sold to Fisher Auto Parts in 2009. The building at right has been occupied by a variety of businesses over the years. (Jon Decker/The Laconia Daily Sun)

January 2023



ONE PEER TO ANOTHER

Laconia, NH

Monday	Tuesday	Wednesday	Thursday	Friday
2 HAPPY NEW YEAR! HOLIDAY / CLOSED	3 9am Open Discussion 10am Meditation 11am Self Care 1pm Healthy Choices 2pm New Year Goals 3pm Stretching	4 9am Check-In 10am Gratitude 11am Worldview 1pm Self-Reflection 2pm Identifying Stressors 3pm Deep Breathing Techniques	5 9am Check-In 10am Ted Talk 11am Wants & Needs 1pm How am I feeling? 2pm Open Discussion 3pm Music Therapy	6 9am Open Discussion 10am Establishing Healthy Boundaries 11am Arts & Crafts Activity 1pm Walk & Talk 2pm Moving Towards 3pm Writing / Journaling
9 9am Open Discussion 10am IPS Topics 11am Peer Discussion 1pm Limits & Boundaries 2pm Short-Term Goals 3pm Chair Yoga	10 9am Check-In 10am Dealing w/ Anxiety 11am What I like about me 1pm Long-Term Goals 2pm Deep Stretching 3pm Open Discussion	11 9am Check-In 10am Self Reflection 11am Healthy Relationships 1pm Emotional Wellbeing 2pm Rock Painting 3pm Music Therapy	12 9am Open Discussion 10am True Emotions 11am Strategies to Cope 1pm Decision Making 2pm Stress Management 3pm W.R.A.P	13 9am Check-In 10am Meditation 11am Sit & Stretch 1pm WOW Trail Walk Closing Early at 1:30 p.m. today for a Staff Meeting
16 CIVIL RIGHTS DAY HOLIDAY / CLOSED	17 9am Check-In 10am Journaling 11am Walk & Talk 1pm Boundaries 2pm Coping Skills 3pm Sit & Stretch	18 9am Open Discussion 10am Music Therapy 11am Chair Yoga 1pm Deep Breathing Techniques 2pm Staying Present 3pm Ice Breaker Game	19 9am Check-In 10am Emotional Meter 11am WOW Trail Walk 1pm Audubon Society Field Trip - Concord 2pm Mindfulness 3pm Looking within ourselves deeper	20 9am Open Discussion 10am Ted Talk 11am Self Reflection 1pm Sit & Stretch 2pm Meditation 3pm Wants & Needs
23 9am Check-In 10am WOW Trail Walk 11am Arts & Crafts 1pm What do I need? 2pm Dealing w/ Depression 3pm Ice Breaker Game	24 9am Open Discussion 10am Lifestyle Hacks 11am Creating Better Habits 1pm Music Therapy 2pm Limits & Boundaries 3pm Healthy Relationships	25 9am Check-In 10am WOW Trail Walk 11am Healthy Eating Habits 1pm Nutrition Class w/ Alyssa - Zoom 2pm Making Connections 3pm Peer Discussion	26 9am Open Discussion 10am Grounding Techniques for Anxiety 11am Meditation 1pm Staying Present 2pm Arts & Crafts 3pm Music Therapy	27 9am Check-In 10am Vision Boards 11am Coping Skills 1pm Meal Planning 2pm WOW Trail Walk 3pm Healthy Relationships
30 9am Open Discussion 10am Deep Breathing Techniques 11am Chair Yoga 1pm Music Therapy 2pm Self Advocacy 3pm Arts & Crafts	31 9am Check-In 10am Peer Discussion 11am Meditation 1pm Self Reflection 2pm WOW Trail Walk 3pm New Year's Plans Discussion	 <p>ONE PEER TO ANOTHER JANUARY 2023</p> <p>MENTAL HEALTH RESOLUTIONS FOR THE NEW YEAR</p> <p>Not all New Year resolutions focus on fitness, diet, and health; we have to think about some mental health resolutions for a successful year.</p> <ul style="list-style-type: none"> ✓ I will commit myself to being physically active each day, studies have shown there is a link between mental and physical health. ✓ I will learn to relax and enjoy myself, and prevent yourself to carrying out some time each day to recharge your mental and physical batteries (EL-CARD). ✓ Diligently speak with your therapist and trust yourself on what is a key to good functioning more positively into the new year. ✓ Don't be too hard on yourself or miss goals, instead, focus on what is important and going forward in these areas, not on a positive manner. ✓ Stay mindful of your mental health, don't dwell on the past or how much time focusing on the past can offer. ✓ Act quickly in noticing when you are getting yourself to get caught up in negative thoughts, and try to distract yourself with something else. ✓ Reframe the actions of others, and push your buttons, be prepared with a mental list of responses to statements to confront the negative ones. ✓ Do not allow yourself to be defined as a label, instead of focusing and spending time being overwhelmed, scared, depressed, etc... say instead "I have depression and today I am here to help manage that." <p>JANUARY 19, 2023</p> <p>© 1:00 trip to NH Audubon Society where they have a raptor exhibition, hiking trails as well as the reptile room that are free admission. Please join us for a fun filled afternoon.</p> <p>I will strive to become the person I want to be. View life as a journey full of obstacles rather than a series of challenges you have to overcome. Enjoy the ride that life is, rather than focusing on the bumps in the road.</p>		

Click the image (left) to read the current edition of "One Peer to Another" newsletter!



Most winter parent education classes will be offered in “hybrid” format. Participants can choose to attend in person at our office at 719 North Main St., Laconia or virtually via Zoom.

Cooking Matters for Families (Adults & Children Ages 6 and up)

Wednesday evenings from 6:00-8:00pm, beginning January 11, 2023 (6 Weeks)

OFFERED IN PERSON ONLY, NO ZOOM OPTION FOR THIS CLASS

Cooking & nutrition class, participants will receive groceries each week to practice their cooking skills. Topics covered will include making meals more nutritious, tips for grocery shopping, healthy & kid-friendly recipes, cooking skills for the family, & much more! Food will be prepared in class each week. *Dinner will be served during class at 6pm.*

Cooperative Parenting & Divorce

January 11-February 2, 2023. Class meets twice weekly on Wednesdays & Thursdays from 6:00-8:00pm (4 weeks)

This program helps separated/divorced parents shield their children from parental conflict. Parents learn to guide their children through the process of recovery while establishing a cooperative long-term relationship with the other parent. This program educates parents on the impact their conflict has on their children, and teaches parents the practical skills they need to manage anger, increase impulse control, resolve conflict and talk to each other without arguing. While co-parents are welcome to take this class together, it is not required. *For participants who attend in person, dinner will be served during class at 6pm.*

Understanding Children’s Growth & Development—A Nurturing Skills Module

January 12-February 16, 2023. Daytime and Evening Sessions Available!

Thursdays 10:00-11:30am —OR— Thursdays 6:30-8:00pm (6 weeks)

This Nurturing Skills module focuses on creating a nurturing environment that stimulates children’s overall healthy development. Topics covered include brain development, developmental milestones, creating nurturing routines, and encouraging a growth mindset. *For participants who attend in person, dinner will be served at 6pm.*

Parenting with Resilience

January 17-February 21, 2023. Class meets Tuesdays from 6:30-8:00pm (6 weeks)

Learn about Adverse Childhood Experiences (ACE’s) and how trauma can effect children’s development and behavior. Caregivers will learn strategies to build their own ability to persevere through tough times, as well as techniques for encouraging resilience in children. *For participants who attend in person, dinner will be served at 6pm.*

Active Parenting of Teens

January 17-February 21, 2023. Class meets Tuesdays from 6:00-8:00pm (6 weeks)

Active Parenting of Teens will give parents the guidance and support needed to turn the challenges of raising a teenager into opportunities for growth. Topics include: methods of respectful discipline, skills for clear, honest communication, strategies to prevent risky behavior, how to be an encouraging parent, and issues such as teens on-line, bullying and depression. *For participants who attend in person, dinner will be served during class at 6pm.*

Nurture Hope

February 8-April 5, 2023. Class meets Wednesdays from 6:30-8:00pm (8 weeks)

This series is designed for parents with children who have special needs and health challenges, giving them an opportunity to explore their hopes and fears, develop effective parenting skills, enhance communication, develop strategies for facing challenges and recognize opportunities for celebration. *For participants who attend in person, dinner will be served at 6pm.* *There will be no class on March 1st*

For all classes register at: www.lrcs.org/parentedregistration/

Or email tricia.tousignant@lrcs.org

On-site childcare *may be available* if reserved at the time of registration. Space is limited.

A Winter Concert Series

BELKNAP MILL PRESENTS:

BELL & BRICK January



January 12, 2023

Green Heron



January 26th, 2023

Dakota Smart



Event Details

Tickets: \$10

Doors Open: 6:30p

Concert: 7-8p

For More Information:

www.BelknapMill.org

LACONIA HISTORICAL

& MUSEUM SOCIETY

ANNUAL MEETING

You're Invited

Tuesday, February 7, 2023 8a-9a

United Baptist Church

23 Park Street

Laconia, NH

RSVP by Tuesday, January 31, 2023
to lhmslpl@metrocast.net

Breakfast, Business & Bragging



Remembering
DR. MARTIN LUTHER
KING, JR.



Celebration in Honor of Rev.
Dr. Martin Luther King, Jr.
January 15, 2023 at 2 pm

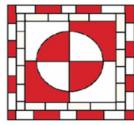
The Laconia Human Relations Committee is hosting their annual celebration of Rev. Dr. Martin Luther King, Jr. to honor his life and legacy, on January 15th at the Belknap Mill, starting at 2 pm.

This year's celebration will include a month-long exhibit in the Belknap Art Gallery of

local artists sharing their original creations inspired by Dr. King's ministry of racial equality and social justice for all. Local artists, whose works are in this exhibit, share their thoughts about their works at the January 15th celebration including how their artistic creation was inspired by the life and work of Dr. King. The artists who will present are Mike Durkee, Elaine Morrison, Chloe Sofronas, Jaylene Bengston, Ian Raymond, A. E. Brown, Dick Smith and Priscilla Bodwell.

The celebration will commence with a viewing of an excerpt of Dr. King's "I Have A Dream" speech. A diverse array of cultural food and refreshments will be available. The Human Relations Committee is excited about this event and hopeful that many in the Lakes Region will come!

All of the art will be on display in the Belknap Mill Gallery from January 6th to January 31st. The public is encouraged to come see the artwork anytime during the month. The Belknap Mill operating hours are Monday-Friday, 9 am to 4 pm and Saturday 9 am to 3 pm.



Beginner Quilting Classes For Kids and Adults!

What: Develop basic sewing skills while creating a tied quilt (throw size—40" x 50").

Where: Laconia Middle School, 150 McGrath St., Laconia NH 03246

Cost: \$10 Registration Fee

When: Saturdays: January 28th, February 4th, 11th & 18th, March 4th & 11th, 2023

Times: Youth (ages 10 - 16): 9 am - 11 am & Adults (ages 17 & Up): Noon - 2 pm
For Youth Class, a responsible adult is required to attend the 1st Class.

Sponsored by: The Belknap Mill Quilters Guild - Have questions, email us at info@bmqg.org

Pre-registration is Required: Register at BMQG.org

Due to the popularity of these classes you will receive a confirmation email letting you know you have either secured a seat in the class or that you have been placed on a wait list.

Maximum Class Sizes

- 12 Youth Students ages 10-16
- 18 Adults ages 17 +
- *We are limiting attendance to those who have not participated in a previous workshop series.*

Learn Basic Sewing Skills!



**All Fabric & Supplies
Are Provided!**

**Sewing machines are on
loan for classroom work.**



Laconia Adult Education Winter 2023 Enrichment Catalog

Course Title	Day(s)	Start date	Times	# weeks	Cost	Location	Instructor Name
Health & Wellness							
Beginner II Lindy Hop	Mon	01/23/2023	5:45-6:45	4 weeks	\$90.00	LHS-Café	Juli Pruden
Beginner Night Club Two Step	Mon	01/23/2023	6:45-7:45	4 weeks	\$90.00	LHS-Café	Juli Pruden
Beginner Salsa	Mon	01/23/2023	7:45-8:45	4 weeks	\$90.00	LHS-Café	Juli Pruden
Beginner Waltz	Tues	01/24/2023	5:45-6:45	4 weeks	\$90.00	LHS-Café	Juli Pruden
Beginner East Coast Swing	Tues	01/24/2023	6:45-7:45	4 weeks	\$90.00	LHS-Café	Juli Pruden
Beginner Tango	Tues	01/24/2023	7:45-8:45	4 weeks	\$90.00	LHS-Café	Juli Pruden
Freedom Through Forgiveness	Thurs	05/25/2023	6:30-8:30	1 week	\$45.00	LHS-611	Brenda Paquette
Introduction to Spiritual Energies	Thurs	03/16/2023	6:30-8:30	1 week	\$45.00	LHS-611	Brenda Paquette
Meditation 101	Thurs	05/04/2023	6:30-8:30	1 week	\$45.00	LHS-611	Brenda Paquette
What are Angels & How to Communicate w/them	Thurs	04/06/2023	6:30-8:30	1 week	\$45.00	LHS-611	Brenda Paquette
Yoga for Everyone: Beginning (Tues & Thurs) Session 1	Tues&Thurs	01/31/2023	5:00-6:15	4 weeks	*\$50.00*	ctc-H234	Bonnie Morin
Yoga for Everyone: Beginning (Tues & Thurs) Session 2	Tues&Thurs	03/07/2023	5:00-6:15	4 weeks	*\$50.00*	ctc-H234	Bonnie Morin
Yoga for Everyone: Beginning (Tues & Thurs) Session 3	Tues&Thurs	04/04/2023	5:00-6:15	4 weeks	*\$50.00*	ctc-H234	Bonnie Morin
Language							
Spanish for Beginners	Mon	01/30/2023	6:00-7:00	10 weeks	*\$45.00*	LHS-205	Mark Frattarola
Spanish Intermediate Level I	Mon	01/30/2023	7:00-8:00	10 weeks	*\$45.00*	LHS-205	Mark Frattarola
Spanish Intermediate Level II	Mon	01/30/2023	8:00-9:00	10 weeks	*\$45.00*	LHS-205	Mark Frattarola
Learning a skill							
Basic Woodworking	Thurs	02/02/2023	6:00-8:30	8 weeks	*\$110.00*	LHS-517	Wes Anderson
Digital Photography I	Mon	02/06/2023	4:00-5:30	5 weeks	\$50.00	Remote	Steve McGrath
DIY Wedding Flowers Class	Wed	2/1/2023	6:00-8:00	6 Weeks	*\$50.00*	LHS-514	Shirley Glines
Dog Obedience: Advanced	Wed	03/15/2023	7:00-8:00	8 weeks	*\$70.00*	WHS	Carolyn Bancroft
Dog Obedience: Beginning	Wed	03/15/2023	6:00-7:00	8 weeks	*\$70.00*	WHS	Carolyn Bancroft
Fly Tying	Wed	2/1/2023	6:00-9:00	8 Weeks	100	LHS-612	Nick Proulx
Intro to Intermediate Woodworking	Wed	02/01/2023	6:00-8:30	8 weeks	*\$110.00*	LHS-517	Ed Philpot
Open Shop Woodworking	Tues	01/31/2023	6:00-8:30	10 weeks	*\$110.00*	LHS-517	Ed Philpot
Smartphone Photography	Tues	04/04/2023	4:00-5:30	3 Weeks	\$40.00	Remote	Steve McGrath
Welding Fundamentals: ARC,GAS,MIG&TIG- Thursdays	Thurs	01/31/2023	5:30-8:30	10 Weeks	*\$350.00*	LHS-Welding Lab	Bruce Beckford
Welding Fundamentals: ARC,GAS,MIG&TIG- Tuesdays	Tues	02/02/2023	5:30-8:30	10 Weeks	*\$350.00*	LHS-Welding Lab	Bruce Beckford

* * Additional Supply/book fee or pre-class requirement is additional in this course.

Check out our other great offerings:

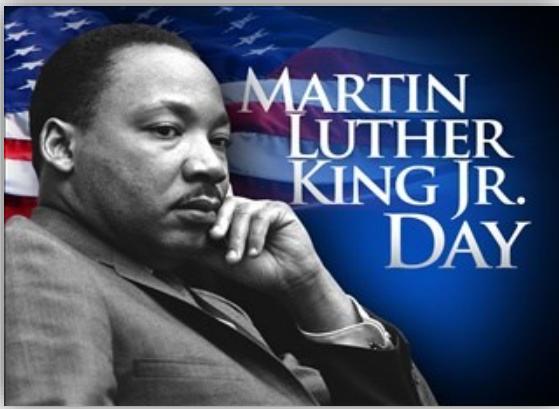
A.B.E.- Free Adult Basic Education Tuesday & Thursday nights 6:00-8:30-Starting January 10, 2023
 HiSET (Formerly GED) Prep- Free Monday & Wednesday nights 6:00-8:30-Starting January 9, 2023
 E.S.L- Free for those learning English Tuesday & Thursday nights 6:00-8:30-starting January 10, 2023
 Academy-High School Math, English, Biology, Chemistry and Social Studies Classes starting January 23, 2023

Classes are in-person except when location is listed as remote.

CHECK ONLINE FOR MORE DETAILED COURSE INFORMATION (Including materials, book fees or Labs)

REGISTER AND PAY ONLINE at: adultedlaconia.weebly.com

Still have questions? Call Laconia Adult Education at 524-5712



Public Works Department

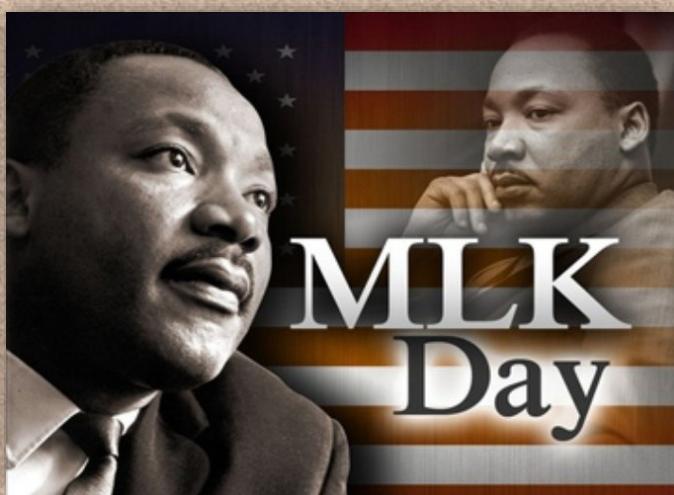
Martin Luther King, Jr. Day is Monday, January 16th

Notice to Residents on Curbside Collection Routes

There will be NO DELAY in curbside collection of trash or recycling on January 16th, Martin Luther King, Jr. Day.

Collections for the entire week will be on their regular schedule.

For questions or additional information, please call Department of Public Works at (603) 528-6379.



Please note!
City Hall will be closed all day on Monday, January 16th for Martin Luther King, Jr Day.

NEW ENGLAND



WOLVES

The New England Wolves have once again dedicated an upcoming Home Game to celebrate the memory of John Bradley Thompson and raise awareness and research funding for [The Cure Starts Now Foundation](#).

The Cure Starts Now focuses on the Homerun Cure to all cancers by concentrating our research funding efforts on one of the deadliest forms of cancer, [DIPG](#). With over \$21 million in pediatric brain cancer research funding to date, you can rest assured that 100% of your donation, after credit card processing, will go directly to innovative research. Please join us in funding crucial research to save our youngest of warriors. Here is this year's roster of shooters!

2023 Roster:

**Defending Champ: Chad Baron
Patrick Hesseltine
Reed Worthen
Chris McPhail
Kevin Mull
Ellissa Popoff
Alex Plummer
Ben Coapland
Neil Ravin
Josh Baskin**

The event will be held on January 28, 2023 at the Merrill Fay Arena in Laconia, NH. It occurs annually during a New England Wolves EHL contest, and this year's matchup will feature two of the top teams in the entire league - The New England Wolves vs the Seacoast Spartans. Puck drop is at 6:30 pm, but fundraising begins NOW! To date, this game has raised over \$100,000.00 for the Cure Starts Now foundation. The NH chapter, with games and events each year such as these, has raised over \$1 million dollars. Click [here](#) to donate today- [JBT Shootout | The Cure Starts Now](#)



Public Events at Taylor Community - Laconia, NH

All events listed are free and open to the public

Music

The Wholly Rollers - January 18th at 6:30 p.m.

A Concord-based band performing bluegrass, old time, string band, and gospel music.

The Freese Brothers - January 23rd at 6:30 p.m.

A performance that pleases audiences of all generations with classic sounds from the Duke, the King, the Count, the Chairman of the Board and the Sentimental Gentleman of Swing and combo arrangements of contemporary tunes.

Debbi Gibson - Flute & Clarinet Duo - January 25th at 3:00 p.m.

Join us as clarinetist Debbi Gibson is joined by the talented flutist Alison Witham.

Rich Araldi on the Vibraphone - January 26th at 2:00 p.m.

Join us as Rich brings us his Holiday Presentation on Vibraphone. He will also intersperse stories, trivia and facts to accompany the music.

Topper and Fed - a Comedy featuring John Stanley Shelley - Rescheduled to March 1, 2023

Enjoy this unique duo as they play songs of many different genres both original and favorites and always with a comical twist. This wacky pair always has something up their sleeve to keep you guessing.

Lectures

Lucia Brimer Stars & Science - January 4th at 2:00 p.m.

Experience the wonders of the night sky from inside the Lakes Region Stars and Science Discovery Domes. See the stars, the Moon and the planets day or night, rain or shine.

David Hill - January 11th at 6:30 p.m.

Storyteller Extraordinaire David Hill tells his story at Taylor. From mountain biking, rafting, spelunking, to the people he met along the way, David tells us how these adventures continue to shape his life to this day.

The Islands of Lake Winnipesaukee with Ron Guilmette - January 18th at 2:00 p.m.

Join Ron Guilmette, author and photographer, as he relates his adventures and experiences paddling to all of the islands of Lake Winnipesaukee.

Michael Cross - Obscure Collections Part II - January 23rd at 11:00 a.m.

Obscure collectibles and the stories they tell — From World War II liferaft bullet hole plugs to antique mining lamps and murder hornets, there are many fascinating items in this world. Learn about the fascinating stories behind these objects.

History Journey around Lake Winnipesaukee - January 25th at 1:00 p.m.

Join us for this virtual drive around Lake Winnipesaukee with several stops and brief history lessons at historic points of interest

For more information on Taylor Community please call us at (603) 366-1200



taylorcommunity.org

A not-for-profit 501(c)(3) organization

LACONIA WATER DEPARTMENT METER MAINTENANCE PROGRAM



Meters are changed periodically to comply with the Public Utilities Commission's Rules and Regulations, the American Water Works Association and in accordance with the Laconia Water Works' Tariff. The Water Department has an annual program that replaces

meters and **there is no cost to the property owner.** Our goal is to change out these meters over the winter months.

The Water Department will contact those property owners whose water meters are due to be changed. We are in the process of sending letters and making phone calls to schedule appointments. This process takes approximately 20-30 minutes.



Thank you for your cooperation. If you have any questions, please do not hesitate to contact us at (603) 524-0901.



1st dog for an owner 65+	\$2.00
Spay/Neutered dog	\$6.50
Unaltered dog	\$9.00
Late charge per month as of June 1	\$1.00
Civil Fine for failure to register	\$25.00



In Service to One, In Service to All.

Join us in answering the call to help others—give blood!

Blood Drive Laconia Community First United Methodist Church

Fellowship Hall
18 Wesley Way
Gilford, NH 03249

**Thursday, February 23, 2023
1:00 p.m. to 6:00 p.m.**

Sponsored by Knights of Columbus #428

Maximize your blood donation. Help more patients. If you are an eligible type O, B - or A - donor, consider making a Power Red donation. Red blood cells are the most commonly transfused blood component.

Please call 1-800-RED CROSS (1-800-733-2767) or visit RedCrossBlood.org and enter: FUMC to schedule an appointment.

Warm hearts. Warm thoughts. Give in February for a \$10 Gift Card by email, thanks to Amazon. And, automatically be entered for a chance to win a trip for 2 to Clearwater Beach, FL. Includes travel, hotel, gift card and more! Terms: rcblood.org/heart

Download the Blood Donor App | RedCrossBlood.org | 1-800-RED CROSS | 1-800-733-2767

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LACONIA RESIDENTS: DON'T FORGET TO REGISTER YOUR DOGS!

Beginning January 1, 2023, you can register your dogs for the 2023 year.

To renew **online**: www.laconianh.gov, Online Bill Pay, Dog Licensing

By **Mail**: City Clerk's Office, PO BOX 489, Laconia NH 03247, please include a self-addressed stamped envelope.

***All dogs are to be
registered by April
30th each year.***

City of Laconia

Laconia City Hall
45 Beacon St. East
Laconia, NH 03246
www.laconianh.gov
info@laconianh.gov



CITY HALL HOURS:
8:30 am to 4:30 pm
Monday through Friday
(603) 527-1270



CITY OF LACONIA PHONE DIRECTORY

(All phone numbers below
must be preceded by 603)

Airport	524-5003
Airport Manager - Marv Everson	
Assessing	527-1268
Assistant Assessor - Tara Baker	
City Clerk	527-1265
City Clerk - Katie Gargano	
City Manager	527-1270
City Manager - Kirk Beattie	
Code Enforcement	527-1293
Planning & Zoning Dir. - Dean Trefethen	
Conservation	527-1264
Conservation Technician Taylor Daigle	
Finance	524-3877
Finance Director - Glenn Smith	
Licensing	528-6331
Licensing - Hilary Young	
Planning & Comm. Dev.	527-1264
Planning & Zoning Dir. - Dean Trefethen	
Fire Dept. (Central Station) ...	524-6881
Fire Chief - Tim Joubert	
Fire Dept. (Weirs Station)	366-2229
Library	524-4775
Library Director - Deann Hunter	
Parks & Recreation	524-5046
Parks & Rec. Director - Amy Lovisek	
Personnel	524-3877
Personnel Administrator - Lindsey Allen	
Police (Administration)	524-5257
Police (Crime Line)	524-1717
Police Chief - Matthew Canfield	
Public Works (Main Office).....	528-6379
Public Works (Transfer Station)	528-5822
Public Works Director - Wes Anderson	
Tax.....	527-1269
Tax Collector - Katie Gargano	
Water	524-0901
Superintendent - Ben Crawford	
Welfare.....	527-1267
Welfare Technician - Cathy Raymond	

City Council Contact Info:

Mayor Andrew Hosmer	496-2078
Bruce Cheney (Ward 1)	491-8946
Robert Soucy (Ward 2)	524-7054
Henry Lipman (Ward 3).....	528-0191
Mark Haynes (Ward 4).....	524-3605
Robert Hamel (Ward 5).....	524-6360
Tony Felch (Ward 6)	998-1418

General Council E-mail:
citycouncil@laconianh.gov

Visit the City's website at:
www.laconianh.gov

SENIOR RESOURCES

ServiceLink Resource Center
(603) 528-6945 is the first number
to call for senior services.

Who pays first?



Do you have Medicare along with other health insurance? If so, you may be wondering "who pays first?"

Learn how Medicare coordinates with your other coverage at
<https://go.cms.gov/3Qc7Hlu>.



City Meetings



Public participation and citizen input is a vital part of City government. Below is a list of meetings scheduled for the upcoming week. As agendas become available they will be posted on the City's [website](#). Also, printed copies of any agenda are available in the City department in charge of a particular Board or Commission. You are invited and encouraged to participate in any of our public meetings. All meetings are open to the public and are held at Laconia City Hall, unless otherwise noted:

Water Commission

January 17, 2023, 6:00 pm

[Agenda](#)

Parks & Recreation Commission

January 17, 2023, 6:00 pm

[Agenda](#)

Zoning Board of Adjustment

January 18, 2023, 6:30 pm

[Agenda](#)

Board of Assessors

January 19, 2023, 5:00 pm

