

January 6, 2023 - Edition #570

*An overhead view of Laconia Public Library
(photo compliments of View From Above NH)*



Conversion to Automated Trash Collection: Single Family Homes

Single family homes will automatically receive one 64-gallon trash container and one 96-gallon recycling container after March 15, 2023, in preparation for the start of automat-

ed trash collection on April 1, 2023. One 64-gallon trash container exceeds the capacity of two 30-gallon containers. All recycling, including cardboard boxes, must fit in the 96-gallon recycling container.

Also...**If everyone in a household is over 65 years old or is handicapped**, then the property owner can request a 64-gallon recycling container in lieu of the 96-gallon container and one 32-gallon trash container in lieu of the 64-gallon container.

Those property owners that live on private roads that do not receive curbside trash collection and bring their solid waste to a public (City or State) right of way will not automatically receive the City's curbside collection containers. These include property owners on Hadley Road, Janna Way, Story Tyler Shore Road, Leighton Ave South, Haven Ave, Pendleton Beach Road, Boathouse Road, etc. On these roads Public Works does not know which property owners are bringing their containers to the public right of way. Property owners on private roads that bring their solid waste to the public street must request their containers.

Property owners in the two situations shown above can request their carts by going to the City's web site at: <https://www.laconianh.gov/1188/Trash-Collection-Update>. Look for the following at the bottom of the page and fill out the form : RECYCLING AND TRASH CONTAINER ORDER FORM
Place an order for containers for use with the new (2023) automated trash collection system.

***Please do not hesitate to call the Public Works Department at (603) 528-6379
with any questions you may have.***

Welcome to Laconia Links!

We hope you enjoy this issue of our weekly e-mail newsletter created to keep you up to date on City of Laconia news and activities. If you would like the newsletter sent to your email each Friday, or if you have changes to your email subscription, please call the City Manager's office at (603) 527-1270 or email us at info@laconianh.gov.



Laconia Public Library Events and Programs



Click [here](#) to access the Library's Event Calendar for more information on any program you're interested in!

SHAYLA'S TECH HELP

Tuesdays at 10am
Wednesdays at 2pm

Have your basic computer and electronic device questions answered by a librarian. Most Tuesdays at 10 am and most Wednesdays at 2 pm, in the Volpe Room; check our event calendar to confirm dates.

PRESCHOOL PALS



Thursdays at 10am for ages 3 to 6

TODDLER TIME



WEDNESDAYS AT 10AM FOR NEWBORNS TO AGE 3

JANUARY 11 & 12



Storytime Craft

TEEN MANGA CLUB

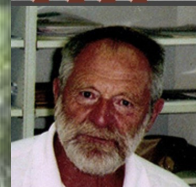
TUESDAY,
JANUARY 10
3:30-4:30PM

**SNACKS
PROVIDED**

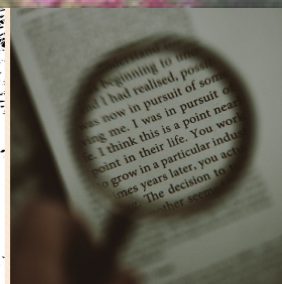
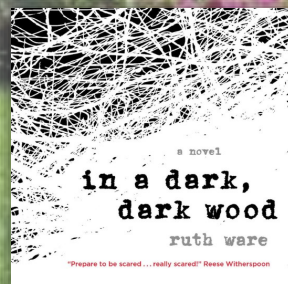
Ages 13-18



NH ON SKIS



**NEW HAMPSHIRE
humanities**

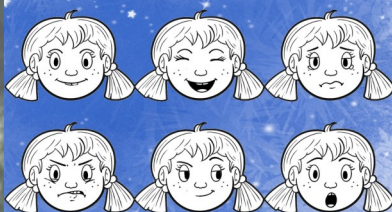


Mystery Book Club

Wednesday, January 11

4pm

SENSORY STORYTIME



TUESDAYS 2 PM
NEWBORNS - AGE 6

TUESDAY, JANUARY 10 2PM FOR
NEWBORNS TO AGE 6



Sensory Storytime
Craft

Family Craft: Beaded Snowflakes



Monday, January 9
3:30pm
Best for ages 5-12

TEEN AND FAMILY DROP-IN CRAFT POM-POM KEYCHAINS



SATURDAY, JANUARY 14
10AM-12PM
KIDS THROUGH TEENS

TUESDAY, JANUARY 10 & 24

3:30PM

BEST FOR AGES 5-12

**Lego
Club**





PUBLIC HEARING NOTICES

Please see the Public Hearing Notices on this page which has been published in the Laconia Daily Sun. In future issues of the newsletter we will continue to provide citizens with notices of upcoming Public Hearings that may be of interest to our community. If you have questions regarding any Public Hearing shown, please call City Hall at 603-527-1270 and we will be happy to direct you to the appropriate department. Thank you for staying informed about what is happening in City government!



CITY OF LACONIA Notice of Public Hearing

The City Council will hold a Public Hearing on **January 9, 2023** during the regular City Council meeting which will begin at 7:00 pm in the Armand A. Bolduc City Council Chamber in Laconia City Hall, relative to:

ORDINANCE 2022-161-25 (01) TO AMEND CHAPTER 161, SECTION 161-25, ALCOHOLIC BEVERAGES

Katie Gargano, City Clerk



CITY OF LACONIA Notice of Public Hearing

The City Council will hold a Public Hearing on **January 23, 2023** during the regular City Council meeting which will begin at 7:00 pm in the Armand A. Bolduc City Council Chamber in Laconia City Hall, relative to:

GRANTING AN EASEMENT ON CITY LAND (PARCEL 458-205-20)

Katie Gargano, City Clerk



CITY OF LACONIA Notice of Public Hearing

The City Council will hold a Public Hearing on **January 9, 2023** during the regular City Council meeting which will begin at 7:00 pm in the Armand A. Bolduc City Council Chamber in Laconia City Hall, relative to:

PARKING OPTIONS REQUESTED BY SCOTT EVERETT FOR HIS PROPERTY IN LAKEPORT AT 51 ELM STREET

Katie Gargano, City Clerk



Disposal of Christmas Trees

Please note that the City of Laconia does not pick up Christmas trees curbside.

Laconia residents can bring their trees to either the City's Transfer Station on Meredith Center Road during its hours of operation, or bring them to the designated area in the dirt parking lot at the end of Memorial Park Drive which is available every day.

Christmas trees may also be taken to the City's Brush Dump on Friday or Saturdays from 10 am to 2 pm unless it snows.

Questions?

Please call the Public Works Department
at (603) 528-6379

Department of Public Works



Cooking Matters For Families

6 Week Cooking and Nutrition Class - FREE!
Wednesday's from 6 to 8 pm starting January 11th
 In -person at 719 N Main St, Laconia, NH 03246

Together we will explore...

- Making meals more nutritious
- Tips for grocery shopping
- Healthy and kid friendly recipes
- Cooking skills for the family
- And much more!

**RECEIVE GROCERIES
 EACH WEEK TO PRACTICE
 YOUR COOKING SKILLS!**



Children must be 6 or older to partake in the program, childcare for younger children will be provided.



**To register and learn more email:
tricia.tousignant@lracs.org**

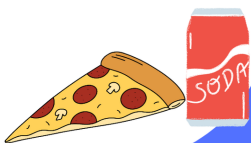


- For persons with disabilities requiring special accommodations, please contact Kate Bruchacova at Kate.Bruchacova@unh.edu within 7 days so proper consideration may be given to the request. Language assistance is available at no cost

The University of New Hampshire Cooperative Extension is an equal opportunity educator and employer. University of New Hampshire, U.S. Department of Agriculture and N.H. counties cooperating. USDA is an equal opportunity provider and employer. The preparation of this document was financed under a contract with the State of New Hampshire, Department of Health and Human Services. This material was funded by USDA's Supplemental Nutrition Assistance Program - SNAP. 1/16 Revised 9/17

LAKE REGION SCHOLARSHIP FOUNDATION

Join us for an Informational Session and Launch of our New Application



Location: Belknap Mill Laconia

Date: January 10, 2023

Time: 4:30 – 6:00pm

Open to Lakes Region graduating seniors and those students living in the Lakes Region attending higher education in 2023–2024

Space is limited! You must register online by Thursday, January 5 to attend.

Pizza and soda will be provided

Scan QR Code or visit our website at: Irscholarship.org

Questions – call 603-527-3533 or email us: scholarship@Irscholarship.org

A Winter Concert Series

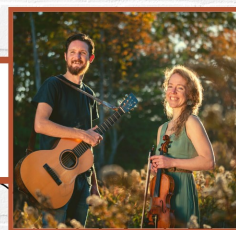
BELKNAP MILL PRESENTS:

BELL & BRICK January



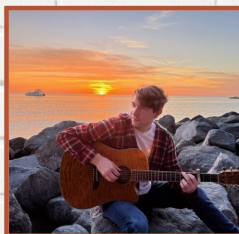
January 12, 2023

Green Heron



January 26th, 2023

Dakota Smart



Event Details

Tickets: \$10

Doors Open: 6:30p

Concert: 7-8p

For More Information:

www.BelknapMill.org



The non-profit Bolduc Park Association is offering Cross Country Ski Lessons to Youth and Adults at 282 Gilford Avenue on the Laconia/Gilford Town Line.

Lessons begin at 10am on four consecutive Saturdays, January 7, 14, 21 and 28. Make up dates will be scheduled if weather interferes with lessons.

The cost of lessons is \$50 if you have your own equipment and an additional \$50 if equipment is needed. Income eligible youth can receive a full scholarship for equipment rental and lessons.

Sign up in advance by contacting Bolduc Park at 603-524-1370 or email: golf@bolducpark.com.

Laconia and Gilford Parks and Recreation Departments and Piche's Ski and Sports also have registration forms.

Call 603-630-5650 to learn more about lesson scholarships for youth and free cross country ski outings for income eligible families.

Bolduc Park Association
Cross Country Ski Lessons
January 7, 14, 21 and 28
282 Gilford Ave Gilford NH 03049
Lessons begin at 10:00 A.M. (Ski rentals may be picked up at 9:00 A.M. at Piche's)

Click [here](#) for Registration Form!

By signing this form, I understand that I am releasing the Bolduc Park Association, its directors, officers, employees, volunteers, and participants from any and all claims, damages, losses, and expenses, including reasonable attorneys' fees, that may be incurred by or for me or my child, arising out of or from my participation in the Cross Country Skiing program, whether or not such claims, damages, losses, and expenses are caused in whole or in part by the negligence of the Bolduc Park Association, its directors, officers, employees, volunteers, or participants. I also understand that the Cross Country Skiing program is a vigorous physical activity and may result in death, injury, or property damage. I understand that the Cross Country Skiing program is not limited to: exposure to the elements (cold, rain, and wind); trails that may be uneven, muddy, snow covered, icy and slippery; I understand that skiing outdoors can be a vigorously physical activity and may result in death, injury, or property damage. I understand that the Cross Country Skiing program is not limited to: Paralysis, muscle pulls, sprains, broken bones, sprains, cuts, scrapes and bruising. I also understand that participating in Cross Country Skiing program may expose me to the COVID-19 virus. I do release the Bolduc Park Association the Board of Directors, Volunteers, and participants of any claim arising from injury my child may sustain in the normal course of the program.

Date: _____
Parents or Guardian Signature: _____



Powerful Tools for Caregivers

Online

Mondays
Jan. 23-Feb. 27
(6 Mondays)
1 - 2:30 p.m.

Caregiving can add stress to our physical and emotional health. "Powerful Tools for Caregivers" is an educational program to help family caregivers learn to take care of themselves.

This interactive workshop helps caregivers learn to:

- Reduce personal stress
- Change negative self-talk
- Communicate more effectively
- Handle different feelings
- Make challenging caregiving decisions

Registration is required and space is limited.
To register, call (603) 224-4093, ext. 85815 or click [here](#).
This program is offered at no charge.

Please note that a camera and microphone is needed to complete the program. Once your registration is confirmed, you will receive a link to the program. Technical instruction is available to participate in this group.

©Adobe photo

When Seconds Count...



We need your help!

If you're able, please shovel out the fire hydrants close to your home or business. In a fire seconds count! Remember to clear a 3 foot perimeter round the hydrant, especially towards the street. Clear a wide enough perimeter around the hydrant for firefighters to work.

A common question that is asked is why do I need to clear the hydrant, won't the fire department clear the hydrant? The answer is yes, they will as soon as they can. However the fire department still has to respond to emergency calls. The City of Laconia has over 600 hydrants to clear and we could really use your help!

The life you save could be your own!

Sand is available!



Laconia residents needing sand for their driveways or walkways during icy weather can get sand from our Department of Public Works.

There is a sand pile for residential use located at our DPW garage at 257 Messer Street.

Residents can get a maximum of two five-gallon pails (or the equivalent). Please do not take sand from our facility on Bisson Avenue; it is for City use only to maintain our streets and sidewalks.

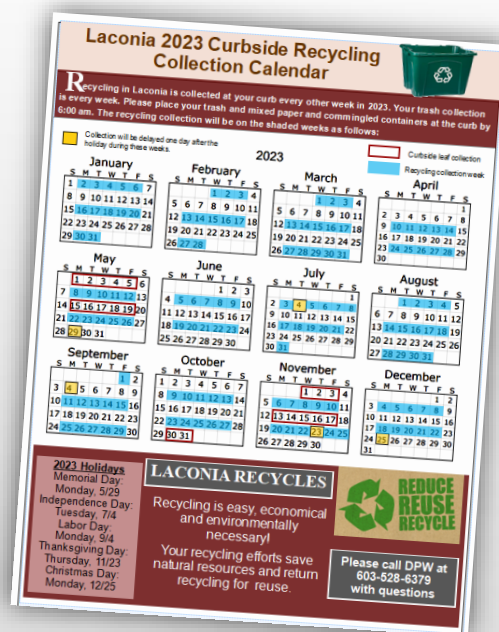
Questions? Please call (603) 528-6379.

Thanks and have a safe winter!



Curbside recycling will be picked up the week of Jan.16, 2023!

Department of Public Works



The Laconia 2023 Curbside Recycling Collection Calendar is now available! Click on the image (above) to view a full-sized version of the calendar.

Printed copies are available for pickup at Laconia City Hall, 45 Beacon St. East, or at the Public Works Department (27 Bisson Avenue).

Questions?
 Please call the Department of Public Works at (603) 528-6379.

Winter Parking Ban!

The City of Laconia's winter parking ban is now in effect. No vehicle is allowed to be parked on a public street between the hours of 12:00 midnight and 6:30 a.m.

This parking ban allows our City vehicles to safely and effectively keep our streets passable during and after a winter storm. Failure to comply with the winter parking ban may result in your vehicle being towed at your expense.

Thank you for your cooperation!

Our yesterdays

Our sincere thanks to Warren D. Huse, the Laconia Historical and Museum Society, and the Laconia Daily Sun for providing a glimpse into our community's past.....

THEN ...



The so-called 'Gen. Knight' House, at the corner of Main and Court streets, was a landmark there until 75 years ago, when the house and barn (barely visible, at right, behind the house) were sold in late 1947, to Leon E. Spears, 'provided that he move the buildings and erect apartments therein,' on Rowe Court. Knight's military title came from his appointment as quartermaster general on Gov. Busief's ceremonial military staff. He otherwise never served in any military capacity. (Laconia Historical and Museum Society)



... AND NOW

The 'Gen. Knight House' had been located on the corner, behind the white truck seen at center, above. Spears moved the buildings to Rowe Court in late June 1948 and the corner lot remained vacant for the next quarter of a century — with an informal pedestrian path worn diagonally across it from Main to Court streets — until it became part of the parking lot for a Ramada Inn in 1974. Plans to erect a two- or three-story business block on the property were never executed. On Rowe Court, the 'Gen Knight' House, later became the office for Labbe Oil Co. in addition to apartments. It was torn down to make way for the Walgreens Pharmacy, which opened, Oct. 9, 2009. (Jon Decker/The Laconia Daily Sun)

January 2023



ONE PEER TO ANOTHER Laconia, NH

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>HAPPY NEW YEAR! HOLIDAY / CLOSED</p>	<p>3</p> <p>9am Open Discussion 10am Meditation 11am Self Care 1pm Healthy Choices 2pm New Year Goals 3pm Stretching</p>	<p>4</p> <p>9am Check-In 10am Gratitude 11am Worldview 1pm Self-Reflection 2pm Identifying Stressors 3pm Deep Breathing Techniques</p>	<p>5</p> <p>9am Check-In 10am Ted Talk 11am Wants & Needs 1pm How am I feeling? 2pm Open Discussion 3pm Music Therapy</p>	<p>6</p> <p>9am Open Discussion 10am Establishing Healthy Boundaries 11am Arts & Crafts Activity 1pm Walk & Talk 2pm Moving Towards 3pm Writing / Journaling</p>
<p>9</p> <p>9am Open Discussion 10am IPS Topics 11am Peer Discussion 1pm Limits & Boundaries 2pm Short-Term Goals 3pm Chair Yoga</p>	<p>10</p> <p>9am Check-In 10am Dealing w/ Anxiety 11am What I like about me 1pm Long-Term Goals 2pm Deep Stretching 3pm Open Discussion</p>	<p>11</p> <p>9am Check-In 10am Self Reflection 11am Healthy Relationships 1pm Emotional Wellbeing 2pm Rock Painting 3pm Music Therapy</p>	<p>12</p> <p>9am Open Discussion 10am True Emotions 11am Strategies to Cope 1pm Decision Making 2pm Stress Management 3pm W.R.A.P</p>	<p>13</p> <p>9am Check-In 10am Meditation 11am Sit & Stretch 1pm WOW Trail Walk Closing Early at 1:30 p.m. today for a Staff Meeting</p>
<p>16</p> <p>CIVIL RIGHTS DAY HOLIDAY / CLOSED</p>	<p>17</p> <p>9am Check-In 10am Journaling 11am Walk & Talk 1pm Boundaries 2pm Coping Skills 3pm Sit & Stretch</p>	<p>18</p> <p>9am Open Discussion 10am Music Therapy 11am Chair Yoga 1pm Deep Breathing Techniques 2pm Staying Present 3pm Ice Breaker Game</p>	<p>19</p> <p>9am Check-In 10am Emotional Meter 11am WOW Trail Walk 1pm Audubon Society Field Trip - Concord 2pm Mindfulness 3pm Looking within ourselves deeper</p>	<p>20</p> <p>9am Open Discussion 10am Ted Talk 11am Self Reflection 1pm Sit & Stretch 2pm Meditation 3pm Wants & Needs</p>
<p>23</p> <p>9am Check-In 10am WOW Trail Walk 11am Arts & Crafts 1pm What do I need? 2pm Dealing w/ Depression 3pm Ice Breaker Game</p>	<p>24</p> <p>9am Open Discussion 10am Lifestyle Hacks 11am Creating Better Habits 1pm Music Therapy 2pm Limits & Boundaries 3pm Healthy Relationships</p>	<p>25</p> <p>9am Check-In 10am WOW Trail Walk 11am Healthy Eating Habits 1pm Nutrition Class w/ Alyssa - Zoom 2pm Making Connections 3pm Peer Discussion</p>	<p>26</p> <p>9am Open Discussion 10am Grounding Techniques for Anxiety 11am Meditation 1pm Staying Present 2pm Arts & Crafts 3pm Music Therapy</p>	<p>27</p> <p>9am Check-In 10am Vision Boards 11am Coping Skills 1pm Meal Planning 2pm WOW Trail Walk 3pm Healthy Relationships</p>
<p>30</p> <p>9am Open Discussion 10am Deep Breathing Techniques 11am Chair Yoga 1pm Music Therapy 2pm Self Advocacy 3pm Arts & Crafts</p>	<p>31</p> <p>9am Check-In 10am Peer Discussion 11am Meditation 1pm Self Reflection 2pm WOW Trail Walk 3pm New Year's Plans Discussion</p>	<div data-bbox="730 1533 1120 1995"> <p>ONE PEER TO ANOTHER JANUARY 2023</p> <p>MENTAL HEALTH RESOLUTIONS FOR THE NEW YEAR</p> <p>Not all New Year resolutions focus on finance, weight loss, and health. We have to think about some mental health resolutions that are wild goals. Here are some ideas for a successful mental health year.</p> <ul style="list-style-type: none"> ✓ I will commit myself to being physically active each day. Studies have shown there is a link between mental and physical health. ✓ I will reach to be mentally healthy in the upcoming year. ✓ I will learn to relax and enjoy life. Commit yourself to carving out some time each day for "quieting down" and doing something for yourself that helps you rest and recharge your mind and emotional batteries (BIL-CARE). ✓ I will speak kindly about myself and treat myself with respect. All good things begin from within, and a positive outlook on us is a key to attracting more positive things into our lives. ✓ Don't be too hard on yourself. Remember yourself daily that as a human, you will make mistakes or miss goals, and that is okay. What is important is you will make mistakes or miss goals in a positive manner. ✓ Stay mindful and in the moment. Don't dwell too much on the past or going forward in these situations in a positive manner. ✓ Stay mindful and in the moment. Don't dwell too much on the past or going forward in these situations in a positive manner. ✓ Act instead of reacting. Rather than allowing yourself to get caught up in and now and enjoy all that life has to offer. ✓ Act instead of reacting. Rather than allowing yourself to get caught up in and now and enjoy all that life has to offer. ✓ Do not allow yourself to be defined as a label, instead of thinking and speaking of yourself as being "overweight", "anxious", "depressed", etc... say instead "I have depression and today I will exercise to help manage this". ✓ I will strive to become the person I want to be. View life as a journey full of adventures rather than a series of obstacles you have to overcome. Enjoy the ride that life is, rather than focusing on the bumps in the road. <p>Join us January 25th @ 1:00 nutrition with Alyssa let us talk food. Our resident expert joins us once again to help us navigate the confusing world of eating healthy.</p> <p>JANUARY 19, 2023 @ 1:00 trip to NH Audubon Society where they have a raptor exhibition, hiking trails as well as the reptile room that are free admission. Please join us for a fun filled afternoon.</p> </div>		

Click the image (left) to read the current edition of "One Peer to Another" newsletter!



Most winter parent education classes will be offered in “hybrid” format. Participants can choose to attend in person at our office at 719 North Main St., Laconia or virtually via Zoom.

Cooking Matters for Families (Adults & Children Ages 6 and up)

Wednesday evenings from 6:00-8:00pm, beginning January 11, 2023 (6 Weeks)

OFFERED IN PERSON ONLY, NO ZOOM OPTION FOR THIS CLASS

Cooking & nutrition class, participants will receive groceries each week to practice their cooking skills. Topics covered will include making meals more nutritious, tips for grocery shopping, healthy & kid-friendly recipes, cooking skills for the family, & much more! Food will be prepared in class each week. *Dinner will be served during class at 6pm.*

Cooperative Parenting & Divorce

January 11-February 2, 2023. Class meets twice weekly on Wednesdays & Thursdays from 6:00-8:00pm (4 weeks)

This program helps separated/divorced parents shield their children from parental conflict. Parents learn to guide their children through the process of recovery while establishing a cooperative long-term relationship with the other parent. This program educates parents on the impact their conflict has on their children, and teaches parents the practical skills they need to manage anger, increase impulse control, resolve conflict and talk to each other without arguing. While co-parents are welcome to take this class together, it is not required. *For participants who attend in person, dinner will be served during class at 6pm.*

Understanding Children’s Growth & Development—A Nurturing Skills Module

January 12-February 16, 2023. Daytime and Evening Sessions Available!

Thursdays 10:00-11:30am —OR— Thursdays 6:30-8:00pm (6 weeks)

This Nurturing Skills module focuses on creating a nurturing environment that stimulates children’s overall healthy development. Topics covered include brain development, developmental milestones, creating nurturing routines, and encouraging a growth mindset. *For participants who attend in person, dinner will be served at 6pm.*

Parenting with Resilience

January 17-February 21, 2023. Class meets Tuesdays from 6:30-8:00pm (6 weeks)

Learn about Adverse Childhood Experiences (ACE’s) and how trauma can effect children’s development and behavior. Caregivers will learn strategies to build their own ability to persevere through tough times, as well as techniques for encouraging resilience in children. *For participants who attend in person, dinner will be served at 6pm.*

Active Parenting of Teens

January 17-February 21, 2023. Class meets Tuesdays from 6:00-8:00pm (6 weeks)

Active Parenting of Teens will give parents the guidance and support needed to turn the challenges of raising a teenager into opportunities for growth. Topics include: methods of respectful discipline, skills for clear, honest communication, strategies to prevent risky behavior, how to be an encouraging parent, and issues such as teens on-line, bullying and depression. *For participants who attend in person, dinner will be served during class at 6pm.*

Nurture Hope

February 8-April 5, 2023. Class meets Wednesdays from 6:30-8:00pm (8 weeks)

This series is designed for parents with children who have special needs and health challenges, giving them an opportunity to explore their hopes and fears, develop effective parenting skills, enhance communication, develop strategies for facing challenges and recognize opportunities for celebration. *For participants who attend in person, dinner will be served at 6pm. *There will be no class on March 1st**

For all classes register at: www.lrcs.org/parentedregistration/

Or email tricia.tousignant@lrcs.org

***On-site childcare *may be available* if reserved at the time of registration.
Space is limited.***



Thank you
Your generosity is a gift!



ChildrensAuction.org



2022
Total
\$625,724

Prescott Farm

Environmental Education Center
Saturday, January 14

Animals of NH
Tracking: NH Wildlife in Winter
Snowshoe Tours
Snowshoe Adventure
Adults
1—3 pm
Adults
10 am—12 pm

Registration & FMI: prescottfarm.org

Remembering DR. MARTIN LUTHER KING, JR.



Celebration in Honor of Rev. Dr. Martin Luther King, Jr. January 15, 2023 at 2 pm

The Laconia Human Relations Committee is hosting their annual celebration of Rev. Dr. Martin Luther King, Jr. to honor his life and legacy, on January 15th at the Belknap Mill, starting at 2 pm.

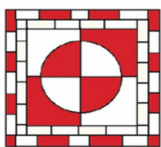
This year's celebration will include a month-long exhibit in the Belknap Art Gallery of local artists sharing their original creations

inspired by Dr. King's ministry of racial equality and social justice for all. Local artists, whose works are in this exhibit, share their thoughts about their works at the January 15th celebration including how their artistic creation was inspired by the life and work of Dr. King. The artists who will present are Mike Durkee, Elaine Morrison, Chloe Sofronas, Jaylene Bengston, Ian Raymond, A. E. Brown, Dick Smith and Priscilla Bodwell.

The celebration will commence with a viewing of an excerpt of Dr. King's "I Have A Dream" speech. A diverse array of cultural food and refreshments will be available. The Human Relations Committee is excited about this event and hopeful that many in the Lakes Region will come!

All of the art will be on display in the Belknap Mill Gallery from January 6th to January 31st. The public is encouraged to come see the artwork anytime during the month. The Belknap Mill operating hours are Monday-Friday, 9 am to 4 pm and Saturday 9 am to 3 pm.

For more information: David Stamps 603-287-4382, dbstamps@dbstamps.com.



Beginner Quilting Classes For Kids and Adults!

What: Develop basic sewing skills while creating a tied quilt (throw size—40" x 50").

Where: Laconia Middle School, 150 McGrath St., Laconia NH 03246

Cost: \$10 Registration Fee

When: Saturdays: January 28th, February 4th, 11th & 18th, March 4th & 11th, 2023

Times: Youth (ages 10 - 16): 9 am - 11 am & Adults (ages 17 & Up): Noon - 2 pm
For Youth Class, a responsible adult is required to attend the 1st Class.

Sponsored by: The Belknap Mill Quilters Guild - Have questions, email us at info@bmqq.org

Pre-registration is Required: Register at BMQG.org

Due to the popularity of these classes you will receive a confirmation email letting you know you have either secured a seat in the class or that you have been placed on a wait list.

Maximum Class Sizes

- 12 Youth Students ages 10-16
- 18 Adults ages 17 +
- *We are limiting attendance to those who have not participated in a previous workshop series.*

Learn Basic Sewing Skills!



**All Fabric & Supplies
Are Provided!**

**Sewing machines are on
loan for classroom work.**





CORRUGATED CARDBOARD WANTED!!

Another holiday season has gone by and many of you may be wondering what to do with your cardboard boxes. The City has a cardboard box collection point at 257 Messer Street that is open 24 hours a day seven days a week.

So gather up all of those corrugated cardboard boxes you're sure to have accumulated during the holidaysflatten them down, pile them up and bring them to the cardboard collection bin to be compacted and recycled. Cardboard brought to the Messer St. collection point versus being placed at the curb saves the City money in solid waste/recycling tax dollars. Any property owner or business in Laconia can use the Messer Street cardboard collection point.

Cardboard recycling is clean and easy. Corrugated cardboard only please! No cereal, soda/beer or shoe boxes, and no bubble wrap or air pillows.

Questions? Please call DPW at (603) 528-6379.

LAKES REGION SLED DOG CLUB

AUCTION

TO BENEFIT
THE 94TH ANNUAL
WORLD CHAMPIONSHIP SLED DOG DERBY

NEW DATE!



NEW LOCATION!

Jean-Rene Saucier, 3rd Place 2017
Photo By: Karen Bachelder

SATURDAY, JANUARY 28, 2023

AUCTION PREVIEW 5:30-6:30
AUCTION BEGINS @ 6:30

Auctioneer: Mark Roy

LACONIA COUNTRY CLUB

607 Elm Street, Laconia, NH

FOR MORE INFO: www.LRSDC.org OR 524-4314

**CASH BAR
& AMPLIFIERS**

Read all about the Lakes Region Sled Dog Club's 22nd Annual Auction and donate an item to the Auction! Just click on the image below for a full size version of the information and the donation form.

Thank you in advance for your generosity!

LAKES REGION SLED DOG CLUB
2023 - 22nd ANNUAL AUCTION
TO SUPPORT THE WORLD CHAMPIONSHIP SLED DOG DERBY
IN LACONIA, NH
FEBRUARY 17, 18, 19, 2023

SPONSORED BY:



To the Citizens of the Lakes Region Community,

The purpose of this auction is to raise funds for the World Championship Lakes Region Sled Dog Derby, scheduled for February 17, 18, 19, 2023. This derby holds the distinction of being the longest running sled dog race in the entire world. And it is only with your generous support that we can keep sled dog racing alive in Laconia, New Hampshire.

I would like to take this opportunity to thank you in advance for any possible donation you can make to this auction and your help in keeping the "Greatest Show on Snow" alive.

To help support the 94th anniversary World Championship Sled Dog Derby and our auction, please join us at Laconia Country Club, Saturday, January 28th, 2023.
Cocktail Hour from 5:30 - 6:30 pm. The Auction will start at 6:30 pm.

If you would like to donate an item or gift certificate to the auction, please fill out the lower portion of this invitation and return it to one of our representatives.
With many thanks, Jim Lyman, Auction Chairman
(603) 524-4314
fax (603) 527-0897 www.lrsdc.org

ITEM DONATED (Description) _____ RETAIL \$ _____

NAME OF DONOR _____

ADDRESS _____

PHONE # _____ Date _____

Signature _____ Phone # _____

LRSDC Representative _____

LAKES REGION SLED DOG CLUB, INC.
PO BOX 341, LACONIA, NH 03247
www.lrsdc.org

Laconia Adult Education Winter 2023 Enrichment Catalog

Course Title	Day(s)	Start date	Times	# weeks	Cost	Location	Instructor Name
Health & Wellness							
Beginner II Lindy Hop	Mon	01/23/2023	5:45-6:45	4 weeks	\$90.00	LHS-Café	Juli Pruden
Beginner Night Club Two Step	Mon	01/23/2023	6:45-7:45	4 weeks	\$90.00	LHS-Café	Juli Pruden
Beginner Salsa	Mon	01/23/2023	7:45-8:45	4 weeks	\$90.00	LHS-Café	Juli Pruden
Beginner Waltz	Tues	01/24/2023	5:45-6:45	4 weeks	\$90.00	LHS-Café	Juli Pruden
Beginner East Coast Swing	Tues	01/24/2023	6:45-7:45	4 weeks	\$90.00	LHS-Café	Juli Pruden
Beginner Tango	Tues	01/24/2023	7:45-8:45	4 weeks	\$90.00	LHS-Café	Juli Pruden
Freedom Through Forgiveness	Thurs	05/25/2023	6:30-8:30	1 week	\$45.00	LHS-611	Brenda Paquette
Introduction to Spiritual Energies	Thurs	03/16/2023	6:30-8:30	1 week	\$45.00	LHS-611	Brenda Paquette
Meditation 101	Thurs	05/04/2023	6:30-8:30	1 week	\$45.00	LHS-611	Brenda Paquette
What are Angels & How to Communicate w/them	Thurs	04/06/2023	6:30-8:30	1 week	\$45.00	LHS-611	Brenda Paquette
Yoga for Everyone: Beginning (Tues & Thurs) Session 1	Tues&Thurs	01/31/2023	5:00-6:15	4 weeks	*\$50.00*	ctc-H234	Bonnie Morin
Yoga for Everyone: Beginning (Tues & Thurs) Session 2	Tues&Thurs	03/07/2023	5:00-6:15	4 weeks	*\$50.00*	ctc-H234	Bonnie Morin
Yoga for Everyone: Beginning (Tues & Thurs) Session 3	Tues&Thurs	04/04/2023	5:00-6:15	4 weeks	*\$50.00*	ctc-H234	Bonnie Morin
Language							
Spanish for Beginners	Mon	01/30/2023	6:00-7:00	10 weeks	*\$45.00*	LHS-205	Mark Frattarola
Spanish Intermediate Level I	Mon	01/30/2023	7:00-8:00	10 weeks	*\$45.00*	LHS-205	Mark Frattarola
Spanish Intermediate Level II	Mon	01/30/2023	8:00-9:00	10 weeks	*\$45.00*	LHS-205	Mark Frattarola
Learning a skill							
Basic Woodworking	Thurs	02/02/2023	6:00-8:30	8 weeks	*\$110.00*	LHS-517	Wes Anderson
Digital Photography I	Mon	02/06/2023	4:00-5:30	5 weeks	\$50.00	Remote	Steve McGrath
DIY Wedding Flowers Class	Wed	2/1/2023	6:00-8:00	6 Weeks	*\$50.00*	LHS-514	Shirley Glines
Dog Obedience: Advanced	Wed	03/15/2023	7:00-8:00	8 weeks	*\$70.00*	WHS	Carolyn Bancroft
Dog Obedience: Beginning	Wed	03/15/2023	6:00-7:00	8 weeks	*\$70.00*	WHS	Carolyn Bancroft
Fly Tying	Wed	2/1/2023	6:00-9:00	8 Weeks	100	LHS-612	Nick Proulx
Intro to Intermediate Woodworking	Wed	02/01/2023	6:00-8:30	8 weeks	*\$110.00*	LHS-517	Ed Philpot
Open Shop Woodworking	Tues	01/31/2023	6:00-8:30	10 weeks	*\$110.00*	LHS-517	Ed Philpot
Smartphone Photography	Tues	04/04/2023	4:00-5:30	3 Weeks	\$40.00	Remote	Steve McGrath
Welding Fundamentals: ARC,GAS,MIG&TIG- Thursdays	Thurs	01/31/2023	5:30-8:30	10 Weeks	*\$350.00*	LHS-Welding Lab	Bruce Beckford
Welding Fundamentals: ARC,GAS,MIG&TIG- Tuesdays	Tues	02/02/2023	5:30-8:30	10 Weeks	*\$350.00*	LHS-Welding Lab	Bruce Beckford

* * Additional Supply/book fee or pre-class requirement is additional in this course.

Check out our other great offerings:

A.B.E.- Free Adult Basic Education Tuesday & Thursday nights 6:00-8:30-Starting January 10, 2023
 HiSET (Formerly GED) Prep- Free Monday & Wednesday nights 6:00-8:30-Starting January 9, 2023
 E.S.L.- Free for those learning English Tuesday & Thursday nights 6:00-8:30-starting January 10, 2023
 Academy-High School Math, English, Biology, Chemistry and Social Studies Classes starting January 23, 12023

Classes are in-person except when location is listed as remote.

CHECK ONLINE FOR MORE DETAILED COURSE INFORMATION (Including materials, book fees or Labs)

REGISTER AND PAY ONLINE at: adultedlaconia.weebly.com

Still have questions? Call Laconia Adult Education at 524-5712

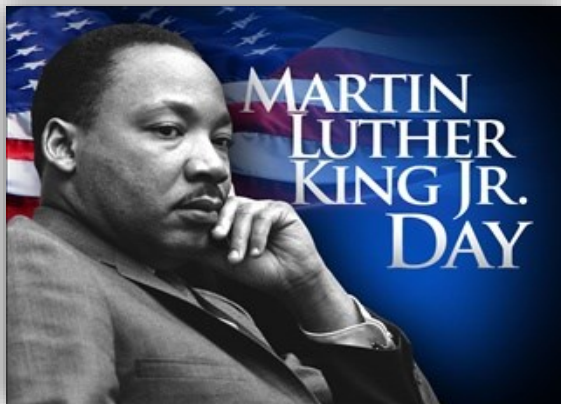
SHARE YOUR
HOLIDAY
Spirit

WINNERS!!!

Clark Griswald: 256 Country Club Road
Themed: 38 Taylor Street
Traditional: 1075 N Main Street
Rookie: 7 Laurel Street

 celebrate
LACONIA

**DECORATION
COMPETITION** Best Business:
Prescott's Florist



Public Works Department

**Martin Luther King, Jr. Day is
Monday, January 16th**

**Notice to Residents on
Curbside Collection Routes**

**There will be NO DELAY in curbside collection of
trash or recycling on January 16th,
Martin Luther King, Jr. Day.
Collections for the entire week will be on their
regular schedule.**

**For questions or additional
information, please call Department of Public
Works at (603) 528-6379.**

REMINDER: **Dumping Snow into Waterbodies is Prohibited**



Snow cleared from roads and parking lots contains debris, trash, sand, salt and other contaminants that are harmful to water quality.

While snow can be stored by surface waters at least 25 feet from the high water mark, it should NEVER be dumped into waterbodies.

Due to the contaminants and debris snow contains, dumping snow into waterbodies without a permit is illegal. RSA 485-A:13, I(a) prohibits discharging wastes to surface waters without a permit.

For more information about proper snow removal and disposal, please contact the Laconia Conservation Technician at 603-527-1264.



Public Events at Taylor Community - Laconia, NH

All events listed are free and open to the public

Music

The Wholly Rollers - *January 18th at 6:30 p.m.*

A Concord-based band performing bluegrass, old time, string band, and gospel music.

The Freese Brothers - *January 23rd at 6:30 p.m.*

A performance that pleases audiences of all generations with classic sounds from the Duke, the King, the Count, the Chairman of the Board and the Sentimental Gentleman of Swing and combo arrangements of contemporary tunes.

Debbi Gibson - Flute & Clarinet Duo - *January 25th at 3:00 p.m.*

Join us as clarinetist Debbi Gibson is joined by the talented flutist Alison Witham.

Rich Araldi on the Vibraphone - *January 26th at 2:00 p.m.*

Join us as Rich brings us his Holiday Presentation on Vibraphone. He will also intersperse stories, trivia and facts to accompany the music.

Topper and Fed - a Comedy featuring John Stanley Shelley - *January 30th at 6:30 p.m.*

Enjoy this unique duo as they play songs of many different genres both original and favorites and always with a comical twist. This wacky pair always has something up their sleeve to keep you guessing.

Lectures

Lucia Brimer Stars & Science - *January 4th at 2:00 p.m.*

Experience the wonders of the night sky from inside the Lakes Region Stars and Science Discovery Domes. See the stars, the Moon and the planets day or night, rain or shine.

David Hill - *January 11th at 6:30 p.m.*

Storyteller Extraordinaire David Hill tells his story at Taylor. From mountain biking, rafting, spelunking, to the people he met along the way, David tells us how these adventures continue to shape his life to this day.

The Islands of Lake Winnepesaukee with Ron Guilmette - *January 18th at 2:00 p.m.*

Join Ron Guilmette, author and photographer, as he relates his adventures and experiences paddling to all of the islands of Lake Winnepesaukee.

Michael Cross - Obscure Collections Part II - *January 23rd at 11:00 a.m.*

Obscure collectibles and the stories they tell — From World War II liferaft bullet hole plugs to antique mining lamps and murder hornets, there are many fascinating items in this world. Learn about the fascinating stories behind these objects.

History Journey around Lake Winnepesaukee - *January 25th at 1:00 p.m.*

Join us for this virtual drive around Lake Winnepesaukee with several stops and brief history lessons at historic points of interest

For more information on
Taylor Community please
call us at (603) 366-1200



taylorcommunity.org

A not-for-profit 501(c)(3) organization

New 2023 City Hall Holiday and City Council Meeting Calendars!

For your convenience, our 2023 City Hall Office Holiday Closing Calendar can be accessed by clicking [here](#).

And please mark your calendars with the dates of [City Council meetings](#) in 2023! As always, we appreciate public input and invite you to attend any of our meetings.

Meeting agendas for the City Council, as well as other City Boards and Commissions, are available on our website [here](#).

Questions? Please call the City Manager's Office at (603) 527-1270.

Just relax and knit



LEARN HOW TO KNIT

ADULT & TEEN CLASSES AVAILABLE



A 6-WEEK COURSE

Visit our website for class listings and to register.

www.belknapmill.org



1st dog for an owner 65+	\$2.00
Spay/Neutered dog	\$6.50
Unaltered dog	\$9.00
Late charge per month as of June 1	\$1.00
Civil Fine for failure to register	\$25.00

LACONIA RESIDENTS: DON'T FORGET TO REGISTER YOUR DOGS!

Beginning January 1, 2023, you can register your dogs for the 2023 year.

To renew **online**: www.laconianh.gov, Online Bill Pay, Dog Licensing

By **Mail**: City Clerk's Office, PO BOX 489, Laconia NH 03247, please include a self-addressed stamped envelope.

***All dogs are to be
registered by April
30th each year.***

Laconia Water Department

Prevention Is Better Than Reaction



Temperatures have been moderately warm for this time of the year but do not let this warm spell fool you and make you believe that pipes are not capable of freezing. Temperatures are falling below freezing at nights which would allow for the pipes to freeze. As always be cautious and double check that all the pipes are properly protected.

If the temperature inside a house gets below 32 degree Fahrenheit (0 degree Celsius) it's likely that the water supply pipes and the drain traps will freeze. When water freezes it expands 9 percent, and if there is no room for expansion it's possible that the pipe will develop a crack and eventually leak once the ice thaws out. Fixing a ruptured pipe can be expensive, but the damage from uncontrolled water leakage can easily reach into the thousands of dollars.



The majority of the calls received for frozen water pipes and water meters are a result of inadequate heating and cold air drafts where piping is located in the home. It is recommended that property owners check their property for these conditions and identify the location of their water meter and shutoff valve before an emergency.

The property owner is ultimately responsible for repairs to the piping within the home or building. The Water Department can replace frozen or damaged meters.

Customers will be charged for the cost of the replacement of the meter and service calls, as applicable. Your plumber can also replace a frozen meter.

If for any reason you cannot stop the flow of water from a frozen or broken pipe, call the Water Department's 24-hour emergency number at 603-524-0907.

City of Laconia

Laconia City Hall
45 Beacon St. East
Laconia, NH 03246
www.laconianh.gov
info@laconianh.gov



CITY HALL HOURS:
8:30 am to 4:30 pm
Monday through Friday
(603) 527-1270

SENIOR RESOURCES

ServiceLink Resource Center
(603) 528-6945 is the first number
to call for senior services.



Securing today
and tomorrow



Did you know that the
2023 Schedule of
Social Security
Payments is now
available?

Get the calendar for
the new year [here!](#)



City Meetings

Week of:
Jan. 9 - 13, 2023

Public participation and citizen input is a vital part of City government. Below is a list of meetings scheduled for the upcoming week. As agendas become available they will be posted on the City's [website](#). Also, printed copies of any agenda are available in the City department in charge of a particular Board or Commission. You are invited and encouraged to participate in any of our public meetings. **All meetings are open to the public and are held at Laconia City Hall, unless otherwise noted:**

Laconia Human Relations Committee

January 9, 2023, 3:30 pm
Agenda

City Council Finance Subcommittee

January 9, 2023, 6:00 pm

City Council

January 9, 2023, 7:00 pm

Laconia Putnam Fund

January 10, 2023, 9:00 am

Planning Board

January 10, 2023, 6:30 pm
Agenda

Heritage Commission

January 11, 2023, 5:00 pm



CITY OF LACONIA PHONE DIRECTORY

(All phone numbers below
must be preceded by 603)

Airport	524-5003
Airport Manager - Marv Everson	
Assessing	527-1268
Assistant Assessor - Tara Baker	
City Clerk	527-1265
City Clerk - Katie Gargano	
City Manager	527-1270
City Manager - Kirk Beattie	
Code Enforcement	527-1293
Planning & Zoning Dir. - Dean Trefethen	
Conservation	527-1264
Conservation Technician Taylor Daigle	
Finance	524-3877
Finance Director - Glenn Smith	
Licensing	528-6331
Licensing - Hilary Young	
Planning & Comm. Dev.	527-1264
Planning & Zoning Dir. - Dean Trefethen	
Fire Dept. (Central Station) ...	524-6881
Fire Chief - Tim Joubert	
Fire Dept. (Weirs Station)	366-2229
Library	524-4775
Library Director - Deann Hunter	
Parks & Recreation	524-5046
Parks & Rec. Director - Amy Lovisek	
Personnel	524-3877
Personnel Administrator - Lindsey Allen	
Police (Administration)	524-5257
Police (Crime Line)	524-1717
Police Chief - Matthew Canfield	
Public Works (Main Office)	528-6379
Public Works (Transfer Station) ..	528-5822
Public Works Director - Wes Anderson	
Tax	527-1269
Tax Collector - Katie Gargano	
Water	524-0901
Superintendent - Ben Crawford	
Welfare	527-1267
Welfare Technician - Cathy Raymond	

City Council Contact Info:

Mayor Andrew Hosmer	496-2078
Bruce Cheney (Ward 1)	491-8946
Robert Soucy (Ward 2)	524-7054
Henry Lipman (Ward 3)	528-0191
Mark Haynes (Ward 4)	524-3605
Robert Hamel (Ward 5)	524-6360
Tony Felch (Ward 6)	998-1418

General Council E-mail:
citycouncil@laconianh.gov

Visit the City's website at:
www.laconianh.gov