



LA CONIA

P U B L I C L I B R A R Y

April Adult Browsing Newsletter

April 15, 2019

Greetings!

Preview what's coming up this month at the Laconia Public Library! If you would like to know more about an event give us a call at 524-4775, or email info@laconialibrary.org.

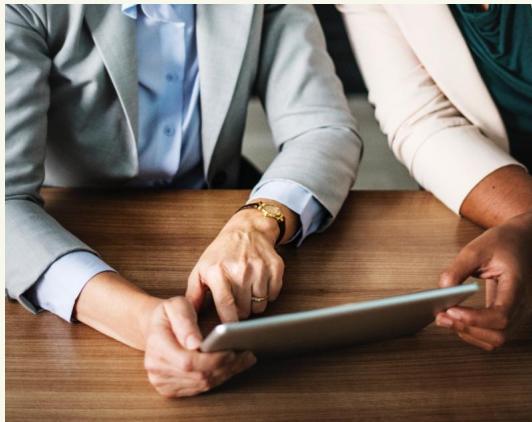
We love hearing from you!

Director, Randy Brough

Helpful Links

laconialibrary.org
[Full Library Calendar](#)
[New Item Lists](#)

Drop-In Tech Help



Mondays
6:45-7:45pm
Periodical Room

Wednesdays
2-3:30pm
Volpe Room

Now with a new day and time! Stop by the library where we will have a staff member or a volunteer available to answer basic computer and device questions every week on Monday evenings and Wednesday afternoons.

Soothing Stitches

Tuesday, April 16 & 30

4-6pm
Volpe Room

Need an escape? Join us for social needle crafting, classical music, and tea! Knitters, crocheters, cross-stitchers, all are welcome. Create a moment of Zen with your yarn, a hot cup of chamomile tea, and some Bach.



Adult Craft: Soap!



Tuesday, April 16
2pm or 6pm
Laconia Rotary Hall

This enormously popular program is back once again. This time, use some fruity scented oils and soap colorant to make a fun springy, scented soap!

Sign up required.
Call 524-4775x12 or email:
aalwyn@laconialibrary.org.

Adult Coloring

Friday, April 19
1:30-3pm
Volpe Room

Take some time out of your busy day to relax and enjoy a chance to experiment with colored pencils, gel pens, markers, or watercolor pastels. New designs provided every month.



Healing Through Movement: Traumatic Stress, Healing and Resiliency with Yoga

**Saturday, April 20
9:30-11am
Laconia Rotary Hall**



This class, led by Certified Yoga Instructor Kim Corsack, aims to cultivate awareness of the mind-body connection by integrating purposeful attention with physical postures and focused breathing. Focusing on present-moment experiences on the yoga mat can translate to benefits off the mat in daily life, especially for people dealing with traumatic stress. Calmness, deeper inward self-connection, deeper connections with others, and empowerment through taking control of one's body and one's life can all result from this type of practice. Be a part of this safe space to observe and feel emotions that may surface through a whole body experience.

Mats will be provided, or feel free to bring your own. Please dress in athletic wear suitable for exercise. This class is open to women only and space is limited. Please sign up at the front desk. If there is enough interest, we may run this program again specifically for men.

Coffee and Community Conversation Series

**Thursday, April 25
10am-12pm
Mowbray Room**

Join us for our new monthly program! Our second guest is Deputy Chief Shawn Reilly from the Laconia Fire Department who will be available to talk about Emergency Medical Services, 911, and the ambulance. Come and chat. Open to the community. Refreshments provided.

For more info call Jill at 524-4775x16.



Adult D&D



**Thursday, April 25
3:30-7:30pm
Volpe Room**

Join the campaign! Our Dungeons and Dragons group for adults will meet every other Thursday from 4-7:30 pm. Group size limited to 8 people.

Sign-up required. Ask at the front desk. Ages 18 and up only.

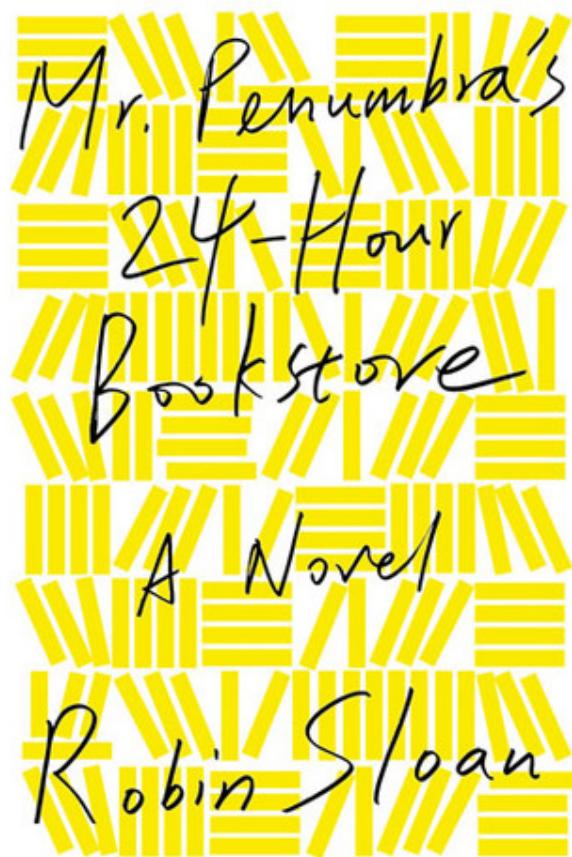
Mystery Book Club

Calling all amateur sleuths! Join Laconia Library's informal monthly book group for readers who love who-dun-its...and coffee! We will be meeting at Wayfarer Coffee Roasters the fourth Thursday of each month from 4-5:30 pm. Wayfarer is generously providing book club participants with 10% off food and drink during the discussion. So bring your appetites and monocles and join us for our April discussion!



"Mr. Penumbra's 24-Hour Bookstore"

by Robin Sloan



Thursday, April 25

4-5:30pm

Wayfarer Coffee Roasters

The Great Recession has shuffled Clay Jannon away from life as a San Francisco web-design drone and into the aisles of Mr. Penumbra's 24-Hour Bookstore, but after a few days on the job, Clay discovers that the store is more curious than either its name or its gnomic owner might suggest.

Copies are available at the front desk.

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children's, and the monthly adult craft.

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