

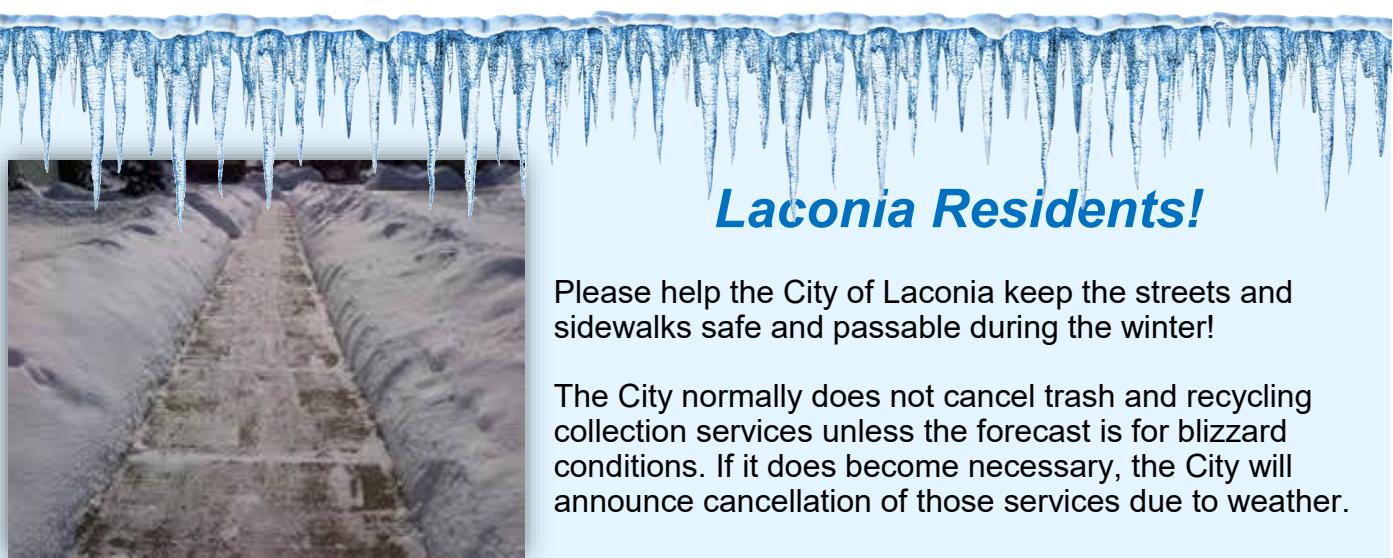


## Laconia Links

January 17, 2020 - Edition #421



*Please be sure to use extra caution on the ice!*



### Laconia Residents!

Please help the City of Laconia keep the streets and sidewalks safe and passable during the winter!

The City normally does not cancel trash and recycling collection services unless the forecast is for blizzard conditions. If it does become necessary, the City will announce cancellation of those services due to weather.

**Welcome to Laconia Links** a weekly email newsletter update devoted to keeping you informed of City of Laconia department news, City projects, useful links, activities and events!

Look for a new edition of the newsletter each Friday. If you have already signed up to be on our distribution list to receive your newsletter by e-mail, thank you for your interest! If you would like to be added to our e-mail list (or to unsubscribe), please click [here](#).

As always, we welcome your ideas and comments as to what you would like to see included in future issues. Just give us a call in the City Manager's office at 527-1270, or contact us by e-mail at [info@laconianh.gov](mailto:info@laconianh.gov)

*We look forward to keeping you up to date on our beautiful City!*



During other winter storms when collections are not cancelled due to a storm, please do not place your trash or recycling containers on the sidewalk or at the curb. Your containers may be inadvertently damaged or knocked over by the plows or the snow coming off from the plows.

During storms Casella, the City's collection contractor, will empty containers that are left in areas behind sidewalks. Please consider putting them in your driveway. Thank you!

Questions? Please call the Department of Public Works at 528-6379.





# Look what's happening at the Laconia Public Library!



## Monthly Adult Craft

**Sand Mosaic - Tuesday, January 21, 2pm or 6pm in Laconia Rotary Hall**

Create a small decorative stone using simple ingredients and some colored glass. Gloves provided, or you can bring your own garden gloves or heavy duty rubber gloves. Signup required - spots are limited! Call 524-4775x12 or email [aalwyn@laconialibrary.org](mailto:aalwyn@laconialibrary.org). Please let us know if you are unable to make it after signing up as we expect a waiting list and it will open up a spot for another patron.



**Teen & Tween Event:  
Ombré Painting  
January 22, 2:30 pm  
Laconia Rotary Hall**

Create a colorful masterpiece!



**The Civil War:  
Soldiers, Battles, and  
Generals  
Jan. 23, 6:30 pm  
Laconia Rotary Hall**

Come and explore what it was like to be a soldier during the American Civil War. Retired educator, Warren Sommers, will also highlight three significant battles and the generals who led their soldiers into battle during these campaigns. Show Date: Jan. 30

## ADULT BOOK CLUB

### MYSTERY BOOK CLUB

Calling all amateur sleuths! Join Laconia Library's informal monthly book group for readers who love who-dun-its...and coffee!



Wayfarer is generously providing book club participants with 10% off food and drink during the discussion. So bring your appetites and monocles and join us for our next discussion!

**"THE DESTROYERS" BY  
CHRISTOPHER BOLLEN**

**Thursday, January 23  
4-5:30pm  
Wayfarer Coffee Roasters**



Arriving on the Greek island of Patmos broke and humiliated, Ian Bledsoe is fleeing the emotional and financial fallout from his father's death. But this beautiful island conceals a darkness beneath, and it isn't long before the dream begins to fragment.

*Please note the Library will be closed Monday, January 20th*

# Upcoming Meetings...

Keeping the public updated and aware of what's going on in our community and receiving residents' feedback is an important goal of the City Council. Check each issue of *Laconia Links* for a schedule of the upcoming week's meetings. As agendas become available, they will be posted to the City's website.

You can also contact any of the City's departments for more information on a meeting or to obtain a printed copy of the agenda. Meetings are open to the public. You are invited and encouraged to attend and provide input.

Follow this [link](#) to the "Calendar" page of the City of Laconia's website. Please check the "Calendar" page often for updated information and changes.

**Become involved in  
your City and  
make a difference!**

## Water Commission

January 23, 2020, 8:00 am  
117 Stark St., Water Treatment Facility Conference Room  
[Agenda](#)

## Library Bd. Of Trustees

January 23, 2020, 5:30 pm  
Volpe Room

# MEETINGS

All meetings are held in the Armand A. Bolduc City Council Chamber in City Hall (formerly Room 200A) unless otherwise noted

### City Hall Closed

January 20, 2020 - Martin Luther King, Jr. Day

### Zoning Bd. Of Adjustment

January 21, 2020, 6:30 pm  
[Agenda](#)

### Parks & Rec. Commission

January 21, 2020, 7:00 pm  
Community Center  
[Agenda](#)

### Conservation Commission

January 22, 2020, 6:00 pm



# NH Humane Society

Over a century of love for those without a voice.

## Meet This Week's Featured Pets!



Meet Barnaby! Barnaby is a sweet 5 yr. old Pittie mix that came to us as a stray. He is affectionate and playful and would do best in an adult only home with possibly another canine friend.



Flutterfly came to the shelter as a stray. Not too much is known about her, but we do know that she is a sweet girl! She is shy at first and would do best in a quiet home, but we are sure that her perfect adopter is out there somewhere! She would also do well in a home with a more outgoing cat that can show her how to relax in a home setting.

**Please visit our [website](#) to view all of our adoptable animals looking to find their “furever” homes! Also visit our [Facebook](#) page for our latest news. Questions? Please contact us at 524-3252.**



## Welcome to the Humane Society's New Executive Director!

Charles Stanton was appointed as Executive Director of the New Hampshire Humane Society in December 2019. We are happy to welcome Charles and support the Humane Society by sharing adoptable pet profiles each week in Laconia Links!

Charles encourages the community to get in touch with ideas and suggestions by emailing him at [Charles@NHHumane.org](mailto:Charles@NHHumane.org).

## 1-NIGHT CULINARY CLASSES AT LRCC

January 17th & January 24th

These single-night, professional cooking classes cover two of the essential skills any chef should possess. Chef Patrick Hall & Chef William Walsh will guide you through a combination of discussion, demonstration & hands-on preparation of the select menus shown below. Sharpen your culinary skills at LRCC!

**Couples & individuals welcome! All ingredients & equipment provided!**

CLASS COST:

**\$65 for individuals**

**\$95 for couples**

(Limited space for both events)

### Soups, Stews & Chowders

Friday, January 17, 2020, 5:00 – 8:30 pm



A casual introduction to basic cooking skills, knife cuts & culinary terminology, including techniques for preparing different Soups, Stews & Chowders.

#### MENU:

- Pasta Fagioli —
- Kielbasa Cheddar Soup —
- Corn Chowder —
- Clam Chowder(s) —
- Beef Burgundy —

**Call 603-524-3207 to register today!  
Or click [here](#) to print and mail in your registration, or reserve your space on-line!**

### Sauté 101

Friday, January 24, 2020, 5:00 – 8:30 pm



A casual introduction to basic cooking skills, knife cuts & culinary terminology, including classic sauté techniques using a variety of ingredients.

#### MENU:

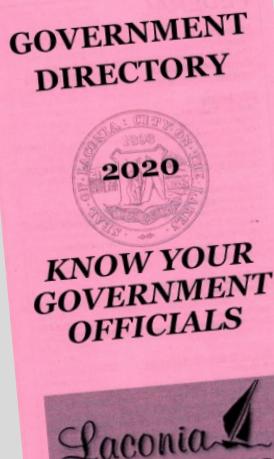
- Chicken Marsala —
- Mediterranean Shrimp —
- Rice Pilaf —

# Laconia Fire Department Promotional Ceremony



L to R; Deputy Chief Bean, FF/PM Yaeger, FF/PM Loutrel, PFF Alley, Lt Lewandowski, Captain Vaillancourt, PFF Meghann Hempel (not pictured FF/AEMT Murphy)

On Tuesday January 14<sup>th</sup> Laconia Fire Department held a promotional and welcoming ceremony at Central Station. Officer promotions were Captain Jason Bean to Deputy Chief of EMS, Lieutenant Chad Vaillancourt to Captain, and Firefighter Scott Lewandowski to Lieutenant. Three firefighters were removed from probationary status; FF/PM Louis Loutrel, FF/AEMT Matthew Murphy, and FF/PM Christopher Yaeger. During the ceremony LFD also welcomed Probationary Firefighters Brian Alley and Meghann Hempel into the Department.



The "Know Your Government Officials" directory has now been updated! Click on the image (left) for a concise directory of government official contact information. You'll find everything from how to get in touch with the White House to what number to call to reach your City Councilor. Printed copies are also available in Laconia City Hall and in most City departments.





# CONFIDENCE GROWS HERE



In this Special Interest Program (SPIN), youth will design, build, and race mousetrap powered cars. Youth who have previously made a car may bring their mousetrap car and learn how to make improvements. Youth will have the opportunity to race the cars at the 4-H Maker's Expo on April 18, 2020.

Class will be held at the Belknap Mill, 25 Beacon Street, Laconia, NH from 10am to 12noon on Saturdays, January 18th, 25th, and February 1st.

This event is open to youth aged 8 years old and up. Cost: FREE

For more information, please contact Karen

Deighan, [\(603\) 527-5475](mailto:karen.deighan@unh.edu)

**Register Here**

# Assessing

The abatement filing period is now open until March 1st. This is the process by which taxpayers can dispute their final 2019 value. Applications for abatement are available in our office or can be mailed upon request, by calling 527-1268.

We always recommend owners get a copy of their Property Record Card to verify its accuracy and confirm if any changes have been made.

Please call the Assessing Office at 527-1268 with questions.

[Click for  
Assessing  
Department](#)



The 2020 World Championship Sled Dog Derby is scheduled for February 14, 15 and 16, 2020! More details to come closer to the event. Check the Lakes Region Sled Dog Club's [website](#) for updates!

## Public Works Department

### Property Owner's Winter Survival Tip!

The best place to deposit snow when clearing your driveway is to put the snow downstream of your driveway. (Downstream is the direction the plow truck travels.)

When Public Works plows the street the snow will be pushed away from the driveway instead of towards it.

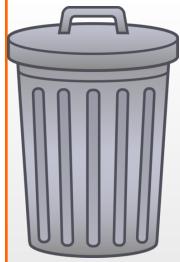
Be nice to your neighbor and take them into consideration when you are clearing your driveway!

Also, you can minimize the amount of snow plowed into your driveway by creating a pocket in the snow just upstream of your driveway. This pocket will allow some of the snow on the plow to fall off into the pocket, resulting in less in your driveway!

City plow trucks have wing plows on them and, like delivery companies, we always want to turn right. This causes properties on an inside corner to have areas of deep snow.

Corner lot owners should take this into consideration when developing methods to minimize the impact of snow coming off from a plow blade. Let us know if you have questions! Just call 528-6379. We are glad to help!





# Public Works Department

## Martin Luther King Day

### Monday, January 20th

#### Notice to Residents on Curbside Collection Routes

There will be **NO DELAY** in curbside collection of trash on Jan. 20th, Martin Luther King Day. Collections for the entire week will be on their regular schedule.

For questions or additional information, please call DPW at 528-6379.

**Please note!**  
City Hall will be closed all day on Monday, January 20th for Martin Luther King Day.

*We apologize for any inconvenience this may cause.*

## Prescott Farm

Environmental Education Center

Registration  
now  
open!

### Wild Quest Camps

Winter & Spring Vacation Camps  
9-Week Summer Camp

928 White Oaks Road Laconia, NH

Register online at [prescottfarm.org](http://prescottfarm.org)

Scholarships  
available  
for all  
sessions!

Prescott Farm's WildQuest Camps give curious kids the opportunity to explore, learn, and grow in nature.



Environmentally-focused and nature-themed activities

Outdoor activities - rain, snow, or shine!

Engaging and *fun* programs for ages 6 –12 (February & April camps) and 4 –16 (Summer camp)



#### Specialized Summer Leadership Programs for:

Leaders in Training (age 13 & 14)

New! Junior Counselors (age 15 & 16)

Register for Summer Camp  
by March 2 for  
10% Early Bird Savings

[www.prescottfarm.org](http://www.prescottfarm.org) [camp@prescottfarm.org](mailto:camp@prescottfarm.org)  
603-366-5696

JOIN US  
Annual Celebration  
of  
**Dr. Martin Luther King Jr.**

featuring a screening of the documentary film

***Here Am I, Send Me: The Journey of Jonathan Daniels***

Introduction by and Q&A with co-producer, Dr. Lawrence Benaquist

Sunday, January 19, 2020 • 3:00 – 5:00PM (doors open at 2:30)  
BEANE CENTER • 35 Blueberry Lane • Laconia

*Sponsored by Laconia Human Relations Committee*



Daniels was an Episcopal seminarian and civil rights activist from Keene, NH, who was shot and killed in 1965 in Hayneville, Alabama, while in the act of shielding 17-year-old Ruby Sales. This film chronicles his life and death.

Dr. Lawrence Benaquist, Professor Emeritus, Keene State College, founder of the Film Studies program, holds a doctorate in Renaissance Literature, and came to film shortly after his arrival at Keene State. As a visiting scholar at USC and UCLA, and an NEH grant to Brown University, he moved his area of interest to that of the study of cinema. The program now has 140 students, one of the largest programs at the College. Benaquist has produced several documentaries, one on the history of Keene State College that has aired on NHPBS, and the documentary on Jonathan Daniels, which was aired nationally on PBS.



## Lecture: The Bretton Woods Agreement with Kurk Dorsey



The 1944 Bretton Woods agreement established a new global monetary system. It replaced the gold standard with the U.S. dollar as the global currency. By so doing, it established America as the dominant power in the world economy. After the agreement was signed, America was the only country with the ability to print dollars. The agreement created the World Bank and the International Monetary Fund. These U.S.-backed organizations would monitor the new system.

Everyone is invited to join us as University of New Hampshire History Professor and Department Chair Kurk Dorsey, presents the story of the Bretton Woods Agreement, Monday, January 27 at 6:30 p.m. in Taylor Community's Woodside Building. This is a free event.

## Lighthouses of NH Seacoast and Southern Maine

The lighthouse is a pervasive icon in our culture, often used to symbolize positive qualities like faith, guidance, strength, and steadfastness.

Everyone is invited to join us as Author Jeremy D'Entremont presents a lecture on the rich history of the lighthouses between Portsmouth, NH, and York, Maine, Wednesday, Jan. 29 at 6:30 p.m. in Taylor Community's Woodside Building. This free event is open to the public.



The focus of his lecture will be on the fascinating stories of lighthouse keepers and their families. Those lighthouses covered will be Portsmouth Harbor Light, Whaleback Light, White Island (Isles of Shoals) Light, Boon Island Light, and Cape Neddick "Nubble" Light. Included will be information about the present-day preservation efforts for these maritime sentinels.

Jeremy D'Entremont is the author of 21 books and hundreds of articles on lighthouses and maritime history. He is the president and historian for the American Lighthouse Foundation, and founder and chairperson of Friends of Portsmouth Harbor Lighthouses. He has also lectured and narrated cruises throughout New England. Books will be available for signing and purchase at the event.

# Look what's happening at the Belknap Mill!



## Belknap Mill Book Club

Wednesday, January 29th 6-8pm

The Belknap Mill is happy to announce the return of their book club. Catherine Waldron, fiction author and owner of Give a Salute!, a publishing business located in the Belknap Mill, will be leading the meetings. They will be held on the **last Wednesday of each month from 6-8 pm at the Belknap Mill**. Participation is free, with the exception that all participants are responsible for obtaining their own copy of book being featured.

The first book to be read and discussed is "Etched in Granite," Book One of a historical fiction series, written by Mj Pettengill. The story takes place in Ossipee in 1872, and was inspired by the author's discovery of a county pauper cemetery there. Read more [HERE](#)

*Pre-registration for the Belknap Mill Book Club is not required, but appreciated. To do so, call Catherine at 527-8210. We hope you can join us!*



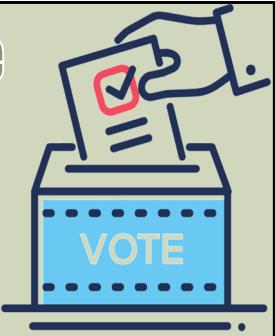
**Renovation of the 3rd floor at the Mill has now begun! We are so excited for this long-awaited day!**



**Please mark your calendar and join us For Arts in the Park: Winter Coffee House Series with John Stanley Shelly on Thursday, January 23 at 6 pm, Riverside Gallery**

# News From the City Clerk's Office

We need your help! We are looking for a Ward Clerk for Ward 3 for all of our local, State and Federal elections. The Ward Clerk position is a paid position.



If you are interested, please call the City Clerk's Office at 527-1265 and ask to speak with City Clerk Cheryl Hebert.

*Thank you  
for your help!*

A License is a...



Lost dog's ticket home.

Questions?  
Call the Clerk's  
Office at 527-  
1265



## Friendly Reminder!

**Dogs are due to be licensed  
by April 30, 2020!**

Failure to register by April 30th is a violation of RSA 466:13 and subject to a Civil Forfeiture of no less than \$25 in fines and court fees plus any late fees.

Please come into the City Clerk's Office, or use our convenient on-line service ([click here](#)). Tags for 2020 are available now! Fees are as follows for licensing:

Spayed/Neutered dog	\$6.50
Unaltered dog	\$9.00
Senior (1st dog for owners over 65)	\$2.00
Replacement tag	\$1.00
Late charge per month as of June 1	\$1.00
Civil fine for failure to register by 4/30	\$25.00

For the comfort and safety of all, we ask that you leave your dog at home when you come into City Hall to conduct business. Although we enjoy seeing your four-legged family members, we would like to encourage you to be conscious of others. As always, certified service animals are welcome.

We appreciate your cooperation!

## Reminder!

'When in doubt,  
**THROW** it out'

*Curbside recycling will be picked up the  
week of January 20, 2020*

**Remember:  
"Glass is Trash"**

# Our yesterdays

*Our thanks to Warren D. Huse, the Laconia Historical and Museum Society, and the Laconia Daily Sun for providing a glimpse into our community's past....*



## THEN ...

**Built as a warehouse for the Ralph H. Smith Co., in 1939, this building at 121-128 New Salem St. later became a Sanel Auto Parts Store from 1950 to 1988, after which Sanel's moved to South Main Street, Laconia. (Laconia Historical and Museum Society)**



## ...AND NOW

**The building was used for storage from 1988 until 2001, when it was demolished to make way for the new Laconia Police Department — LPD's first home specifically designed as a police headquarters — which opened, July 1, 2003. (Adam Drapcho/The Laconia Daily Sun)**



## This year's Laconia Motorcycle Week is June 13 – 21!

Property owners planning to have vendors, parking, music, campground, tents, etc. must have their applications submitted by April 24 for the May 6 Special Events meeting. Contact the Planning Dept now at 527-1264 for questions and other related information. You can get the application on our website on the [Special Events page](#) or in the Planning office in City Hall.

# News

## From the City Clerk's Office

### **Absentee Ballot Application Forms Are Now Available!**

The Presidential Primary date is set for February 11, 2020.

Absentee ballots can be requested through the City Clerk's Office, or by clicking [here](#). Completed applications can be dropped off to the Clerk's Office, faxed to 524-1766, emailed to [cityclerk@laconianh.gov](mailto:cityclerk@laconianh.gov), or mailed to the City Clerk's Office, PO Box 489, Laconia, NH 03247.

Absentee ballots must be received no later than 5:00 pm on the day of the election in order for your vote to count.

Visit the [Secretary of State's website](#) to track your ballot. You can verify receipt of your application, the date your absentee ballot was mailed to you, the date the Clerk receives your completed absentee ballot, and after the election learn if your absentee ballot was rejected/not counted and why.

*Please contact the City Clerk at 527-1265 if you have questions regarding the information on tracking your ballot.*





# Slow Cooker Meals Made Easy



Parents and their children prepare a slow cooker meal to bring home each week.

Family cooking and nutrition topics.

Brenda Carey, Nutrition Connections

## Weekly topics:

Use a Slow Cooker Safely.

What's in a Whole Grain?

Be Active as a Family.

What's on the Food Label?

Test Your Soft Drink Knowledge.

Choose Your Fruits and Vegetables.

Language assistance is available at no cost.

For person with disabilities requiring special accommodations, please contact Brenda at 527-5475 within 7 days so proper consideration may be given to the request.

If you qualify for SNAP, WIC, Medicaid, Housing Assistance, or other types of financial assistance  
Please let us know for priority.

The University of New Hampshire Cooperative Extension is an equal opportunity educator and employer. University of New Hampshire, U.S. Department of Agriculture and N.H. counties cooperating. USDA is an equal opportunity provider and employer. The preparation of this document was financed under a contract with the state of New Hampshire, Department of Health and Human Services. This material was funded by USDA's Supplemental Nutrition Assistance Program - SNAP. 11/15

**Date:** Thursdays, Jan. 16, 23, 30, Feb. 6, 13, 20

**Time:** 5:30 – 7:30 PM

**Place:** Boys & Girls Club of the Lakes Region

**To sign up:** Email James Holmes: [james@lakeskids.org](mailto:james@lakeskids.org)  
or 528-0197 or [brenda.carey@unh.edu](mailto:brenda.carey@unh.edu) or contact 527-5475

Family Names: \_\_\_\_\_ Allergies? \_\_\_\_\_

\_\_\_\_\_ # of Adults \_\_\_\_\_ # of Children & ages \_\_\_\_\_ Phone number \_\_\_\_\_

Do you need a slow cooker? Yes \_\_\_\_\_ No \_\_\_\_\_ Can we text you with reminders? Yes \_\_\_\_\_ Cell \_\_\_\_\_

# News

## From the Laconia Water Department



If the temperature inside a house gets below 32 degree Fahrenheit (0 degree Celsius) it's likely that the water supply pipes and the drain traps will freeze. When water freezes it expands 9 percent, and if there is no room for expansion it's possible that the pipe will develop a crack and eventually leak once the ice thaws out. Fixing a ruptured pipe can be expensive, but the damage from uncontrolled water leakage can easily reach into the thousands of dollars.

The majority of the calls received for frozen water pipes and water meters are a result of inadequate heating and cold air drafts where piping is located in the home. It is recommended that property owners check their property for these conditions and identify the location of their water meter and shutoff valve before an emergency.

The property owner is ultimately responsible for repairs to the piping within the home or building. The Water Department can replace frozen or damaged meters. Customers will be charged for the cost of the replacement of the meter and service calls, as applicable. Your plumber can also replace a frozen meter. If for any reason you cannot stop the flow of water from a frozen or broken pipe, call the Water Department's 24-hour emergency number at 524-0907.



## Senior Housing Options in Downtown Laconia

*All new apartments with support services in the heart of Laconia. Sunrise House provides housing that allow seniors to remain living independently.*

All units are fully accessible.

One bedroom, one bath or two bedroom, two bath available. Laundry and Housekeeping with additional services available. Starting at \$1,350 a month.

Call Alisha at 603-737-2232.  
For more information, today!

## Prevention Is Better Than Reaction



## LRGHealthcare

*care. compassion. community.*

### WINNING INFORMATION

January, February and March, 2010

**Upcoming events:**  
**Team Fun Sunday:** January 9th, February 6th & March 5th (in Laconia) or January 16th, February 13th & March 12th (in Franklin) outside the library 11:30-1:30. Come and try a new recipe!  
**Health Support Group:** 6:00-7:00pm at NWHC, Jan 14th topic: Reversing Your Life Balance Wheel, Feb 26th topic: Attitude Adjustment, March 19th: Dealing with Irritability: Expectations & Body Satisfaction

**Non-Surgical Weight Loss Information Seminar:** January 6th, February 10th & March 24th at 8:30-9:30am or January 22nd, February 26th & March 12th at 2:45-4:45pm. Call to register.

**Surgical Weight Loss Information Seminar:** January 22nd at 5:00pm and February 12th at 1:00pm. Please call to register.

### BRAVELYME'S HEALTHY BITES

Month is National Nutrition Month! This year's theme is "Eat Right, Bite by Bite," which represents the philosophy that nutrition doesn't have to be extreme, or happen all at once. Every little bite (or biteful of nutrition) counts and is a step in the right direction! Smart choices can make to improve nutrition:  
1. Drink an additional glass of water each day.  
2. Use one less spoonful of sugar.  
3. Use one less biteful of your coffee.  
4. Have one piece of fruit with your breakfast.  
5. Include a handful of vegetables (carrots, bell peppers, cucumbers, etc.) with lunch.  
6. Add vegetables to soups or wraps (lettuce, tomatoes, cucumbers, carrots, etc.)  
7. Have a piece of fruit for dessert instead of typical options (cake, baked goods or candy).  
8. Use whole grain bread instead of pasta instead of white (bread is also pasta made from beans, right?)  
9. Add 1/2 cup of chickpeas or lentils to your salad for added fiber and nutrients.  
10. Include a healthy protein source at breakfast (eggs, whole grain yogurt, cottage cheese, etc.)  
11. Use peanut butter or avocado on toast instead of butter for healthy fats and added nutrients.  
12. Add some vegetables (peppers, onions, spinach, etc.) to an omelet or frittata for breakfast.

### GEORGE WASHINGTON'S STRING BEANS WITH ALMONDS

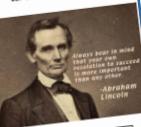
**Ingredients:**  
1/2 POUND FRESH GREEN BEANS  
1/4 CUP CHOPPED ALMONDS  
1/2 TEASPOON BUTTER  
ABOUT 1/2 TABLESPOON OLIVE OIL  
2 CLOVES OF GARLIC, VERY FRESH SLICED  
**INSTRUCTIONS:**  
1. Trim the beans and snap into 2-inch lengths.  
2. Blanche the beans - add green beans to a large pot of boiling water and boil for 2 minutes. Immediately transfer the beans to a bowl of ice water to stop the cooking process.  
3. Heat butter and olive oil in a heavy skillet and gently sauté the garlic until it is golden but not yet browned. Add the almonds and cook over a low heat until they are through. Add the mustard and sherry and stir gently until well blended. Add the beans and continue to cook over a moderate heat until all is hot through. Serve hot.  
Source: www.dreamingofgreen.com

Weight Institute  
care. compassion. community.

LRGHealthcare  
care. compassion. community.

January, February and March, 2010

If you are interested in any of the programs offered at the Weight Institute please contact our office at 603-737-2446



"Start where you are.  
Use what you have.  
Do what you can."  
-Arthur Ashe



**Click on the image (above) to read the most current issue of the Weight Institute of New Hampshire/LRGHealthcare newsletter.**

# Colonial Theater Updates...

- Construction on the Colonial Theater has continued at a rapid pace in recent weeks and will continue as the scope of work increases. Currently, demolition and environmental remediation continues with a significant focus in the theater space.

Stay tuned for additional updates!



*Our thanks to Justin Slattery from Belknap County Economic Development Council for the photos!*

# Laconia City Hall Extended Hours!

City Hall is now open for extended hours on the 1st and 3rd Tuesdays of each month!

The offices of the City Clerk, Tax Collector/Licensing and Planning, Zoning & Code will be open until 6 pm for these two days. We hope you find these extended hours convenient. For questions or more information, please call the City Manager's Office at 527-1270.

*The next "City Hall Extended Hours" will be on Tuesday, January 21st!*



## City Manager Updates

A new update has been posted to the City's website to keep you up-to-date and informed on what's happening in your City!

Be sure to check out the updated [Financial & Operational Trends](#) report. In this document you'll find financial information for the current year compared to prior years in several departments, such as fire and rescue call data, revenue from motor vehicle registrations and property taxes, police incidents, winter storm costs, overtime costs and much more!

Contact the City Mgr's office at 527-1270, or [info@laconianh.gov](mailto:info@laconianh.gov)

**We hope you find this report helpful and informative!**

## City Clerk's Office

Click [here](#) for Clerk's website



**Now is a Good Time to Get Your Boat & Jet Ski Registration!**

Did you know you can process your boat registration at the same time as you conduct other business at City Hall? It's easy and convenient! Just bring in your photo identification and prior year's registration (if you have it) and we can get the paperwork out of the way so you will be ready to put your boat in the water when spring arrives!

No waiting for your registration to be mailed back to you! Get it done early and conveniently at the City Clerk's Office. We are open Monday through Friday from 8:30 a.m. to 4:30 p.m. Please note that on the 1st and 3rd Tuesdays of each month the Clerk's Office is open until 6 pm.

\*\*Please make checks payable to City of Laconia\*\*. In accordance with RSA 270-E:5, II (c) an additional \$5 will be collected for each registration processed as an authorized agent, and an additional \$1 Clerk fee will also apply, for a total of \$6. Please do not make out your check before coming in if you are unsure of the amount.

Questions? Please call the City Clerk's office at 527-1265.





Don't forget!  
ServiceLink  
Resource Center  
(1-866-634-9412 or  
528-6945)....it's the first  
number to call for  
senior services.



## Stay Safe!

This is the season once again where you should be extra careful when walking or driving. Be sure to dress in layers to help prevent hypothermia. And if you have a cell phone, keep it charged and be sure to carry it with you!

*Laconia Senior Center is located at  
17 Church Street in Laconia.  
Questions? Call 524-7689*

*We hope you have enjoyed this  
Edition of Laconia Links*

*We welcome your input, comments  
and suggestions!*

Feel free to contact us at the  
City Manager's office, 527-1270,  
or by e-mail at [info@laconianh.gov](mailto:info@laconianh.gov)

*Have a great weekend!*



Scott Myers,  
City Manager  
City's Website:  
[www.laconianh.gov](http://www.laconianh.gov)



## CITY OF LACONIA PHONE DIRECTORY

Airport .....	524-5003
<i>Airport Manager: Marv Everson</i>	
Assessing .....	527-1268
<i>City Clerk - Cheryl Hebert</i>	
City Clerk.....	527-1265
<i>City Clerk - Cheryl Hebert</i>	
City Manager.....	527-1270
<i>City Manager - Scott Myers</i>	
Code Enforcement.....	527-1293
<i>Planning &amp; Zoning Dir. - Dean Trefethen</i>	
Conservation .....	527-1264
<i>Planning &amp; Zoning Dir. - Dean Trefethen</i>	
Finance .....	524-3877
<i>Finance Director - Glenn Smith</i>	
Licensing .....	528-6331
<i>Licensing - Lindsey Allen</i>	
Planning & Comm. Dev. ....	527-1264
<i>Planning &amp; Zoning Dir. - Dean Trefethen</i>	
Fire Dept. (Central Station) .....	524-6881
<i>Fire Chief - Kirk Beattie</i>	
Fire Dept. (Weirs Station) .....	366-2229
<i>Fire Chief - Kirk Beattie</i>	
Library .....	524-4775
<i>Library Director - Randy Brough</i>	
Parks & Recreation.....	524-5046
<i>Parks &amp; Rec. Director - Amy Lovisek</i>	
Personnel .....	524-3877
<i>Personnel Administrator - Paula Baumoeil</i>	
Police (Administration) .....	524-5257
<i>Police Chief - Matthew Canfield</i>	
Police (Crime Line) .....	524-1717
<i>Police Chief - Matthew Canfield</i>	
Public Works (Main Office) .....	528-6379
<i>Public Works Director - Wes Anderson</i>	
Tax .....	527-1269
<i>Tax Collector - Lindsey Allen</i>	
Water.....	524-0901
Welfare .....	527-1267
<i>Welfare Specialist - Gail Denio</i>	

### City Council Contact Info:

Mayor Andrew Hosmer.....	496-2078
Bruce Cheney (Ward 1).....	491-8946
David Bownes (Ward 2) .....	524-4330
Henry Lipman (Ward 3) .....	528-0191
Mark Haynes (Ward 4) .....	524-3605
Robert Hamel (Ward 5) .....	524-6360
Tony Felch (Ward 6).....	524-7185

E-mail: [citycouncil@laconianh.gov](mailto:citycouncil@laconianh.gov)

Visit the City's website at:  
[www.laconianh.gov](http://www.laconianh.gov)