



Laconia Links

March 2, 2018 - Edition #328



Spring is just around the corner - stop by City Hall soon for your boat/jet ski registration!

See [page six](#)...

ELECTION RESULTS

State Special Primary Results State Rep. - District 3 February 27, 2018

Candidates	Ward 1	Ward 2	Ward 3	Ward 4	Ward 5	Ward 6	Totals
Les. A Cartier (Rep)	171	129	133	116	90	201	840
WRITE INS	1	1		2			4
Philip Spagnuolo, Jr. (Dem)	189	131	218	152	95	182	967
Total Registered Voters	2094	1646	1669	1736	1443	2295	10883
Total Votes Cast	361	261	351	270	185	383	1811
Voter Turnout	17%	16%	21%	16%	13%	17%	17%

Welcome to *Laconia Links* a weekly email newsletter update devoted to keeping you informed of City of Laconia department news, City projects, useful links, activities and events!

Look for a new edition of the newsletter each Friday. If you have already signed up to be on our distribution list to receive your newsletter by e-mail, thank you for your interest! If you would like to be added to our e-mail list (or to unsubscribe), please click [here](#).

As always, we welcome your ideas and comments as to what you would like to see included in future issues. Just give us a call in the City Manager's office at 527-1270, or contact us by e-mail at info@laconianh.gov



We look forward to keeping you up to date on our beautiful City!



COMMUNITY RABIES & MICROCHIP CLINIC

SATURDAY MARCH 3 2018
NH HUMANE SOCIETY
1305 MEREDITH CENTER RD
LACONIA

RABIES VACCINE \$15
MICROCHIP \$30

CATS 9am. -10am
DOGS 10a.m - 12 Noon

Rabies shots are 1 year unless proof of prior vaccine.

All dogs leashed please
All cats must be in carriers





Upcoming

Adult Programs
The American Dream: Dead or Alive? Book Discussion Series

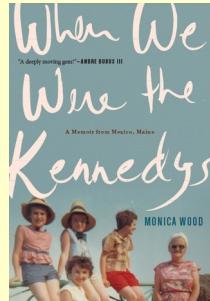
The four books in this series will probe personal, social, racial and economic situations. Join us for this thought-provoking discussion series!



When We Were the Kennedys by Monica Wood

March 6, 7 pm, Laconia Rotary Hall

Following the Wood family living in Mexico, Maine in 1963, *When We Were the Kennedys* is the story of how a family, a town and a nation mourns and finds the strength to move on.



MOVIES & MORE FOR KIDS: "COCO" March 9, 3:45 pm Laconia Rotary Hall



Aspiring musician Miguel, confronted with his family's ban on music, enters the Land of the Dead to find his great-great-grandfather, a legendary singer. Rated PG. 105 min.

For Tweens and Teens:

**Tween Craft:
Polka Dot Art**
March 8, 3:30 pm
Laconia Rotary Hall
**Paint a landscape with just
lines and polka dots!**

Thor Ragnarok
March 28, 3-5 pm
**Laconia
Rotary Hall**



Imprisoned on the other side of the universe, Thor finds himself in a deadly contest pitting him against the Hulk. PG-13, 130 min.

Upcoming Meetings...

Keeping the public updated and aware of what's going on in our community and receiving residents' feedback is an important goal of the City Council. Check each week's issue of *Laconia Links* for a schedule of the upcoming week's meetings. As agendas become available, they will be posted to the City's website.

You can also contact any of the City's departments for more information on a meeting or to obtain a printed copy of the agenda. Meetings are open to the public. You are invited and encouraged to attend and provide input.

**Meeting
in
Progress**

Follow this [link](#) to the "Calendar" page of the City of Laconia's website. Please check the "Calendar" page often for updated information and changes.

**Become involved in your
City and make a difference!**



Planning Board
March 6, 2018, 6:30 pm
City Hall, Room 200A
[Agenda](#)

**Special Events Review
Committee/Licensing Bd.**
March 7, 2018, 12 noon
City Hall, Room 200A
[Agenda](#)

Conservation Commission
March 7, 2018, 6:00 pm
City Hall, Room 200A

Water Commission
March 8, 2018, 8:00 am
117 Stark St., Water Treatment Facility Conference Room

Pothole Season is Here!



The City of Laconia, like most New England communities, is now experiencing one of the earliest and worst pothole seasons in years.

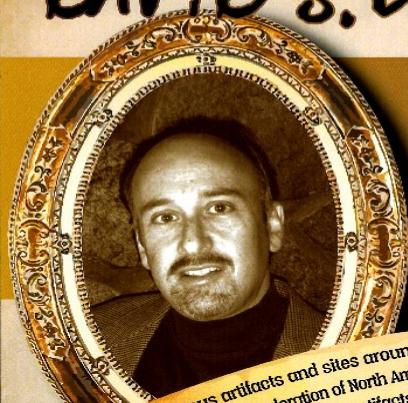
Massive changes in temperature and large amounts of snowfall result in water seeping beneath the road then freezing and expanding. This puts great stress on the roads and creates perfect pothole conditions.

Our Department of Public Works is out every day with a minimum of two crews (and sometimes a third crew) working to repair potholes on our streets and posting pothole signs to warn drivers. Please use caution and pay close attention to the condition of the streets. We appreciate your patience as we continue our efforts to make the streets safer and easier to travel.

Questions and concerns can be directed to the DPW office at 528-6379.

The Laconia Putnam Fund Presents

DAVID S. BRODY

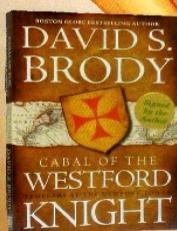


Where:
Taylor Community at
Woodside Commons

Date:
March 19, 2018

Time:
7:00 PM.

"Numerous artifacts and sites around New England offer evidence of exploration of North America long before Columbus. Specifically, the artifacts seem to confirm legend of a group of Scottish explorers, with ties to the outlawed Knights Templar, island-hopping their way across the North Atlantic in the late 1300s who were they, and why did they come? Well, that's where the fun begins."



**FREE ADMISSION
FIRST COME, FIRST SEATED**

Like us on Facebook 
<https://www.facebook.com/LaconiaPutnamFund>

11th Annual Robbie Mills Memorial 8 Ball Tournament

To Benefit:



&



Saturday March 10th

(Major Snow date March 11th)

at Laconia Rod & Gun Club
358 South Main Street

\$25.00 PP Donation includes: Practice, Lunch & entry for door prizes

Doors open @ 9:30am (Pay \$30.00 after 10:30)

Tournament starts Promptly at 11:00am

Double Elimination - BCA Rules apply

Sponsor a player: If you can't play, Pay for a player that can't afford it!

Pre-Pay at www.robbiemills.org

for information

Contact Tony Felch 998-1418

Or Mike Baron 528-5001 or on

Robbie Mills website at www.robbiemills.org

- 1 Trophies
- 2 Cash Prizes
- 3 Food
- 4 Raffles
- 5 50/50
- 6 Live Auction

Sponsored by



Pre-Registration is required!

Location:

Lakes Region Community Services
719 North Main Street
Laconia, NH. 03246

Date:

Saturday
April 21, 2018
8:30 a.m.-4:30 p.m.

Questions?

Tanya Hannigan
866-701-9097
thannigan@hometeamnh.org



First Time Homebuyer Seminar

Looking to Buy a home?

This seminar introduces the key steps of buying a home and teaches you how to build your team of home buying professionals to guide you through each step!

What's Included:

- "Realizing the American Dream": A complete manual detailing how to buy your home.
- **One-on-One Counseling:** A certified counselor will assess your situation and help develop a road map to purchase your home.
- **Credit Report:** Included at your one-on-one counseling appointment.
- **Pizza Lunch:** Included at this class.

Register Now!
\$69 Class Fee

www.HOMEteamNH.org
866-701-9097



Accessible alternatives and interpreters available upon request.





*Here's what's happening
at the Taylor Community!*



Justice Video Series: Paper Tigers

Rev. Paula Gile, Associate Pastor of the Congregational Church of Laconia, partners with Stand Up Laconia to present "Paper Tigers". This powerful video is about an alternative high school in Washington state that radically changed its approach to discipline after the principal was exposed to research about Adverse Childhood Experiences (ACE).

The video will be shown Sunday, March 4 at 2 p.m. in Taylor Community's Woodside Building. This free event is open to the public.

Laconia High School students and teachers saw the movie and were moved by its content. The film helps community members better understand some of the issues today's young people are dealing with and why this can lead to substance misuse.



Tai Chi with Russ Jones at Woodside Studio

Tai Chi has been shown to: lower levels of depression, stress and anxiety, improve energy and stamina and add enhanced flexibility, balance and agility.

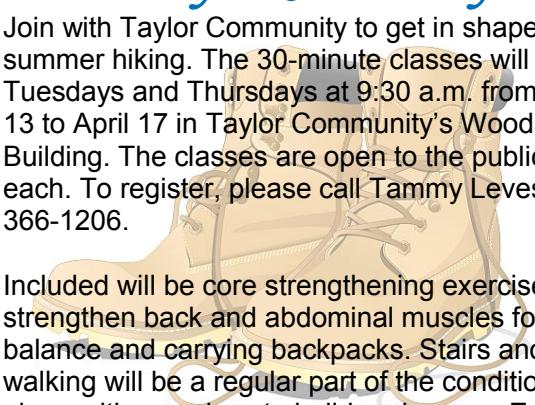


Classes will be held March 5, 12, 19 and 26 at 10 a.m. in Taylor Community's Woodside Studio. They are open to the public for \$12 per class. No registration required – just come and try it out!

Hiking Conditioning Program at Taylor Community

Join with Taylor Community to get in shape for summer hiking. The 30-minute classes will run Tuesdays and Thursdays at 9:30 a.m. from March 13 to April 17 in Taylor Community's Woodside Building. The classes are open to the public for \$5 each. To register, please call Tammy Levesque at 366-1206.

Included will be core strengthening exercises to strengthen back and abdominal muscles for balance and carrying backpacks. Stairs and walking will be a regular part of the conditioning, along with exercises to build endurance. Even if you do not plan to hike outside, you're welcome to join the class.



WMUR's Haley LaPoint at Taylor Community, March 7



Born and raised north of Topsfield, Mass., Haley LaPoint has been interested in weather since she was a young child. She would often spend hours in front of the family camcorder with a large map pointing out the next big weather system coming up the coast.

Today as a meteorologist for WMUR, LaPoint reports live from active weather situations and produces special weather content for TV, mobile and the WMUR website. Join us as she discusses forecasting New Hampshire weather Wednesday, March 7 at 6:30 p.m. in Taylor Community's Woodside Building. This free event is open to the public. Please note this event was scheduled earlier this year, but was postponed for unforeseen circumstances.

LaPoint began her career in Fargo, North Dakota at KVLY-TV & KXJB-TV. While in Fargo, she received the Certified Broadcast Meteorologist seal from the American Meteorological Society - the first TV meteorologist to receive this seal in the Fargo television market. The CBM seal, as it's known, is a newer, more rigorous certification. She carries this distinct certification with her to WMUR.

In 2013, LaPoint was elected to the American Meteorological Society (AMS) Board of Broadcast Meteorologists.



workcampNE is looking for eligible area homes needing repair or renovation!

workcampNE is a non profit 501(c)(3) organization running week long camps enabling up to 500 students and adult volunteers to work on approximately 60 homes of the elderly, handicapped or severely under-resourced each year. All work is done **free of charge** to the community and to the residents. Residents are chosen primarily on references from local social service agencies.

As long as there is a viable need and a safe, healthy working situation for student volunteers, workcampNE will consider working at the home. Residents **must be** the homeowner. Jobs include roofing, scraping/painting, deck repair, handicapped ramps, replacement windows and doors. Any work that is not structural, electrical or plumbing will be considered.

All work done is carefully supervised by volunteer contractors and experienced handymen. We are beginning to line up homes in the Laconia area that can benefit from this assistance, so please get in touch with us soon if you know of homeowners who might qualify. Any questions can be directed to **Kim Hamilton, Outreach Coordinator at 603/289-9339, kimhamilton1015@gmail.com.**

We hope to hear from you soon!

CITY OF LACONIA NOTICE SEASONAL 10 TON WEIGHT LIMIT



Effective March 1, 2018 at 6:00 am, trucks whose gross weight exceeds 10 tons are prohibited the use of all streets in the City except for State roads, the City's arterial routes and routes to industrial parks. A map of posted City streets can be found on the [City's website](#).

Trucks over 10 tons may still use roads with seasonal weight limits when issued a permit by the City's Department of Public Works. Permits are granted in two types of situations:

Blanket authorizations for:

Contractors providing City services such as solid waste and recycling collection
Private emergency services such as cleaning sanitary sewer lines
Heating fuel companies such as heating oil and propane

Blanket authorizations cannot be used for any other use except that authorized on the permit.

One-Time permits are typically used for deliveries and collections such as:

Building supplies, construction equipment, household goods, furniture
Roll-off solid waste containers
Automobiles to dealerships

More detailed information and permit forms may be found on the [City of Laconia website](#),
www.laconianh.gov

Questions – please call the Laconia DPW Office at 528-6379

Remember to put out your recycling the week of March 5th!

Thank you for recycling!

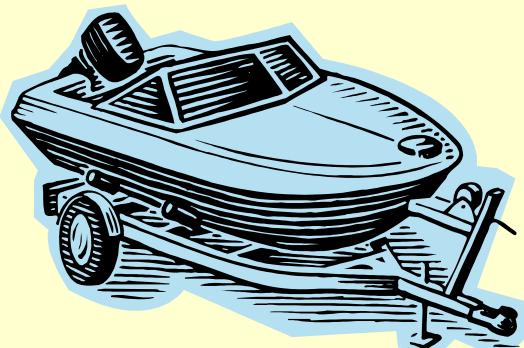


News From the City Clerk's Office

Did you know you can process your boat and/or jet ski registration at the same time as you conduct other business at City Hall? It's easy and convenient!

Just bring in your photo identification and prior year's registration (if you have it) and we can get the paperwork out of the way so you will be ready to head to the lake! No waiting for your registration to be mailed back to you! Get it done early and conveniently at the City Clerk's Office. We are open Monday through Friday from 8:30 a.m. to 4:30 p.m.

It's Time to Get Your 2018 Boat and Jet Ski Registration!



Questions? Please call the City Clerk's Office at 527-1265. Please make checks payable to [City of Laconia](#). In accordance with RSA 270-E:5, II (c) an additional \$6 will be collected for each registration processed as an authorized agent .

Dogs are due to be licensed by April 30, 2018!

Failure to register by April 30th is a violation of RSA 466:13 and subject to a Civil Forfeiture of no less than \$25 in fines and court fees plus any late fees. Please come into the City Clerk's Office, or use our convenient on-line service ([click here](#)).

Fees are as follows for licensing:

Altered dog (or puppy under 7 mos. old)	\$6.50	Late charge per month as of June 1	\$1.00
Unaltered dog	\$9.00	Civil fine for failure to register by 4/30	\$25.00
Senior (1st dog for owners over 65)	\$2.00		
Replacement tag	\$1.00		



Questions? Call the Clerk's Office at 527-1265



A Medication Collection and Disposal Box is located in the lobby of the Laconia Police Department for your convenience in disposing of old or unused prescription drugs in a safe manner. Open 24 hrs/day, 7 days/wk. The collection box is accessible 24 hrs a day, 7 days a week!



LRGHealthcare is celebrating National Nutrition Month

NATIONAL NUTRITION MONTH EVENTS!

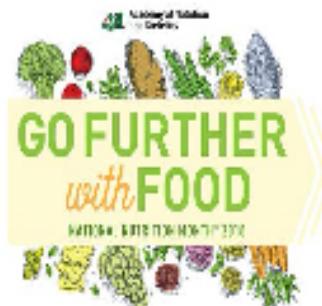
What to look for outside our cafeterias:

TASTE TEST THURSDAY!

- March 1, 11:30 a.m. - 1:00 p.m. & 5:00 p.m. - 6:00 p.m. at LRGH
- March 8, 11:30 a.m. - 1:00 p.m. at FRH

MEET & MINGLE

- March 8, 11:30 a.m.- 12:30 p.m. at FRH
- March 15, 11:30-12:30pm at LRGH
- Meet and mingle with our registered dietitians at both campuses and learn about hot nutrition topics



COOKING DEMONSTRATIONS

- March 15, 11:30 a.m. - 12:30 p.m. at FRH
Join chef Carol Raymond and dietitian Chris Rueffert for a cooking demo
- March 22, 11:30 - 12:30 p.m. at LRGH
Join chef Sylvia Rivers and dietitian Chris Rueffert for a cooking demo

LEARN ABOUT THE WEIGHT INSTITUTE OF NH

- March 22, 11:30 a.m. - 1:00 p.m. at FRH
- March 29, 12:00 p.m. - 1:00 p.m. at LRGH
Visit Elizabeth White and learn about what the Weight Institute of NH has to offer



Weight Institute of New Hampshire PROGRAM OFFERINGS

WEEKLY WEIGHT-IN

After meeting with a Registered Dietitian to design an individualized meal plan, participants attend weekly weigh-ins and nutrition sessions.

Monday's, 3:45 - 4:45 pm, LRGH

OPTIFAST PROGRAM

An 18 week medically supervised, calorie restricted meal replacement program. You can opt for either a partial or full meal replacement program. Over the 18 weeks, one will transition to self-prepared 'everyday' meals and receive nutrition education and support. Average weight loss is 50lbs.

TASTE TEST THURSDAYS

Try a different "super food" every month; samples, recipes and fact sheets provided-FREE LRGH-the first Thursday of every month 12-1:30 pm FRH-the second Thursday of every month 12-1:30 pm

NON-SURGICAL WEIGHT LOSS OPTIONS-

INFO SESSIONS

Days and times vary, LRGH, FREE

INDIVIDUAL NUTRITION COUNSELING

One-on-one meetings with a registered dietitian to set specific goals & create a personalized meal plan.

BARIATRIC SURGERY INFO SESSIONS

2nd Tuesday of the month, LRGH, FREE

BARIATRIC SUPPORT GROUP

3rd Thursday of the month, 6:00-7:00 pm, LRGH, FREE

EASY COOKING CLASSES AT THE HUOT TECHNICAL CENTER

Enjoy three cooking classes designed to teach you how to construct a simple and well-balanced meal. Cost: \$15 for all three classes

For more information or to register call 527-2946

LRGHealthcare
care. compassion. community.

LRGHealthcare's mission is to provide quality, compassionate care and to strengthen the well-being of our community.



SOFTBALL SIGN-UPS & WINTER CLINICS!

It's time to register for Lakes Region Girls' Softball's 8th season! LRGS has partnered with USA Softball of NH in 2018. In doing so, we are now able to accept players ages 4 to 18 from all over NH – no residency restrictions! A copy of the player's birth certificate is required for new players.

DIVISION / AGE REQUIREMENTS / REGISTRATION FEE				
Rookie (6U)	Farm (8U)	Minors (10U)	Majors (12U)	Seniors
League age 4-5	League age 6-8	League age 8**-10	League age 10**-12	League age 13-18
\$35 per player	\$45 per player	\$55 per player	\$65 per player	\$75 per player
Family discount available!				

*League age 8, 10 & 12 year olds interested in playing in an older division must try-out for the older division. If player is not chosen for an older division team, they will play in their age-appropriate division.

Visit www.lakesregiongirlsoftball.com to register online or to download the registration form. You can also register in person at any of our winter warm-up clinics. For more information, like us on Facebook (LRGSNH).

Speaking of winter warm-up clinics - LRGS will once again host free winter warm-up clinics on Sundays. Clinics will be held at Laconia Middle School and will focus on hitting, fielding and throwing.

1pm-2:15pm: 4 year olds – 8 year olds
2:15pm-3:30pm: 8 year olds – 12 year olds

USA SOFTBALL™
of New Hampshire



Did you know you can easily submit requests or items of concern to the City from any desktop computer or mobile device? Our website offers you the opportunity to report problems or issues on a timely basis and allows us to respond to you more quickly. Your submission will get immediately routed to the correct person or department and will be tracked until resolution, allowing easy and simple two-way communication between residents and their local government.

Just click on the image of our website homepage above to bring you to the "Citizen Request Tracker" page. Questions? Call the City Manager's Office at 527-1270.

From the Planning Department:

How would you like to help your fellow Laconia citizens? With just a few hours of your time each month you can make a difference and fill an important service. The city currently has an urgent need for people to serve on the Planning Board or the Zoning Board of Adjustment. We need both a regular member and two alternates for the Planning Board and two alternates for the Zoning Board of Adjustment. Usually there is one meeting a month, scheduled in the early evening, that lasts one to three hours (normally).

Alternate members fill in at meetings for regular members that can't make that meeting or for some other reason can't sit on a particular application. Being an alternate member is a great way to learn how the board functions and many times leads to becoming a regular member, if desired. No experience is needed as we will train you. All you need is a willingness to learn and be fair and open minded.

The Planning Board hears applications for a variety of items concerning land use and new development and also forms the city's Master Plan. The Zoning Board of Adjustment is responsible for granting relief to zoning regulations and granting special exceptions. The Planning Board usually meets the first Tuesday of each month with the Zoning Board meets the third Monday of each month.

Any questions about either of these boards can be directed to the Planning Department at 527-1264. Ask for Director Dean Trefethen or Assistant Director Brandee Loughlin.

*We hope to be hearing
from you soon!*



Laconia School District
&
Laconia Police Department

Community Conversation

Join the conversation on
School Climate & Safety

Wednesday, March 7th
Laconia High School Auditorium at 7pm

This is a great opportunity to learn more & ask questions!



LRSO LAKES
REGION SYMPHONY
ORCHESTRA
Benjamin Greene, Conductor

An Evening at the Ballet

TCHAIKOVSKY
OVERTURE TO SWAN LAKE
WALTZ OF THE FLOWERS
SLEEPING BEAUTY WALTZ
GLIERE
RUSSIAN SAILORS DANCE
STRAVINSKY
BERCEUSE AND FINALE FROM FIREBIRD
COPLAND
APPALACHIAN SPRING
SAINT-SAENS
VIOLIN CONCERTO NO. 3
FEATURING DANILO THURBER
LRSO CONCERTO COMPETITION
CO-WINNER

SATURDAY MARCH 24, 2018

7:30PM

**INTER-LAKES AUDITORIUM
MEREDITH, NH**

TICKETS

**\$20 Adults - \$10 Students
Meredith - Innisfree Bookshop
Laconia - Greenlaw's Music
Phone - 800-838-3006**

online

www.LRSO.org/TICKETS

Sponsored by The Robert T. Smith Family Trust



Don't forget !
ServiceLink
Resource Center
(1-866-634-9412 or
528-6945)....it's the first
number to call for
senior services.

Commodity Supplemental Food Program

To make an appointment call toll free: 1-800-578-2050 or 225-2050. Please have proof of income, address and identification ready. You can also make an appointment to pick up your commodity food - just ask for your local pickup station when you call. Sponsored by the Community Action Programs, Belknap-Merrimack Counties, Inc.

*Laconia Senior Center is located at
17 Church Street in Laconia.
Questions? Call 524-7689*

*We hope you have enjoyed this
Edition of Laconia Links*

*We welcome your input, comments
and suggestions!*

Feel free to contact us at the
City Manager's office, 527-1270,
or by e-mail at info@laconianh.gov

Have a great weekend!



Scott Myers,
City Manager
City's Website:
www.laconianh.gov



CITY OF LACONIA PHONE DIRECTORY

Airport	524-5003
Airport Manager: Marv Everson	
Assessing	527-1268
Assessor - Deb Derrick	
City Clerk.....	527-1265
City Clerk - Cheryl Hebert	
City Manager.....	527-1270
City Manager - Scott Myers	
Code Enforcement.....	527-1293
Planning & Zoning Dir. - Dean Trefethen	
Conservation	527-1264
Conservation Technician - Evan Rathburn	
Finance	524-3877
Finance Director - Donna Woodaman	
Licensing	528-6331
Licensing - Lindsey Allen	
Planning & Comm. Dev.	527-1264
Planning & Zoning Dir. - Dean Trefethen	
Tax	527-1269
Tax Collector - Lindsey Allen	
Fire Dept. (Central Station)	524-6881
Fire Dept. (Weirs Station)	366-2229
Fire Chief - Ken Erickson	
Library	524-4775
Library Director - Randy Brough	
Parks & Recreation.....	524-5046
Parks & Rec. Director - Kevin Dunleavy	
Personnel	524-3877
Personnel Administrator - Paula Baumel	
Police (Administration)	524-5257
Police (Crime Line)	524-1717
Police Chief - Matthew Canfield	
Public Works (Main Office)	528-6379
Public Works (Transfer Station)	528-5822
Public Works Director - Wes Anderson	
Water.....	524-0901
Superintendent - Seth Nuttelman	
Welfare.....	527-1267
Welfare Specialist - Gail Denio	
Welfare Director - Donna Woodaman	
City Council Contact Info:	
Mayor Edward Engler	630-4484
Bruce Cheney (Ward 1).....	528-7667
David Bownes (Ward 2)	524-4330
Henry Lipman (Ward 3)	528-0191
Mark Haynes (Ward 4)	524-3605
Robert Hamel (Ward 5)	524-6360
Armand Bolduc (Ward 6)	524-2514
E-mail: citycouncil@laconianh.gov	

Visit the City's website at:
www.laconianh.gov