



## Laconia Links

*January 5, 2018 - Edition #320*



*All directions lead to winter fun in the Lakes Region!  
(Photo compliments of W. Stephen Loughlin)*

### News

### From the Laconia Water Department

### Prevention is Better than Reaction!



If the temperature inside a house gets below 32 degrees Fahrenheit (0 degree Celsius) it's likely that the water supply pipes and the drain traps will freeze. When water freezes it expands 9 percent, and if there is no room for expansion it's possible that the pipe will develop a crack and eventually leak once the ice thaws out. Fixing a burst pipe can be expensive, but the damage from uncontrolled water leakage can easily reach into the thousands of dollars.

The majority of the calls received for frozen water pipes and water meters are a result of inadequate heating and cold air drafts where piping is located in the home. It is recommended that property owners check their property for these conditions and identify the location of their water meter and shutoff valve before an emergency.

**Welcome to Laconia Links** a weekly email newsletter update devoted to keeping you informed of City of Laconia department news, City projects, useful links, activities and events!

Look for a new edition of the newsletter each Friday. If you have already signed up to be on our distribution list to receive your newsletter by e-mail, thank you for your interest! If you would like to be added to our e-mail list (or to unsubscribe), please click [here](#).

As always, we welcome your ideas and comments as to what you would like to see included in future issues. Just give us a call in the City Manager's office at 527-1270, or contact us by e-mail at [info@laconianh.gov](mailto:info@laconianh.gov)

*We look forward to keeping you up to date on our beautiful City!*



**If for any reason you cannot stop the flow of water from a frozen or broken pipe, call the Water Department's 24-hour emergency number at 524-0907.**

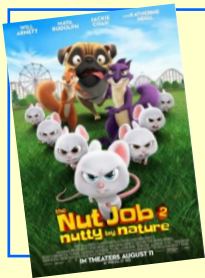
**Please click [here](#) for the Water Dept. website!**

## **Laconia Public Library** **Upcoming Events.....**



**'Tween Black Light  
Painting Party!**  
**Tuesday, Jan. 9**  
**3:30–5:00 pm**  
**Laconia Rotary Hall**

'Twins, this one is for you! We'll be painting all kinds of things, but if you'd like to bring a t-shirt, we can paint that too! For ages 10-12.



**Movies & More for Kids: The Nut Job 2: Nutty by Nature**  
**Friday, January 12, 3:45 pm, Laconia Rotary Hall**

Following the events of the first film, Surly and his friends must stop Oakton City's mayor from destroying their home to make way for a dysfunctional amusement park. Rated PG, 91 minutes. Children under 10 must be accompanied by a responsible caregiver 14 or older; all adults must be with a child.

**Teen Movie: Warcraft:  
The Beginning**  
**Wednesday, Jan. 10**  
**3:00-5:30 pm**  
**Laconia Rotary Hall**



As an Orc horde invades the planet Azeroth using a magic portal, a few human heroes and dissenting Orcs must attempt to stop the true evil behind this war. Rated PG-13, 123 minutes. This event is open to teens, no registration required.

# Upcoming Meetings...

Keeping the public updated and aware of what's going on in our community and receiving residents' feedback is an important goal of the City Council. Check each week's issue of *Laconia Links* for a schedule of the upcoming week's meetings. As agendas become available, they will be posted to the City's website.

You can also contact any of the City's departments for more information on a meeting or to obtain a printed copy of the agenda. Meetings are open to the public. You are invited and encouraged to attend and provide input.

Follow this [link](#) to the "Calendar" page of the City of Laconia's website. Please check the "Calendar" page often for updated information and changes.

***Become involved in  
your City and make a  
difference!***

### **Water Commission**

January 11, 2018, 8:00 am  
117 Stark Street, Water  
Treatment Facility  
Conference Room  
[Agenda](#)



**Meeting  
in  
Progress**

***Please see below for meetings  
scheduled for the week of  
January 8 - 12, 2018:***

### **City Council Inauguration**

January 8, 2018, 7:00 pm  
Belknap Mill, 3rd Floor  
[Agenda](#)

### **Planning Board**

January 9, 2018, 6:30 pm  
City Hall, Room 200A  
[Agenda](#)

### **Technical Review Comm.**

January 10, 2018, 10 am  
City Hall, Room 200A

### **Heritage Commission**

January 10, 2018, 5:00 pm  
City Hall, Room 200A



Need help getting rid of that Christmas Tree  
now that the holidays are over?

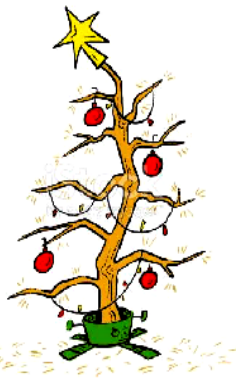
**Imperial Hauling, LLC** is offering a Christmas tree pickup service to Laconia residents, with proceeds benefitting Lakes Region Community Services Foundation. There is no set fee for this service, affording everyone the opportunity to pay what they choose.

Just leave your tree outside of your house (not at the curb) and provide your address to Imperial by calling or emailing:

**603-832-3451, or  
info@imperial.com**

Pickups will take place through the end of January. An addressed envelope will be left at your door to send in payment.

*Imperial is a family-run hauling operation based out of Laconia, offering home clean outs and 10-15 yard open top dumpsters to homeowners and contractors in the Lakes Region.*



*Since 1975, Lakes Region Community Services has been an essential community partner supporting individuals and families living with developmental disabilities or acquired brain disorders and providing community-wide family supports to enhance quality of life from birth through the lifespan. LRCS serves the residents of Belknap and southern Grafton counties.*

**Lakes Region Community Services  
FOUNDATION**  
*Invest in the Future*

## LACONIA WATER DEPT. METER MAINTENANCE PROGRAM



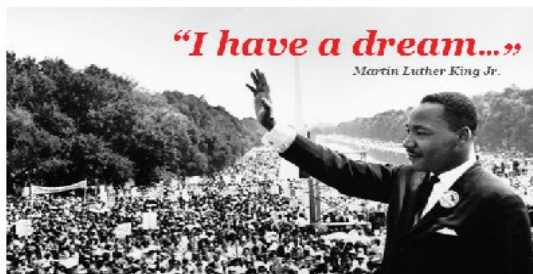
Meters are changed periodically to comply with the Public Utilities Commission's Rules and Regulations, the American Water Works Association and in accordance with the Laconia Water Works' Tariff. The Water Department has an annual

program that replaces meters and **there is no cost to the property owner.** Our goal is to change out 600 meters over the next two months.

The Water Department will contact those property owners whose water meters are to be changed. We are in the process of sending letters and making phone calls to schedule appointments. This process takes approximately 15-20 minutes.

For your convenience Saturday morning appointments are available.

Thank you for your cooperation. If you have any questions, please do not hesitate to contact us at (603) 524-0901.



**"I have a dream..."**  
*Martin Luther King Jr.*

**JOIN US  
13th Annual Celebration  
of  
Rev. Martin Luther King, jr.**

featuring the film  
*Shadows Fall North*  
presented by  
JerriAnne Boggis  
*Director of Black Heritage Trail of New Hampshire*

**SUNDAY, JANUARY 14<sup>TH</sup> 2:00PM ~ 5:30PM  
BEANE CENTER  
35 BLUEBERRY LN.  
PLEASE BRING A DESSERT IF ABLE**

sponsored by Laconia Human Relations Committee



## CENTRAL NEW HAMPSHIRE SKATING ACADEMY

COME JOIN THE FUN

Lessons Start

**JANUARY 12, 2018**

### LEARN TO SKATE & SKILLS DEVELOPMENT

Beginner to Level 8

Ages 3 to Adult

**LESSONS FRIDAY  
5:45 PM-6:30 PM**

### GROUP POWER EDGE & FREESTYLE SKILLS

**FREESTYLE 1 & UP**

**LESSONS FRIDAY  
5:00 PM-5:45 PM**

**OFF ICE TRAINING  
STARTS AT 4:15**

### CENTRAL NEW HAMPSHIRE SKATING ACADEMY

**MERRILL FAY ARENA  
468 Province Road  
Laconia, NH 03246**

cnhskatingacademy.org

*New 2018 City Hall  
Holiday and  
City Council Meeting  
Calendars!*

For your convenience, our 2018 City Office Holiday Closing Calendar can be accessed by clicking [here](#).

And please mark your calendars with the dates of [City Council meetings](#) in 2018! As always, we appreciate public input and invite you to attend any of our meetings. The meetings are also televised and available for viewing for Laconia Metrocast subscribers on Channel 26.

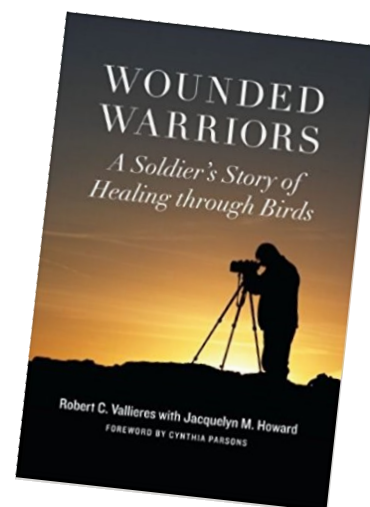


*Wounded Warriors - Self Healing  
from Invisible Wounds*

Robert Vallieres struggled to find his “new normal” when he returned home after serving in the military. An accident in Kuwait left him suffering constant pain from traumatic brain injury and internal injuries.

Wounded Warriors is Vallieres’ story of self-healing from crippling “invisible” wounds. He’ll bring his story in two separate sessions at Taylor Community: Wednesday, Jan. 9 at 2:30 p.m. in the Ledgerview Building’s Lake Room and Tuesday, Jan. 16 at 2:30 p.m. in Taylor Home. Both events are free and open to the public.

After clinics, painkillers and behavior modification pills did nothing to ease his pain, hope seemed to vanish. Then a local newspaper ad caught Vallieres’ eye—a bird-watching trip to see raptors in the New Hampshire mountains. Emily Dickinson’s poem sprang to mind. It reads: “Hope is the thing with feathers that perches in the soul, and sings the tune - without the words and never stops at all.”



*Symphony Nova in Concert at Taylor Community January 14*



Taylor Community’s 2018 Concert Series kicks off with a performance by Symphony Nova. This free event is scheduled for Sunday, Jan. 14 at 3 p.m. in Taylor’s Woodside Building and is open to the public.

The string quartet consists of Janny Joo and Zenas Hsu, violin; Maureen Heflinger, viola and Timothy Paek, cello. Musical selections include pieces by Mendelssohn and Shostakovich.

Symphony Nova creates opportunities for talented music school graduates to present fine concerts, develop professionally and serve the Boston community. Music Director Lawrence Isaacson is a vibrant presence in the classical music world. He is well known for inspiring audiences with exciting, interactive and creative concerts, helping them to discover the classical tradition’s depth, beauty and relevance today.





**Café Déjà Vu**  
**Pub Mania Team**



# Is Hosting Weekly **CRIBBAGE** **TOURNAMENTS**



To Benefit:



**At Patrick's Pub & Eatery**  
**Wednesday Nights at 7pm**  
**Sept. 13<sup>th</sup> thru May 30<sup>th</sup>**  
**Come as many weeks as you want!**

**\$10.00pp - Play 5 games 1 on 1**

**Cash Prizes for total high scores**  
(Prizes awarded based on number of entries)

**Friendly Games – No muggings/cut throat**  
**For more info call (603) 998-1418**



## **Lake's Region Creative Aging Center** **17 Church Street, Laconia**

is offering exciting new opportunities in  
Landscape Painting with local artist Larry Frates.

- ★ Friday, January 19th, 10:00am—12:00pm: Learn to paint the beautiful landscape featured above.
- ★ Friday, January 26th, 10:00am—12:00pm: Learn to paint a second beautiful landscape (to be chosen).

*\$20.00 for each class or register for both classes  
by January 16th and pay only \$30!*

Price includes instruction and all the supplies needed to  
create a beautiful landscape in each class.



For more information and to reserve your spot,  
please call Linda Howard at (603) 273-0125  
or [lhoward@bm-cap.org](mailto:lhoward@bm-cap.org)



## **SPECIAL STATE PRIMARY ELECTION**

There will be a Special State Primary Election held Jan. 9, 2018 for State Representative for Belknap County District No. 3. All polling locations will be open from 7am-7pm.

The candidates will be Les A. Cartier and William Henry Davies, both Republicans, and Philip Spagnuolo, Jr., Democrat. All parties will be able to vote. Absentee Ballots are now available in the Clerk's Office. For questions or additional information, please call the City Clerk's Office at 527-1265.



## **The Winter Parking Ban is in effect!**

**The Winter Parking Ban is now in effect until  
May 1st. The ban prohibits parking on a public  
street between 12 midnight and 6 am.**

**Thanks for your cooperation!**  
**Please drive safely this winter**



**Remember to put  
out your recycling  
the week of  
January 8th!**



**Thank you for recycling!**



# ***Laconia Fire Department***

## ***Winter Safety***

Link to Fire  
Dept.'s  
Website [here](#)

The City of Laconia shares an emergency shelter with the neighboring towns of Gilford, Belmont, and Meredith. The site for the shelter is the Memorial Middle School. Over the past 10 years we have opened the shelter on several occasions due to significant storms.

Opening a shelter is not an easy task, nor a simple decision. We first urge people to seek sheltering with family and friends, or possibly stay at a nearby motel or hotel. When the decision to open a shelter is made we notify the State Division of Emergency Management. It is also posted on WMUR and local Facebook pages. Therein lies the problem: we normally open a shelter because of power loss and subsequent loss of heat. By the time we decide to open the shelter, the people who may need it no longer have access to television or the internet.



If a shelter is opened, it is usually for a short period of time. Most people will come to the shelter to warm up, use the facilities, charge a phone, etc. Very few stay overnight. The Community Emergency Response Team helps us provide people to staff and operate the shelter. These are local people who have volunteered to be trained to run a shelter. We try to place these volunteers in the shelter in 12-hour blocks. The shelter also requires security, some level of medical care, and people from the School to maintain the facility and possibly cook food. As you can see, it is not an easy process.

In the event of a major storm if you lose power for a long period of time and need assistance, the best thing you can do is call your local police or fire station. Leave your name and contact number and Your address. We will track the number of people calling for assistance and will make a decision whether or not to open the shelter. If we have available resources we will try to check on you and your family. Another component of opening a shelter is getting people to it. This may require that we get buses to move people from the area towns to the shelter.

If you have neighbors, or know of elderly who are on their own, please take a moment to check in on them. Stop by to say hello and ask if they are okay. If you think they may need help call us.

If you go to a shelter you must bring along certain items:

Medications, medical equipment (such as portable oxygen and wheelchairs), any special dietary needs, identification, toiletries, blankets or sleeping bag, pillow, toys for children, books to read, and games. If you have very young children or infants you must bring cribs, formula, diapers, etc. We may be able to accommodate pets. This depends on how many volunteers are available because pets need to be isolated from the public. Do not bring any weapons, alcohol or drugs. We will make attempts to feed you, however, the food choices will be very limited. Generally speaking, food only becomes an issue if the shelter is opened for more than 8 hours.

For questions or additional information, please contact the Fire Department at 524-6881.



**The New Lakes Region  
Creative Aging Resource Center**  
17 Church Street, Laconia  
will be offering some exciting new classes:

**Intro to Native American Style Flute:** Monday, Jan. 22nd at 11:30am. FREE 30-minute intro to the upcoming course which starts in February. You will:

- ◆ Learn the difference between a Native American Flute and a Native American Style Flute
- ◆ Listen to a live performance
- ◆ View course materials and try out the flute for the course



See first-hand what the course will be about and gauge your interest! There is no charge for this introduction. If you like the intro, the actual flute class will be held on Tuesdays starting February 6th-- class details are below.

**Drumming for the Health of it:** Starting Tuesday, Jan. 23rd, 1:30- 1:45pm. Workshops will be held on the 4th Tuesday of each month. In each session, you will:

- ◆ Experiment with different percussion instruments
- ◆ Help to de-stress while you enjoy group camaraderie



No musical experience or instrument required! Feel free to bring a percussion instrument if you have it (drum, rattle, maracas). If not, instruments will be provided. Together, we will have fun exploring the many health benefits of group drumming. Fee: \$7/ session.

**Learn the Native American Style Flute:** Tues., Feb., 6th- March 13th, 11:00am- 12:00pm  
This is a six-week course in which you will:

- ◆ Learn to read music and to play "from the heart" without music
- ◆ Acquire the ability to play a respectable solo at the end of the class

If you have your own A-minor native flute, feel free to use it. If not, you will be directed to an Amazon link in order to purchase a reasonably-priced flute, along with the course book. No prior music experience is necessary \$90/ for the 6 week session. Not sure? Try the free intro Jan.22nd.

**CALL LINDA HOWARD AT (603) 273-0125 FOR MORE INFORMATION  
OR TO RESERVE YOUR SPOTS!!!**

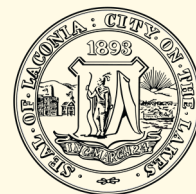
**Residents of Laconia**  
*You are cordially invited to the  
Inauguration of Mayor Edward J. Engler*

**Councilors**

<u><b>Ward 1</b></u>	<u><b>Ward 4</b></u>
<b>Bruce Cheney</b>	<b>Mark Haynes</b>
<u><b>Ward 2</b></u>	<u><b>Ward 5</b></u>
<b>David Bownes</b>	<b>Robert Hamel</b>
<u><b>Ward 3</b></u>	<u><b>Ward 6</b></u>
<b>Henry Lipman</b>	<b>Armand Bolduc</b>

**Monday, January 8, 2018, 7:00 p.m.**  
**Belknap Mill - 3rd Floor**  
**Laconia, New Hampshire**

*This is an opportunity to  
meet and welcome  
incoming Councilors and  
thank outgoing Councilors  
for their service.*



**Light refreshments will be served.**

**UP  
STAND LACONIA**



Join us for a **FREE** community discussion on the struggles of mental illness and why we need to change directions...

**INFORMATION**

Date - January 25th, 2017  
(Snow Date - February 1st)

Time - 5:30 to 7pm

Location: Huot Technical Center  
next to LHS

Light Refreshments Provided

Certificates of Attendance Given

**Learn the 5 Signs that Someone  
is Struggling...**

**COMMUNITY RESOURCES**

Alanon, Celebrate Recovery,  
Greater Tilton Area Family  
Resource Center, Navigating  
Recovery of the Lakes Region, New  
Beginnings, Lakes Region Mental  
Health Center, The Family Resource  
Center of Central NH and Smart  
Recovery

FOR MORE INFORMATION PLEASE  
CONTACT -

Clare Persson - SUL Coalition  
Director

Email: [perssonclare@gmail.com](mailto:perssonclare@gmail.com)

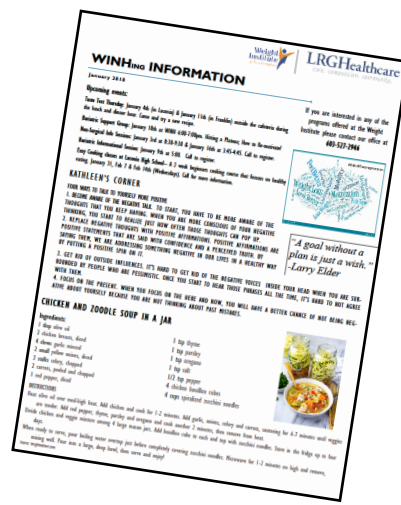
Phone: 603-387-4270

Judge Broderick was Chief Justice of the New Hampshire Supreme for seven years and served on the court from 1995-2010. During his time on the court his family faced firsthand the effects of mental illness very publicly and they learned to heal. He is now the co-chair of Change Direction, a national mental health awareness campaign dedicated to improving understanding and awareness of mental illness.

**LRGHealthcare**  
care. compassion. community.

**Weight  
Institute**  
of New Hampshire

Be sure to check out the January issue of the Weight Institute of New Hampshire newsletter! It's jam packed with helpful information and delicious recipes to help you on your weight loss journey.



**Just click on the image (above)  
to read all about it!**

## **Disposal of Christmas Trees**

### **IMPORTANT NOTICE**



In an effort to more efficiently and effectively utilize DPW personnel and equipment time, **Christmas Trees are NO longer picked up curbside by Laconia DPW** in the weeks immediately following the holidays. Laconia residents can transport and drop-off their tree(s) at the following locations for ultimate disposal by DPW:

1. Laconia Transfer Station, 385 Meredith Center Road. Monday thru Friday from 7:30 am to 3:30 pm and Saturdays from 8:00 am to Noon. Place trees in the specifically marked/designated area ONLY. PLEASE PULL ON SCALES FIRST!
2. Memorial Park Softball Field off Pearl St. (on Memorial Park Drive). Place trees in the specifically marked/designated area ONLY.

Please call Ann, Department of Public Works with any questions, 528-6379, Ext.300.

# **NOW OPEN!**

### **LACONIA SLEDDING HILL**

LOCATED AT THE END OF SOUTH STREET

HOURS 8:00AM - 10:00PM

FREE! PLEASE FOLLOW THE POSTED  
RULES FOR SAFETY

CONDITIONS PERMITTING.

LIGHTS WILL BE ON FROM 4:00 - 10:00PM

ONLY IF CONDITIONS ARE GOOD AND SAFE.

### **ICE SKATING**

**Available at: Memorial Park and  
at Opechee Park!!!**

**12:00pm - 10:00pm FREE!**

**Lights from 4:00 - 10:00pm**

**Lights will be out if conditions are  
poor.**



### ***Set your intention for 2018***

What is your word? Join Fusion on Wednesday, January 10th at Wayfarer Coffee Roasters for a morning networking event and set your intention for 2018! The event runs 7:30 a.m. to 9:00 a.m., just in time for that first (or second) cup of coffee.

Choose one word that is meaningful to you - something that inspires you, reminds you of your dreams, defines your strengths, or motivates you to reach your goals this year. We will then create for you your very own personalized washer bracelet with your word. A suggested donation of \$5 is appreciated. The event is free and open to the public. For more information on this event please visit Fusion's website ([fusionnh.org/events](http://fusionnh.org/events)).

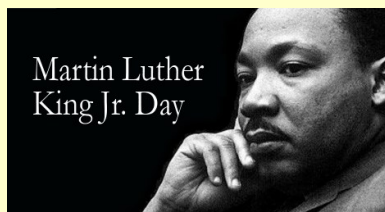


Fusion, the Lakes Region Young Professionals Network, is focused on developing relationships and giving back to the community. Fusion NH is focused on developing future leaders, encouraging civic involvement and contributing positively in the communities we serve. Fusion is located in Laconia (PO Box 6503, Laconia, NH 03247). For more information about what Fusion can do to support your business or organization, and how to get involved, please contact us via email at [FusionNH603@gmail.com](mailto:FusionNH603@gmail.com) or visit [FusionNH.org](http://FusionNH.org).





Don't forget !  
ServiceLink  
Resource Center  
(1-866-634-9412 or  
528-6945).....it's the first  
number to call for  
senior services.



**Martin Luther  
King Jr. Day  
Celebration**

Please join us at the Senior Center on Thursday,  
January 11 at 10:30 am for a day of reflection as  
we celebrate the legacy of the late Dr. Martin  
Luther King, Jr. and what would have been  
his 89th birthday.

*Laconia Senior Center is located at  
17 Church Street in Laconia.  
Questions? Call 524-7689*

*We hope you have enjoyed this  
Edition of Laconia Links*

*We welcome your input, comments  
and suggestions!*

Feel free to contact us at the  
City Manager's office, 527-1270,  
or by e-mail at [info@laconianh.gov](mailto:info@laconianh.gov)

*Have a great weekend!*



Scott Myers,  
City Manager  
City's Website:  
[www.laconianh.gov](http://www.laconianh.gov)



## CITY OF LACONIA PHONE DIRECTORY

Airport .....	524-5003
Airport Manager: Marv Everson	
Assessing .....	527-1268
Assessor - Deb Derrick	
City Clerk.....	527-1265
City Clerk - Cheryl Hebert	
City Manager.....	527-1270
City Manager - Scott Myers	
Code Enforcement.....	527-1293
Planning & Zoning Dir. - Dean Trefethen	
Conservation .....	527-1264
Conservation Technician - Evan Rathburn	
Finance .....	524-3877
Finance Director - Donna Woodaman	
Licensing .....	528-6331
Licensing Clerk	
Planning & Comm. Dev. ....	527-1264
Planning & Zoning Dir. - Dean Trefethen	
Tax .....	527-1269
Tax Collector - Lindsey Allen	
Fire Dept. (Central Station) ....	524-6881
Fire Dept. (Weirs Station) .....	366-2229
Fire Chief - Ken Erickson	
Library .....	524-4775
Library Director - Randy Brough	
Parks & Recreation.....	524-5046
Parks & Rec. Director - Kevin Dunleavy	
Personnel .....	524-3877
Personnel Administrator - Paula Baumoe	
Police (Administration) .....	524-5257
Police (Crime Line) .....	524-1717
Police Chief - Matthew Canfield	
Public Works (Main Office) .....	528-6379
Public Works (Transfer Station) ..	528-5822
Public Works Director - Wes Anderson	
Water.....	524-0901
Superintendent - Seth Nuttelman	
Welfare.....	527-1267
Welfare Specialist - Gail Denio	
Welfare Director - Donna Woodaman	

### City Council Contact Info:

Mayor Edward Engler .....	630-4484
Ava Doyle (Ward 1) .....	393-6533
David Bownes (Ward 2) .....	524-4330
Henry Lipman (Ward 3) .....	528-0191
Brenda Baer (Ward 4) .....	524-6349
Robert Hamel (Ward 5) .....	524-6360
Armand Bolduc (Ward 6) .....	524-2514

E-mail: [citycouncil@laconianh.gov](mailto:citycouncil@laconianh.gov)

Visit the City's website at:  
[www.laconianh.gov](http://www.laconianh.gov)