



Laconia Links

May 5, 2017- Edition #286



Be sure to watch WMUR's Chronicle on Friday, 5/5 at 7 pm—"The Renovation of the Winnipesaukee Pier" (click above image)

Recycling Update

Two Week Total - April 10, 2017 - April 21, 2017

Fiscal YTD Recyclables		Savings to Taxpayers Fiscal YTD *		Lost Opportunity Dollars	
Collected = 1183.28		(@ \$150/ton) = \$177,492.00		Fiscal YTD = \$48,339.00	
Route	Total Tons	Total Tons	Percent	Tonnage Required	2 Week Lost
Route	Collected	Recyclables	Recycled	to Reach 30%	Savings By Not
	(MSW + Recycling)			Target	Reaching Target
Remote Sites		29.26			
Monday	24.73	5.48	22.1%	7.42	\$291.00
Tuesday	42.91	10.79	25.1%	12.87	\$312.00
Wednesday	45.09	8.20	18.2%	13.53	\$799.50
Thursday	39.76	7.78	19.6%	11.93	\$622.50
Friday	38.97	7.64	19.6%	11.69	\$607.50
	Total = 191.46	Route Total = 39.89	Curbside Avg. = 20.4%	Total = 57.44	Total = \$2,632.50
*Fiscal Year to Date: 7/1/14 - present		Prior 2 Weeks = 22.6%	Recycling Saves \$\$		

Welcome to Laconia Links a weekly email newsletter update devoted to keeping you informed of City of Laconia department news, City projects, useful links, activities and events!

Look for a new edition of the newsletter each Friday. If you have already signed up to be on our distribution list to receive your newsletter by e-mail, thank you for your interest! If you would like to be added to our e-mail list (or to unsubscribe), please click [here](#).

As always, we welcome your ideas and comments as to what you would like to see included in future issues. Just give us a call in the City Manager's office at 527-1270, or contact us by e-mail at info@laconianh.gov

We look forward to keeping you up to date on our beautiful City!



What's Happening **Spring Leaf Pickup!**

The weeks of May 8th & May 22nd City Contractor will pick up an additional 10 bags of leaves & yard waste on your normal trash day. Must be in paper compost bags!

Call Ann at Department of Public Works, 528-6379, for details!

Laconia Public Library Upcoming Events....



"Is There Value in Your Old and Rare Books?"



May 11, 6:30 pm - Laconia Rotary Hall
Join Ken Gloss for a presentation of anecdotes and memories of books sought and found. He has appeared on the Antiques Roadshow and lectured all over New England. Ken will provide free appraisals of books following the presentation.

MAKE AND TAKE MOTHER'S DAY CARDS



Monday, May 8
3 - 7:30pm
Selig Storytime Room

Supplies provided. Free for children.



KIDS MOVIE SHOWING "DISNEY'S BEAUTY AND THE BEAST"

Friday, May 12

3:45pm

Laconia Rotary Hall

Rated G. 84 minutes.
Snacks are provided.

All children under 10 years old MUST be accompanied by an adult or caretaker age 14 or older, and all adults MUST be with a child.

Teen Craft: Button Making Tuesday, May 9 @ 3-4pm Laconia Rotary Hall



The Laconia Public Library is going to have the Badge-A-Minit button maker from the New Hampshire State Library. Come make some fun buttons to take home, wear, or attach to your bag. This program is free and open to teens.

Upcoming Meetings...

Keeping the public updated and aware of what's going on in our community and receiving residents' feedback is an important goal of the City Council. Check each week's issue of *Laconia Links* for a schedule of the upcoming week's meetings. As agendas become available, they will be posted to the City's website.

You can also contact any of the City's departments for more information on a meeting or to obtain a printed copy of the agenda. Meetings are open to the public. You are invited and encouraged to attend and provide input.

Follow this [link](#) to the "Calendar" page of the City of Laconia's website. Click on a specific meeting for more information.

Please check the "Calendar" page often for updated info and changes.

***Become involved in your City
and make a difference!***



Meeting
in
Progress

**Please see below for
meetings scheduled
for the week of
May 8 - May 12, 2017:**

City Council:

May 8, 2017, 7:00 pm
City Hall, Room 200A
[Agenda](#)

Technical Review Comm. I:

May 9, 2017, 10:00 am
City Hall, Room 200A

Water Commission:

May 11, 2017, 8:00 am
117 Stark St., Water Treatment Facility Conference Room

Laconia Pride

Laconia School District

Ensuring success with every student, every day, in every way

FRIDAY, MAY 5, 2017

5th Grade Promotion Night:

- ⇒ Elm Street School: June 13th at 5:30pm
- ⇒ Pleasant Street School: June 13th at 6pm
- ⇒ Woodland Heights School: June 14th at 6pm

Laconia Middle School's 8th Grade Promotion Night will be June 15th at 6pm.

Laconia High School's Senior Graduation will be June 9th at 6:30pm.



LMS Step Up Night

Date: Thursday, June 1st

Time: 5pm – 6:30

PARENT INFORMATIONAL MEETING & RECEPTION

in the

Laconia Middle School Library

AND

STUDENT STEP-UP DANCE

For Current 5, 6 & 7 Grade Students

in the multipurpose room

DANCE ADMISSION: \$3

REFRESHMENTS SOLD IN THE CAFÉ

Laconia Middle School's Project EXTRA Destination Imagination's Team Elements has reached their fundraising goal of \$9,000 to get them to Global Finals in Knoxville, Tennessee on May 23rd. They could not have reached their goal without help from our Lakes Region Community! Thank you, friends, family, community members and school staff members who donated, as well as the following businesses:

- Bank of New Hampshire
- Engraving Awards & Gifts
- Health First
- Irwin Automotive Group
- Laconia Kiwanis
- Lakes Region Gymnastics Academy
- Meredith Construction Corporation
- Meredith Village Savings Bank
- Northeast Tire Service

Team Elements members, Arianna Jones-Douthart, Dylan Couture, Emma Fabian, Mia Lynch, Rhea Ganchi, Sierra Johnson and Team Manager, Sonya Roberts and Program Coordinator, Lisa DuBois worked diligently to meet their goal and we could not be more proud!



OPECHEE DAY CAMP



CAMP INFORMATION

Open June 26th through August 25th, 2017

Weekly enrollment

Located at Opechee Park house

Residents ~ \$95.00 per week

Nonresidents ~ \$130.00 per week

Additional Children ~ less \$20.00 per week

Field trips an additional fee.

Camp hours are 7:30 ~5:15pm Mondays thru Fridays

State Assistance is no longer accepted.

Free breakfast and lunch provided daily by CAP.

Snacks are required.

Campers and parents must sign off on the handbook!

**Register
here!**

NEW!!!

SIGN UP AND PAY ONLINE!!

FIELD TRIPS

June 29 - Storyland	\$ 26.99
July 6 - Polar Caves	\$10.00
July 13 - Sunapee State Beach	\$0.00
July 20 - Gunstock	\$25.00
July 27 - Peanut Carnival!!!	\$ 0.00
August 3 - Krazy Kids	\$ 8.00
August 10- Smitty's	\$ 13.75
August 17 - Squam Lake Science	\$18.00
August 24 - End of Year Party	\$ 0.00



***...AND JUSTICE FOR ALL** This facility is operated in accordance with U.S. Department of Agriculture policy, which does not permit discrimination because of race, color, sex, age, disability, or national origin. More information may be obtained here or from the Office of Equal Opportunity, USDA, Washington D.C. 20250. Any person who believes that he or she has been discriminated against in any USDA-related activity should write immediately to the Secretary of Agriculture, Washington D.C. 20250.



MAY13TH 9:30-4 RELAX, RENEW & REJUVENATE DAY

Everyone is affected by some sort of stress, which can impact the mind, body and health. Please join us and take some time for yourself to breathe, laugh, and connect with others.

Presented by:



Purchase Tickets through Eventbrite at:
<https://www.eventbrite.com/e/relax-renew-rejuvenate-day-tickets-33549540579>

Sponsored by:



Where:
Inside Leavitt Park
Clubhouse
334 Elm Street Laconia NH

Presenters:

Clare Person
Introduction

Gina McGuire
Moving Beyond Hardship

Rick Hochsprung
Laughing Meditation

Emily Clement
Life coach / goal setting

Judy Cook
Nutritionist

Russ Jones
Tai Chi

Trish Weatherbee
Vision Boards

Carol Wallace
Om Circle

On site Chair Reiki and
massage

Lunch provided

Limited seating
\$20 advance / \$25 door
(Scholarships available)

Contact Clare
603.387.4270 or
personclare@gmail.com

JOIN US FOR THE 7TH ANNUAL!



SATURDAY, JUNE 10, PLYMOUTH, NH

100 Smith Bridge Road, Check-in 8AM/Start Time 9AM
Certified USA Track & Field Flat Course Professionally Timed

ONLINE REGISTRATION: g2racereg.webconnex.com/smiles5k2017

ENTRY: Before 6/10/17: \$20 Race Day: \$25

RACE SHIRTS: Register by May 10 for free Race Shirt! (Or purchase at race)

FOR MORE INFORMATION: Email: giving@lrcs.org Call: 603-524-8811
Visit website: lrcs.org

MILES for SMILES CHARITY 5K Run/Walk

Thank you
to our Race Sponsors
for their Generous Support!

Gold Crown:

Finn & Finn, Beautiful Smiles

Hiller Orthodontics

Silver Sponsors:

Children's Dentistry of the Lakes Region

Northeast Delta Dental

Interlakes Family Dental Center

Region III Family Support Council

Mid-State Health Center, Plymouth

Well Sense Health Plan

New Hampshire Healthy Families

X-Ray Sponsors:

Lakes Region Dental Implant & Oral Surgery Center

Tilton Family Dental

Winnisquam Dental



A warm smile is the universal language of kindness. - William Arthur Ward

CITY OF LACONIA Notice of Public Hearing

According to Article V (§5:06) of the Laconia City Charter and other applicable State laws, the City Council will hold a Public Hearing on May 8, 2017 during the regular Council meeting which will begin at 7:00 pm in City Council Chambers, Room 200A relative to :

Proposed Ordinance ORD-2017-221-04 amending Chapter 235, Zoning relative to Accessory Dwelling Units. The update changes requirements and definitions for "Accessory Apartment" to "Accessory Dwelling Unit (ADU)" An RSA passed that created and defined ADU's and mandated the City allow ADU's in all zones that permit single-family dwellings with other accompanying requirements on June 1, 2017. Laconia's zoning ordinance needs to be updated in order to meet State requirements and to control the implementation in the City.

Mary Reynolds
City Clerk



A Medication Collection and Disposal Box is located
in the lobby of the Laconia Police Department for your
convenience in disposing of old or unused prescription drugs
in a safe manner. Open 24 hrs/day, 7 days/wk.
The collection box is accessible 24 hrs a day, 7 days a week!



The Pemigewasset Choral Society

with orchestra presents the 44th Season, 2017 Spring Concert Series

Fauré Requiem

May 11 7:30 pm

Gilford, NH

Gilford Community Church

Admission by Donation

May 12 7:30 pm

Franklin, NH

St. Paul's Roman Catholic Church

Admission by Donation

May 14 3:00 pm

Plymouth, NH*

PSU Silver Center

Tickets: Adult \$15;

Senior, Youth, and Group \$9.

William Gunn, Music Director

Leslie McDonnell, Assistant Music Director

Laura Belanger, Accompanist

*Featuring the Plymouth Regional High School Chamber Singers

www.pemichoral.org



Genesis Behavioral Health

You Are Invited to Our Annual Community Forum

May 10, 2017 from 4:30 pm to 6:30 pm

Meredith Community Center, One Circle Drive, Meredith, NH

“It’s All About Peer Support”

Self Direction * Empowerment * Choice

“Supporting Veterans Along Their Journey of Recovery”

Join members of the veteran community and learn about
Peer Recovery Support Services

Light refreshments will be served.
Kindly RSVP by May 3rd to Ann Nichols at
annichols@genesisbh.org or 524-1100 x445.
Family and friends are welcome



WILDQUEST SUMMER CAMP 2017

Laconia Parks & Recreation

SENIOR/SENIOR

PROM

May 11, 2017

4:30 - 7:00pm

Please join us for our
annual Senior/Senior
Prom at the Laconia
Community Center.
FREE, but first come
first served!



Call 524-5046 to register. Senior citizens
and high school senior class members will
have dinner and dance together during a
spectacular evening of fun and food!

Public Works Department

PLEASE HELP SAVE THE SEWER SYSTEM
Your assistance is greatly appreciated!

All Laconia households play a vital role in preventing neighborhood sewer system blockages. Please do your part to protect and maintain the City's significant investment in the sanitary sewer collection system. Click [here](#) to find out what is not allowed to be disposed of in the toilet or down the drain, and the proper way to dispose of such items. Questions? Please call Matt Mooney, DPW, at 528-6379, Extension 303.



Look What's Happening at Taylor Community!

Eric Hoffman: Storm Chaser May 15 at Taylor Community



Prior to joining Plymouth State University in 2000, Dr. Eric Hoffman worked for the National Weather Service as a meteorologist in the Monitoring and Aviation Branch of the former National Meteorological Center (currently the National Centers for Environmental Prediction), in Camp Springs, MD.

Join Doctor Hoffman as he recounts his exciting experiences as a Storm Chaser at Taylor Community's Woodside Building, Monday, May 15 at 6:30 p.m. The event is free and open to the public.

The doctor received his BS in meteorology from Cornell University and his MS and Ph.D. in atmospheric science from the University at Albany (SUNY). His areas of expertise include synoptic

Emily Clement - Life Coach - Vision Workshop—May 17

Laconia Native Emily Clement says Life Coaching is an extension of her personality. Though she has always believed in positive psychology and human potential, life coaching became her business in 2014.

Everyone deserves to be happy – to be comfortable and confident in his or her own skin while living a life he or she loves. During a dynamic and fun workshop set for Wednesday, May 17 at 2 p.m. in Taylor Community's Woodside Building, attendees will have an opportunity to define and design their dreams.

The event is free and open to the public.

Workshop attendees will get clear and specific about what it is they desire. Making changes in your life begins with your thinking. "Sometimes we dwell in the problem, and you know what that creates – more problems!" stated Clement. "Once you shift toward the solution you'll recognize unlimited creativity and abundance." Past participants have called this "the most transformative hour of my life!"



Bind Watching

Taylor Community resident Cook Anderson has been a recreational ornithologist since 1960.

Join us Wednesday, May 10 at 2 p.m. in our Woodside Building as Anderson shares the story of how he became interested and involved in what he calls his "addictive" pastime.

The event is free and open to the public.

Anderson will also discuss the history of bird watching throughout the United States and the phenomena of spring migration.

Afterschool Sailing Lessons

With Lake Winnipesaukee Sailing Association



Local recreation departments are partnering with Lake Winnipesaukee Sailing Association to offer a series of afterschool sailing lessons for kids age 11+. Students with little or no experience sailing are invited to register.

Learn to sail and have some fun on the water!

Dates: May 22, 24, 29, 31, June 5, 2017 – Wednesday & Monday afternoons

Time: 4:00 PM – 7:00 PM

Location: Dave Adams Memorial Sailing Center, 25 Davis Road, Gilford NH

Fee: \$99 per student

Classes are taught by certified instructors and held in Optimist dinghies, 420 Collegiate boats and O'Pen Bic sailing dinghies. There will be a swim test the first day. Lifejackets are required let us know if you need to borrow one for the program. Lifejackets must be the fitted vest style. Limited financial assistance is available please inquire with your local recreation department for more information. Advanced registration is required, space is limited to 16 students.

Register by May 15th, registration opens April 1st



DISCOUNT COUPON: Any students who participate in the afterschool program will be eligible for a 15% discount if they register for any other sailing programs at LWSA this summer! Learn more about our programs at www.LWSA.org!

Belmont (603) 267-1865, Gilford (603) 527-4700, Laconia (603) 524-5046 and Meredith (603) 279-8197 Parks & Recreation Departments



**LACONIA'S SPRING
CLEAN-UP DAYS
MAY 6 and 13, 2017
8 AM to NOON**

**FREE - BRING YOUR DISCARDS TO THE TRANSFER STATION
ON MEREDITH CENTER ROAD.**

LACONIA RESIDENTIAL HOUSEHOLDS ONLY

NO COMMERCIAL ENTERPRISES OR HAULERS!

Proof of Residency Will Be Required.

ACCEPTABLE: APPLIANCES, WATER HEATERS, FURNITURE, BEDS, PLUMBING FIXTURES, PAPER BAGGED LEAVES, DEMOLITION LUMBER, AUTO TIRES (limit 6 tires per customer).

NOT ACCEPTABLE: AUTO TAIL PIPES, MUFFLERS, RADIATORS, ENGINES, BATTERIES OR HAZARDOUS WASTES, PAINTS OR SOLVENTS.

Electronic waste **WILL NOT** be accepted free of charge at this event.
If you bring in e-waste, **normal fees for disposal will apply.**

**Important Notice!
Elm St. Recycling
Site Closing 6/1**

The remote recycling drop-off site on Elm St. behind the Lakeport Fire Station will close as of June 1st. Please continue to use one of the following recycling sites:

357 Messer St. (behind DPW garage)

Lindsay Court (off Fair St.)

Lucerne Ave in the Weirs

Questions? Call Ann at DPW, 528-6379, Ext. 300

Reminder!

Recycling Made Easy

**The next recycling
collection week begins
May 15, 2017!**

The community is cordially invited to a
Belknap House
Open House



200 Court Street, Laconia, NH

*Sunday, May 21, 2017
2:00 PM- 5:00 PM*

*Please join us to view our newly opened and renovated
facility and learn about **Belknap House**!*

Light refreshments will be served.

Thank you for the continued support!

7th Annual
Bow Wow Fest

Saturday, June 3, 2017

9am—noon

**Lake Opechee Inn
62 Doris Court, Lakeport**



Food Trucks

Pet Parade

Agility Course

Dog Costume Contest

Face Painting

Bike Raffle

Vendors



All proceeds benefit the NH Humane Society
1305 Meredith Center Rd, Laconia

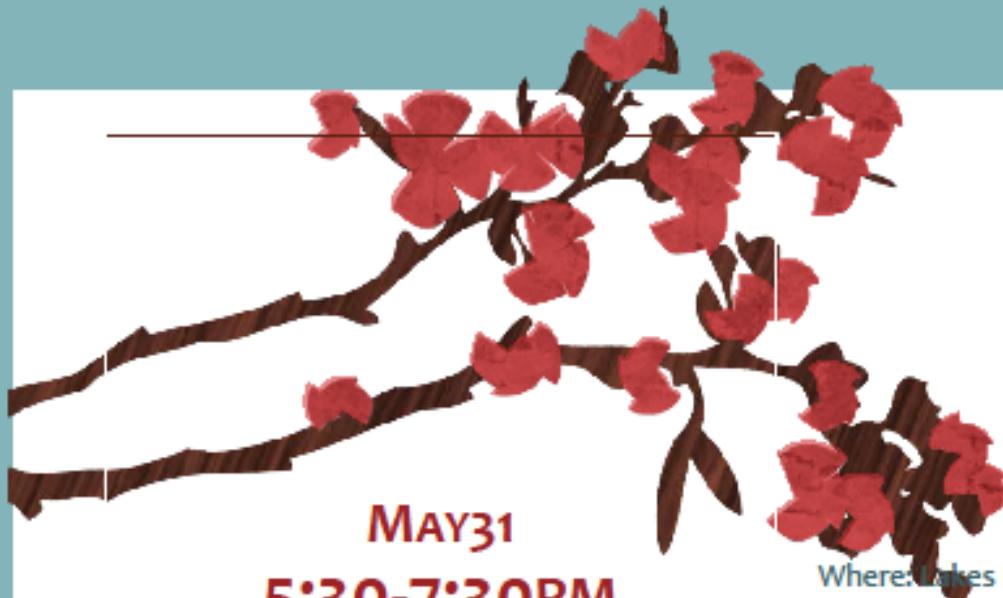
**Special Guest — Come Meet
CO Mancini and his K9 Ruger
from Animal Planet's North
Woods Law: NH and see
their demonstration!**

Register NOW at nhammad.org

\$10 Pre-Registration for Dog Walkers

\$15 day-of registration for dog walkers

Questions? Contact Lissa Mascio, NHHS, 524-3252, ext. 309, or Ann Saltmarsh,
Laconia DPW, 528-6379, ext. 300



MAY 31
5:30-7:30PM
UNDERSTANDING
TRAUMA AND
TRAUMA-INFORMED
SERVICES

*By Linda Douglas, M.Ed., CTSS-Certified
Trauma Specialist, NH Coalition
Against Domestic and Sexual Violence*

Free Training-Many current problems faced by people in community settings may be related to past traumatic life experiences. Through this educational presentation, participants will increase their knowledge of physical, mental and emotional trauma effects and then use this knowledge to help decrease trauma responses.

Where: Lakes Region
Community Services
Family Resource
Center 719 North Main
Street, Laconia, NH
03246

Gain an understanding
of the Adverse
Childhood Experience,
the ACE Study and its
predictor of later-life
well-being.

Certificates of
Attendance
Light refreshments
RSVP
tricia.tousignant@lrcts.org
or 528-0391



HEAR FROM LOCAL
COMMUNITY
RESOURCE
REPRESENTATIVES
ABOUT SUPPORTIVE
SERVICES



Prescott Farm Environmental Education Center

Visit Prescott Farms'
website to pre-register
& save money!



Spring Polliwogs

Wednesdays, May 3-June 7; 10:30-12:00
\$10/adult-child pair (\$8 adult-child pair Members)
+\$3/additional child - For ages 3 - 5

A fun group for the littlest explorers amongst us! Bring along your favorite grown-up and join us to explore the forests, fields and gardens around Prescott Farm in all their spring glory! Spring is a time for renewed energy, and these sessions are designed to keep children active and engaged.

Remaining Sessions:

May 10 - Exploring Shapes
May 17 - Bugs and Worms and Salamanders, Oh My!
May 24 - A Morning in the Garden
May 31 - Let's Get "Cooking"
June 7 - Colors in Nature



REPAIR & RESTORATION OF STONE FOUNDATIONS AND STONE WALLS

Sat., May 13, 9 am - Noon
Non-members: \$25/workshop
Members of Prescott Farm or
NH Preservation Alliance:
\$20/workshop

This is the second of three workshops presented by Ian Blackman of Blackman Restoration and Preservation, during Prescott Farm's spring barn preservation project. Blackman will discuss the dry-laid stone foundation restoration, drainage improvements and cribbing techniques of this barn project. Register [HERE!](#)



Herbal Pathfinder Series

Saturdays, May 13, June 17, July 15, August 19, September 9 & October 7; 10:00-12:30 \$35

(\$33 Members)/class (\$180 for all six)

Foray into the wild and tame world of herbs in this very fun educational class series. Led by Master Herbalist Melissa Morrison of Dragonfly Botanicals, students will learn how to identify herb medicine plants of the fields & forest; how to harvest and use the herbs in preparations for pleasure and medicine. Come to learn, come to enjoy the seasons and play with the herbs! Visit our website to view all classes in this series

Saturday, May 20; 10:00-12:00: Composting \$20 (\$16 Members)/person with pre-registration; \$22 at the door

Compost is vital to a healthy organic garden. We'll take a look at what compost is, what can go into a compost pile and what can't, as well as build a small worm composting bin to take home. Visit our website to view all workshops in this series.

WildQuest Summer Camp

Still accepting registrations!
9 weeks—June 26-August 25



Fledglings Preschool

Now enrolling for Fall 2017! Limited spaces left!
For ages 3-5; 2-day, 3-day and 5-day options

At Fledglings, we are excited to offer your 3-5 year old a fully licensed educational program that will promote a developmentally appropriate foundation of skills, while immersing them in the natural world and all it has to offer. Your child will enjoy exploring the wonders that nature provides in the surrounding fields and forests. Our hope is for your child to become a life-long learner and make meaningful connections to nature as they continue to increase their understanding of the world around them.

Cooperative Co-Parenting

A free four-part series for non-married, separated, or divorced parents, and other caregivers, raising children together who share separate households.



Discussion Includes:

- *Coping through Separation and Transitions*
- *Skills Training for dealing with stress and anger*
- *Positive Communication Strategies*
- *Tools to reduce conflict in the life of your child, and yours*
- *Negotiating Agreements*
- *Mediation and Guardianship*
- *Conflict Resolution*

**It's not too late
to sign up...we
still have some
slots available!**

When: Tuesday evenings from 6:00-8:00 pm, Dinner served at 5:30pm.

4 week series begins May 2, 2017

Where: The Family Resource Center, 719 No. Main Street, Laconia, NH

Lead Facilitator: Tammy Emery

Presenters: Jay Apicelli, MS, Family Mediator and Human Services Educator,
Rob Hunt, Attorney At Law
Shauna, New Beginnings Without Violence & Abuse

To register: Contact Tricia T. at 528-0391 or e-mail tricia.tousignant@lrcs.org

Limited on-site childcare and assistance with transportation available upon request.



Laconia Historical & Museum Society

An Evening of
WWII Stories
With Wright Museum war expert, Dan Schroeder
Free to the public



Thursday, May 11, 2017
Immaculate Conception Church ★ Morrill ST. Gilford
Free and open to the public
5pm Artifact Viewing
6pm Presentation

Sponsored by the Laconia Historical and Museum Society
603-527-1278 ★ www.laconiahistory.org

And, Saturday, May 20, at 1 p.m. the public may gather at the front entrance of the NH Veterans Association at The Weirs for the only annual tour of the facility. Under the guidance of Historian Fred Merrill, participants will not only enjoy the depth of the compound, but be treated to the great stories that have followed this treasure since the Civil War. The tour is free and open to the public.



N. H. Veterans' Headquarters, The Weirs, N. H.

Three events are being showcased by the Laconia Historical & Museum Society during May: A World War II presentation, an overview of the loss and ongoing restoration of city centers, and an annual tour of the New Hampshire Veterans Association at the Weirs.

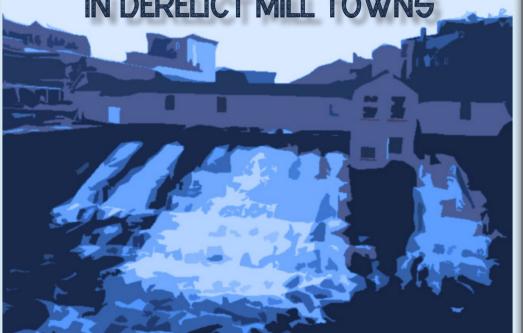
First up, LHMS will join Thompson-Ames Historical Society of Gilford at 5 p.m., Thursday, May 11, for a joint meeting at Immaculate Conception Church on Morrill Street in Gilford. Following viewing of a Propaganda Poster display arranged by Ernie Bolduc, Dan Schroeder of the Wright Museum, Wolfeboro, will speak on the war and answer questions. The event is free and open to the public and refreshments will be served.

Then, at 7 p.m., Monday, May 15, local architect Jared Guilmett will present "City Centers Restored, Lost Identity and Community in Derelict Mill Towns." His presentation will speak of not only what was, but the clear need to rediscover local identity. The program will be held in Rotary Hall on the Lower Level of the Laconia Public Library and is also free and open to the public with refreshments.

The Laconia Historical and Museum Society Presents

A SYMPOSIUM WITH JARED GUILMETT

**CITY CENTERS RESTORED
LOST IDENTITY AND COMMUNITY
IN DERELICT MILL TOWNS**



Monday, May 15th 7pm
Laconia Library - Rotary Hall
Free and open to the public 603-527-1278

www.LaconiaHistory.org

For further information, contact LHMS at 527-1278, lhmslpl@metrocast.net or go to www.laconiahistory.org

Longer Healthy Living in the Lakes Region

Join Steve Norton, Executive Director of the New Hampshire Center for Public Policy Studies, and local service providers from the Lakes Region for a look at the momentous demographic changes facing New Hampshire, the Lakes Region and Laconia.



As Americans live longer and healthier lives, we look for creative solutions to ensure we can all thrive as we age. As New Hampshire becomes one of the fastest aging states in the nation, join the conversation about what local government can do to help to manage these shifts. This comes with new insight into what the future brings and how we can adjust to a future population that is no longer growing but is stable and aging.

May 15, 2017 | 4-6 pm

**LACONIA
HOUSING**

At **Taylor Community**
Woodside Building (Elm Room)
Enter Taylor Community at
435 Union Ave, Laconia, NH 03246

*Follow the main road up the hill through
Taylor Community. The Woodside Building is
located at the end of the road.*

Free to all. Seating is limited so please RSVP
www.longerhealthylivinginlaconia.splashthat.com
or scan using the **qr code** at the bottom.





Weirs Community Park Association is having an Open House on Monday May 8th at 7:00 pm.

New members wanted/ welcome! Please stop by and see what the Association has to offer.



The Lakes Region Art Association will hold the May meeting on Monday, May 15 at 7pm at the LRAA Gallery at Tanger Outlets in Tilton, NH. Artist Cate Poole will discuss painting with watercolors and will share tips and techniques with those who attend. The demonstration is open to the public.

A resident of Wolfeboro since 2011, Cate Poole works from her home as an instructional designer. Her many memories of the Lakes Region stem from vacations to Melvin Village where her family vacationed when she was a child. Her love of the Lakes Region is what brought Poole back and also inspired her to renew her interest in watercolor paintings.

Her goal with her paintings is to capture the natural beauty and feeling of the area which is why many of her water scenes are of Lake Winnipesaukee. She is also an avid sailor and visits the island of St. John in the US Virgin Islands. Many of these paintings are included in her portfolio.

Although some people find painting with watercolors a challenge, Poole has many tips and tricks to share that may help others. Even if you do not work with watercolor she will share valuable information about painting landscapes or natural elements. Poole will demonstrate some of these techniques and show how she has progressed over the years.



**LACONIA GOLF
TOURNAMENT
FOOTBALL**



**LACONIA GOLF
TOURNAMENT
FOOTBALL**

**LACONIA FOOTBALL
1ST ANNUAL
GOLF TOURNAMENT
FOUR PERSON SCRAMBLE**

Proceeds to Fund LHS Sachems Football Equipment, Uniforms & Supplies

Date: Monday June 19, 2017
Place: Laconia Country Club, Laconia, NH
Time: 12 noon Shotgun Start
Cost : \$500 per team (4 players) (Goodie bags, prizes and raffles)

PLEASE COMPLETE THE FORM AND SEND PAYMENT TO RESERVE YOUR SPOT TO
CRAIG KOZENS
LACONIA HIGH SCHOOL
345 UNION AVE
LACONIA, NH 03246
Checks Payable to: Sachems Football

Registration the day of the tournament will begin at 11am. Dinner and awards program will immediately follow the tournament.

Any questions contact Craig Kozens at ckozens@laconiaschools.org

Team Name _____

Laconia Football
Golf Tournament

Laconia High School
Attn: Craig Kozens
345 Union Ave
Laconia, NH 03246
Email: ckozens@laconiaschools.org

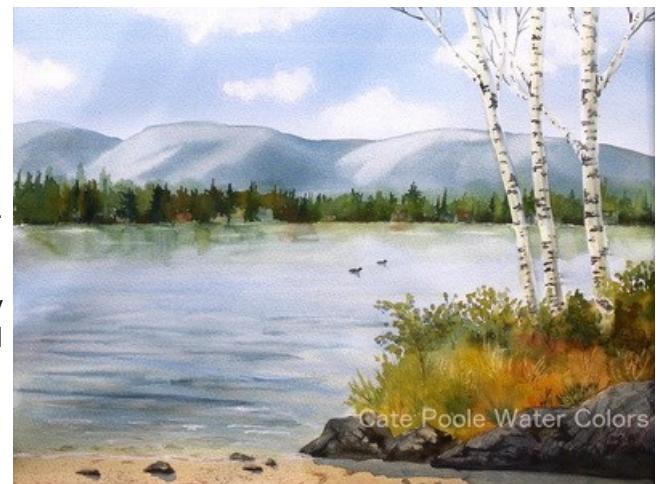
Contact Person _____

Team Members (if set)

Phone Number _____

T shirt Sizes 1) 2) 3) 4)

Thank you for supporting LHS Football





“Palette to Palate” to Benefit the Belknap Mill

Join us at the Belknap Mill on Thursday, May 11th for an evening of food, friends and fun as Artist in Residence, Larry Frates joins with Meredith Village Savings Bank to bring you a night of creative energy. Whether you've never picked up a paint brush, dabbled in some basic painting or are an established artist, you'll be part of a complete evening of painting like you've never experienced before. Using a wide screen television and stage area Frates will lead you through his five step process of creating your very own masterpiece. You'll be using acrylics on canvas for your painting adventure and Frates provides guidance and encouragement to each participant. “I've always strived to provide a fun evening for everyone in the crowd wherever I present my paint nights and select subjects that the participants will want to hang in their homes.”

The cost for the program is \$30 for non-members and \$25 for members of the Belknap Mill Society. Reservations are required. Join us at 6:00 p.m. for appetizers and wine. Painting will begin at 7 p.m. Food, wine and all supplies are included in the cost. All proceeds to benefit the Belknap Mill and its commitment to our community. Please contact Jennifer McLean, Events and Program Coordinator at 524-8813 or programs@belknapmill.org for tickets and reservations.

The Belknap Mill Society is a 501(c)(3) nonprofit organization whose mission is to preserve the Belknap Mill as a unique historic gathering place and to celebrate the Lakes Region's cultural heritage through the arts, education and civic engagement. Built in 1823, the Belknap Mill, NH's Official Meetinghouse, is the oldest unaltered textile mill in the United States and is recognized on the National Register of Historic Places as a site worthy of preservation. The Society relies on the continued support of donors and its members. To learn more about the Belknap Mill Society, to make a donation or to learn about becoming a member, visit www.belknapmill.org or email operations@belknapmill.org.



NH Humane Society

Over a century of love for those without a voice.

Pet of the Week Marlow



A very special dog is Marlow, currently in an offsite foster home but so ready for her next step, a permanent “furever” home. She came to us in August 2016 at the request of a sister shelter in New Hampshire. Marlow’s story is heartbreaking; she was attacked in her own home by unknown human assailants. Immediate medical care was provided by another shelter, but they also asked if we would take her for geographical reasons. Of course, we said “yes”. Marlow has simply blossomed under the gentle, constant care of her New Hampshire Humane Society approved foster home (and, by the way what a great way to get involved with our organization)!

Marlow, aged perhaps 4 years young, is vigorous and energetic, completely recovered in mind, body and spirit, and now looks for a family to love her always. Best home: teens and up, possibly another dog with formal introductions, cats... not so much! To arrange a meeting with Marlow please contact us directly at the shelter, 524-3252, and ask to speak with an adoption counsellor.

Check www.nhhumane.org for more details.



University of
New Hampshire
Cooperative Extension



COOKING MATTERS™ for Families

A 6-week Cooking and Nutrition Series
for Families with Children Ages 5 and up

- Learn basic cooking skills necessary to prepare healthy, low-cost meals.
- Develop healthy eating habits at home, at school, and when eating out.
- Prepare and share meals together!
- Families will receive a bag of groceries to re-create the meal at home.

WHEN

Thursdays May 11, 18, 25 and June 8. Also Tuesday May 30th. 5:00-7:00PM

WHERE

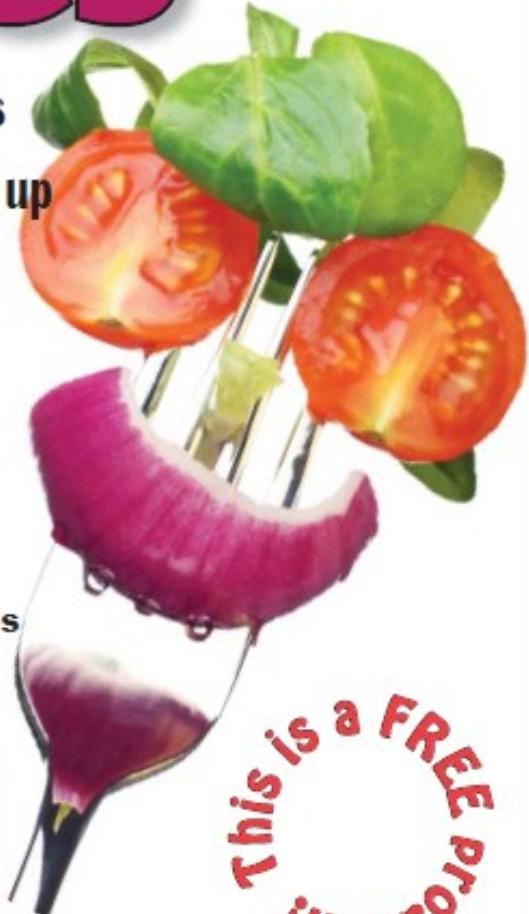
Laconia Middle School, 150 McGrath Street, Laconia

TO REGISTER CONTACT

Brenda Carey brenda.carey@unh.edu 603-527-5475

Contact Brenda Carey for eligibility guidelines.

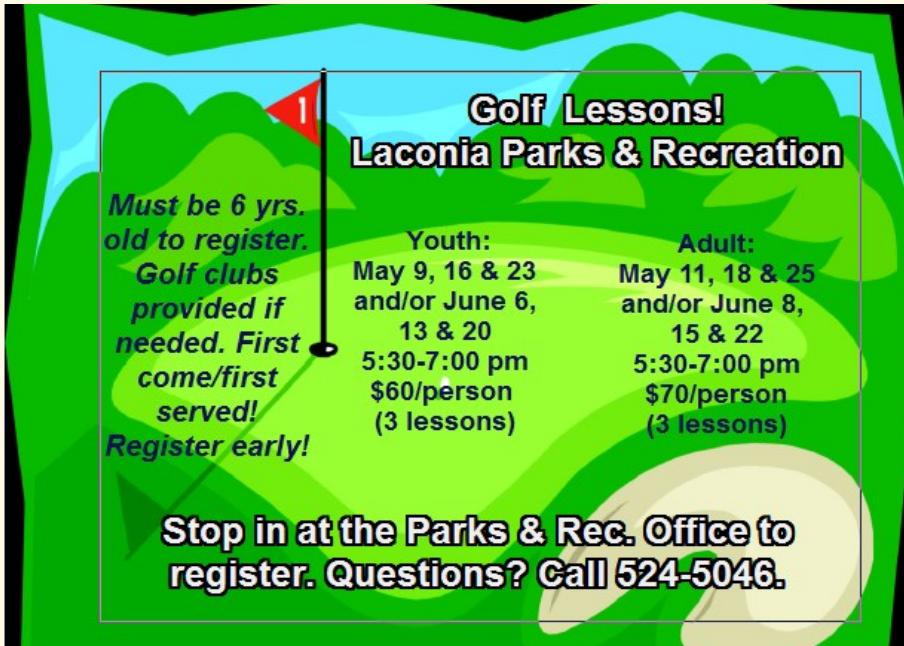
The University of New Hampshire Cooperative Extension is an equal opportunity educator and employer. University of New Hampshire, U.S. Department of Agriculture and N.H. counties cooperating. USDA is an equal opportunity provider and employer. The preparation of this document was financed under a contract with the State of New Hampshire, Department of Health and Human Services. This material was funded by USDA's Supplemental Nutrition Assistance Program - SNAP. 1/16



COOKING MATTERS™
is locally sponsored by:



Laconia Parks & Recreation



Must be 6 yrs. old to register. Golf clubs provided if needed. First come/first served! Register early!

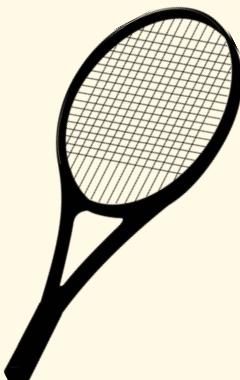
Golf Lessons!
Laconia Parks & Recreation

Youth:
May 9, 16 & 23
and/or June 6,
13 & 20
5:30-7:00 pm
\$60/person
(3 lessons)

Adult:
May 11, 18 & 25
and/or June 8,
15 & 22
5:30-7:00 pm
\$70/person
(3 lessons)

Stop in at the Parks & Rec. Office to register. Questions? Call 524-5046.

Questions? Contact Parks & Rec at 524-5046.



FREE BEGINNER TENNIS LESSONS

Sponsored by Lakes Region Tennis Association (LRTA)

Tuesdays and Thursdays ~ June 27 - August 3

5:30 - 6:30pm Grades 1 - 4 (minimum age of 6)

6:30 - 7:30pm Grades 5 to adults



Racquets are provided if needed. Instruction provided by tennis pro Kamal Gosine.

Anyone interested must register by filling out our registration form.

Laconia residents must register before May 31st, non-residents may sign up after the 31st.

Space is limited. First come, first served.

Parents must stay with the kids during the lessons. Anyone disturbing lessons will be asked to leave.

For rain cancellation: check our Facebook or www.lakesregiontennis.org

"PLANT SOMETHING NH"

GROW YOUR OWN PUMPKIN FOR THE PUMPKIN FESTIVAL!!

We have cherry tomato plants also

Saturday, May 6th at the Opechee Parkhouse

10:00am ~ 12:00pm



Come and plant a pumpkin seed to take home. You will get a newspaper pot, soil, seeds and instructions.

FREE TO ALL!

First come first served.

The Belknap Mill

Industrial Heritage Program

Volunteers Needed



The Industrial Heritage Program, "My First Day of Work at the Mill" is a fourth grade field trip program that the Belknap Mill has offered continuously since 1997. The inter-disciplinary program focuses on geography, government, mathematics, science, social studies, and economics, utilizing the historic Belknap Mill facility with its knitting machines, power house, and river setting.

The program actively engages the students in developing teamwork and problem-solving skills while immersing them in the historical aspects of mill life during the Industrial Age.

Set in 1918, the simulation has students taking the roles of workers in the mill yard, power house, knitting room, finishing room, and assembly line. Students spend 20 minutes at each station before rotating to learn about the other positions; then, after a lunch break, they reconvene to learn about the wages and community impacts of the mills. At the end of the day, the students receive a dime, the wages they would have earned after the turn of the 20th century.

Our program runs for 5-6 weeks from early May through mid-June, hosting approximately 60-70 students per day. We require 9 volunteers per day to help the program run smoothly, but we do not expect to see you every day – your time to give is up to you.

Please contact Tara Shore for more information
603-524-8813 * operations@belknapmill.org

SATURDAY, MAY 13, 2017



PUT YOUR NON-PERISHABLE DONATION IN A BAG BY YOUR MAILBOX.
WE'LL DELIVER IT TO A LOCAL FOOD BANK.

NATIONAL PARTNERS



UNITED STATES
POSTAL SERVICE



LIVE UNITED
United Way

AFL-CIO



FOOD
LOCAL PANTRIES

Valassis

Belknap Mill Presents its Second Annual

Fashion & Flair

A charitable event

Sunday, May 21st

1:30 - 4 p.m. at the historic Belknap Mill

Show begins at 2:15 p.m.

Hors d'oeuvres & Cash Bar

Fashions by

Tanger Outlets

Modeled by Local
Celebrities



Tickets available at the
Belknap Mill or online at

www.belknapmill.org

\$30 General Admission

\$25 Mill Members

\$40 VIP Front Row Seats

(603) 524-8813

25 Beacon Street East, Laconia



BELKNAP HOUSE BACK-TO-BACK BENEFIT DINNERS AT FARO'S

Wednesday, May 17th and

Thursday, May 18th, 2017

4:00 PM - Closing

**Dine at Faro Italian Grille either evening -
20% of your check generously donated
when you mention Belknap House!**

~RSVP Requested~

Visit our Faro event at Facebook/Belknaphouse or
text Lynn at 978-973-8693

bridge to RECOVERY Walk

Sunday, May 7th
Registration @ 8 a.m.
Walk Begins @ 9 a.m.

Franklin Regional Hospital
15 Aiken Ave, Franklin
2-Mile Walk followed by brunch



to benefit mental health services and substance addiction programs

Walk with us!

Together, let's raise awareness and funds and show support for those who are struggling with or recovering from, substance addiction or mental illness.

\$100+ in pledges/donations includes walk, brunch, and event shirt

\$20 per person includes walk and brunch
(Children 10 and under Free)

Prizes awarded for largest and most spirited team and most money raised!
Own a business? Sponsorships are available!

FOR MORE INFO OR TO REGISTER
527.7063 philanthropy@lrghc.org

LRGHealthcare
care. compassion. community.



Don't forget !
ServiceLink
Resource Center
(1-866-634-9412 or
528-6945)....it's the first
number to call for
senior services.



Thursday, May 11th, 10:00 am: Enjoy a Mother's Day Celebration at the Senior Center as we listen to local musical talent. Please share your favorite Mother's Day story or poem. Enjoy a Mother's Day luncheon at 11:30!

*Laconia Senior Center is located at
17 Church Street in Laconia.
Questions? Call 524-7689*

*We hope you have enjoyed this
Edition of Laconia Links*

*We welcome your input, comments
and suggestions!*

Feel free to contact us at the
City Manager's office, 527-1270,
or by e-mail at info@laconianh.gov

Have a great weekend!



Scott Myers,
City Manager
City's Website:
www.laconianh.gov



CITY OF LACONIA PHONE DIRECTORY

Airport	524-5003
Airport Manager: Marv Everson	
Assessing	527-1268
Assessor - Deb Derrick	
City Clerk.....	527-1265
City Clerk - Mary Reynolds	
City Manager.....	527-1270
City Manager - Scott Myers	
Code Enforcement.....	527-1293
Planning & Zoning Dir. - Dean Trefethen	
Conservation	527-1264
Conservation Technician - Evan Rathburn	
Finance	524-3877
Finance Director - Donna Woodaman	
Licensing	528-6331
Licensing Clerk - Cheryl Hebert	
Planning & Comm. Dev.	527-1264
Planning & Zoning Dir. - Dean Trefethen	
Tax	527-1269
Tax Collector - Lindsey Allen	
Fire Dept. (Central Station)	524-6881
Fire Dept. (Weirs Station)	366-2229
Fire Chief - Ken Erickson	
Library	524-4775
Library Director - Randy Brough	
Parks & Recreation.....	524-5046
Parks & Rec. Director - Kevin Dunleavy	
Personnel	524-3877
Personnel Administrator - Paula Baumoeil	
Police (Administration)	524-5257
Police (Crime Line)	524-1717
Police Chief - Christopher Adams	
Public Works (Main Office)	528-6379
Public Works (Transfer Station)	528-5822
Public Works Director - Wes Anderson	
Water.....	524-0901
Superintendent - Seth Nuttelman	
Welfare.....	527-1267
Welfare Specialist - Suzi McCormack	
Welfare Director - Donna Woodaman	
<u>City Council Contact Info:</u>	
Mayor Edward Engler	630-4484
Ava Doyle (Ward 1)	393-6533
David Bownes (Ward 2)	524-4330
Henry Lipman (Ward 3).....	528-0191
Brenda Baer (Ward 4)	524-6349
Robert Hamel (Ward 5)	524-6360
Armand Bolduc (Ward 6).....	524-2514
E-mail: citycouncil@laconianh.gov	

Visit the City's website at:
www.laconianh.gov