



## Laconia Links

October 3, 2014 - Edition #154



Fall leaves at Ahern State Park

## Recycling Update

### 2 Week Total - September 1 - September 12, 2014

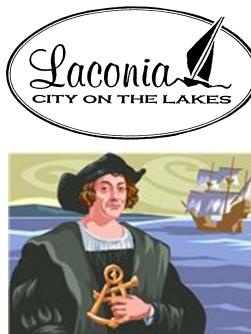
Fiscal YTD Recyclables Collected = 348.36		Savings to Taxpayers Fiscal YTD * (@ \$150/ton) = \$52,254.00		Lost Opportunity Dollars Fiscal YTD = \$11,247.00	
Route	Total Tons Collected	Total Tons Recyclables (MSW + Recycling)	Percent Recycled	Tonnage Required to Reach 30%	2 Week Lost Savings By Not Reaching Target
Remote Sites		33.65			
Monday	41.89	10.74	25.6%	12.57	\$274.50
Tuesday	41.98	10.26	24.4%	12.59	\$349.50
Wednesday	44.41	10.16	22.9%	13.32	\$474.00
Thursday	45.48	9.26	20.4%	13.64	\$657.00
Friday	32.37	7.26	22.4%	9.71	\$367.50
	Total = 206.13	Route Total = 47.68	Curbside Ave = 23.1%	Total = 61.83	Total = \$2,122.50
<i>*Fiscal Year to Date: 7/1/14 - present</i>		Prior 2 Weeks = 22.0%	<i>Recycling Saves \$\$</i>		

Welcome to Laconia Links a weekly email newsletter update devoted to keeping you informed of City of Laconia department news, City projects, useful links, activities and events!

Look for a new edition of the newsletter each Friday. If you have already signed up to be on our distribution list to receive your newsletter by e-mail, thank you for your interest! If you would like to be added to our e-mail list (or to unsubscribe), please click [here](#).

As always, we welcome your ideas and comments as to what you would like to see included in future issues. Just give us a call in the City Manager's office at 527-1270, or contact us by e-mail at [info@city.laconia.nh.us](mailto:info@city.laconia.nh.us)

We look forward to keeping you up to date on our beautiful City!



## DEPARTMENT OF PUBLIC WORKS

Columbus Day  
Monday, October 13<sup>th</sup>

### NOTICE TO RESIDENTS ON CURBIDE COLLECTION ROUTES

There will be NO DELAY in curbside collection of trash on Monday October 13-Columbus Day

Monday collections (and collections the remainder of the week) will be on their normal schedules. Any questions, please call Ann @ 528-6379, Ext. 300.

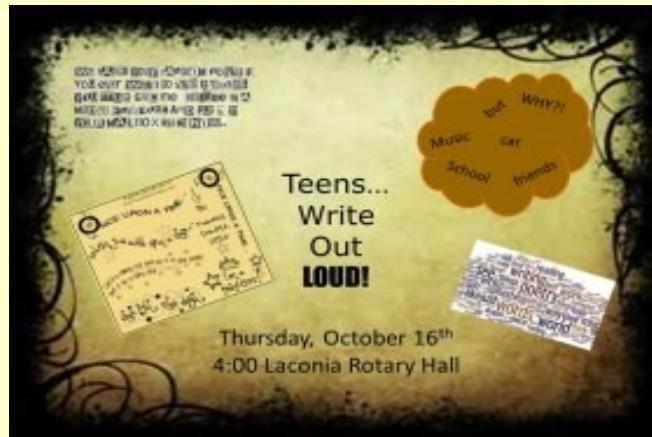
## Laconia Public Library Upcoming Events.....



### Stories & Pie

Thursday, October 16 at 6:30 pm join us for an evening of songs and stories with Meredith resident George "Rusty" Locke.

Locke was born in New Hampshire almost seventy years ago and has spent much of his life in this land of hard stone walls and tall pines. Many of his songs and stories are based on his childhood experiences growing up in small New England towns. Oh yes, and there will be pie, lots of pie!



Thursday, October 16<sup>th</sup>  
4:00 Laconia Rotary Hall



# Upcoming Meetings...

Keeping the public updated and aware of what's going on in our community and receiving residents' feedback is an important goal of the City Council. Check each week's issue of *Laconia Links* for a schedule of the upcoming week's meetings. As agendas become available, they will be posted to the City's website.

You can also contact any of the City's departments for more information on a meeting or to obtain a printed copy of the agenda. Meetings are open to the public. You are invited and encouraged to attend and provide input.

Follow this [link](#) to the "Calendar" page of the City of Laconia's website. Click on a specific meeting for more information.

Please check the "Calendar" page often for updated info and changes.

*Become involved in  
your City and make  
a difference!*



Meeting  
in  
Progress

#### Planning Board

October 7, 2014, 6:30 pm  
City Hall, Room 200A

#### Agenda

#### Technical Review Comm. I

October 8, 2014, 10:00 am  
City Hall, Room 200A

#### Heritage Commission

October 8, 2014, 5:00 pm  
City Hall, Room 200A

#### Water Commission

October 9, 2014, 8:00 am  
117 Stark Street, Water Treatment Facility Conference Room

# LACONIA SCHOOL DISTRICT

Ensuring success with every student, every day, in every way



[Laconia High School Website](#)



[Huot Career Tech Center Website](#)



[Laconia Middle School Website](#)



[Elm Street School Website](#)



[Pleasant Street School Website](#)



[Woodland Heights School Website](#)

## WEEK AT A GLANCE IN LACONIA

10/6	10/7	10/8	10/9	10/10
<b>VIPSS Mtg @ PSS - 6:30 pm</b>	<b>ESS Picture Day</b>	<b>PSS Walk to School Wednesday - 8:10 am @ Opechee Park</b>		<b>No School for Students - Teacher Workshop Day</b>

## NH SCHOLARS COMES TO HUOT TECH CENTER

The Huot Career and Technical Center in Laconia joins a select group of New Hampshire CTE centers whose programs qualify for New Hampshire Scholars status. New Hampshire Scholars recognizes students who demonstrate high levels of achievement in a rigorous program of study throughout their high school career. The goal is to better prepare students for post-secondary and career success. New Hampshire is one of 24 states that offers some form of State Scholar program.

The Huot Center offers thirteen different concentration areas and has an enrollment of approximately 480 students from across the Lakes Region. All six of the Huot Center's partner high schools participate in the New Hampshire Scholars Program.



## ATTENTION COACHES AND PARENTS OF ATHLETES

Summit Health offers **FREE** injury prevention assessments for local teams and clubs. Call 524-3397 to schedule one for your athletes today.

*This health tip provided by:*



## COMMUNITY PARTNER MEADOWBROOK AWARDS

### \$3,500 TO LHS

The Laconia High School Band would like to thank the Meadowbrook Charitable Foundation for consistently supporting area schools in the Lakes Region through a grant that enriches the music programs in our schools. Laconia High School recently received \$3,500.00 from the Meadowbrook Charitable Foundation to be used in purchasing replacement musical instruments. We



Pictured: Michael O'Brien, Marissa McDermott, Andy Emanuel, Ed Darling of the Meadowbrook Charitable Foundation.

want to also recognize the many individuals and groups throughout our community that have supported the Laconia Sachems Band. As we work together for the students of our community, great things can happen!

Our thanks to the Meadowbrook Charitable Foundation for supporting the Laconia High School Band Program and the students of our City through this generous gift.

## WOODLAND HEIGHTS HONORS SUPER STUDENTS

At WHS on the last Thursday of the month the Super Student Assembly



WHS Super Students for September

is held to recognize students for citizenship with the Wildcat Pride Award and for academics with the Super Student Award. The assemblies are held at 9:00 in the WHS gym and families are welcome to attend. Click [here](#) for names of students who were honored last week at WHS.

## OCTOBER 8 - INTERNATIONAL WALK TO SCHOOL DAY

Click [here](#) for more information



Follow Laconia School District on [Twitter](#)

Living Healthy With Asthma

LRGHealthcare  
care. compassion. community.

# Asthma EDUCATION CLASSES

Join us for an  
asthma education class  
taught by a  
CERTIFIED ASTHMA EDUCATOR

## CHOOSE FROM A VARIETY OF DATES

FOR KIDS (UNDER 13)  
AND THEIR PARENTS      FOR ADULTS & TEENS  
(13 & OLDER)

Tues. Sept. 9      Tues. Sept. 23

Tues. Oct. 14      Tues. Oct. 28

Tues. Nov. 11      Tues. Nov. 25

Tues. Dec. 2      Tues. Dec. 9

This FREE class runs monthly from 6:00-7:30 p.m.  
at Lakes Region General Hospital

PLEASE CALL **527-7120** TO REGISTER

### Topics of discussion will include:

- Common asthma triggers
- Understanding the difference between control medications and rescue quick relief medications to use during an attack
- When to call your healthcare provider

\*No referrals needed from your healthcare provider to attend\*

Call **603-527-7120** to register

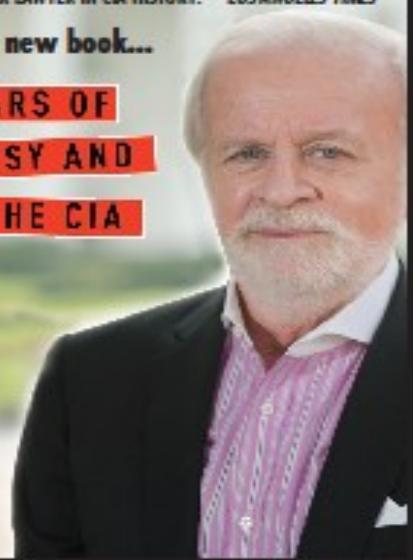
Laconia Putnam Fund Presents

# Company Man John Rizzo

"THE MOST INFLUENTIAL CAREER LAWYER IN CIA HISTORY." -LOS ANGELES TIMES  
talking about his new book...

## THIRTY YEARS OF CONTROVERSY AND CRISIS IN THE CIA

"... John Rizzo made sweeping legal calls on virtually every major CIA issue of the past thirty years, from rules governing waterboarding and drones to answering for the Iran Contra scandal."



**Saturday, October 11th 7:00 pm**

Laconia High School Auditorium  
First Come First Seated  
Free Admission



**Looking for gently used children's clothing  
toys and furniture at an affordable price?**

## LRGH Nursery Guild's Annual Fall Children's Boutique Saturday, October 4

9am - 2pm at the Laconia Community Center

Donations/Consignments of gently used Fall & Winter children's clothing (NB-size 16) Halloween costumes, toys, books and children's furniture.

We are unable to accept  
car seats, cribs and stuffed animals.

Donations/Consignments accepted at the  
Laconia Community Center, Union Avenue

Wednesday, October 1 6:00pm - 9:00pm

Thursday, October 2 9:00am - 6:00pm

Proceeds from this event support women's and children's services and organizations in the Lakes Region communities.  
LRGH Nursery Guild is a 501c3 nonprofit organization

For more information contact us at:  
524-3211 x3018  
or [nurseryguild@lrgh.org](mailto:nurseryguild@lrgh.org)



# Laconia Police Department

[Link to Laconia PD here](#)

## NH's New Hands Free Electronic Device Law

will be in effect July 1, 2015.

### What does this mean?

- No use of **hand held electronic** devices capable of providing voice or data communication while driving or temporarily halted in traffic for a stop sign or traffic signal or other momentary delays
- This includes cell phones, GPS, tablets, iPods, iPads or other devices that require data entry
- Emergency calls to 911 or other public safety agencies will be allowed
- Bluetooth or other **hands-free** electronic devices will be allowed
- **One hand** non-cellular 2-way radio use will be allowed
- Teen drivers under the age of 18 will not be allowed to use **any** electronic devices (hand held or not) except to report an emergency. Anyone violating this will be subject to penalties and license suspension or revocation.

#### Penalties for Violations

1st Offense .....	\$100 fine
2nd Offense .....	\$250 fine
3rd Offense within 2 years .....	\$500 fine

*Penalty assessments will be added to the fines*



### Why is the NH Law Important?

- During the past 4 years, 116 fatal crashes in New Hampshire were caused by distraction
- The increasing use of electronic devices is fast becoming the primary distraction
- While texting, a driver is 23 times more likely to crash
- Sending or receiving a text distracts the driver for almost 5 seconds
- At 50 miles per hour, we travel longer than the length of a football field during that 5 seconds
- Even dialing a phone number increases the risk of crashing by 3 times.

# PROJECT EXTRA

READ ALL ABOUT IT!

September 2014

Autumn is here and so is the excitement of afterschool in Laconia! We have had a successful first two weeks of programming. We will continue to align our program with the Common Core State Standards, offer wrap around supports through Restorative Practice, strengthen our partnership with the Boys and Girls Club of the Lakes Region and provide afterschool dinners at each elementary school and the middle school this year through the Laconia Food Service Department.



**Click [here](#) to read the September issue!**

## Elm Street School

Project EXTRA at Elm Street School is off to a great start! We have welcomed a lot of new students to our site this year. Our students and staff have worked together to come up with some great enriching opportunities for our Fall Session. We are offering Journalism, Collaborative Art, Cooking Essentials, Student Leadership, and Creative Building. We have a lot planned for this year and are looking forward to the 15th Annual Lights On Afterschool celebration in October.

Aja Montague  
Elm Street School Site Coordinator  
603-455-1694  
[amontague@laconiaschools.org](mailto:amontague@laconiaschools.org)



International Film Series  
sponsored by:  
Laconia Human  
Relations Comm.  
& Laconia Public  
Library

## FOOTNOTE

Monday, October 6, 2014

Time: 6:30 P.M.

Laconia Public Library



**A tale of rivalry between father & son**

**Tragicomedy, ethical dilemmas, mistaken identities**

- ♦ Free and open to the public
- ♦ Informal discussion to follow the film
- ♦ Light snack will be provided
- ♦ Feel free to bring a cushion for a chair



*For more information contact:*

Leonard Campbell  
[lcampbell@nh-cc.org](mailto:lcampbell@nh-cc.org)

Carol Pierce  
[newdynam@aol.com](mailto:newdynam@aol.com)

*Footnote* won the Best Screenplay Award at Cannes in 2011 and joins previous films shown as a part of this series. They are displayed on a designated shelf at the Laconia Public Library as a part of their DVD collection. Library patrons are urged to visit this collection when in the library. The Laconia International Film Series is open free to everyone. A brief informal discussion follows the film. Light snacks are provided. Feel free to bring a cushion for comfort in viewing the movie. Please join us!



## Union Ave. Construction Project

As we work on improving our roads, you may have noticed significant activity on Union Avenue. Work at that location during this construction season includes water main, natural gas, sewer, road and sidewalk upgrades.

The project is planned in two phases, with the second phase currently anticipated as follows: Phase 2—Walker St. to Gilford Ave.: July 7<sup>th</sup> thru October 10<sup>th</sup>. During the construction day, traffic will be northbound only; southbound traffic will be detoured (see [Phase 2](#) detour plans). On weekends and evenings Union Avenue will be open to two-way traffic.

Please continue to visit the many businesses on Union Avenue and, as always, if you have questions or concerns please call DPW at 528-6379.

*Thank you for your cooperation!*

[Click \*here\* for our Public Works Dept. website](#)



## DOES EXCESS WEIGHT LEAD TO CANCER?



Excess weight may increase the risk of more cancers than previously thought, says the largest study to look at this issue. Researchers tracked 5.24 million people for an average of 7½ years. The results:

- Heavier people had a higher risk of leukemia as well as cervical, colon, gallbladder, kidney, liver, ovarian, uterine, and postmenopausal breast cancers than leaner people.
- Heavier people had a higher risk of esophageal cancer (after researchers took smoking into account).
- Heavier people had a lower risk of premenopausal breast cancer and total prostate cancer. (The study didn't look separately at advanced prostate cancers, which were linked to excess weight in other studies.)
- Underweight people had a higher risk of lung, mouth, and throat cancer than leaner people, but the link was due to smoking, since it was absent in those who had never smoked.

**What to do:** To lose or avoid gaining weight: exercise, drink water, and don't overeat.  
Source: *Lancet* 384: 755, 2014.

### Helpful tips when eating:

*Drink a glass of water before every meal.*

*Chew slowly and be mindful of what you are eating.*

*Dip your fork into dressings then stab food.*

*If you really want a treat wait 20 minutes before consuming it. You might forget you were craving it.*

*Start your morning off by consuming protein.*



### Broccoli Salad



#### Ingredients

2 large raw [broccoli](#) crowns, chopped  
1/2 red/orange/yellow bell pepper, chopped  
1/4 cup pine nuts  
1/4 cup cold pressed extra virgin olive oil  
1/4 red wine vinegar (or fresh [lemon](#) juice)  
Salt and pepper (optional)

#### Directions

Wash broccoli. Cut up broccoli into small florets.  
Mix all ingredients in mixing bowl.  
Let marinade 15 minutes, mixing periodically.  
Serve and enjoy.



### Tammy Levesque

Laconia SAU Health & Wellness Academic Coordinator  
[www.laconiahealthandwellness.org](http://www.laconiahealthandwellness.org)

# YOU ARE INVITED!

## RE-IMAGINE LACONIA COMMUNITY FORUM

OCTOBER 8, 2014 6:00– 8:30 PM, BELKNAP MILL, LACONIA



## — Community — Heart & Soul

WHAT IS IMPORTANT FOR  
LACONIA TO GROW AND THRIVE  
FOR A SUCCESSFUL FUTURE?



In coordination with the Orton  
Foundation, NH Charitable  
Foundation and the  
NH Listen's Program

REGISTER TODAY! [REIMAGINELACONIA.ORG](http://REIMAGINELACONIA.ORG)

Re-Imagine Laconia is hosting a Community Forum on Wednesday, October 8 from 6-8:30 PM. This is your opportunity to have an open dialogue with your fellow community members about the future of your city. Your input is critical to forming the best Master Plan possible for your community!

Please go to <http://www.reimagineLaconia.org/events.html> to register today! The doors will open at 5:30 PM and refreshments will be available. We hope to see you there!



## NOTICE

**CITY OF LACONIA  
HILLIARD ROAD BRUSH DUMP  
WILL COMMENCE WINTER HOURS  
OF OPERATION  
BY APPOINTMENT ONLY  
(Normally at 1:00, weekdays)  
EFFECTIVE NOVEMBER 3, 2014**

**PLEASE CALL ANN @ 528-6379,  
Ext. 300  
TO SCHEDULE APPOINTMENTS**



## NOTICE City of Laconia Leaf Pickup

During the weeks of Oct. 27<sup>th</sup> and Nov. 10th, the City's solid waste contractor will pick up an additional 10 bags of leaves/yard waste during these 2 weeks (on your normal trash day). Please note that yard waste will be collected by a separate truck NOT the normal trash truck.

**ALL materials MUST be placed in  
PAPER COMPOST BAGS.**

**PLEASE place bagged yard waste at least 3 feet  
away from your trash.**

Laconia residents may also bring leaves/yard waste to the composting area at the Laconia Transfer Station **FREE of charge**. Hours of operation are: Monday-Friday 7:30 am to 3:30 pm, and Saturdays 8:00 am to Noon. Any questions please call Ann at 528-6379, ext. 300.

**ELEMENTARY SCHOOL  
AGE DANCE**

**Saturday  
October 18th  
6:00 - 8:00pm**

**\$5.00 per child**

**At Laconia Community Center**

**Light Refreshments included**

Come have a night of fun with kids your age and enjoy some music, dancing, games and crafts.

Come dressed in costume, if you wish and possibly win a prize.

**Sponsored by:**  
Laconia Parks & Recreation

Anyone interested in volunteering please contact LP&R at 524-5046 or email at [parks@city.laconia.nh.us](mailto:parks@city.laconia.nh.us)

**It's Time to Tee Off for the Best Tasting Event in the Lakes Region!**

**SATURDAY NOVEMBER 1, 2014 | 6 - 9 PM**

**LACONIA COUNTRY CLUB 607 ELM STREET, LACONIA, NH**

**The perfect combination of beauty and grace**

**JOIN US FOR A VERY SPECIAL NIGHT OUT TO CELEBRATE THE LAKES REGION AND BENEFIT LRCS!**

**LAKES REGION COMMUNITY SERVICES**

**Sample amazing locally-made, handcrafted Wine, Mead, Beer, Cider, Fine Foods, Desserts and Coffee from 18 local vendors**

**Enjoy live music; wine education and cooking demonstrations**

**Bid on silent auction items donated by local businesses and artisans**

**Ticket proceeds directly benefit local individuals, children and family members of all ages who receive core supports and services from LRCS through the lifespan.**

**Dessert Sponsor**  
**Harvard Pilgrim Health Care**

**Silent Auction Sponsor**  
**Prescription Center**

**Uncorked Tasting Guide**  
**RMON Networks, Inc.**

**Music**  
**LPL Financial, Laconia**

**TICKETS \$50 IN ADVANCE | \$60 AT DOOR | LIMITED ATTENDANCE**

To purchase tickets visit [uncorked2014.eventbrite.com](http://uncorked2014.eventbrite.com) or [www.lrcs.org](http://www.lrcs.org).

(603) 524-8811 | [UNCORKED@LRCs.ORG](mailto:UNCORKED@LRCs.ORG) | [WWW.LRCs.ORG](http://WWW.LRCs.ORG)

Dedicated to Serving the Community by Promoting Independence, Dignity and Opportunity.  
*Serving the Lakes Region Since 1975*

**2014 Annual Laconia**

**HOLIDAY PARADE**

**1 pm  
Saturday  
November 29, 2014**

**All Businesses Are Open!**

**Shop Local!**

**Santa  
Bands  
Floats  
&  
More**

**Save the Date!**

**Info & Registration Available at:**  
Lakes Region Chamber of Commerce  
383 South Main Street, Laconia | 603-524-5531 | [Lakesregionchamber.org](http://Lakesregionchamber.org)  
All My Life Jewelers  
639 Main Street, Laconia | 603-528-8541

**MAIN STREET  
Laconia  
NEW HAMPSHIRE**

**LAKES REGION  
CHAMBER OF COMMERCE**

**Main Street Bridge Construction**

**DETOUR**

Click here for Main Street Bridge info including construction plans and traffic detour maps.

The Main St. Bridge Construction Website is updated periodically with information on construction progress, detour timing, special alerts and other pertinent information. The image (left) contains a link to a webpage relating to the project. On that page you will find the most current information on the bridge project.

Should you have any questions about the construction project or the website please contact Paul Moynihan at Public Works (528-6379, Ext. 301) or Shanna Saunders in the Planning Department (527-1264).

Please remember to support our downtown merchants during this project!

**Thank you for your patience!**

# News

## From the Laconia Water Department

Please click [here](#) for the Water Dept. website!

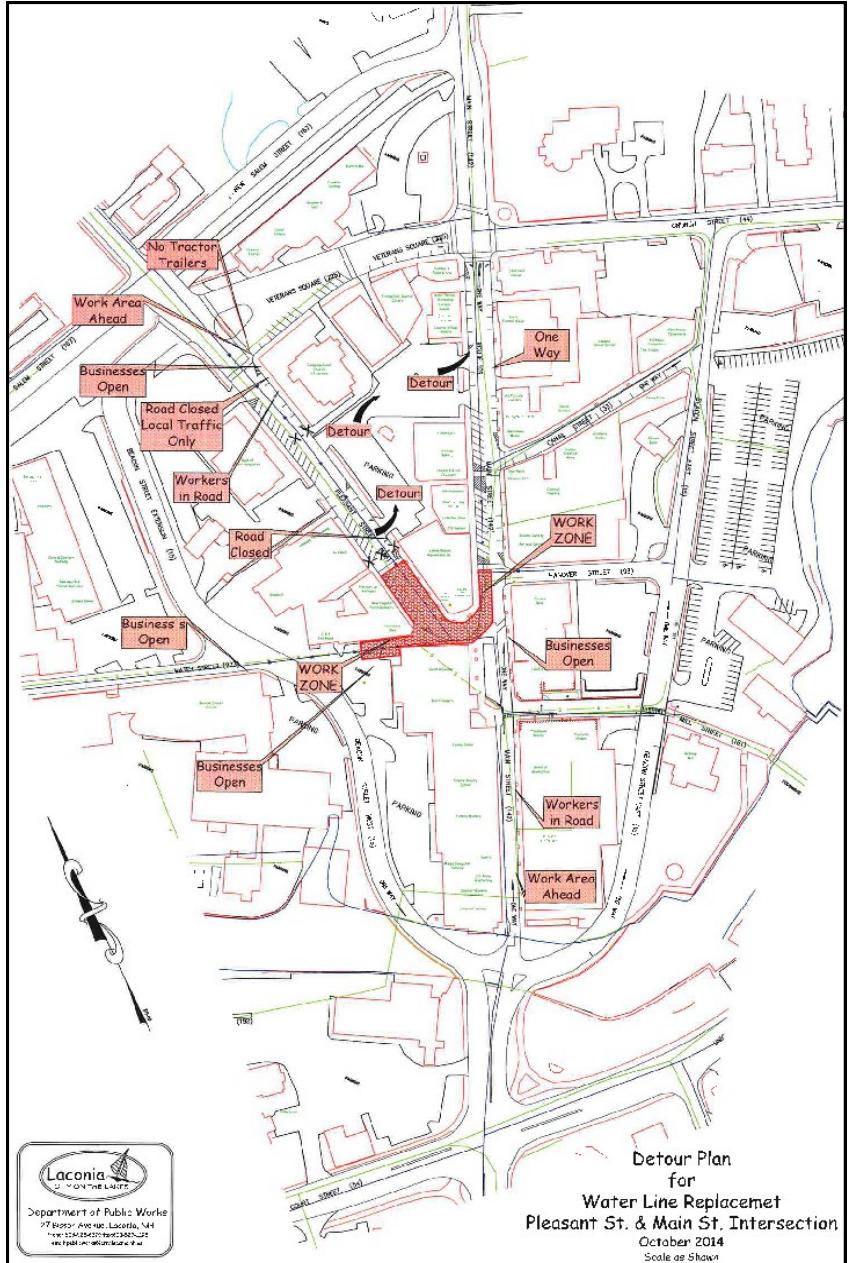
The Laconia Water Department is currently finalizing plans to replace approximately 300 feet of 12-inch and 8-inch water main in the intersection of Water, Pleasant and Main Streets. This work is intended to start on Monday, October 6, 2014 and last approximately 3-4 weeks. This schedule is governed by the water work being performed on the Main Street bridge and may begin as early as Monday, September 29, 2014, if scheduling permits.

Throughout our construction process, with the exception of weekends and holidays, the intersection of Pleasant and Main Streets will be closed to traffic. Closure of the road is necessary due to the volume of work, limited work area and the number of utilities that are involved. The map (right) shows the general area of the excavation and traffic patterns during the work process.

This Department would like to thank both the downtown merchants and the traveling public in advance for your cooperation and understanding during the construction process.

If you have questions on this project, please call the Water Department at 524-0901.

*Thank You!*



## Public Works Department

### PLEASE HELP SAVE THE SEWER SYSTEM

All Laconia households play a vital role in preventing neighborhood sewer system blockages. Please do your part to protect and maintain the City's significant investment in the sanitary sewer collection system. Click [here](#) to find out what is not allowed to be disposed of in the toilet or down the drain, and the proper way to dispose of such items. Questions? Please call Matt Mooney, DPW, at 528-6379, Extension 303.

*Your assistance is greatly appreciated!*



## **Boothby Therapy Services Supports Phase 2 of the WOW Trail!**



Have you heard the news? Boothby Therapy Services announced that it is supporting the WOW Trail with the purchase of \$25,000 worth of tax credits. The Laconia based company, owned by Maren & Christopher Boothby, is the largest provider of speech & occupational therapy services to schools in New Hampshire.

"As long time residents and business owners, Maren and I recognize the critical impact a completed WOW Trail will have on the entire Lakes Region," said Christopher Boothby. "This project promotes physical health, enhances the quality of life for residents, and provides economic benefits to our travel/tourism economy that will increase with its continued development.

On behalf of our nearly 50 employees across New Hampshire, we are proud to support the expansion of this important community resource." Please join us in thanking Boothby Therapy Services for their generous support!

### **Pumpkin Glow on the WOW Trail:**

Calling all pumpkin carvers! There will be a free Pumpkin Glow Walk on the WOW Trail on Friday, October 24<sup>th</sup> at 6:00 p.m. with prizes awarded for the scariest and best overall Jack O Lanterns! Be on the lookout for more information about this fun community event hosted by Laconia Parks & Recreation.



**Home Opener**  
**Friday October 3rd**  
**Pregame @ 6:30pm**  
**Laconia Ice Arena**  
**Tickets**  
**\$5.00— Adults**  
**\$3.00— Kids, Students, Seniors**



[www.fightingspirithockey.com](http://www.fightingspirithockey.com)



# Laconia Fire Department

Link to Fire  
Dept.'s  
Website [here](#)

## SMOKE DETECTORS SAVE LIVES!



It is a known fact by the fire service that smoke detectors save lives and reduce fire damage. However, according to recent research by the National Fire Protection Association (NFPA) almost two-thirds of all home fire deaths in this country resulted from fires with no smoke alarms or no working smoke alarms.

Roughly half of all home fire deaths resulted from fires that occurred at night between 11 pm and 7 am when most people are asleep. It is very disconcerting to read the statistics. Fires in residential properties are down from 30 and 40 years ago, primarily due to early detection. Unfortunately, just last year the number of fire deaths in

one and two family homes increased by 21%. If you study fire deaths and home fires the death rate per 1,000 homes has stayed the same for the past 40 years. There are less fires but the death rate has remained the same. One concern is that smoke alarms that are no longer effective. Another concern is the rapid fire growth rate caused by modern fire environment. This article will focus on smoke alarms.

It is recommended that any smoke alarm more than 10 years old should be replaced. If you are unsure when you placed the smoke alarm in your home then I recommend replacing it. I write the date inside the alarm and on the battery with a marker to remind myself. It is also extremely important to sleep with the bedroom doors closed. A closed bedroom door can hold back smoke and toxic gases from a fire in another room or lower level.

The Fire Department suggests you install smoke alarms and follow these instructions:

Install smoke alarms in every bedroom, outside each separate sleeping area and on every level of the home, including the basement. Preferably, mount them on the ceiling about 16 inches away from a wall.

If possible, interconnect all smoke alarms throughout the home. This way, when one sounds they all do.

Test alarms at least monthly by pushing the test button.

Replace all smoke alarms when they are 10 years old, or sooner if they don't respond properly.

Make sure everyone in the home knows the sound of the smoke alarm and understands what to do when they hear it, and practice with your family how to react to a smoke alarm.

Finally, we recommend at least one carbon monoxide detector, preferably near the bedrooms.

*We'll write about carbon monoxide alarms and the modern fire environment at a later date.*

## Always call 9-1-1 in an emergency!

# Public Works Department

BULKY ITEM PICKUP BEGINS  
OCTOBER 1ST- STICKERS NOW  
AVAILABLE FOR SALE!

## Bulky Items Eligible for Curbside Collection:



Furniture (non-metal)



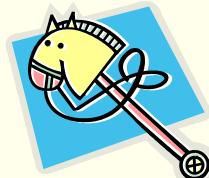
Toilets



Carpeting



Mattresses & Box Springs



Non-Metal Toys

Place curbside  
by 6am on  
your normal  
collection day.  
Bulky Item Sticker  
Required!



## Metal Items Eligible for Curbside Collection



Sleep Sofas



Washers & Dryers



Metal Shelving

### Sticker Required!

If you have a qualifying metal item for pickup, call Ann at 528-6379, Ext. 300 for the next scheduled monthly curbside pickup date.

Place curbside by 6 am!

NO TV'S/COMPUTER MONITORS,  
REFRIGERATORS, FREEZERS, A/C  
UNITS OR CONSTRUCTION/DEMO  
MATERIALS ARE ACCEPTED!!!!

All bulky and metal items must be affixed with a Bulky Item Sticker, one sticker per item.

Stickers may be purchased at the Laconia City Clerk's Office, City Hall, or at the Public Works Dept., 27 Bisson Ave. for \$6 each. Questions? Please call Ann at 528-6379, Ext 300.

Beginning October 1st, City of Laconia residents will have a convenient and easy way to dispose of certain larger, bulky items curbside! We are pleased to announce this new service and hope that you will find it helpful. The guidelines are simple and easy to follow:

**Bulky Item Pickup stickers are now available for sale at either the City Clerk's office or the Department of Public Works for \$6.00 each.**

If you have a non-metal bulky item (mattress, old carpet, items of furniture, etc.), just affix one sticker on each item you wish to have picked up and leave it curbside on your regular trash pickup day.

If you have a qualifying metal item, please be sure to call Ann at DPW, 528-6379, Ext. 300 to find out the next scheduled monthly curbside pickup date for metal items. Once the date has been determined, put one sticker on each metal item and place it curbside for pickup on that date.

Please call Ann at DPW, 528-6379, Ext. 300 with questions!

CITY OF LACONIA BULKY ITEM TAG  
(ONE TAG PER ITEM)



#0000

**NON-METAL ITEMS:** FURNITURE, MATTRESSES, BOX SPRINGS, TOILETS, CARPET, ETC.  
COLLECTED CURBSIDE ON REGULARLY SCHEDULED WEEKLY PICKUP

**METAL ITEMS:** SLEEPER SOFAS, WASHERS, DRYERS, METAL SHELVING, ETC. CALL NUMBER BELOW FOR NEXT SCHEDULED MONTHLY CURBSIDE PICKUP DATE

**ITEMS NOT COLLECTED CURBSIDE:** REFRIGERATORS, FREEZERS, A/C UNITS, TVs, COMPUTERS, MONITORS, MICROWAVE OVENS, CONSTRUCTION OR DEMO MATERIALS

QUESTIONS CALL 528-6379 EXT 300



## Yard Sale!

Happy Tails Dog Park is hosting a yard sale Columbus Day weekend! All proceeds will benefit the Park. Come show your support!

22 Addison St., Laconia

Saturday, Oct. 11th - 8am to 4 pm

Sunday, Oct. 12th - Noon to 4 pm

Monday, Oct. 13th - 8am to 1pm

If you have items to donate, please call 254-5166 or 393-4411 for drop off or pick up information.

Thank you for your support!



Downtown TIF  
Advisory  
Committee

**PLEASE NOTE!**

The Downtown TIF Advisory Committee meeting previously scheduled for October 16, 2014 has been rescheduled to Thursday, October 23, 2014 at 10:30 am, City Hall, Room 200B.

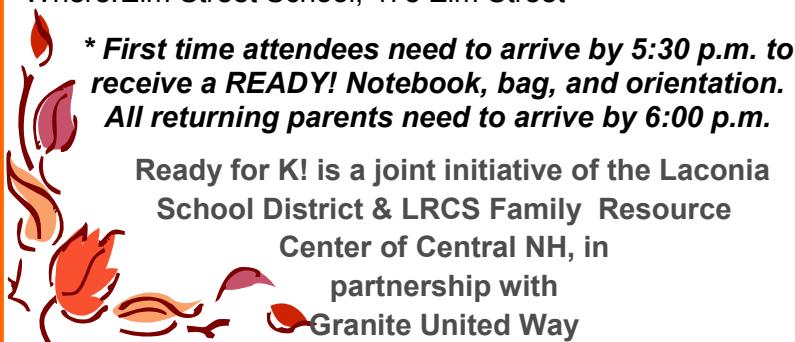
Please call Kevin Dunleavy, Parks & Rec. Department, 524-5046 with any questions.

## READY! for Kindergarten

**Register for the Fall Session now! Space is limited.**

When: October 16, 2014 - 5:30-7:30\*

Where: Elm Street School, 478 Elm Street



**\* First time attendees need to arrive by 5:30 p.m. to receive a READY! Notebook, bag, and orientation. All returning parents need to arrive by 6:00 p.m.**

Ready for K! is a joint initiative of the Laconia School District & LRCS Family Resource Center of Central NH, in partnership with Granite United Way

- Enjoy a free class for Laconia parents/guardians of children birth to age 5
- You will learn important information on how children learn and grow
- Join us to learn games to share with your child to support their learning

Register by calling Kaitlyn at **524-5710** or online at:

[www.readyforkindergarten.org/laconia](http://www.readyforkindergarten.org/laconia)

Register early as enrollment is on a "first come, first served" basis!

**Returning parents-**

**Please re-register each season.**

## Pavement Management

### in the City of Laconia

a presentation to the Laconia City Council  
by Paul Moynihan, Director of Public Works and Luke Powell, Assistant Director  
September 22, 2014

1

On September 22nd the Department of Public Works presented the City Council with information regarding the condition of the City's roads and the Pavement Management Program.

Please click [here](#) to view this comprehensive report.



Don't forget !  
ServiceLink  
Resource Center  
(1-866-634-9412 or  
528-6945)....it's the first  
number to call for  
senior services.



October is Breast Cancer Awareness Month.  
Make this pink ribbon count! See your care  
provider to get your exam and get a mam-  
mogram. (This applies to men as well as  
women!)

**Flu Shot Clinic - October 10th**  
provided by Laconia VNA.  
10:00 am to 11:00 am.  
Call the Senior Center  
at 524-7689 for details.  
Stay healthy this flu season!



*Laconia Senior Center is located at 17  
Church Street in Laconia.  
Questions? Call 524-7689*

*We hope you have enjoyed this  
Edition of Laconia Links*

*We welcome your input, comments  
and suggestions!*

Feel free to contact us at the  
City Manager's office, 527-1270,  
or by e-mail at [info@city.laconia.nh.us](mailto:info@city.laconia.nh.us)

*Have a great weekend!*



Scott Myers, City Manager  
City's Website: [www.city.laconia.nh.us](http://www.city.laconia.nh.us)



## CITY OF LACONIA PHONE DIRECTORY

Assessing .....	527-1268
Assessor - Jon Duhamel	
City Clerk.....	527-1265
City Clerk - Mary Reynolds	
City Manager.....	527-1270
City Manager - Scott Myers	
Code Enforcement.....	527-1293
Planning & Zoning Dir. - Shanna Saunders	
Finance .....	524-3877
Finance Director - Donna Woodaman	
Licensing .....	528-6331
Licensing Clerk - Hilary Young	
Planning & Comm. Dev. .....	527-1264
Planning & Zoning Dir. - Shanna Saunders	
Tax .....	527-1269
Tax Collector - Lindsey Allen	
Welfare.....	527-1267
Welfare Specialist - Suzi McCormack	
Welfare Director - Donna Woodaman	
Fire Dept. (Central Station) .....	524-6881
Fire Dept. (Weirs Station) .....	366-2229
Fire Chief - Ken Erickson	
Library .....	524-4775
Library Director - Randy Brough	
Parks & Recreation.....	524-5046
Parks & Rec. Director - Kevin Dunleavy	
Personnel .....	524-3877
Personnel Administrator - Paula Baumel	
Police (Administration) .....	524-5257
Police (Crime Line) .....	524-1717
Police Chief - Christopher Adams	
Public Works (Main Office) .....	528-6379
Public Works (Transfer Station)	528-5822
Public Works Director - Paul Moynihan	
Water.....	524-0901
Superintendent - Seth Nuttelman	

### **City Council Contact Info:**

Mayor Edward Engler .....	630-4484
Ava Doyle (Ward 1) .....	393-6533
David Bownes (Ward 2).....	524-4330
Henry Lipman (Ward 3) .....	528-0191
Brenda Baer (Ward 4) .....	524-6349
Robert Hamel (Ward 5) .....	524-6360
Armand Bolduc (Ward 6) .....	524-2514
E-mail: <a href="mailto:citycouncil@city.laconia.nh.us">citycouncil@city.laconia.nh.us</a>	

Visit the City's website at:  
[www.city.laconia.nh.us](http://www.city.laconia.nh.us)