



March 25, 2022 - Edition #534

*"Lost in Laconia" - a photo of a foggy Boardwalk in the Weirs  
(photo compliments of Harbor Lane Photography)*



## SMOKE ALARMS SAVE LIVES!

Working smoke alarms can cut the risk of death from home fires in half.

That's why we're rallying volunteers, fire departments and partners to *Sound the Alarm*, where it's safe to do so.

Together, we're installing **FREE** smoke alarms in your community. Request a smoke alarm installation today!

Where: Laconia, New Hampshire

When: May 7, 2022

MAKE YOUR APPOINTMENT TODAY!



Learn more at [Redcross.org/endhomefiresNNE](http://Redcross.org/endhomefiresNNE)  
or call 800-464-6692  
[NNEpreparedness@redcross.org](mailto:NNEpreparedness@redcross.org)



American  
Red Cross

**SOUND THE ALARM**  
Save a Life

CO-OPERATIVE  
INSURANCE  
COMPANIES

## Welcome to Laconia Links!

We hope you enjoy this issue of our weekly e-mail newsletter created to keep you up to date on City of Laconia news and activities. If you would like the newsletter sent to your email each Friday, or if you have changes to your email subscription, please call the City Manager's office at (603) 527-1270 or email us at [info@laconianh.gov](mailto:info@laconianh.gov).





# Laconia Public Library Events and Programs



Wednesdays + Thursdays @ 10am



**Preschool Storytimes!**  
March 30, 2022, 10 - 11 am.  
March 31, 2022, 10 - 11 am.

Join Jamie for fun stories, songs, activities, and crafts each week. For kids birth to age 6, in the Selig Storytime Room.

## The First Surprise!



Storytime is about to get a lot more colorful... and comfy!



## Children's Room Exciting Changes

Exciting things are coming soon to the Children's Room! What do you think are in all these boxes?

**Drop-In Tech Help with Shayla**  
March 30, 2022,  
2:00 PM - 3:30 PM

Come to the Volpe room to have your basic computer and electronic device questions



**TUESDAY, MARCH 29**  
**3:30PM | AGES 9-19**

**Teen & Tween Craft:  
Melted Crayon Art**  
March 29, 2022,  
3:30 PM - 4:30 PM

Glue crayons to a canvas and melt it with a hairdryer for instant art! In the Auditorium for teens and tweens aged 9-19.

**Thanks for donating books and more to the Laconia Public Library!**

Accepted items will be evaluated for use in our collection, or put on our book sale table.

*Please Note: Donations must be clean (no water damage, mold-free, odorless), pages whole, binding & dust jackets intact, free of highlights, underlining and notes.*

### YES PLEASE!

#### FICTION & NON-FICTION

- Newer than Five Years
  - Hardcover or Paperback Books
    - Children's
    - Teens
    - Adults
  - Large Print

#### MEDIA

- In original packaging
  - Music CDs
  - Audiobook CDs
  - DVDs

### NO THANK YOU

- Textbooks, Encyclopedias, Dictionaries, or Yearbooks
- Magazines
- Books discarded by other libraries
- Outdated Reference Books
- Book of the Month Club/Literary Guild copies
- Readers Digest condensed books
- Vinyl Records
- Audio cassettes/VHS Tapes
- Abridged Audiobook CDs

**There is a limit of four bags or boxes accepted at one time.  
All donated materials must be delivered to the library.**

*Think to yourself: Would I buy this? 🤔*

*Storytime Craft  
March 30 & 31*



## Storytime Craft

The Pigeon wants to read stories! At Wednesday and Thursday Storytimes this week, we'll read about our fine feathered friends and make a cute Pigeon craft!

# COMMUNITY LISTENING SESSIONS

## Laconia City Manager Search Process Begins

After nearly eleven years as the Laconia City Manager, Scott Myers will be leaving his position with the City to pursue other opportunities. Municipal Resources Inc. (MRI), a New Hampshire company with a great deal of experience in conducting searches of this nature, will begin work soon to help us find our new City Manager.

As part of the search process MRI will be holding two Listening Sessions for the public to attend and provide input on what they would like to see in the next City Manager, along with what they see as short and long-term challenges for Laconia.

The two Listening Sessions will be held in the Laconia Rotary Hall Auditorium in the Laconia Public Library on Thursday, April 7, 2022. The first session will be at 2:00 pm and the second will be at 7:00 pm.

For those who cannot attend the sessions in person, we invite you to provide your comments via email at the following e-mail address: [laconiacmsearch@mrigov.com](mailto:laconiacmsearch@mrigov.com). Please include the word "Laconia" in the subject line of your email. For questions of a general nature, please call the City Manager's Office at (603) 527-1270.

*We hope you can join us to offer your comments  
and input on this important subject!*

### Prescott Farm Environmental Education Center

Final Maple Sugaring Day of  
the Season!

**Saturday, March 26**

#### Tap into Maple:

Multigenerational

90 minute programs begin  
on the hour 10 am—3 pm.

Registration & FMI  
[prescottfarm.org](http://prescottfarm.org)



## Save the date!

upcoming mobile food pantry



**Friday, April 22<sup>nd</sup> from 12:00-2:00pm**

(While supplies last)

**Lakes Region Community College  
379 Belmont Road Laconia, NH**

The NH Food Bank will bring truckloads of food to distribute to families and individuals. This is a drive thru event.  
All items will be distributed to you in your vehicles.



# Create a Pollinator Garden at the Laconia Public Library

## Belknap County Teen Service-Learning Experience

In this service-learning experience, youth aged 12 and older will work together to learn about pollinator gardens and build a pollinator garden at the Laconia Public Library. Youth will work to certify the garden as a true pollinator garden. There will be additional gardening and craft activities. This project will be led by the Belknap County 4-H Youth Leadership Team and is generously sponsored by Jim Morgan and the Laconia Public Library.

### EVENT DATES:

- Virtual Information Night: March 21, 2022 from 7:00pm to 8:00pm (On Zoom)
- Gardening at the Laconia Public Library: April 7, 2022 from 6:00pm to 8:00pm
- Gardening at the Laconia Public Library: May 5, 2022 from 6:00pm to 8:00pm
- Gardening at the Laconia Public Library: May 19, 2022 from 6:00pm to 8:00pm
- Gardening at the Laconia Public Library: May 31, 2022 from 6:00pm to 8:00pm

### Register

If you are a current 4-Her, register through your 4HOnline account. Register for the event named: "Belknap Teen Pollinator Garden". If you are NOT a current 4-Her, contact Karen at (603) 651-3104 or email [Karen.deighan@unh.edu](mailto:Karen.deighan@unh.edu) to sign-up. Open to youth 12-18 years old. Cost: FREE



March 21, 2022

April 7, 2022

May 5, 2022

May 19, 2022

May 31, 2022

Laconia Public Library  
695 N Main Street  
Laconia, NH 03246

### Contact Us

Karen Deighan  
603-651-3104  
[karen.deighan@unh.edu](mailto:karen.deighan@unh.edu)

For persons with disabilities requiring special accommodations, prior to the event please contact:

Karen Deighan  
603-651-3104

Given ample time, we will make any reasonable effort to make accommodations.



Extension

## YOUNG PERFORMERS

# OPEN MIC

SUN. MARCH 27TH, 2022  
2-4P

BELKNAP MILL  
25 BEACON ST EAST  
LACONIA, NH

SPONSORED  
BY:



CALLING ALL: MIDDLE AND HIGH SCHOOL  
STUDENTS IN THE LAKES REGION

PRESENTED BY: JOHN MCARTHUR OF NH MUSIC COLLECTIVE AND BELKNAP MILL

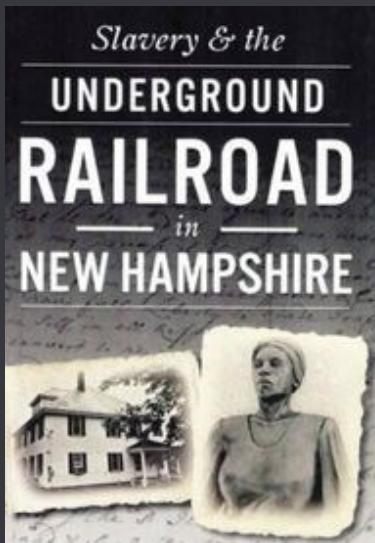
## Open Mic Takes An Emotional Turn

"They don't sing or play an instrument, but is it OK if our students practice their TED Ed talks at your open mic?" That was the question that Lorraine Connell, a teacher at Brewster Academy in Wolfeboro posed, when she contacted John McArthur of NH Music Collective, about the Young Performers open mic at Belknap Mill. "An open mic is an open mic," he said, "and any middle or high school student is welcome. They can sing, play an instrument, recite poetry or give a talk."

But the open mic took an unexpectedly emotional turn when Jasmine Khakhunmalee from Brewster Academy took the mic to tell her story of the sexual harassment she had experienced growing up. And when Tata Tirapongprasert told his story of reciting poetry to overcome his stuttering, the audience of 42 was both impressed and moved. There were seven performances last month including solo performances on piano and guitar, a teen band, and three spoken word performances.

This month's open mic, sponsored by Strings & Things in Concord and organized by NH Music Collective in Gilford, will be held Sunday, March 27th from 2-4 at Belknap Mill.

The open mic will include a feature performance by pianist and Belmont High School student, Kyle Dumais. To sign up for the open mic, performers should email John McArthur at [john@nhmusiccollective.com](mailto:john@nhmusiccollective.com).



## Slavery & the Underground Railroad In New Hampshire - Presentation by Michelle Arnosky Sherburne, author and journalist

Sponsored by the Laconia Putnam Fund, the Laconia Historical and Museum Society is partnering with the Belknap Mill Page Turners Book Club for the Society's first program of 2022!

Journalist and author Michelle Arnosky Sherburne will discuss her book *Slavery & the Underground Railroad in New Hampshire* and the 25 years of research she did on the Vermont and New Hampshire Underground Railroad network. A Civil War history writer, Ms. Sherburne has also written *A Vermont Hill Town in the Civil War: Peacham's Story, Abolition and the Underground Railroad in Vermont, and St. Albans Raid*.

The presentation will be held Monday, March 28 at 6:00p.m. in the Rose Chertok Gallery, on the third floor of the Belknap Mill and can be attended in person or viewed via live stream on the LHMS Facebook page. Seating will be spaced, and masks are recommended. For more information or questions, contact LHMS at [lhmslpl@metrocast.net](mailto:lhmslpl@metrocast.net), call (603) 527.1278 or visit the Society's Facebook page. This presentation is hosted by the Laconia Historical and Museum Society, in partnership with the Belknap Mill Page Turners Book Club. (Courtesy photo)

# Living Well with Chronic Pain



## Workshop Details

- 6 consecutive dates with each session building upon the session before
- Zoom virtual course
- NH residents only at this time

## Dates and Times

### Morning Workshop

- Wednesdays 10:00 - 12:30 PM
- Dates: April 20, 27 and May 4, 11, 18 & 25

### Afternoon Workshop

- Fridays 1:30 - 4:00 PM
- Dates: April 1, 8 15, 22, 29 and May 6

### Evening Workshop

- Thursdays 5:30 - 8:00 PM
- Dates: March 31 and April 7, 14, 21, 28 and May 5

This workshop is funded by a SAMHSA Rural Opioid Technical Assistant grant (H79TI083274) awarded to UNH Cooperative Extension.

## *Are you ready to put life back into your life?*

Chronic pain can be difficult to live with. If you or someone you care for are experiencing chronic pain, this workshop can help!

In this workshop, you will learn ways to manage symptoms and meet health goals. Create a weekly action plan to help you meet your goals so that you can do the things in life YOU want to do!

Gain the confidence and real-life skills needed for living a full, active and fulfilling life with chronic pain.

### In this workshop, participants will:

- Discover problem-solving strategies to deal with fatigue, pain, frustration, isolation and poor sleep
- Uncover physical activities for maintaining and improving strength, flexibility, endurance
- Learn how to pace activity and when to rest
- Discover the importance of good nutrition in pain management
- Improve communication with your family, friends and health professionals
- Understand appropriate use of medications and how to evaluate new treatments
- Benefit from the support and encouragement from others also living with chronic pain

## Learn More

[extension.unh.edu/tags/chronic-disease-self-management](http://extension.unh.edu/tags/chronic-disease-self-management)



The University of New Hampshire Cooperative Extension is an equal opportunity educator and employer. University of New Hampshire, U.S. Department of Agriculture and N.H. counties cooperating.



Extension

## Think Twice Before Buying Easter Chicks

With Easter coming soon, you'll be seeing ads for Easter chicks. Aww...aren't they cute? However, the City considers chickens, even the cute little chicks, to be livestock and NOT pets. In most areas of the City, livestock including chickens are not allowed to be kept on the property.

Chickens, ducks, guinea hens, pigs, goats, and other agricultural animals are not permitted in most districts in the urban/suburban districts in Laconia. Agriculture and agricultural animals are permitted in the RR1 (Residential Rural), RR2 (Residential Rural Corridor) and AI (Airport Industrial) districts. In the CR (Commercial Resort) district, agriculture and the animals typically associated with agriculture are only allowed by Special Exception granted by the Zoning Board of Adjustment. If you're not sure what zoning district you live in, check your tax card on the City [website](#) or call the Planning office at (603) 524-1264 to find out.

A good idea is to keep your chick purchases to the pink marshmallow kind!



## Recycle Your Clothes at the Transfer Station!

Did you know that 85% of all clothing, shoes and textiles in New Hampshire goes to a landfill?

A clothes recycling container is now available at the Laconia Transfer Station in the area with the single stream recycling containers.

The organization accepting the material, Apparel Impact, works with clothing graders, and 85% of what they collect is reused. The other 15% of what they collect is in bad enough condition that it needs to be recycled for other purposes.

Apparel Impact also provides over 3,000 people in New Hampshire with free clothing through their community outreaches and partnerships with school districts and Easter Seals. All items do not need to be clean, but they do need to be dry and free from mold.

Items that can be recycled include:

Purses/Bags  
Ties, Scarfs and Hats.  
Sneakers  
Any type of dress shoes  
Sandals

Flip Flops  
Clothing  
Coats/jackets  
Sheets & towels

**Please help the City reduce its solid waste disposal costs by recycling your clothing not throwing it in the trash!**



Interested in learning more about incorporating herbs into new or existing gardens and/or containers? Come join the Opechee Garden Club, as Sarah Marcoux, presents a better understanding about the propagation and growing habits of available herbs, as well as some which are harder to find. An overview of environmental conditions necessary to grow herbs will also be addressed. The use of culinary herbs is included in the presentation.

Sarah Marcoux says that she and her husband Dan have encouraged their four children ages 14 to 21 "to give back to the community and cultivate a lifestyle of service to others." Both are longtime, homeschooling parents. Sarah, and her then 18-year old son, Joseph, became Master Gardeners in fall 2016. They have been volunteering for the Free Seeds for Education program since late summer 2018. They helped collect and sort seeds, address envelopes, and package orders. The Free Seeds group sent out 515 orders of 10 seed packets each in 2021, working from home, due to the pandemic. In recent years, the mother-son team also built a pollinator garden at Southwick Elementary School in Northfield where the Marcoux's live, and have worked at local farmer's markets staffing an Ask A Master Gardener table.

The presentation will take place during Opechee Garden Club's monthly meeting on April 5, 2022 at 1PM. Meetings are held at the Gilford Community Church, Potter Hill Road, Gilford, NH. The public is invited to attend.



***Curbside recycling  
will be picked up  
the week of  
March 28!***



***Please note that glass  
may now be put in with  
your recycling.***



**Something ROTTEN!**  
Filarious new musical  
MAY 6- 8  
COLONIAL THEATRE





# PUBLIC HEARING NOTICES

Please see the Public Hearing Notice on this page which has been published in the Laconia Daily Sun. We will continue to provide citizens with notices of upcoming Public Hearings that may be of interest to the general public in our community.

If you have questions regarding any Public Hearings shown, please call City Hall at 603-527-1270 and we will be happy to direct you to the appropriate department. Thank you for staying informed about what is happening in City government!



## CITY OF LACONIA Notice of Public Hearing

The City Council will hold a Public Hearing on **March 28, 2022** during the regular City Council meeting which will begin at 7:00 pm in the Armand A. Bolduc City Council Chamber relative to:

**RESOLUTION 2022-03, A RESOLUTION AUTHORIZING APPLICATION FOR A \$2,500,000 LOAN FROM THE NEW HAMPSHIRE CLEAN WATER STATE REVOLVING LOAN FUND FOR THE NORTHERN LAKEPORT AREA SEWER PROJECT AND APPROPRIATING FUNDS FOR SAME**

Katie Gargano, City Clerk



## CITY OF LACONIA Notice of Public Hearing

The City Council will hold a Public Hearing on **March 28, 2022** during the regular City Council meeting which will begin at 7:00 pm in the Armand A. Bolduc City Council Chamber relative to:

**AN ORDINANCE TO AMEND CITY CODE CHAPTER 189, SEWERS**

Katie Gargano, City Clerk

Navigating Medicare			
"Extra Help" for Part D Low Income Subsidy AKA LIS			
	2022 Limits	Monthly Income	Assets
Single Individual	Partial subsidy	\$3,719	\$15,510
	Full subsidy**	\$3,549	\$9,900
Married Couple	Partial subsidy	\$2,175	\$30,950
	Full subsidy	\$2,080	\$15,600

Resource limits above do not include the \$1500 per person allowed for burial expenses. On the LIS application, if you answer "no" to the question about any of the assets being used for burial expenses, the applicant can actually have \$1500 more than the guidelines above. (\$3000 for couples). If you check "no", the resource limits above will be used.

\*\*This amount includes the \$20 disregard.

Refer to Resource Center chart for:  
 • details on premiums, co-payables and co-pays for full vs. partial extra help  
 • details and income asset levels for clients with Medicare only vs. Medicare and Medicaid and/or MSP

Medicare Savings Program (MSP)			
	2021 Limits	Monthly Income	Assets
QMB	Single Individual	\$1,153	\$8,400
	Married Couple	\$1,546	\$13,600
SLMB	Single Individual	\$1,379	\$8,400
	Married Couple	\$1,851	\$12,600
SLMB 135	Single Individual	\$1,469	\$8,400
	Married Couple	\$1,980	\$12,600

(Income limits include allowed disregard amount of \$20) SLMB & SLMB 135 can be retroactive to three months, QMB cannot.

	QMB	SLMB	SLMB 135
2021 BENEFIT	Yes	Yes	Yes
Pays Part B premium (\$170.10 base premium)	Yes	No	No
Pays hospital deductible (\$1,556 per benefit period)	Yes	No	No
Pays 20% medical copay for days 21-100 (\$194.50 per day)	Yes	No	No
Pays skilled nursing copay for days 61-90 (\$389 per day) and days 91-150 (\$778 per day)	Yes	No	No
Pays hospital copays for days 61-90 (\$389 per day) and days 91-150 (\$778 per day)	(5233)	Yes	No
Pays Part B annual deductible	(5233)	Yes	No

Click the image (left) to view a full-size version of this document which includes information about the new income and asset guidelines for Medicare!

## Lakeport Community Association

### Leavitt Park Community Club

March 29th: Open House 5:30pm—6:30pm



To re-introduce the community to our associations and the Lakeport Historical Railroad Museum.

Light refreshment will be served along with a brief history from our association historian, Ginger Ryan and a few words from association members.

Limited seating available.

To RSVP please email [KevinLCA@outlook.com](mailto:KevinLCA@outlook.com)

# Electronic Waste Collection Day



Fundraising event to benefit:

## Laconia-Gilford Lions Club

When: **Saturday, April 9**

Where: Cinemas 8 Parking Lot  
9 Old Lakeshore Road, Gilford, NH

Time: 8:30 am to 12:30 pm



### Items we are accepting:

Mice or keyboard	\$1	Air Conditioner	\$10
Laptop	\$5	De-humidifier	\$10
CPU / PC Tower	\$5	Microwave	\$10
Servers	\$5	CRT Monitor (<50lbs)	\$20
CD / DVD Player	\$5	CRT Monitor (>50lbs)	tbd*
PC LCD Monitor	\$5	TV < 13"	\$5
Camcorder	\$5	TV < 25"	\$20
VCR	\$5	TV > 25"	\$30
Audio Visual Equip.	\$5	Very Large TV	tbd*
Speaker	\$5	Dryer	\$20
Printer	\$5	Gas or Electric Stove	\$20
Copier, Fax, Scanner	\$5	Dishwasher	\$20
Phone System	\$5	Refrigerator	\$20
Phone (land or cell)	\$5	Freezer	\$20
UPS System	\$5	Water Heater	\$20
Humidifier	\$5	Washing Machine	\$20
Car batteries	\$5	Teflon pan	\$1
Cords, Cables, Computer Accessories	\$5	(Free if recycling something else)	

Anything with a cord not listed will be accepted.

\*The item will be weighed on site and the price determined.

### Items we CANNOT accept:

Oils, paints, thinners, batteries, tires, mercury containing items such as fluorescent & CFL light bulbs or thermometers, smoke detectors, capacitors, ballasts or any other hazardous waste.

***“Don’t Throw It Out, Recycle It!”***

Thank you for supporting the Laconia-Gilford Lions

Laconia Parks & Recreation's

Registration open for Laconia residents only from April 1st to June 1st.

# OPECHEE DAY CAMP

June 27th through August 19th

Opechee Park House

Monday - Friday

Residents ~ \$105 per week

Nonresidents ~ \$145 per week

Sibling Discount ~ less \$20 per week

Field trips an additional fee.

Free breakfast and lunch provided daily by CAP.

Snacks are required.

Youngest campers will need to have finished a year in Kindergarten to come to camp.  
Oldest campers will have just finished their 5th grade year

Weekly enrollment



**LACONIA SENIOR CENTER 603-524-7689**

## MARCH 2022 ACTIVITIES

Mon	Tue	Wed	Thu	Fri
	<b>1</b> Activities Meeting (10-11)	<b>2</b> Bingo (10-12)	<b>3</b> Chicken Tortilla Soup & Egg Salad (11:30-12:30) *RSVP*	<b>4</b> Bingo (10-12) Kitchen Update Meeting @ 11 am
<b>7</b> Foot Clinic (9-1) *By Appointment Meditation (11-12)	<b>8</b> Knitting (10-12)	<b>9</b> Bingo (10-12)	<b>10</b> Senior Comp. Meeting (10-12) <b>Special Music:</b> by Dave Jenne @ 10:30 am	<b>11</b> Bingo (10-12)
<b>14</b> Sewing & Quilting (10-12)	<b>15</b> BP Clinic @ 10:30 <b>**BUS TRIP**</b> HART'S TURKEY FARM @ 11:30	<b>16</b> Bingo (10-12)	<b>17</b> Hearing Clinic @ 10:15 St. Patrick's Dinner: Corn Beef Meal (11:30-12:30) *RSVP*	<b>18</b> Bingo (10-12)
<b>21</b> Coffee Social (10-11)	<b>22</b> Board Games & Card Games (10-12)	<b>23</b> Bingo (10-12)	<b>24</b> Quiche & Fried Potatoes (11:30-12:30) *RSVP* Community Champions Speaker	<b>25</b> Bingo (10-12) Book Club (11-12)
<b>28</b> Meditation (11-12)	<b>29</b> Easter Craft (10-12)	<b>30</b> Bingo (10-12)	<b>31</b> Mushroom & Veggie Barley Soup w/Tuna Sandwich (11:30-12:30) *RSVP*	

# Our yesterdays

*Our sincere thanks to Warren D. Huse, the Laconia Historical and Museum Society, and the Laconia Daily Sun for providing a glimpse into our community's past.....*



## THEN ...

Laconia's 'Busy Corner' store at 'Casino Square' is seen in 1934, with the Scott & Williams factory in the background. S&W had built the portion fronting on Union Avenue in 1916 and the portion fronting on Davis Place in 1929-1930. The landmark variety store was owned and operated by the Simoneau Family, later by Benoit Doucet and, still later, by Bill and Molly Holman for many years. Last operator was Bruce Pethic. Addition at back housed Boutin, later Huot, insurance and real estate offices; still later, Marine Corps recruiting. (Laconia Historical and Museum Society)



## ... AND NOW

The square was renamed Normandin Square in 1946, honoring the memory of Dr. Armand Normandin. The Union Avenue portion of the Scott & Williams plant was torn down in 2005, in conjunction with developing the remainder of the old factory building into the Normandin Square Apartments. The Busy Corner store building lasted until 2016, when it was razed. CVS Pharmacy, built in 2009, is off-photo at left. (Jon Decker/The Laconia Daily Sun)

**Streetcar Company**   
Presents  
**THE WIZARD OF OZ**  
*"We're off to see the Wizard...."*

By L. Frank Baum  
With Music & Lyrics by Harold Arlen & E. Y. Harburg  
Background Music by Herbert Stothart

**April 8th at 7pm**  
**April 9th at 7pm**  
**April 10th at 2pm**

**Laconia High School Auditorium**

Tickets available online at [streetcarcompany.com](http://streetcarcompany.com) or at the door  
\$15/adults      \$12/Seniors and kids

THE WIZARD OF OZ is presented by arrangement with TAMS-WITMARK  
TAMS-WITMARK LLC 225 WEST 28TH STREET 11TH FLOOR NEW YORK, NY 10001  
212 564-4000 (P) 212-268-1248 (F)  
[www.tamswitmark.com](http://www.tamswitmark.com)  
Musical recording provided by The MT PITT Co. [www.themtpit.com](http://www.themtpit.com)



#### UNH Extension: brings a value greater than the sum of its parts

By Aaron Lichtenberg

UNH Extension Belknap County Advisory Council volunteer,  
Owner of Winnipesaukee Woods Farm & Busy Lizzie's Blooms

UNH Cooperative Extension has roots and branches that reach beyond our state borders, bringing valuable knowledge, resources, and information back to the taxpayers of our great State of New Hampshire. If you do not yet know about Extension, let me share just how valuable this organization is to our state and county.

I am a UNH Extension Belknap County Advisory Council volunteer, but also have been a vegetable and cut flower grower here in Belknap County for over a decade. And as y'all know, farmin' ain't easy!



Weather is challenging, pests are always close by and best practices for small-scale New England agriculture are always improving. Whether we're looking for better ways to control weeds, searching for better performing crops or need to quickly diagnose a problem we're having, Extension is there.

Here is where the collaborative power of Extension brings more value back to our state. You may not know it, but Extension collaborates with universities around the country, from the University of Maine to Oregon State, to conduct research and generate resources for citizens from all sectors of the economy.

It doesn't matter if you're a farmer, a private landowner looking to manage a woodlot or an educator looking to include STEM programming, Extension can help answer so many kinds of questions providing endless connections for everyone! Their specialists bring expertise in four program areas:

- Food and Agriculture
- Community and Economic Development
- Youth and Family
- Natural Resources

These four program areas have endless root systems bringing resources back to our communities. Here's a few quick stats showing just some of the many impacts Extension brought to Belknap County in 2021:

- Natural Resources helped manage 644 acres of forest, improving 62,525 feet of forestland roads and trails on private lands and helped the City of Laconia work on its natural resources inventory.
- Extension's Youth and Family programs reached 195 community members with healthy living and nutrition programs to help prevent chronic disease.

Click the image above to read about services and programs provided by the UNH Extension!



On Saturday, March 26th the Laconia Gilford Lions Club is joining with the Green Sanctuary Committee of the Unitarian Universalist Society of Laconia to collect clean SOFT plastics.

We ARE collecting plastic grocery bags, vegetable bags, bubble wrap, newspaper sleeves, bread bags, air packing bags, dry cleaning bags, wood pellet bags, ice bags, cereal box liners, and plastic films labeled with a #2 or #4 recycling symbol.

\*\*We no longer accept pet food bags.\*\*

Each and every piece of CLEAN plastic is sent to Maine via the way-stop at Hannaford's in Gilford to be repurposed and made into composite decking and outdoor furniture. Please click on the following link from TREX to see what is and is not acceptable for collection: <https://recycle.trex.com/view/educate#materials1>

Our community is doing a great job in keeping these plastics from polluting the Earth. The February collection netted 237 pounds. Each time we hold the event the amount increases. This is due to the activity of the Interact Club at LHS, LHS students, plus the contributing efforts of the Taylor Community, both of which have set up plastics collection bins at their locations.

Our volunteers (masked) will be in front of the little white church at 127 Pleasant Street Laconia from 11 am until 1 pm on the 26th. Come one, come all!

Home of the 2021 10U Girls State Champions!

Not a school sponsored event

Laconia, NH

# LACONIA LACROSSE CLUB

GIRLS - If you love to RUN and COMPETE, then try LACROSSE in the spring!

## 5th & 6th GRADE GIRLS NEEDED!!

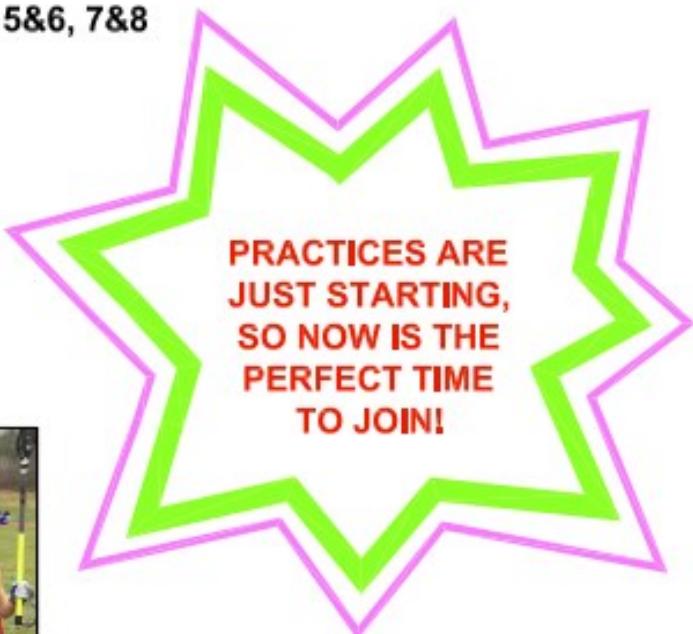


Lacrosse is fast-paced and full of action. It is a combination of basketball, soccer, and hockey. The game is played with a stick, which is used to throw, catch, scoop, and shoot the ball.



### GIRLS & BOYS TEAMS: Grades 1&2, 3&4, 5&6, 7&8

- No Experience Necessary! If you love to run, compete, be fierce, and work with teammates, you'll love lacrosse!
- Practices are in the evenings, starting in late March, and games are on Sundays from early April to early June. We play 4 games at home, and 4 away across New Hampshire
- Girls' equipment includes a stick & goggles, and the game is no-contact.



REGISTRATION TO PLAY WITH LACONIA LACROSSE IS **FREE** FOR 5TH & 6TH GRADE GIRLS

Players from surrounding towns of **Belmont, Tilton, Sanbornton, Northfield, Meredith, Gilmanton & Franklin** are welcome to join our teams!

Website: [laclax.uslaxteams.com](http://laclax.uslaxteams.com)

For more info, email the club at: [LaconiaLacrosseClub@gmail.com](mailto:LaconiaLacrosseClub@gmail.com)

or Coach Paul Marlance at [pmarlance@marlnacearchitects.com](mailto:pmarlance@marlnacearchitects.com) or text questions to 603-494-5353



## 2022-23 KINDERGARTEN REGISTRATION Opens April 1, 2022

\_packets can be picked up at any one of our elementary schools and the SAU.

Once class lists reach the enrollment of 12 student, the process will pivot to central registration at the Superintendent's Office.

**If you have a child 5 years of age by September 30, 2022  
it is time to register them for kindergarten!**

Laconia School District kindergarten registration packets will be available via email on Friday, April 1, 2022. A copy of your Child's Birth Certificate, Proof of Laconia Residency, Immunization Records and most recent Physical Examination is required for registration. Please call or email respective schools with any questions or for further information regarding the registration.

Pleasant Street School	Kelley Maher	603-524-2168	kmaher@laconiaschools.org
Elm Street School	Coleen Poire	603-524-4113	cpoire@laconiaschools.org
Woodland Heights School	Kerri Mull	603-524-8733	kmull@laconiaschools.org

*"Ensuring success for every student, every day, in every way"*



*Learn to Play. Play to Learn.*

## 2022-2023 PRESCHOOL REGISTRATION APRIL 1, 2022

**If you have a child 4 years of age by September 30, 2022  
it is time to register them for preschool!**

Laconia School District preschool registration packets will be available via email from the Superintendent's Office starting on April 1, 2022 between 8:00 A.M. and 4:00 P.M. Please call or email Regina Sargent at rsargent@laconiaschools.org or 603-524-5710 to request a packet. A copy of your Child's Birth Certificate, Proof of Laconia Residency, Immunization Records and most recent Physical Examination is required for registration. Parents are asked to call the SAU to register and obtain a packet. Please call the SAU with any questions or for further information regarding the registration.

School Administrative Unit 30  
39 Harvard Street • Laconia, NH 03246 • (603) 524-5710

**TICKETS ON  
SALE NOW**

The Colonial Theatre  
is proudly managed by



Gobo Productions Ltd Presents

# ONE NIGHT OF QUEEN

“...more than a likeness.”  
Brian May, Queen

A Kind of Magic  
We Will Rock You  
Under Pressure  
Bohemian Rhapsody  
and much more...



Visit the Colonial Theatre's website at [www.coloniallaconia.com](http://www.coloniallaconia.com) for more information on these and upcoming performances.

Tickets can be purchased on the Colonial's [website](#), or by calling 1-800-657-8774.



[COLONIALLACONIA.COM](http://COLONIALLACONIA.COM)  
1(800) 657-8774

**OPEN POSITION**

Do you want to get more involved in your community but don't know where to start?

Laconia Water Works is looking to fill the position of Water Commissioner.

The candidate must live in Laconia and be available for meetings the first and third Thursdays of the month at 8:00 am.

If this sounds like something you would like to do, just click [here](#) to fill out an on-line application.

If you would prefer to complete a paper application, please contact Nancy in the City Manager's Office at (603) 527-1270 or by email at [nbrown@laconianh.gov](mailto:nbrown@laconianh.gov).

If you have any questions please feel free to contact the Water Department at (603)-524-0901.

# Parenting Journey in Recovery

on  **zoom**

*Addiction is complicated and difficult to overcome.*

*Parents and caregivers in recovery face the additional challenge of building strong, positive relationships with their children while maintaining sobriety, which can be both rewarding and daunting.*

*Parenting Journey in Recovery provides a valuable source of fellowship and support and enhances awareness of triggers that may bring about relapse.*

*Personal recovery, accountability, positive actions, and hard work are only some of the topics discussed by group members.*

*Participants in this class should have at least 90 days in recovery prior to the start of the class.*

**Tuesday evenings from 6:00-8:00 pm**

**14-Week Series begins**

**March 29, 2022**

**To register, go to:**

[www.lrcs.org/parentedregistration](http://www.lrcs.org/parentedregistration)

**or email: [tricia.tousignant@lrcs.org](mailto:tricia.tousignant@lrcs.org)**



The Linden Foundation

The Samuel P. Pardoe Foundation

## CONSUMER ALERT WARNING ABOUT MEDICARE CARD SCAM

There have been recent reports of scammers impersonating New Hampshire Division of Emergency Services and Communications ("DESC") employees in order to obtain sensitive personal information from New Hampshire residents.

NH residents reported receiving calls from the direct line of one of DESC's data control clerk's with a caller ID showing "NHEGCY." The caller asked the residents to verify their Medicare and Social Security numbers, telling the residents that the information was needed in order to issue a new Medicare card.

One resident was called 4 times over a few days. Each caller was different, although each spoke with a Russian or Eastern European accent and in each case chatter was audible in the background of the call. Each time, the phone number that appeared on the resident's caller ID was different, with the caller ID showing "NH Bureau of ECGY" on one of the calls. The callers asked for the resident each time by first name.

- ↳ You should not answer phone calls from numbers that you do not recognize;
- ↳ You should never give personal information over the phone; and
- ↳ You should confirm the legitimacy of any person claiming to be a representative of a state agency by contacting the particular state agency through its official contact email or phone number. A listing of every state agency and links to each agency's website and contact information can be found at <https://www.nh.gov/government/agencies.htm>.

*If you or a loved one has lost money or property as a result of a fishing scam, please call your local police department and the New Hampshire Consumer Protection Hotline at (603) 271-3641. In addition, anyone with knowledge that a vulnerable adult has been scammed or financially exploited should also contact the New Hampshire Bureau of Elderly and Adult Services, at 1-800-949-0470.*



**STAND**

**UP**

**Stigma**

## Medal Of Honor Recipient, Staff Sergeant Ryan Pitts



Ryan M. Pitts is a former US Army soldier and the ninth living recipient of the Medal of Honor from the War in Afghanistan.

He will speak on his experiences of service and Recovery.

This presentation will be open to all!

Please reserve this hour in your calendar to join us.



Rescheduled!

April 7th, 12pm & 3pm, Virtually

External Attendees, please RSVP to [Michelle.King5@va.gov](mailto:Michelle.King5@va.gov) to gain access to login information

**CITY MANAGER'S  
OFFICE**



The following updates have now been posted to the City's website to keep you up-to-date and informed on what's happening in your City!

Be sure to check out the [Project Updates](#) report which provides a concise update of projects in the community. In this report you will find everything from road projects to the latest information on the Master Plan update.

Next, check out the current version of the [Monthly Economic Development Report](#). This report contains information pertaining to Laconia's unemployment rate and wages, as well as business and economic development partnerships.

*We hope you find these reports helpful and informative!*

*Questions? Please call the City Manager's Office at (603) 527-1270.*

# Public Works Department



## Mark your calendar!

Free Dump Day for Laconia residents is scheduled for Saturday, May 7th.

(Businesses cannot dispose of their solid waste for free on that day.)

Public Works highly recommends businesses do not come to the Transfer Station on May 7th as it will be very busy.

Residents needing assistance with unloading will need to bring help with them. We expect a large turnout for this popular event, so be prepared to be patient as there is likely to be a longer wait time than normal.

To help minimize wait times, the City recommends that residents use the following schedule when coming to the Transfer Station on May 7th.

Time	First letter of last name
7 to 9 am	A through and including G
9 to 11 am	H through and including N
11 am to 1 pm	O through and including Z

Public Works will turn away any resident who arrives later than 1 pm, so please be sure to be at the Transfer Station before that time.

Residents who do not have dump stickers must have some form of documentation that shows they are a Laconia resident.

Items we will accept are appliances, water heaters, furniture, beds, plumbing fixtures, bagged leaves, demolition lumber, auto tires (limit 6 tires per customer). Items we will not accept are auto tail pipes, mufflers, radiators, engines, batteries or hazardous waste, paints or solvents.

**Residents must still pay for disposing of electronics during free dump day.**

Disposal of leaves and recycling for Laconia residents is free all year. Residents do not need a dump sticker or day pass to dispose of leaves or recycling, but must have documentation that shows they are a Laconia resident.

For more information or for questions about what is acceptable and what is not, please call the Department of Public Works at (603) 528-6379.

# City of Laconia

Laconia City Hall  
45 Beacon St. East  
Laconia, NH 03246  
[www.laconianh.gov](http://www.laconianh.gov)  
[info@laconianh.gov](mailto:info@laconianh.gov)



CITY HALL HOURS:  
8:30 am to 4:30 pm  
Monday through Friday  
(603) 527-1270

## SENIOR RESOURCES

ServiceLink Resource Center  
(603) 528-6945 is the first number  
to call for senior services.



What can you do  
if you think you  
have been  
targeted by a  
government  
impostor scam?

Just click [here](#) to follow simple tips provided by the  
Social Security Administration.



## City Meetings

Week of:  
March 28 - April 1

Public participation and citizen input is a vital part of City government. Below is a list of meetings scheduled for the upcoming week. As agendas become available they will be posted on the City's [website](#). Also, printed copies of any agenda are available in the City department in charge of a particular Board or Commission. You are invited and encouraged to participate in any of our public meetings. [All meetings are open to the public and are held at Laconia City Hall, Armand A. Bolduc City Council Chamber, 45 Beacon St. East, Laconia, NH, unless otherwise noted:](#)

### Laconia City Council

March 28, 2022, 7:00 pm

### Agenda

### Laconia Human Relations Committee

March 29, 2022, 10:00 am

### Agenda

### Historic District Commission

March 29, 2022, 6:30 pm

### Agenda



## CITY OF LACONIA PHONE DIRECTORY

(All phone numbers below  
must be preceded by 603)

Airport .....	524-5003
Airport Manager - Marv Everson	
Assessing .....	527-1268
Assistant Assessor - Tara Baker	
City Clerk .....	527-1265
City Clerk - Katie Gargano	
City Manager .....	527-1270
City Manager - Scott Myers	
Code Enforcement .....	527-1293
Planning & Zoning Dir. - Dean Trefethen	
Conservation .....	527-1264
Conservation Technician Taylor Daigle	
Finance .....	524-3877
Finance Director - Glenn Smith	
Licensing .....	528-6331
Licensing - Hilary Young	
Planning & Comm. Dev. ....	527-1264
Planning & Zoning Dir. - Dean Trefethen	
Fire Dept. (Central Station) ...	524-6881
Fire Dept. (Weirs Station) .....	366-2229
Fire Chief - Kirk Beattie	
Library .....	524-4775
Library Director - Randy Brough	
Parks & Recreation .....	524-5046
Parks & Rec. Director - Amy Lovisek	
Personnel .....	524-3877
Personnel Administrator - Lindsey Allen	
Police (Administration) .....	524-5257
Police (Crime Line) .....	524-1717
Police Chief - Matthew Canfield	
Public Works (Main Office).....	528-6379
Public Works (Transfer Station) .....	528-5822
Public Works Director - Wes Anderson	
Tax.....	527-1269
Tax Collector - Katie Gargano	
Water .....	524-0901
Superintendent - Ben Crawford	
Welfare.....	527-1267
Welfare Technician - Cathy Raymond	

### City Council Contact Info:

Mayor Andrew Hosmer .....	496-2078
Bruce Cheney (Ward 1) .....	491-8946
Robert Soucy (Ward 2) .....	524-7054
Henry Lipman (Ward 3).....	528-0191
Mark Haynes (Ward 4).....	524-3605
Robert Hamel (Ward 5).....	524-6360
Tony Felch (Ward 6) .....	998-1418

General Council E-mail:  
[citycouncil@laconianh.gov](mailto:citycouncil@laconianh.gov)

Visit the City's website at:  
[www.laconianh.gov](http://www.laconianh.gov)