

December 30, 2021 - Edition #523

*A winter wonderland at Ahern State Park
(photo compliments of Robert Clifford Photography)*

Disposal of Christmas Trees

The City of Laconia does not pick up Christmas trees curbside. This allows the Department of Public Works to more efficiently and effectively utilize personnel and equipment time.

Laconia residents can bring their Christmas trees to either the City's Transfer Station at 385 Meredith Center Road during its hours of operation (Monday - Friday, 7:30 am to 3:30 pm, Saturday 8:00 am to Noon) or bring them to the designated area in the parking lot at the end of Memorial Park Drive (near its intersection with West St.) by Memorial Park, which is available every day.

Christmas trees may also be taken to the Brush Dump on Friday or Saturday from 11:00 am to 2:00 pm unless it snows. In the event of a snowstorm the Brush Dump will be closed to allow all Public Works personnel to work on snow removal.

Questions? Please contact the Department of Public Works At (603) 528-6379.

Welcome to Laconia Links!

We hope you enjoy this issue of our weekly e-mail newsletter created to keep you up to date on City of Laconia news and activities. If you would like the newsletter sent to your email each Friday, or if you have changes to your email subscription, please call the City Manager's office at (603) 527-1270 or email us at

info@laconianh.gov



**HAPPY
NEW
YEAR
2022**

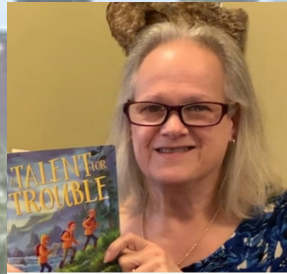




HAPPY NEW YEAR
2022
Library Closed

The Library will be closed Friday,
December 31 and Saturday, January
1 in observance of New Year's.

The library may be closed, but our digital
collection is always open! For more
information about how to sign up for
Hoopla or the Libby app, visit our
ebooks and downloads page:
[https://www.laconianh.gov/714/
eBooks-Downloads](https://www.laconianh.gov/714/eBooks-Downloads)



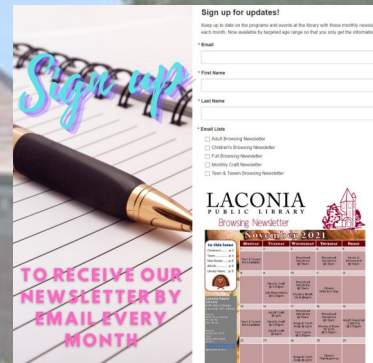
**Preschool
Storytime**

**WEDNESDAYS
AND
THURSDAYS
10AM**

Preschool Storytimes!

January 5, 10 - 11:00. Join us Wednes-
days in the Selig Storytime Room for fun
stories, songs, activities, and crafts each
week. For kids birth to age 6 with a parent/
caregiver.

January 6, 10 - 11:00 AM. Join us Thurs-
days for fun stories, songs, activities, and
crafts each week. For kids birth to age 6,
in the Selig Storytime Room.



Sign up for updates

Keep up to date on the
programs and events
at the library with
monthly newsletters
sent out near the 1st of
each month. Now
available by targeted
age range so that you
only get the information
you care most about!

[https://
www.laconianh.gov/80
3/Newsletter-Sign-Up](https://www.laconianh.gov/803/Newsletter-Sign-Up)

MUSIC & MOVEMENT

BIRTH - 6
FRIDAY, JANUARY 7
FRIDAY, JANUARY 21



Music & Movement
January 7, 2022
10:00 AM - 11:00 AM

Are you ready to get moving??
In this program geared toward the
younger crowd, we'll use music,
instruments, and some fun
surprises to dance, play and get
those wiggles out!

For children birth to age 6,
in the Auditorium.

*Happy
New
Year*



Each year a City of Laconia employee is nominated by their peers and chosen by the Personnel Advisory Board to be awarded the Employee Recognition Award. This award is presented to an employee who has shown great dedication and a high degree of commitment to their job with the City of Laconia.

We are proud to announce that the winner of the 2021 Employee Recognition Award is Jamie Dalton from the Laconia Public Library. Jamie is shown (right)) receiving the award from Mayor Hosmer.

Click [here](#) to read what Jamie's coworkers had to say about her!

Congratulations Jamie!



Each year City of Laconia employees and Board/Commission members are honored for meeting certain milestones for their years of service to the City. Please see the list below for this year's honorees.

Our sincere thanks to all!

5 Years:

Mark Bitetto	Fire Dept.
Sean McCormack	Police Dept.
Kira Goodheart	Police Dept.
Amanda Alwyn	Library
Christopher Mayer	Public Works
Wesley Anderson	Public Works
Christopher Welcome	Water Dept.
Ashley Beck	Assessing
Peter Stewart	Lakeport TIF
Karen Mudgett	Bd. of Assessors

10 Years:

Kevin Pierce	Fire Dept.
Lindsey Batstone	Police Dept.
Scott Myers	Administration
Nancy Brown	Administration
Matthew Mooney	Public Works
Michael Kelley	Public Works
Clay Storey	Water Dept.
Michael Foote	Zoning Bd.
James Rogato	Putnam Fund
Leonard Miner	Bd. of Assessors

15 Years:

Rick Hewlett	Fire Dept.
Kyle Joseph	Fire Dept.
Wayne Swearingin	Police Dept.
Kenneth Smith	Police Dept.

20 Years:

Jason Bean	Fire Dept.
Jason Ellingson	Fire Dept.
Jonathan Howe	Police Dept.
Randy Brough	Library
Gavin Bell	Public Works
John Moriarty	Library Board

25 Years:

Lisa Baldini	Fire Dept.
Paula Baumoeel	Personnel

35 Years:

Earle Walker	Public Works
James Rogato	Licensing Board



POLLING LOCATION CHANGE

EFFECTIVE IMMEDIATELY

The **WARD 1** polling location has been moved to the **The Church of Jesus Christ of Latter-Day Saints, 1244 Old North Main Street, entrance is in the back**

If you have any questions regarding this change, please call the City Clerk's Office at 527-1265

**SOFT
PLASTIC
RECYCLING**

The Laconia Gilford Lions, together with the Green Sanctuary Committee of the Unitarian Universalist Society of Laconia, is collecting clean SOFT plastics on Saturday January 8th, 2022 ! This is the second Saturday in the brand New Year!

Please collect and save all your Holiday package wrappings and mailings to contribute to this effort. Each and every piece of clean plastic is sent to Maine via the way stop at Hannaford's in Gilford to be repurposed and made into composite decking and outdoor furniture.

Our volunteers (masked) will be in front of the little white church at 127 Pleasant Street Laconia from 11 am until 1 pm on the 8th.

Help keep our Community and our corner of our Earth clear of toxic soft plastics. Our last event on November 27th realized 162 pounds of plastics. Everyone who stopped by should be mighty proud of what they have done and are doing. We gratefully thank you and extend our Best Wishes for a Healthy New Year!



A HOLIDAY DECORATING TRADITION

2021 AWARD WINNERS

Judges Selections

Clark Griswald- 256 Country Club Road

Themed- 75 Washington Street

Traditional- 195 Eastman Shore

Rookie- 35 Academy Square

Community Choice

Business: 23 Veteran's Square

Residential: 33 Rowell Street



A Winter Concert Series

BELKNAP MILL PRESENTS:

BELL & BRICK *An Americana Month*



January 13, 2022
Bob McCarthy Trio



January 27, 2022
Palomino Motel

Event Details

Tickets: \$10
Doors Open: 6:30p
Concert: 7-8p



A Live Concert Series at The Belknap Mill in Collaboration with
NH Music Collective





If the temperature inside a house gets below 32 degree Fahrenheit (0 degree Celsius) it's likely that the water supply pipes and the drain traps will freeze. When water freezes it expands 9 percent, and if there is no room for expansion it's possible that the pipe will develop a crack and eventually leak once the ice thaws out. Fixing a burst pipe can be expensive, but the damage from uncontrolled water leakage can easily reach into the thousands of dollars.

The majority of the calls received for frozen water pipes and water meters are a result of inadequate heating and cold air drafts where piping is located in the home. It is recommended that property owners check their property for these conditions and identify the location of their water meter and shutoff valve before an emergency.

If for any reason you cannot stop the flow of water from a frozen or broken pipe, call the Water Department's 24-hour emergency number at (603) 524-0907.



A Suggested New Year's Resolution from the Public Works Department.... To place only those items that can be recycled in Laconia's single stream recycling system!

The following items are not recyclable but are commonly found in recycling bins:

- Shredded paper – it is non-sortable. The recycling processing center sends non-sortable materials to the landfill. Putting shredded paper in the trash saves the City dollars for other recycling programs.
- Coat hangers – Also non-sortable. The wire gets wrapped around all of the equipment. This stops the sorting system and increases the cost of recycling.
- Tops to plastic bottles – They generally are made out of different material that is non-recyclable, so please remove all bottle tops when you put the bottle in the recycling system.
- Heavy metal – Not the music (!) but everything other than tin or aluminum cans that hold food and drinks.
- Pizza boxes and other food contaminated cardboard - Please put it in the trash so that the City can continue to afford to support the recycling program.
- Paper coffee cups – They have a wax coating that prevents them from being recycled.

Thank you for your cooperation!



CROSS COUNTRY SKI LESSONS AT BOLDUC PARK

Sat Jan 8 | Sat Jan 15 | Sat Jan 22 | Sat Jan 29
\$100 for all 4 classes (\$50 if you have your own equipment)
Scholarships Available!

To register, or get more information:

Contact Laconia Parks & Rec @ 603-524-5046 or Parks@LaconiaNH.gov

Cross Country Ski Lessons to be offered at Bolduc Park this winter!

Four weeks of lessons for youth and adults start Saturday, January 8, 2022 and continue each Saturday at 10:00 am until January 29. Make up lessons will be held if there are weather cancellations.

Rental equipment may be picked up at Piche's Ski and Sports at 9:00 am. The cost is \$50 if you have your own equipment or \$100 if equipment is needed.

Scholarships are available for income eligible youth.

Bolduc Park is located at 282 Gilford Ave. on the Laconia/ Gilford Line.

Registration forms are available at Piche's Ski and Sports, Bolduc Park, Gilford Parks and Recreation and Laconia Parks and Registration.

Drop off or mail your
registrations directly to Piche's Ski and Sports,
318 Gilford Avenue, Gilford NH 03249

If you have questions please call Bob Bolduc at 603-378-4208 or Pat Bolduc at 524-2068.
Call Gail at 603-630-5650 about youth scholarships.



Celebrate
OUR TOWN

There is still time to
see the work of 133+
artists celebrating
Our Town – Laconia
through their art!



AT THE BELKNAP MILL UNTIL JAN 9

Sand is available!



Laconia residents need-
ing sand for their drive-
ways or walkways
during icy weather can
get sand from our
Department of Public
Works. There is a sand

pile for residential use located at our
DPW garage at 257 Messer Street.
Residents can get a maximum of two
five-gallon pails (or the equivalent).
Please do not take sand from our facility
on Bisson Avenue; it is for City use only
to maintain our streets and sidewalks.
Questions? Please call (603) 528-6379.

*Thanks and have a
safe winter!*



**Department of
Public Works**

NEW YEAR'S DAY

**NOTICE TO RESIDENTS ON
CURBSIDE COLLECTION ROUTES
NO DELAY DURING
NEW YEAR'S WEEK!**

New Year's Day is on Saturday,
January 1st. All trash collection during
New Year's week (beginning December
27) will be on the normal schedule.

Please note that the Transfer Station will
be closed on Saturday, January 1st, but
open for its normal hours (7:30 am -
3:30 pm) the rest of the week.

Questions? Call (603) 528-6379.



Please note!

*City Hall will
be closed on
Friday,
December 31st,
New Year's
Eve.*

*We apologize
for any
inconvenience
this may cause!*



***Curbside recycling will be
picked up the week
of January 3!***



***Please note that
glass may now
be put in with
your recycling!***

Winter Parking Ban!

**The City of Laconia's winter parking
ban is now in effect. As of
November 1st, no vehicle is allowed
to be parked on a public street
between the hours of 12:00
midnight and 6:30 a.m.**

**This parking ban allows our City
vehicles to safely and effectively
keep our streets passable during
and after a winter storm. Failure to
comply with the winter parking ban
may result in your vehicle being
towed at your expense.**



Thank you for your cooperation!



Laconia's Sledding Hill (located at the end of South Street) is now open! The snow is a little thin and there may be some icy spots. Sled at your own risk! Lights are scheduled to turn on from 4pm to 10pm. Call Parks and Recreation at (603) 524-5046 for more information.

Sledding Hill
12/29/2021

Tis the Season **TO AVOID MEDICARE SCAMS**

- Medical identity theft
- Hospice fraud
- Home health fraud
- Brace fraud
- Ambulance fraud

Glass is once again a recyclable item in Laconia!

Please click the image (below) for more information...





Safe Haven Ballet Presents their production of Cinderella on Saturday, April 9th at 4:00 pm and 7:30pm.

Safe Haven Ballet returns to the Colonial Theatre to perform Prokofiev's classic Cinderella. Don't miss the most magical production of Cinderella New Hampshire has ever seen!

Tickets for Safe Haven Ballet's production of Cinderella at the Colonial Theatre of Laconia on Saturday, April 9th are \$45 for adults and \$40 for Seniors 60+, children under 18, and groups of 6. Tickets are available at www.coloniallaconia.com or by calling 1-800-657-8774.

Winter Information from the Department of Public Works

DID YOU KNOW?

...That drivers cannot park their vehicles overnight in the City's downtown parking lots? Cars and trucks that park overnight interfere with Public Works' ability to clear snow from these parking lots.

Instead, please park in the parking garage overnight. The Police Department announces through Twitter whenever Public Works will be plowing or removing snow from these parking lots, and owners of vehicles parking in the City lots may be fined or have their vehicles towed at their expense to ensure that these parking lots can be plowed.

And did you know that it is unsafe to plow a driveway's snow across a street and leave it there? Traffic passing by your driveway during the plowing could have an accident as a result of hitting the plow truck or hitting the snow windrow left by the plow.

Also, please be aware that pushing or blowing snow onto a City sidewalk could prevent the City from clearing the sidewalk if the snow pile is too large for the sidewalk plows to clear. Please ensure that you or your plow contractor do not push driveway snow across a public street or blow snow into the sidewalk. This will help Public Works clear the streets and sidewalks after a storm to keep our community safe.

The City Council has implemented an Ordinance to minimize these problems. Public Works will reach out to educate a property owner if there is a violation and arrive at a resolution to the problem. The City appreciates your willingness to work with us to ensure a safer community.

Please feel free to contact our Department at (603) 528-6379; we will be happy to answer any questions and provide additional details.

Thank you for helping to keep our community safe this winter !



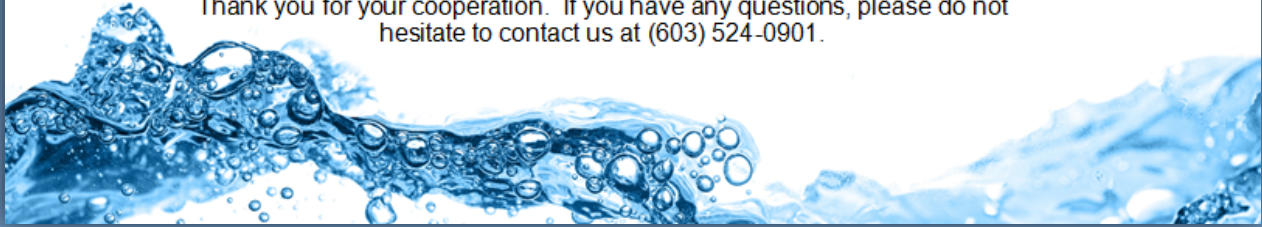
LACONIA WATER DEPARTMENT METER MAINTENANCE PROGRAM



Meters are changed periodically to comply with the Public Utilities Commission's Rules and Regulations, the American Water Works Association and in accordance with the Laconia Water Works' Tariff. The Water Department has an annual program that replaces meters and **there is no cost to the property owner**. Our goal is to change out 600 meters over the winter months.

The Water Department will contact those property owners whose water meters are to be changed. We are in the process of sending letters and making phone calls to schedule appointments. This process takes approximately 20-30 minutes. For your convenience Saturday morning appointments may be available.

Thank you for your cooperation. If you have any questions, please do not hesitate to contact us at (603) 524-0901.



News From the City Clerk's Office



2022 Transfer Station Stickers

2022 Transfer Station stickers are now available for sale at the City Clerk's Office. Transfer Station stickers are \$20 each; a valid vehicle registration for the vehicle must be presented at the time of purchase for the vehicle the sticker will be put on.

Questions? Call the Clerk's Office, 527-1265.

BRUSH DUMP

Please note that the City's Brush Dump will be closed on both Friday, December 31 and Saturday, January 1 for the New Year's Holiday.

Department of Public Works

The Laconia 2022 Curbside Recycling Collection Calendar is now available!

Click on the image (right) to view a full-sized version of the calendar.

Printed copies are available for pickup at Laconia City Hall, 45 Beacon St. East, or at the Public Works Department (27 Bisson Avenue).

Questions? Please call the Department of Public Works at (603) 528-6379.





PUBLIC HEARING NOTICES

Please see the Public Hearing Notices on this page which have been published in the Laconia Daily Sun.

We will continue to provide citizens with notices of upcoming Public Hearings that may be of interest to the general public in our community.

If you have questions regarding any of the Public Hearings shown, please call City Hall at (603) 527-1270 and we will be happy to direct you to the appropriate department.

Thank you for staying informed about what is happening in City government!



CITY OF LACONIA Notice of Public Hearing

The City Council will hold a Public Hearing on **January 10, 2022**, during the regular Council meeting which will begin at 7:00 pm in the Armand A. Bolduc City Council Chamber relative to:

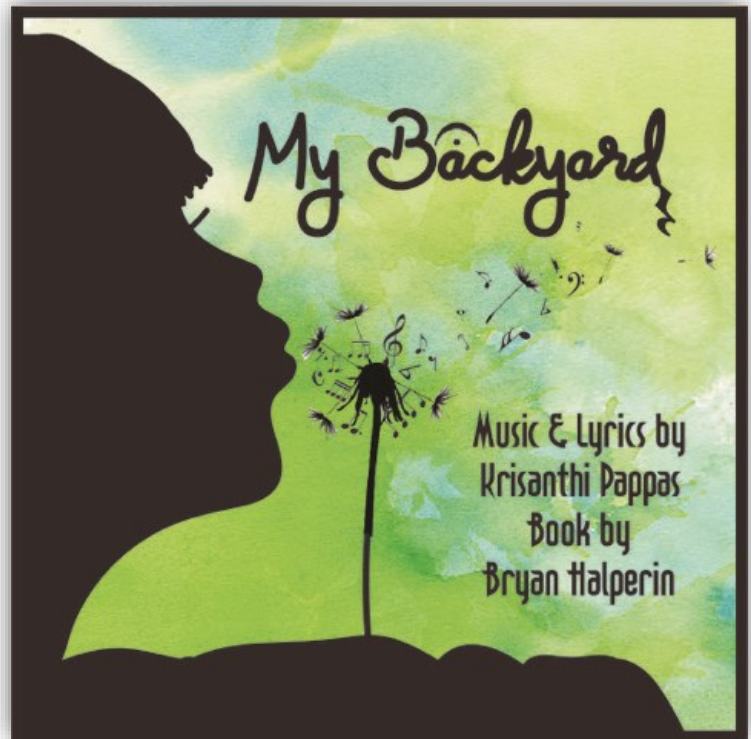
A RESOLUTION RELATIVE THE NEW HAMPSHIRE LIBRARY SERVICES AMERICAN RESCUE PLAN ACT SUB GRANT

Cheryl Hebert, City Clerk

Powerhouse Theatre Collaborative

Reserve your Seats

January 7th - 9th | Belknap Mill



Join us for a Workshop performance at the Belknap Mill of a new musical by Krisanthi Pappas and Bryan Halperin, followed by a discussion with the authors.

A young musician reflects on the ups and downs of her musical career. In doing so, she explores her relationships with friends and family as well as the inspiration for her music - her backyard.

We follow this performer as she struggles to appreciate all the painful, mundane, funny, and beautiful aspects that make up everyday life.

Limited seating, masks required, \$10 cash or check at the door.

Please email us at powerhouse@belknapmill.org to reserve your seat.



Medicare Coverage of Durable Medical Equipment

Medicare Part B covers durable medical equipment (DME), which is equipment that serves a medical purpose, can withstand repeated use, and is appropriate for use in the home.

What kind of DME does Medicare cover?

Medicare usually covers DME if the equipment:

- Is durable, meaning it is able to withstand repeated use
- Serves a medical purpose
- Is appropriate for use in the home, although you can use outside the home
- And, is likely to last for three years or more

Examples: wheelchairs, walkers, hospital beds, power scooters, portable oxygen equipment

Note: Medicare also covers prosthetics, orthotics, certain diabetes supplies (this category is sometimes grouped with DME to be called DMEPOS).

What kind of equipment does Medicare not cover?

There are certain kinds of equipment and supplies that Medicare does not cover, such as:

- Equipment mainly intended to help you outside of the home
- Most items intended only to make things more convenient or comfortable
- Items that get thrown away after use or that are not used with equipment
- Modifications to your home
- Equipment that is not suitable for use in the home

Examples: air conditioners, incontinence pads, surgical facemasks, wheelchair ramps, medical equipment from a hospital or skilled nursing facility like an oscillating bed, a wheelchair or scooter that is only intended for use outside the home

Note: Some Medicare Advantage Plans may cover minor home modifications or other items as a supplemental benefit.

December 2021 Medicare Minute

Medicare Coverage of Durable Medical Equipment

Medicare Part B covers durable medical equipment. Do you have questions about what types of durable medical equipment Medicare covers?

Click on the image (left) for detailed information.

You can also contact our local ServiceLink Resource Center Medicare Counselor at (603) 527-3790 if you have questions or need additional information.



Please join Celebrate Laconia to congratulate this year's Holiday Lights Festival Coloring Contest Winners! Please see the list below:

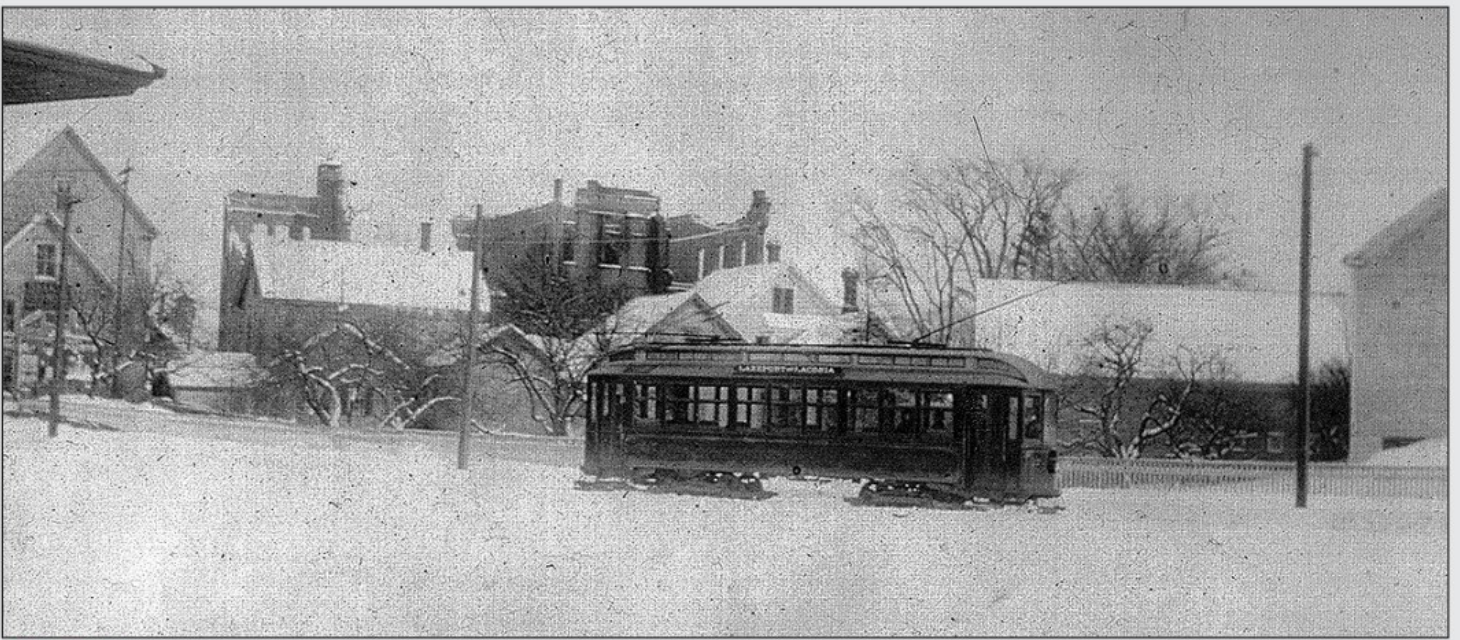
Audrianna C., ages 4-6
Zachery B., ages 7-8
Jasmine R., ages 9-10
Mercy D., ages 11-12 and
Nick V., ages 4-6, the
winner of our random drawing!

A special thank you to our sponsor, Franklin Savings Bank, and to Jill Baron, Illustrator for creating the artwork!



Our yesterdays

Our sincere thanks to Warren D. Huse, the Laconia Historical and Museum Society, and the Laconia Daily Sun for providing a glimpse into our community's past.....



THEN ...

Car No. 17 of the Laconia-Lakeport Street Railway in Depot (later Veterans) Square, Laconia, heads toward Lakeport, probably during the winter of 1902-1903, since the first Masonic Temple Building, seen in distance, was destroyed by fire and explosion, Dec. 6, 1902. Also in distance, at extreme left, is the building once Hill's Grocery, later Emanuel's Quality Market and, still later, Yikes! and Sunday's Spa. The two and a half story building next to it was removed to make way for construction of the Baldi Block in 1908-1909. The long, low building at right was a bakery. The Harriet Gale House, at the corner of Pleasant Street, is just off-photo at extreme right. (Laconia Historical and Museum Society)



... AND NOW

Prescott's Florists now occupies enclosed platform of the Laconia Passenger Station at left. North Church (Congregational) was moved to its current location in 1903 and is now the Chaos & Kindness Experience. Harriet Gale House served as Parish House, on site of current facility, opened in 1961, at right. Trolleys ceased operation in 1925. (Adam Drapcho/The Laconia Daily Sun)

Since there was no newsletter last week, please see the next page for an additional edition of "Our Yesterdays"....

Our yesterdays

Our sincere thanks to Warren D. Huse, the Laconia Historical and Museum Society, and the Laconia Daily Sun for providing a glimpse into our community's past.....



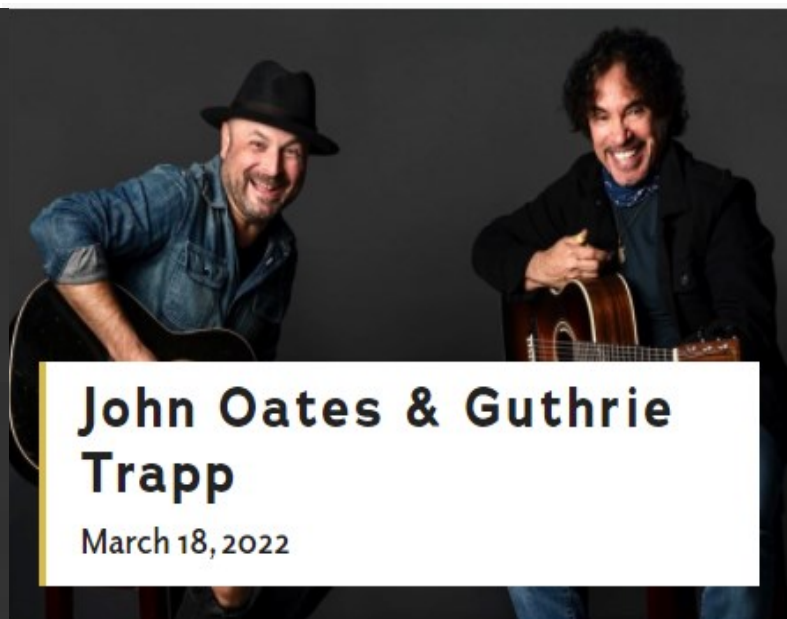
THEN ...

Holidays in Bank Square, Laconia, in the mid-1950s featured Santa in a horse-drawn sleigh in front of the community Christmas tree. The Laconia Spa — whose awning proclaimed it, 'The Biggest Little Store in Town' — is at the corner of Mill Street (left), with Lee's Cut-Rate just beyond. (Laconia Historical and Museum Society)



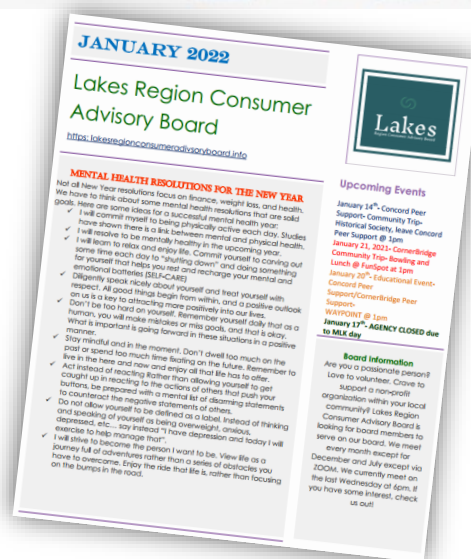
... AND NOW

Buildings in left corner of earlier view, up to Mill Street, were demolished in June 1957 and the Spa moved to Church Street in early September of that year, in preparation for remodeling and expansion of the Laconia National and City Savings bank property (today occupied by Lakes Region Mental Health), which was completed in December 1959. (Decorating the large fir in Veterans Square rather than cutting one for Bank Square began in 1957.) Lee's went out of business in early February 1965 and was replaced by Emanuel's Quality Market until 1971. Further changes occurred in the late 1960s and early 1970s during the city's Urban Renewal Program, which saw Main Street from Bank Square to the Union Avenue-Court Street intersection turned into a pedestrian mall, with new buildings on both sides of the street. One-way vehicular traffic was restored July 8, 1994. (Adam Drapcho/The Laconia Daily Sun)




Lakes Region Consumer Advisory Board is a non-profit 501c-3 organization. Their services are free to anyone who resides in the State of New Hampshire and is over the age of 18 years old.

The Board's goal is to advocate and empower members to manage their own lives; to remain cohesive and victorious, offer consistency and warmth, predictability and stability.



The Board also strives to embrace and help others to meet their potential, respond to all opportunities presented, and to support and encourage recovery. All groups and activities are free to attend either via Zoom or in person. Click on the image (above right) to read the January, 2022 Lakes Region Consumer Advisory Board's newsletter.

JANUARY 2022 CORNERBRIDGE PEER SUPPORT					
Monday	Tuesday	Wednesday	Thursday	Friday	
3 9:00 Check-in 10:00 Self-Care 1:00 Guided Journal 2:00 Planning Center 3:00 What is depression?	4 9:00 Check-in 10:00 Goal Planning 1:00 Seeking and how to lead (PT) 2:00 Yoga 3:00 Anger Management	5 9:00 Check-in 10:00 Coping Skills 1:00 Journal/Poetry Writing 2:00 Music Therapy 3:00 Time Management	6 9:00 Check-in 10:00 Challenging negative thoughts 1:00 Guiding techniques 2:00 Meditation 3:00 Benefits to losing weight	7 9:00 Check-in 10:00 Challenging negative thoughts 1:00 Connection 2:00 Meditation	
10 9:00 Check-in 10:00 Habit Plan 1:00 Positive War (100 Pts) 2:00 Music Therapy 3:00 World View	11 9:00 Check-in 10:00 Boundaries 1:00 Healthy Snacks 2:00 Healthy Lifestyle 3:00 Being active in the winter	12 CLOSED UNTIL 11:30 for Staff Training 1:00 Yoga 2:00 Member's Meeting 3:00 Meditation	13 9:00 Check-in 10:00 Stress Management 1:00 Daily Routine 2:00 How to deal with anxiety 3:00 Movie Discussions	14 9:00 Check-in 10:00 Mindfulness 1:00 What's important for physical well-being? (PT) 2:00 Partnership relationships 3:00 Movie Discussions	
17 WE ARE HERE ON MLK DAY 	18 9:00 Check-in 10:00 What are your values? 1:00 Social photos 2:00 Music Therapy 3:00 Inspirational necklace	19 9:00 Check-in 10:00 Reflection 1:00 Organizational skills (PT) 2:00 Stress/Territory 3:00 Self-Expression	20 9:00 Check-in 10:00 Self-care 1:00 Guided Journal 2:00 What is self-dependency? 3:00 Stretching	21 9:00 Check-in 10:00 Writing signs of hope (PT) 1:00 Journaling 2:00 Drawing to Empower 3:00 Afternoon	
24 9:00 Check-in 10:00 What is trauma? (PT) 1:00 Journaling ideas 2:00 Benefits of structure 3:00 Yoga	25 9:00 Check-in 10:00 Wellness Tooltips (PT) 1:00 Weight loss ideas 2:00 Creative painting	26 9:00 Check-in 10:00 Guiding Techniques 1:00 Meditation 2:00 Health benefits to sobriety 3:00 Member's song	27 9:00 Check-in 10:00 Setting limits 1:00 Forgiveness 2:00 Goal Planning 3:00 Boundaries	28 9:00 Check-in 10:00 Habit Plan 1:00 Employment Resources (PT) 2:00 Coping w/Addiction	
31 9:00 Check-in 10:00 How to practice self-compassion (PT & video) 1:00 Journaling ideas 2:00 How to make a census 3:00 Meditation	PP's PowerPoint Presentation along with our in-person & ZOOM groups Painting Canvas: Small canvas/paint Inspirational Necklaces Rice, Tea, Glue, and more what's in your pocket and your Ceramic Pottery Any type of ceramic and paint Instrument making: Plastic spoon, tin, that tape or rubber paper towel roll and markers ** All listed items for crafts can be found at your local dollar store. **				

ZOOM information: 236-366-9283 password: 420468

Zoom information: 236-366-9283 password: 420468

Cornerbridge Community Peer Support Center is one of the services provided by Lakes Region Consumer Advisory Board.

Located at 328 Union Avenue in Laconia, it offers several classes and activities to help individuals move towards their personal life, recovery and wellness goals.

Click on the image (left) for the January, 2022 calendar!



Winter Parent Education Offerings on

<p>Active Parenting of Teens January 5-March 30, 2022. Class meets Wednesdays from 6:30-8:00pm (12 weeks) Active Parenting of Teens will give parents the guidance and support needed to turn the challenges of raising a teenager into opportunities for growth. Topics include: methods of respectful discipline, skills for clear, honest communication, strategies to prevent risky behavior, how to be an encouraging parent, and issues such as teens on-line, bullying and depression. *There will be no class on March 2, 2022*</p>	<p>Nurturing Hope January 5-February 23, 2022. Class meets Wednesdays from 6:30-8:00pm (8 weeks) This series is designed for parents with children who have special needs and health challenges, giving them an opportunity to explore their hopes and fears, develop effective parenting skills, enhance communication, develop strategies for facing challenges and recognize opportunities for celebration.</p>
<p>Developing Empathy & Self-Awareness—A Nurturing Skills Module* January 6-February 16, 2022. Daytime and Evening Sessions Available! Thursdays 10:00-11:30am —OR— Thursdays 6:30-8:00pm (8 weeks) This Nurturing Skills Module focuses on the importance of empathy & techniques for managing feelings such as anger and stress.</p>	<p>Cooperative Parenting & Divorce January 11-February 3, 2022. Class meets twice weekly on Tuesdays & Thursdays from 6:00-8:00pm (4 weeks) This program helps separated/divorced parents shield their children from parental conflict. Parents learn to guide their children through the process of recovery while establishing a cooperative long-term relationship with the other parent. This program educates parents on the impact their conflict has on their children, and teaches parents the practical skills they need to manage anger, increase impulse control, resolve conflict and talk to each other without arguing. While co-parents are welcome to take this class together, it is not required.</p>
<p>Strong Fathers: Understanding Children's Growth & Development January 11-February 15, 2022. Class meets Tuesdays from 6:30-8:00pm (6 weeks) In this Nurturing Skills module, fathers and father-figures come together to support each other while focusing on creating a nurturing environment that stimulates children's overall healthy development. Topics covered include brain development, developmental milestones, creating nurturing routines, and encouraging a growth mindset.</p>	<p>Tenant 101 January 19-February 9, 2022. Class meets Wednesdays from 6:00-8:00pm (4 weeks) Do you have poor or negative landlord references? Do you want to work on changing them? Come learn how to be the best tenant you can be. Topics include what to look for in an apartment, how to complete a rental application, what to expect in an interview, evaluating whether or not an apartment is affordable, landlord/tenant rights, the eviction process, and being a good neighbor.</p>
<p>Parenting with Resilience February 8-March 22, 2022. Class meets Tuesdays from 6:30-8:00pm (6 weeks) Learn about Adverse Childhood Experiences (ACE's) and how trauma can affect children's development and behavior. Caregivers will learn strategies to build their own ability to persevere through tough times, as well as techniques for encouraging resilience in children. *There will be no class on March 1, 2022*</p>	<p>Parenting the Second Time Around February 16-April 13, 2022. Class meets Wednesdays from 6:00-8:00pm (8 weeks) This series is intended to support grandparents and other relatives who are parenting...again! Topics include: child development, discipline & guidance, caring for yourself as a caregiver, rebuilding a family, living with teens, legal issues, and advocacy. *There will be no class on March 2, 2022*</p>
<p>The Whole Brain Child March 9-April 20, 2022. Class meets Wednesdays from 6:30-8:00pm (7 weeks) Based on the New York Times Bestseller by Daniel J. Siegel and Tina Payne Bryson, this class will cover twelve revolutionary strategies to nurture your child's developing mind. Learn the science of how a child's brain is wired, how it matures and how you can apply this knowledge to everyday parenting. The Whole Brain Child will teach you how to cultivate healthy emotional and intellectual development so that your children can lead balanced, meaningful, and connected lives.</p>	<p>For all classes & support groups Register at: www.lrcs.org/parentedregistration/ Or email tricia.tousignant@lrcs.org</p>

Click on the image (left) for the Family Resource Center's parent ed schedule for Winter 2022! All classes are free and, at this time, are still being held remotely via Zoom.

To register for any class or support group, just go to <https://www.lrcs.org/parentedregistration/>. Please make sure to list the name of the course at the top of the form. If you have any questions, please do not hesitate to reach out. We know this is a busy time of year, but joining (or continuing) a parent ed class could be a great way to strengthen your family and share your wisdom with others in 2022! We hope you will join us!

Belknap Mill to Host Monthly Young Performers Open Mic

The Belknap Mill, in collaboration with NH Music Collective, is launching a Young Performers Open Mic at the Mill. This free, family-friendly event will be held monthly on the 4th Sunday, beginning January 23rd through May 22nd. The 2-hour open mic will start at 2:00pm and is open to all middle and high school students in the Lakes Region.

"The arts are core to our mission and programming at the Belknap Mill," said Tara Shore, Belknap Mill's Program & Operations Manager.

"An open mic opportunity for Lakes Region youth is an exciting and comfortable way for young musicians and singers to practice and improve their performance skills."

The two organizations are thrilled to be introducing this program in 2022! "I ran a Young Performers Open Mic for 5 years, before relocating to the Lakes Region," said John McArthur of NH Music Collective. "Now, some of those same open mic performers are full-time professional musicians and play at venues throughout New Hampshire."

For questions or to sign up, contact John McArthur at john@nhmusiccollective.com.



LACONIA RESIDENTS: DON'T FORGET TO REGISTER YOUR DOGS!

Beginning January 1, 2022, you can register your dogs for the 2022 year.

To renew **online**: www.laconianh.gov, Online Bill Pay, Dog Licensing

By **Mail**: City Clerk's Office, PO BOX 489, Laconia NH 03247, please include a self-addressed stamped envelope.

1st dog for an owner 65+	\$2.00
Spay/Neutered dog	\$6.50
Unaltered dog	\$9.00
Late charge per month as of June 1	\$1.00



***All dogs are to be
registered by April
30th each year.***

Prescott Farm

Environmental Education Center

Join Us!

Monday, January 3



Evening Astronomy

Quadrantids Meteor Shower

5-6:30 pm

Preregistration Strongly Recommended

For more information:

prescottfarm.org



***The Fire Department could use
your help! If a fire hydrant is
located near your home or
business, please help us by
clearing a 3 ft. perimeter around
it, especially towards the street.***

***Remember...seconds
count in a fire!***

We appreciate your assistance.

City of Laconia

Laconia City Hall
45 Beacon St. East
Laconia, NH 03246
www.laconianh.gov
info@laconianh.gov



CITY HALL HOURS:
8:30 am to 4:30 pm
Monday through Friday
(603) 527-1270

SENIOR RESOURCES

ServiceLink Resource Center
(603) 528-6945 is the first number
to call for senior services.



Did you receive a call that mentioned Social Security and it made you feel uncomfortable? Chances are it wasn't from the Social Security Administration. Click the image (left) to learn more about Social Security scams.



City Meetings

Week of:
January 3, 2022

Public participation and citizen input is a vital part of City government. Below is a list of meetings scheduled for the upcoming week. As agendas become available they will be posted on the City's [website](http://www.laconianh.gov). Also, printed copies of any agenda are available in the City department in charge of a particular Board or Commission. You are invited and encouraged to participate in any of our public meetings. **All meetings are open to the public and are held at Laconia City Hall, Armand A. Bolduc City Council Chamber, 45 Beacon St. East, Laconia, NH, unless otherwise noted:**

Downtown TIF District Advisory Group

January 4, 2022, 8:30 am
[Agenda](#)

Planning Board

January 4, 2022, 6:30 pm
[Agenda](#)

Special Events Review Committee

January 5, 2022, 12:00 noon
[Agenda](#)

Water Commission

January 6, 2022, 8:00 am
117 Stark St., Water Treatment Plant Conference Room
[Agenda](#)

Laconia Putnam Fund

January 7, 2022, 9:30 am
Room 200B

Welcome ★
★ ★ ★ 2022



CITY OF LACONIA PHONE DIRECTORY

(All phone numbers below must be preceded by 603)

Airport	524-5003
Airport Manager - Marv Everson	
Assessing	527-1268
Assistant Assessor - Tara Baker	
City Clerk	527-1265
City Clerk - Cheryl Hebert	
City Manager	527-1270
City Manager - Scott Myers	
Code Enforcement	527-1293
Planning & Zoning Dir. - Dean Trefethen	
Conservation	527-1264
Conservation Technician	
Finance	524-3877
Finance Director - Glenn Smith	
Licensing	528-6331
Licensing - Lindsey Allen	
Planning & Comm. Dev.	527-1264
Planning & Zoning Dir. - Dean Trefethen	
Fire Dept. (Central Station) ...	524-6881
Fire Dept. (Weirs Station)	366-2229
Fire Chief - Kirk Beattie	
Library	524-4775
Library Director - Randy Brough	
Parks & Recreation	524-5046
Parks & Rec. Director - Amy Lovisek	
Personnel	524-3877
Personnel Administrator - Paula Baumel	
Police (Administration)	524-5257
Police (Crime Line)	524-1717
Police Chief - Matthew Canfield	
Public Works (Main Office)	528-6379
Public Works (Transfer Station) ..	528-5822
Public Works Director - Wes Anderson	
Tax	527-1269
Tax Collector - Lindsey Allen	
Water	524-0901
Superintendent - Ben Crawford	
Welfare	527-1267
Welfare Technician - Cathy Raymond	

City Council Contact Info:

Mayor Andrew Hosmer	496-2078
Bruce Cheney (Ward 1)	491-8946
Robert Soucy (Ward 2)	524-7054
Henry Lipman (Ward 3)	528-0191
Mark Haynes (Ward 4)	524-3605
Robert Hamel (Ward 5)	524-6360
Tony Felch (Ward 6)	998-1418

General Council E-mail:
citycouncil@laconianh.gov

Visit the City's website at:
www.laconianh.gov